

Ziisbaaktoke Giizis (Maple Sugar Moon) | March 2025

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Beautiful capture by Michèle Chrétien! Miigwech for sharing this stunning fox photo with us!

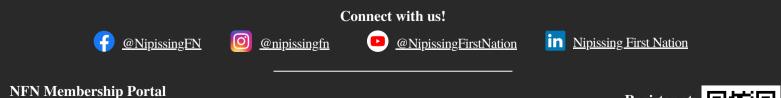
Congratulations to NFN Firefighters!

NFN Fire and Emergency Services proudly congratulates Theoren Commanda, Jack O'Halloran, and Isak Carlen on their outstanding achievement in graduating from the Fire Emergency Services Training School (FESTI) on Thursday, February 6, 2025. These dedicated and resilient individuals successfully completed the Blended Training Program and were among the first two classes to complete the course in this innovative format. Their rigorous training included an intensive online curriculum from September to December 2024, followed by four weeks of hands-on practical training and testing at FESTI.

Let's give a big round of applause to these determined and courageous firefighters for reaching this milestone! NFN Fire and Emergency Services is committed to supporting them as they continue their journey toward obtaining their official Firefighter Certification. This next phase involves showcasing their skills to Ontario Fire Marshall trainers to earn their final certification.



Theoren Commanda, Jack O'Halloran and Isak Carlen



The Portal gives exclusive access for NFN members to:

- View confidential documents (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to receive Enkamgak / Newsletter and/or Job Postings by email.
- Student registration

Register at <u>portal.nfn.ca</u> or scan the QR code:



Elder Profile: Harry Couchie

Harry Couchie was born in Duchesnay in 1912. His mother was Mary Grand Louis and his paternal grandfather was John Baptist. His brothers and sisters include Elizabeth, Jim, Irene, Edward, Wilfred, Ted, Ephrem, Josephine, Nellie, Doreen, and Josie. His father was Ernest Couchie.

He was raised in Duchesnay on the North side of the tracks. He attended the residential school in Spanish River for 8 years but did not like it there. He found that the English language was pushed too harshly and much too fast for children who were very young.

After school, he worked in construction jobs at the age of 17. Harry put in 16 years at Beaucage Mines.

As for the physical looks of Duchesnay in those years, there were large log houses there, similar to the squaretimber style of the Duchesnay Church. He also remembers that the Commanda family had such a house on the point. He says there were not too many houses in Duchesnay at that time. Harry seems to remember that there were more homes in Beaucage.

Harry's wife was Annie Ducheno, who passed away in 1976. They were married in the Duchesnay Church and had one child, Raymond, of Sudbury. He also has two grandchildren. They lived in his now present house, since he built it in 1954 at worked at the Great North Woods Company (now called Laidlaws) for three years.

Harry does not remember any traditional native activities such as drumming and dancing and really does not understand it to this date. He does remember that at New Years, people would blast their shotguns at midnight as we do now, but people visited each other at New Years a lot more then. His present hobbies include watching TV, especially Fright Night, and tending a vegetable garden that he shares with his sister, Jodie, who lives next door. Harry laughed when he told us that he took out the same amount of potatoes that he planted in the spring. "I just put them there for safekeeping," he said.

He feels things are changing so fast that people just have to keep up and go along with it. Prices, for one, have surely changed. He used to pay 35 cents to go to North Bay from the Village. Now, it costs \$7.50. He cannot drive anymore and his last attempt at walking the distance proved to be too much, although, when he was younger, walking was the way to go.

Thank you, Harry, for sharing your story with us. Better luck with the potatoes next year.



Stories of the Original People of Lake Nipissing

Since 2010, Glenna Beaucage and Dr. Katrina Srigley have been working together with Dr. Joan McLeod Shabogesic and Nbiising Elders and Knowledge Holders to collect and share the history of Nbiising Nishnaabeg. Part of this work has involved writing a book, *Gaa Bi Kidwaad Maa Nbiising: the Stories of the Original People of Lake Nipissing.*

In December, they shared a draft of the manuscript with Gimaa Cathy Stevens and CEO Brendan Huston for their review and feedback. The manuscript is also under peer review with the University of Manitoba Press. Stay tuned for future updates!

E-GIIGDOWAAD | CHIEF & COUNCIL

Attend Chief and Council Meetings and Submit Requests

Council meetings take place on the 1st and 3rd Tuesday of the month. NFN members can attend and keep informed through inperson or virtual attendance.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting. These can be dropped off to the front reception at 36 Semo Rd, Garden Village or emailed to <u>kaylal@nfn.ca</u>.

Requests could also be made at the meeting. Due to the number of items for Council to deal with on the agenda, Requests from the Floor are limited to 10 minutes per request and only three will be dealt with at the meeting. It is important to note that depending on the request, the items may need to be deferred to the next meeting if additional information is needed.

If you have any questions regarding the above, please feel free to contact Kayla Lariviere at 705-753-2050 ext. 1223 or <u>kaylal@nfn.ca</u>.

March 4 @ 7:30 p.m. Garden Village March 18 @ 7:30 p.m. Duchesnay

JOIN IN PERSON:

Confirm your attendance with Kayla Lariviere at <u>kaylal@nfn.ca</u> or 705-753-2050 ext. 1223

WATCH THE LIVESTREAM:

NFN Membership Portal at <u>Portal.NFN.ca</u> Recordings of past meetings are available for 30 days.





CHIEF & COUNCIL

NFN Membership Portal

Access a variety of protected content, such as Council minutes and Trust updates. Easily update and manage your address and mailing preferences.



portal.nfn.ca

All registered members are added into a monthly draw for a \$50 gift card! January 2025 winner: Matthew Pidgeon

NFN Community Engagement Session – LNHL

NFN members are invited to attend the NFN Community Engagement Session hosted during LNHL.

Date: Monday, March 10, 2025 Time: 5 – 8 p.m. Location: Hilton Toronto Markham Suites (8500 Warden Ave., Markham ON L6A 1A5)

Parking Pass is Available

Dinner will be provided and members will have a chance to win prizes!

Agenda Topics:

- NFN Strategic Plan
- Citizenship Engagement Report
- Collective Fund Update
- NFN Land Use Plan

Livestreaming Information:

The NFN Community Engagement Session – LNHL will be livestreamed via the NFN Membership Portal. A recording of the session will later be posted in the NFN Membership Portal for members to watch.



Registration Information:

The deadline for registration is: Monday, March 3, 2025. Please let Sarah know if you have any dietary needs or allergies for the dinner.

> **To register, contact:** Sarah Dennis- Kooji Executive Assistant 705-753-2050 ext. 1229 <u>sarahd@nfn.ca</u>



2023 LNHL Opening Ceremony



Visit <u>nbisiing.com</u> or <u>Nbisiing Secondary School Facebook</u> <u>Page</u> for our calendar of events and other school-related information, or call 705-497-9938.

Save the Date!



Tuesday, April 8, 2025 3:30 - 5:30 p.m. Nbisiing Secondary School Tuesday, July 8, 2025 10 a.m. - 3 p.m. Nbisiing Secondary School

For Upcoming Open House & Information Nights for Grade 9 September Registration 25 Thursday, May 22, 2025

3:30 - 5:30 p.m. Nbisiing Secondary School **Thursday, August 21, 2025** 10 a.m. - 3 p.m. Nbisiing Secondary School

Elementary & Secondary Policy Guidelines

The Education Department promotes educational achievement and provides support, guidance and programming for students Junior Kindergarten to Grade 12. We also oversee the operation of <u>Nbisiing</u> <u>Secondary School</u>. See the <u>NFN Elementary and Secondary Policy & Guidelines</u> for more details on the programs and services we offer.

As part of the <u>Anishinabek Education System</u>, we work closely with the Kinoomaadziwin Education Body (KEB) to deliver educational programs and services for NFN students who reside on-reserve and locally off-reserve.

Report Card Incentives

The NFN Education Department will hand out student incentives in April. Incentives can be picked up on the following dates:

> Tuesday, April 8, 2025 Education Department Garden Village 9 a.m. - 5:30 p.m.

Thursday, April 10, 2025 Nbisiing Secondary School 2 - 6 p.m.

Adult Education Program Get your High School Diploma!

Your diploma may be closer than you think. Your life experience can make you eligible for maturity or equivalency credits!



To register or for more information, contact: Caroline Labrecque 705-753-6995 | <u>carolinel@nfn.ca</u>

Mnogin Greenhouse





Enjoy a selection of Mnogin's most popular cultivars for only \$20 per order! Order now and pause or cancel anytime.

Quantities are limited - There are only 30 fresh produce packs available each week! Visit **Mnogin.ca** for details.



Pick-up Days

Garden Village Band Office

Thurs., March 13 | 4 - 5:30 p.m. Thurs., March 27 | 4 - 5:30 p.m. **Duchesnay Hall**

Thurs., March 6 | 4 - 5:30 p.m. Thurs., March 20 | 4 - 5:30 p.m.

Spring Moratorium Notice

In accordance with Nipissing First Nation's Fisheries Law, the annual spring gillnet moratorium is in effect as of Tuesday, April 1 until the 2025 fishing season begins on Saturday, May 17, 2025. The temporary moratorium on the cultural practice of spear fishing remains in effect this year. Our enforcement officers will regularly monitor for compliance.

We offer in-person registration for commercial and subsistence fishers this year at the Fisheries Office located at 17 Phillip Avenue in Garden Village. Online registration links for commercial and subsistence fishers and catch reporting form will be posted at nfn.ca/fisheries at a later date.

The spring gillnet moratorium is the most important management tool we have to protect spawning walleye to ensure the long-term health and sustainability of the Lake Nipissing fishery.

Miigwech to the registered commercial fishers and community members who respect the spring gill net moratorium and follow the NFN Fisheries Law. Your efforts help to ensure we can all enjoy the resources that Lake Nipissing provides for us now, and for future generations to come.

NFN plays a fundamental role in promoting the health and recovery of the Lake Nipissing fishery. NFN continues to have significant successes in protecting the lake's walleye population and maintaining safe harvest levels within our commercial fishery, consistent with Aboriginal treaty and harvesting rights.

For compliance/enforcement issues, contact a Bylaw Enforcement Officer:

Tyler Couchie: 705-753-2050 ext.1224 **Cell:** 705-498-2506 **Clayton Goulais:** 705-753-2050 ext.1236 **Cell:** 705-498-3823



Sunset on Lake Nipissing

UPDATES

Upcoming Canadian Coast Guard Introduction and Environmental Response Workshop

The NFN Environmental Department, in collaboration with the Canadian Coast Guard (CCG) and Transport Canada, is hosting an *Introduction & Environmental Response Workshop*

> Tuesday, March 25, 2025 9:30 a.m. – 3 p.m. Garden Village Gym Lunch will be provided

This workshop aims to strengthen community knowledge about the Coast Guard mandate and capacity to respond to marine pollution and hazards, ensuring safer waterways for both residents and commercial fishers.

Key topics include pollution management, marine risk assessment, effective response coordination and much more. Transport Canada will also present its mandate and available programs that support community resilience and strengthen response strategies.

The workshop is open to NFN members who are interested in being involved with decision-making and public awareness regarding marine safety which includes emergency management, environmental protection, land and marine stewardship, and marine governance.

For more information or to register, contact: Sophia Tore, Marine Liasion Officer 705-753-2050 ext. 1340 <u>sophiat@nfn.ca</u> Did you know the Economic Development Department has a quarterly Digital Newsletter?

> Sign up for future issues here: <u>bit.ly/3qhpgrS</u>

Learn about:

- Funding and Networking Opportunities
- Businesses in NFN Spotlights
- Policy Updates
- Business Development Resources
- Upcoming Workshops

Small Business Loan

Funding for the 2024- 2025 fiscal year is still available, and will remain open until Tuesday, April 1, 2025.

The Small Business Loan Program is designed to assist NFN members in starting or expanding their small businesses. This program provides greater flexibility schedules regarding repayment and security compared to other lending institutions. Eligible members can now receive up to \$20,000.

For more information, contact:

Zack Lafleur Economic Development Manager 705-753-2050 ext.1264 <u>zackl@nfn.ca</u>

TC Energy's Indigenous Legacy Scholarship Program Scholarship applications open on January 22, 2025 and close Friday, May 2, 2025 at 11:59 PST There's three scholarship options: Indigenous Legacy, Trades and STEM. Students can apply at <u>www.tcscholarships.com</u> If you have any questions, contact: <u>tiffany_morning_bull@tcenergy.com</u>

Kendaaswin / Library

	Mon	Tues	Wed	Thurs	Fri
	9 a.m 4 p.m.	9 a.m. – 4 p.m.	9 a.m 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m.

Nishnaabemwin Lesson Prepared by Blair Beaucage

Niin - me/I
Giin – you/
Wiin - she/he/person (does not identify gender in 3rd person "wiin")
Nishnaabemo – person speaks Ojibwe or person is speaking Ojibwe.
Time Markers: wii– wants to, nothing or doo - present time, gii- past tense, Ga- definite future.

Niin – Me, or I	Giin – You	Wiin – She, he, they (singular)	
N = Niin	G/K- Giin	Nothing = wiin	
Nwii-nishnaabem	Gwii-nishnaabem -	Wii-nishnaabemo	
I want to speak Ojibwe	You want to speak Ojibwe	Person wants to speak Ojibwe	
Ndoo-nishnaabem -	Kdoo-nishnaabem -	Nishnaabemo –	
I Speak Ojibwe/	You speak Ojibwe/	Person Speaks Ojibwe	
I am speaking Ojibwe	You are speaking Ojibwe		
		Gii-nishnaabemo	
Ngii-nishnaabem -	Kii-nishnaabem -	Person spoke Ojibwe	
I spoke Ojibwe.	You spoke Ojibwe.		
		Ga-nishnaabemo	
Nga-nishnaabem	Ka-nishnaabem -	Person will speak Ojibwe	
I will speak Ojibwe.	You will speak Ojibwe.		

NFN Food Bank Donations

UPDATES

Donations can be brought to the NFN Front Reception (36 Semo Rd., Garden Village) or to the NFN Food Bank (19 Philip Ave., Garden Village).

In January 2025, the NFN Food Bank received a generous donation from the following individual:

• Cassandra Serre - \$500

Miigwech for your donation!



Thursday, March 6 Noon – 2 p.m. Garden Village Gym

NFN Walking Alongside Services past events

In February, the NFN Walking Alongside Services held the following events:



Photos of the Family Day Breakfast on Monday, February 17, 2025



Non-Insured Health Benefits

Call 1-800-640-0642 to see if you qualify for vision care, medical supplies and equipment, dental care and medications. (Note: you will be asked to provide your status number.)

If you have a **medical appointment out of town** you may qualify for mileage, accommodations and meals. If you have additional questions, contact the NIHB Coordinator at <u>nihb@nfn.ca</u> or 705-753-3312 ext. 2233 to learn more.

Learn more about <u>NIHB</u>:



• Youth Lunch and Movies

- Youth Hangout
- Youth Galaxy Movie
- Duchesnay & Garden Village Drop-ins
- Bouncy Houses Nbisiing Gym
- Boys' Night, Kids Drop-in
- Tween Bouncy Houses
- Valentine's Craft Bag Pick-up





New Social Services Department Positions!

The Social Services office at NFN will continue to advocate for community

members and strengthen community engagement, culture and relationships ultimately benefitting the wider NFN community. These new roles were created to ensure community members' voices are heard and their needs are considered.



Community Navigator Administrator

Geared towards addressing the gaps in services for seniors and adult community members, the Community Navigator Administrator can **help you access essential services and resources.**

> **Contact:** 705-753-2050 ext. 1334 249-328-0226 (call or text) <u>NFNnavigator@nfn.ca</u>

Language Teacher - Nishnaabemwin E-Kinoomaadged

Empowering generations by **teaching** and **preserving** the Nipissing dialect through innovative language programs.

Contact: 705-753-2050 ext. 1227 <u>christinab@nfn.ca</u>



UPDATES



Social Cultural Coordinator

Revitalizing tradition and fostering cultural connections to ensure NFN's heritage thrives for future generations!

> Contact: 705-753-2050 ext. 2229 <u>katelynng@nfn.ca</u>

EMPLOYMENT

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

IRING!

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

Full postings and descriptions are available at **nfn.ca/jobs**

Program Assistant Home & Community Care | Full-Time/Permanent

1st Round closes Friday, March 7, 2025 at 4:30 p.m. 2nd Round closes Friday. March 14, 2025 at 4:30 p.m. 3rd Round closes Friday, March 21, 2025 at 4:30 p.m.

<u>Transitional Housing Support Worker</u> | Full-Time/Contract

1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday. March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2025 at 4:30 p.m.

<u>Crisis Support Worker</u> | Full-Time / Permanent Open to Round 1 and 2 applicants only. 1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday, March 7, 2025 at 4:30 p.m.

True Self Outreach Peer Worker | Full-Time / Part-Time 1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday. March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2025 at 4:30 p.m.

Ontario Works Caseworker | Full-Time / Permanent 1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday, March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2024 at 4:30 p.m.

<u>Ontario Program Manager |</u> Full-Time / Permanent

1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday, March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2025 at 4:30 p.m.

Junior Proposal and Policy Writer | Full-Time / Permanent

1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday, March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2025 at 4:30 p.m.

Accounts Payable Officer | Full-Time / Permanent 1st Round closes Friday, February 28, 2025 at 4:30 p.m. 2nd Round closes Friday, March 7, 2025 at 4:30 p.m. 3rd Round closes Friday, March 14, 2025 at 4:30 p.m.

Housing and Maintenance Office Support Worker | Full-Time / Permanent

1st Round closes Friday, February 21, 2025 at 4:30 p.m. 2nd Round closes Friday. February 28, 2025 at 4:30 p.m. 3rd Round closes Friday, March 7, 2025 at 4:30 p.m.

Open to all qualified applicants until filled <u>NIHB Program Coordinator</u>

Full-Time / Permanent

<u>Community Wellness Worker; Recreation and Education</u> Full-Time / Permanent

<u>Governance Policy Analyst</u> Full-Time / Permanent Open to all qualified applicants until filled (continued)

EMPLOYMENT

Director of Health Administrative Assistant *Full-Time / Permanent*

<u>Registered Early Childhood Educator</u> *Full-Time / Permanent*

Mental Health Therapist Full-Time / Permanent

<u>Registered Nurse</u> *Full-Time / Permanent*

Elders' Lodge Supervisor Full-Time / Permanent

Elders' Lodge Caregiver Full-Time / Permanent

Full postings and descriptions are available at **nfn.ca/jobs**

Ojibway Women's Lodge Frontline Worker Full-Time / Permanent

<u>Child and Youth Shelter Support</u> *Full-Time / Permanent*

Family Support Worker Full-Time / Permanent Open to Round 1 and 2 applicants only

<u>Child and Youth Program Facilitator</u> Full-Time / Permanent Open to Round 1 and 2 applicants only

First Nation Representative Full-Time / Permanent

Featured Job of the Month

<u>Post Majority Worker</u> Full-Time/Permanent 2 Vacancies

Open to all qualified applicants until filled.



Join Our Team and Make a Difference!

Are you passionate about supporting youth and young adults? As a Post Majority Worker, you'll help individuals aged 14-25 who have been in care. Your role will be vital in helping them build strong connections with their families, community, and culture.

By embracing NFN's values, cultural practices, and the Seven Grandfather Teachings, you'll play a key role in shaping their futures and setting them up for long-term success. This is more than just a job—it's a chance to make a real impact.

- Why Join Us? Meaningful Work: Help youth and young adults thrive.
- Cultural Engagement: Work with NFN's values and practices.
- Community Impact: Make a lasting difference.

Take the next step in your career and join us as a Post Majority Worker. Together, we can create a brighter future for our youth!

Apply Today: 🖂 <u>resumes@nfn.ca</u>



YOUTH HANGOUT

65 Juniper Cres. | **6 - 9 p.m.** For NFN youth aged 13-24. Register with <u>katiel@nfn.ca</u>.





MAR

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BABY GROUP

Sundown Ridge Unit #3 | 11 a.m. - 1 p.m. For NFN parents and their children aged 0-5. Register with tristas@nfn.ca.



DUCHESNAY DROP-IN

Duchesnay Hall | 6 - 9 p.m. For NFN youth aged 13-24. Register with <u>ianc@nfn.ca</u>.



YOUTH BATTALION GAME

Memorial Gardens | 6 - 9 p.m. For NFN youth aged 13-24. Register with <u>katiel@nfn.ca</u>.



NISHNAABEMWIN

65 Juniper Cres. | **6 - 9 p.m.** For NFN youth aged 13-24. Register with <u>ianc@nfn.ca</u>.



DINERS' CLUB

Garden Village Gym | Noon - 1 p.m. For NFN seniors 55+. For more information, contact the LCHC at 705-753-3312.



BABY GROUP

Sundown Ridge Unit #3 | 11 a.m. - 1 p.m. For NFN parents and their children aged 0-5. Register with <u>tristas@nfn.ca</u>.



See NFN March 2025 event calendar on last page of Enkamgak! For updates on *Walking Alongside Services* events, follow **G@NFNWAS**







65 Juniper Cres. | 6 - 9 p.m.

For NFN youth aged 13-24. Register with <u>katiel@nfn.ca</u>.



KIDS GAME-ON NIGHT

65 Juniper Cres. | **5:30 - 7:30 p.m.** For NFN youth aged 6-12. Register with <u>victorial@nfn.ca</u>.





BUILDING YOUR MEDICINE BUNDLE: ZIISBAAKTOOKE GIIZIS

Duchesnay Hall | 10 a.m. - Noon Water teaching and necklace-making workshop with Glenna Beaucage. Refreshments provided. Register: 705-753-3312.



NISHNAABEMWIN

65 Juniper Cres. | **6 - 9 p.m.** For NFN youth aged 13-24. Register with <u>ianc@nfn.ca</u>.



KIDS DROP-IN

Nipissing Nation Kendaaswin (Library) | **5:30 - 7:30 p.m.** For NFN youth aged 6-12. Register with <u>victorial@nfn.ca</u>.



BABY GROUP

Sundown Ridge Unit #3 | 11 a.m. - 1 p.m. For NFN parents and their children aged 0-5. Register with <u>tristas@nfn.ca</u>.



See NFN March 2025 event calendar on last page of Enkamgak! For updates on *Walking Alongside Services* events, follow **f**<u>@NFNWAS</u>



PARENT CIRCLE

Lodge behind Right Path (316 Ted Commanda Dr.) | 5:30 - 7 p.m.

Parents will receive support, cultural teachings, resources, and more. Dinner provided. Register: juliec@nfn.ca or 705-753-1375.



YOUTH BOWLING

65 Juniper Cres. | **6 - 9 p.m.** For NFN youth aged 13-24. Register with <u>katiel@nfn.ca</u>.



MAAMWI WIISNIDAA - LET'S EAT TOGETHER

Garden Village Gym | 11 a.m. - 1 p.m.

Join us at Maamwi wiisnidaa, meaning "Let's eat together," for a delicious community meal.



LUNCH AND LEARN: COLORECTAL CANCER SCREENING

LCHC | Noon - 1:30 p.m.

March is Colorectal Cancer Awareness Month. Join us to prioritize your health and stay informed. Register: 705-753-3312.



PARENT CIRCLE

Duchesnay Hall | 5:30 - 7 p.m.

Parents will receive support, cultural teachings, resources, and more. Dinner provided. Register: juliec@nfn.ca or 705-753-1375.



VISION BOARD WORKSHOP - LITTLE SPIRIT AUNTIE PROGRAM

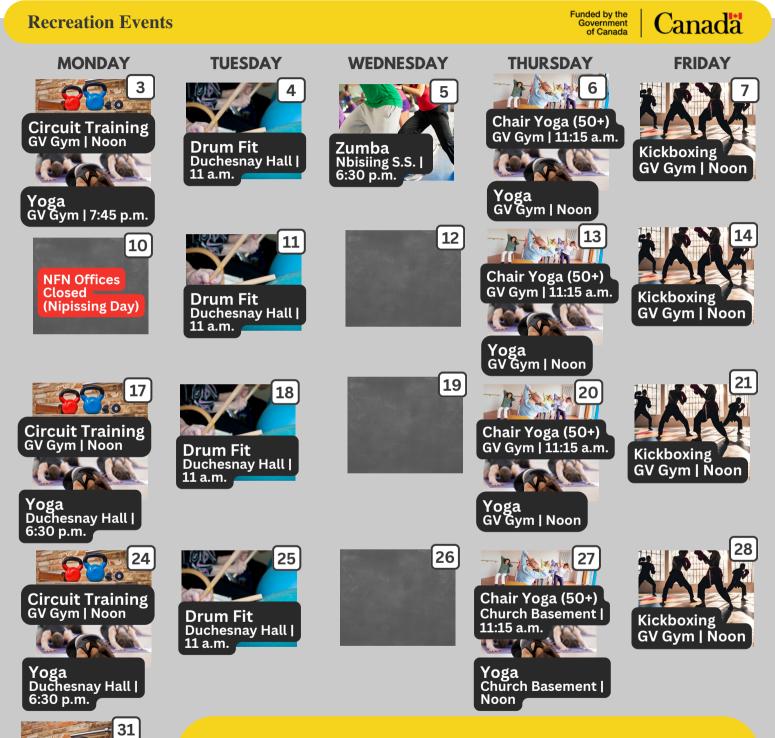
Sundown Ridge Unit #3 | 1 - 3 p.m.

For NFN mothers and their children aged 0-5. Create a vision board while enjoying mocktails and charcuterie. Register with <u>tristas@nfn.ca</u>.



See NFN March 2025 event calendar on last page of Enkamgak! For updates on *Walking Alongside Services* events, follow **G@NFNWAS**

EVENTS



These recreation events do not require registration. Bring water and running shoes.

Circuit Training GV Gym | Noon



Paula Goulais Bailliache Piano & Voice Lessons 705-845-0117 Jocko Point, Garden Village West Nipissing ON





141 Front St, Sturgeon Falls, ON P2B 2H6



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George Couchie

www.culturalmindfulness.ca couchie.george@gmail.com 705-494-6887



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ktigaaning.midwives@gmail.com www.ktigaaningmidwives.com





Tyler Beaucage Owner/Technician

249-878-9065

beaucagecontracting@gmail.com

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705 474 1258 shopgreenmedicine@gmail.com 120 Commanda Cres. North Bay ON ww.shopgreenmedicine.ca



Michèle Chrétien

Cell: 705.715.6119 chretienmichele02@gmail.com

Thanatelogist (CERT.) Traditional/Classical Hatha Yoga (CERT.) Infinite Possibilities Life Coach (CERT.)



Ziisbaaktoke Giizis (Maple Sugar Moon) | March 2025

Namegiizhgad Sunday	Nokiigiizhgad Monday	Niizhgiizhgad Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiaatgogiizhgad Friday	Maaniigiizhgad Saturday
Mukwa Miikan Landfill HoursSee all NFN communitySaturday - Tuesdaysa.m. to 4 p.m.8 a.m. to 4 p.m.closed during statutory holidaysStatutory holidayssa.m. to 4 p.m.			1			
2	3 [™] West end	4 Chief & Council Garden Village 7:30 p.m. ↓ East end	5 Sim Food Bank Access Day	6 Mnogin Greenhouse Pick-up Duchesnay 4 - 5:30 p.m.	7	8
9	CLOSED 10 Nipissing Day	11	12 Diner's Club GV gym Noon - 1 p.m. The East end	13 Mnogin Greenhouse Pick-up Garden Village 4 - 5:30 p.m.	14	15
16	17	18 Chief & Council Duchesnay 7:30 p.m.	19 Sood Bank Access Day	20 Mnogin Greenhouse Pick-up Duchesnay 4 - 5:30 p.m.	21	22
23	24	25	26	Maamwi 27 Wiisnidaa GV Gym 11 a.m 1 p.m. Mnogin	28	29
30	31	East end		Greenhouse Pick-up Garden Village 4 - 5:30 p.m.		
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