

Enkamgak

Binaakwii Giizis (Falling Leaves Moon) | October 2024

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NFN's Annual General Meeting is November 16, 2024 in Garden Village

Constructing a wetland in NFN to support vital plant species

Nipissing First Nation has received \$90,000 through the Natural Infrastructure Fund to construct a wetland that can convert nutrient-rich wastewater into environmentally safe, non-potable water, for growing ecologically significant plant species.



Wetlands store carbon; help communities prevent floods, droughts, and adapt to environmental change; improve water quality by removing pollutants; and provide important habitat for fish and wildlife.

Continued on page 2

Elder Profile: Joseph Stevens

Joe Stevens was born to Joseph Stevens and Mary Louise Green on July 27, 1914, at their home near Garden Village (known as Stevensville). His maternal grandparents are Joseph and Sophie Green, and his paternal grandparents are Joseph Stevens & Harrier LeClaire.



Joe was one of 13 children in his family. Four children died as infants: Frederick was 2 days old, Alusia was 4 years old, Doreen was 1 month old, and Thomas was 2 years old. Four other brothers and sisters died as adults: Doris, at 18 years; John, at 38 years; Philiias, at 18 years; and Exilia, at 54 years of age.

Continued on page 4

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email.**
- **Student registration**

Register at portal.nfn.ca or scan the QR code:



Constructing a wetland in NFN to support vital plant species (con't)

Nipissing First Nation is working to increase environmental resilience in the region by growing local plant species. Once installed, the wetland will be capable of filtering contaminants out of wastewater so it can be used to irrigate important and rare pollinator and marsh based plant species. Our community aims to become a regional leader in the use of modern green technologies.

A constructed wetland is a human-made ecosystem designed to replicate the function and processes of natural wetlands in treating wastewater. The system consists of various components, including water storage basins, vegetation such as cattails and aquatic macrophytes, and varying layers of sand, gravel, and soils. In a constructed wetland, wastewater flows through the system where natural biological, chemical, and physical processes occur to remove pollutants and improve water quality. Microorganisms, plants and substrate material within the wetland help break down organic matter, filter out pollutants, and reduce nutrient levels such as nitrogen and phosphorus (figure 1).

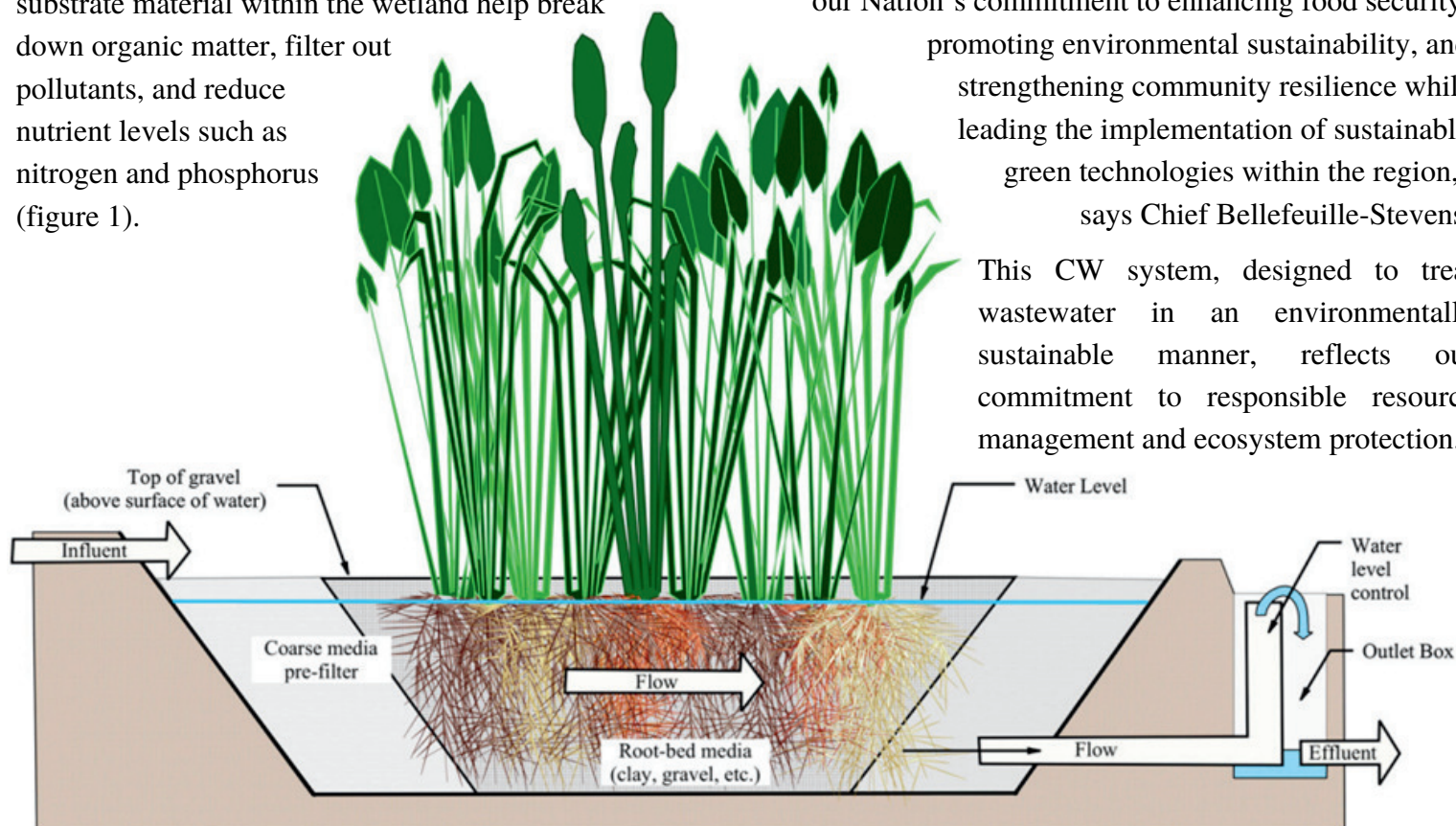


Figure 1 - A water flow path through a subsurface flow wetland. Obtained from "Wetland technologies for Nursery and Greenhouse Compliance with Nutrient Regulations (White, 2014).

Continued on page 3

“Nipissing First Nation is honoured to receive grant funding through the Natural Infrastructure Fund, enabling the installation of an innovative Constructed Wetland at the Mnogin Greenhouse,” says Cathy Bellefeuille-Stevens, NFN Chief.

The Mnogin Greenhouse, named "Grow Well" in Nibisiing Nishnaabemwin, is a cutting-edge initiative aimed at addressing our community's critical need for nutritious food while enhancing our food sovereignty. With the initial construction stages completed in November 2022, the project features three containerized growing units and one packing unit geared toward cultivating fresh lettuce and herbs for our community and customers. Growing produce in the three units generates higher nutrient levels than most household wastewater. Therefore, the Constructed Wetland (CW) aims to be a vital component of the project by meeting its water treatment needs.

“This achievement marks a significant step forward in our Nation’s commitment to enhancing food security, promoting environmental sustainability, and strengthening community resilience while leading the implementation of sustainable green technologies within the region,” says Chief Bellefeuille-Stevens.

This CW system, designed to treat wastewater in an environmentally sustainable manner, reflects our commitment to responsible resource management and ecosystem protection.

Constructing a wetland in NFN to support vital plant species (con't)

In addition, the NFN Environment Department will be incorporating native wetland flowering plant species (i.e. swamp milkweed, joe pie weed, pickerelweed) into the design to help preserve biodiversity and enhance pollinator habitat in the region.

“By implementing this natural infrastructure solution, we will not only mitigate the environmental impact of wastewater but also contribute to the preservation of the Jocko Point Raised Beach Complex, an Area of Natural and Scientific Interest,” says Curtis Avery, Environment Manager, NFN. “In addition, the NFN Environment Department will be incorporating native wetland flowering plant species into the design to help preserve biodiversity and enhance pollinator habitat in the region.”

This is an exciting and innovative project! Nipissing First Nation will be able to repurpose wastewater and use it to grow food security in the community and cultivate climate resilience on the land,” says The Honourable Anthony Rota member of Parliament for Nipissing—Timiskaming.

NFN is grateful for the collaboration and support from our partners, including Canadian Shield Consultants, the expert environmental engineering firm that has assisted in designing custom solutions tailored to our project needs and objectives.



Inside one of three containerized growing units of the Mnogin Greenhouse.

Dr. Alexandra King of NFN, named Canadian Academy of Health Sciences Fellow

Dr. Alexandra King, a member of Nipissing First Nation, associate professor at the College of Medicine, and the Cameco Chair in Indigenous Health and Wellness at the University of Saskatchewan, was named a Fellow of the Canadian Academy of Health Sciences (CAHS) on September 10, 2024.



This prestigious honour acknowledges her leadership and contributions to advancing health sciences and promoting diversity, equity, and inclusivity in Canada. King specializes in HIV/AIDS and viral hepatitis care and co-leads Pewaseskwan, the Indigenous Wellness Research Group involving the University of Saskatchewan, Simon Fraser University, and Indigenous communities. Pewaseskwan research focuses on Indigenous people and both infectious and chronic diseases, as well as Indigenous health research ethics. King values collaboration and sees her CAHS Fellowship as an opportunity to bring a unique First Nation perspective to health research in Canada.

Chi-miigwech, Dr. King, for the incredible work that you have done and continue to do in the health sciences and beyond. You are an inspiration to our Nation, and we are all cheering you on.

Read more

[Renowned USask researcher named Canadian Academy of Health Sciences fellow](#)

University of Saskatchewan News



Elder Profile: Joseph Stevens (con't)

Those remaining are Mary Blaker, Joe, Martha Clemens, Gilbert Stevens, and Alexina Roy.

As most families did in those days, Joe's family travelled a lot between Smooth Rock Falls, Dokis, and the French River.

Joe started working with his dad, cutting pulpwood as young as 12 years of age. One year, they cut 120 cords and sold it for \$1.00 a cord.

Because of the family travelling, Joe was only able to attend school for 2 weeks.

Joe later married Yvonne Larivierre in Dokis Bay. Joe and Yvonne lived in Dokis Bay, at Wigwam Point, at Lunge Lodge in the summer, at Hardy Bay, and Sand Bay. Joe and Yvonne had one daughter, Jane (now Dechene) of Sturgeon Falls, and separated early in their marriage.

Joe has worked at Keystone Lodge for 36 years and worked as a guide for most of his life.

Today, Joe has three grandchildren. His hobbies when he was younger were hunting, hockey, baseball, and making snowshoes and axe handles. He now enjoys travelling and has been on tours to Holy Lands (Jerusalem) in 1988 and 1989, and is planning to go again in October of this year.

Thanks a lot, Joe, for sharing your story.

Call for Quote: Photographer Family Christmas Card Photos



NFN is hosting a Family Christmas Card Photo Night in November and is looking for a photographer (NFN member or spouse/child of an NFN member) to provide this service.

Please submit quote to Jon Watson (jonw@nfn.ca) no later than Friday, October 18, 2024.

Call for Quote: Catering Breakfast at NFN's Annual General Meeting



Nipissing First Nation is hosting an Annual General Meeting on Saturday, November 16th 2024 at the NFN Community Hall in Garden Village for approximately 200 people. We are seeking quotes for breakfast for this day as follows:

- | | |
|---|---|
| Morning (8:30 a.m.) | Served (served at 9 to 10 a.m.) |
| <ul style="list-style-type: none"> • Coffee and tea • Juice and water | <ul style="list-style-type: none"> • Scrambled eggs • Sausage • Pancakes • Yogurt and muffins • Fruit (mix or whole) |

Caterer will be responsible for providing plates (eco-friendly), cutlery and condiments and serving food.

Please submit quotes no later than Friday, October 18, 2024 to the attention of:

Trista Hester
Nipissing First Nation
36 Semo Road
Garden Village, ON P2B 3K2
Attention: Trista Hester
OR by email to: tristas@nfn.ca

If you have any questions or require any additional information, please feel free to contact Trista Hester at 705-753-2050 ext. 1229 or by email at tristas@nfn.ca

Caterer must provide Food Safe Handling Certificate.

Miigwech!



NFN Walking Alongside Services: September at a Glance

In September, the NFN Walking Alongside Services held the following events:

- Garden Village Drop-in
- Duchesnay Drop-in
- Tween Drop-in
- Drive in movie
- Girl's Night
- Sunday Football
- Shaker Making
- Dungeons and dragons
- Anime Night
- Sweat Lodge Ceremony
- National Day for Truth and Reconciliation
- Northern Tikes
- Game On Trailer
- Baby Group
- Boy's Night
- Mario Kart Tournament
- Bouncey House Night



See upcoming October child, youth, and family events on page 21!

Enroll your child for free monthly books!



Inspires your child's love of reading with Dolly Parton's Imagination Library



FREE BOOKS FOR KIDS!

If you have a child from 0-5 years old, register them today for free monthly books.

How It Works:

- Enroll your child.
- In 6 - 8 weeks, your child will receive their first book in the mail. "The Little Engine That Could".
- Books arrive in the mail monthly, until your child's 5th birthday.

Easy to Enroll!

Contact Kelsey McNeill, Early Childhood Education Services Manager for information to sign up at kelseym@nfn.ca



Nipissing First Nation

36 Semo Road, Garden Village, ON P2B 3K2
(705) 753-6995 EXT 1261



Baseline Contamination Study in Nipissing Watershed

Nipissing First Nation has been awarded funding (\$97,605) from the First Nations Environmental Contaminants Program (FNECP) to undertake a critical environmental monitoring project to assess contamination levels in the Lake Nipissing watershed. This initiative addresses growing community concerns about the presence of persistent, man-made chemicals, specifically Per- and polyfluoroalkyl substances (PFAS) and Persistent, Mobile, and Toxic (PMT) plastic additives, which pose significant risks to both the environment and human health.

Background

The Nipissing watershed, home to the Debendaagziwaad (those who belong to Nipissing), has sustained the community for generations. However, increasing industrial activities and urban development in conjunction with historical military and aviation activities in the region have led to environmental degradation, threatening the integrity of local ecosystems and the health of community members. The contamination of waterways, such as Lees Creek in North Bay, has resulted in fish consumption advisories, raising alarms about the potential spread of these pollutants to other critical water bodies and traditional food sources.

The Environment Department, in collaboration with Metropolitan University, has taken proactive steps to understand the extent of PFAS contamination in the area, launching a pilot sampling program in 2023. The department is pleased to continue this important work with funding from the FNECP and the support of esteemed academic partners like Metropolitan University.

Project Objectives

The project aims to achieve several key objectives:

- Investigate Contaminant Levels: Establish baseline data on the presence of PFAS and PMT plastic



Metropolitan University Student, Sommerly Grimaldi takes a water sample in Chippewa Creek which will be analyzed for various PFAS, August 2024

additives in the waters of Lake Nipissing, Trout Lake, and various tributaries.

- Assess Food Safety: Evaluate the potential contamination levels in staple food items, including fish species commonly consumed by NFN members, such as walleye, northern pike and lake whitefish.
- Community Engagement: Involve the community, including harvesters and youth, in monitoring activities to enhance awareness and understanding of environmental contamination.
- Capacity Building: Strengthen the NFN Environmental Department’s ability to manage and mitigate contamination issues through collaboration with academic partners and the development of new monitoring tools and techniques.

Methodology

The project will involve comprehensive water quality sampling from key water bodies, analysis of fish tissue for potential contaminant levels, and community surveys to gather information on fish consumption patterns. The data collected will be synthesized into technical reports and communicated to the community through various outreach efforts, including a short video and a community gathering featuring a celebratory feast.

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Baseline Contamination Study in Nipissing Watershed (con't)

Significance

This study is vital for safeguarding the health of the Nipissing community and protecting the ecological integrity of the watershed. The findings will provide crucial insights into the extent of contamination, inform future legislation, and support the development of guidelines for managing these persistent pollutants. By integrating traditional ecological knowledge with scientific research, the project will contribute to a deeper understanding of environmental impacts and promote long-term sustainability for NFN's lands and waters.

The NFN Environmental Department will lead this initiative, with support from the Natural Resources Department, community members, local stakeholders, and academic partners. This project underscores the commitment of Nipissing First Nation to environmental stewardship and the preservation of its natural resources for future generations.

If you have concerns about your traditional hunting areas and are interested in submitting samples for analysis, the department is seeking muscle/organ tissues for the following species:

1. Moose
2. Deer
3. Partridge
4. Commonly consumed fish species (e.g., Walleye, Northern Pike, Lake Whitefish, Smelt)
5. Waterfowl (e.g., Mallard, Duck, Geese)
6. Other game species of concern

For more information about the **Per-and polyfluoroalkyl substances (PFAS) and Persistent, Mobile and Toxic (PMT) Plastic Additives Contaminant Study of Water within Nipissing First Nation's Traditional Territory**, please contact Curtis Avery, Manager of Environment: 705-753-2050 ext. 1290

NFN Removes Abandoned Vessel from Little Sturgeon River

NFN's Environment Department is pleased to announce the successful removal of an abandoned vessel from the Little Sturgeon River. This effort is part of NFN's ongoing stewardship initiatives to protect ecologically sensitive areas, including critical tributaries that support the Nipissing Fishery and the broader Nipissing ecosystem.

The abandoned vessel was first noticed by NFN crews in 2020, embedded in the bank of the Little Sturgeon River during the department's exploratory spawning assessments for Walleye and Lake Sturgeon. Although the exact duration of its presence is unknown, satellite imagery indicates that it has been embedded in situ since at least September 2015.



An unsightly, abandoned vessel observed in the Little Sturgeon River, April 2024.

Continued on page 8

NFN Removes Abandoned Vessel from Little Sturgeon River (con't)

In April 2024, the Environment Department joined the DFO's Canadian Coast Guard on a site visit to assess potential impacts on the tributary. During the inspection, it was discovered that the vessel was leaking a small amount of contaminants into the waterway, as indicated by an oil sheen that appeared after parts of the boat were disturbed by crew members. Efforts to track down the vessel's owner proved unsuccessful.

In collaboration with the Canadian Coast Guard's Wrecked, Abandoned, or Hazardous Vessels Program, the NFN Environment Department facilitated the removal of the vessel. Such vessels, including wrecked, abandoned, hazardous, and dilapidated boats, pose significant threats to public health and safety, the environment, and the local economy. Beyond being unsightly, they can contaminate waterways, impact local tourism, and harm freshwater ecosystems. In 2019, the Government of Canada addressed these concerns by introducing the Wrecked, Abandoned or Hazardous Vessels Act, which empowers the government to take proactive measures and increase owner accountability.

The vessel was successfully removed on August 26, 2024, by local contractor TZ Weld and Salvage under the joint efforts of the NFN Environment Department and the Canadian Coast Guard.

Nipissing First Nation's Environment and Natural Resources Departments will continue to monitor Lake Nipissing's waters for other vessels of concern as part of their routine fieldwork activities throughout the year. If you encounter a wrecked, abandoned, or hazardous vessel, please contact:

Curtis Avery
Environment Manager
1-705-753-2050 Ext. 1290

Or
Canadian Coast Guard
Toll Free: 1-800-363-4735



Help Shape the Future of *Beaucage Park!*

This is your chance to have a say in the future of Beaucage Park! Your feedback is essential in shaping the future of Beaucage Park as part of our Feasibility Study. Whether you're a regular visitor or someone who envisions new possibilities for the park, your input will ensure that the space evolves to meet the needs and aspirations of our community while respecting this important cultural space.

For more information: jaymie@whiteotterconsulting.com

Community Engagement Sessions

October 3, 4 and 5
Times and Locations to be announced



New Trustee named to 2013 Boundary Claim Trust

Nipissing First Nation announces the successful candidate for the 2013 Boundary Claim Trust off-reserve trustee seat: Ann Watts.

Learn more about the Nipissing 2013 Boundary Claim Trust, and see all [Land Claim Updates](#).



Caregivers of First Nation Children in ELCC **ONLINE FOCUS GROUP**

The Chiefs of Ontario want to hear from ELCC Parents and Guardians of First Nations Children in Ontario on what kind of support First Nation Early Learning Child Care (ELCC) workers and families need.

October 9th

Group 1: 10:00am - 12:00pm EST
<https://us06web.zoom.us/j/86850597964>

Group 2: 1:00pm - 3:00pm EST
<https://us06web.zoom.us/j/87026781469>

Group 3: 4:00pm - 6:00pm EST
<https://us06web.zoom.us/j/81265719419>

As a thank you, a \$50 honoraria will be offered to participants for their time!

Note: the word "caregiver" is used in place of "parent(s)" to make space for the diverse ways that people show up in children's lives to take care of them.



Spaces are limited! To register please contact Emma Hedderson at emma@siscoconsulting.ca

E-GIIGDOWAAD | CHIEF & COUNCIL

Attend Chief and Council Meetings and Submit Requests

Council meetings take place on the 1st and 3rd Tuesday of the month. NFN members can attend and keep informed through in-person or virtual attendance.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting. These can be dropped off to the front reception at 36 Semo Rd, Garden Village or emailed to tristas@nfn.ca.

Requests could also be made at the meeting. Due to the number of items for Council to deal with on the agenda, Requests from the Floor are limited to 10 minutes per request and only three will be dealt with at the meeting. It is important to note that depending on the request, the items may need to be deferred to the next meeting if additional information is needed.

If you have any questions regarding the above, please feel free to contact Trista Hester at 705-753-2050 ext. 1229 or tristas@nfn.ca.

**October 1 @ 7:30 p.m.
Garden Village**

**October 15 @ 7:30 p.m.
Garden Village**

JOIN IN PERSON:

Confirm your attendance with Trista Hester at tristas@nfn.ca or 705-753-2050 ext. 1229

WATCH THE LIVESTREAM:

NFN Membership Portal at
Portal.NFN.ca

Recordings of past meetings are available for 30 days.

Miigwech!

Food Bank Donations

- Monthly donation from *Patrick and Samantha Stevens*
- Les Couchie

Thank you!

NIPISSING FIRST NATION KENDAASWIN / LIBRARY

Mon	Tues	Wed
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.	9 a.m. - 4 p.m.

Thurs	Fri
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.

Closed for lunch hour (noon - 1 p.m.)



MEMBERSHIP PORTAL

Visit portal.nfn.ca to get started!

EXCLUSIVE FOR REGISTERED NFN MEMBERS

Access a variety of protected content, such as Council minutes and Trust Updates. Update and manage your address and mailing preferences.

Visit portal.nfn.ca or scan the QR code



Monthly Draw of **\$50 Gift Card** for all registered Portal members!

MONTHLY DRAW WINNER
August 2024: Rick Hester

NFN WASTE AND RECYCLING APP

for Apple and Android Devices

Receive notifications for garbage and recycling pick-up, delays, change of schedule, and emergencies.

Find information on how to sort waste, proper waste disposal locations, and NFN Landfill schedule.



Visit nfn.ca/public-works/waste/ to download the app, or scan the QR code

Employment Opportunities

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

IT Supervisor | Full-Time / Permanent

1st Round closes Friday, October 4, 2024 at 4:30 p.m.

2nd Round closes Friday, October 11, 2024 at 4:30 p.m.

3rd Round closes Friday, October 18, 2024 at 4:30 p.m.

Child Development Support Assistant | Full-Time / Contract

1st Round closes Friday, September 27, 2024 at 4:30 p.m.

2nd Round closes Friday, October 4, 2024 at 4:30 p.m.

3rd Round closes Friday, October 11, 2024 at 4:30 p.m.

Open to all qualified applicants until filled

Program Support Receptionist

Full-Time / Contract

Social Services Nishnaabemwin E-Kinoomaadged (Language Teacher)

Full-Time / Permanent

Open to Round 1 and 2 applicants only

Social Services Community Navigator

Full-Time / Permanent

Social Cultural Coordinator

Full-Time / Permanent

Open to Round 1 and 2 applicants only

Finance Manager

Full-Time / Permanent

Junior Post Majority Worker

Full-Time / Permanent

Open to Round 1 and 2 applicants only

Lands and Natural Resources Technician

Full-Time / Permanent

Accounts Payable Coordinator

Full-Time / Permanent

Ojibway Women's Lodge Frontline Worker

Full-Time / Contract

Child Care Supervisor

Full-Time / Permanent

Adult Education Facilitator

Part-Time / Contract

True Self Outreach Peer Worker

Full-Time / Permanent

Manager, Public Works

Full-Time / Permanent

Registered Early Childhood Educator

Full-Time / Contract

Family Support Worker

Full-Time / Permanent

Open to Round 1 and 2 applicants only

Child and Youth Program Facilitator

Full-Time / Permanent

Open to Round 1 and 2 applicants only

Post Majority Support Worker

Full-Time / Permanent

First Nation Representative

Full-Time / Permanent

Child and Youth Mental Health and Addictions Counsellor

Full-Time / Permanent

APPLY TODAY!

Submit application to:
resumes@nfn.ca
or Fax: 705-753-0207

Full postings and
descriptions are available
at nfn.ca/jobs





NBISIING.COM



705-497-9938

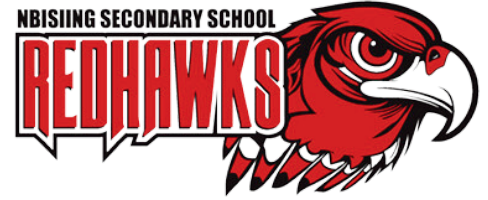


[NBISIING SECONDARY SCHOOL](https://www.facebook.com/NBISIINGSECONDARYSCHOOL)

Traditional Teaching Lodge

Nbsiing staff and students have been working hard since the start of the school year and completed our traditional teaching lodge. We are excited to begin the year with a welcoming feast in the lodge, starting our learning journey with good hearts and minds. Through land-based education, students learned traditional teachings, history, and language. A highlight was an eagle flying directly over our lodge as the Grade 9 class worked on it, a powerful sign of connection. The lodge will be used for learning and ceremonies throughout the year, continuing to strengthen our connection to culture and the land.

A special Miigwech to teacher Tory Fisher and Elder Peter Beaucage for sharing their guidance and knowledge.



Golf

Our Redhawks Golf Team is gearing up for the NDA Tournament. Students are practicing their swings and getting ready to compete with students from across Nipissing district.



2024-2025 Education Department and Bussing Registration

Register **every year** with the NFN Education Department to take Nbsiing Bus Lines, and to be eligible for start-up allowance, incentives, and awards! **Off-reserve students** K-8 (new registrations) will receive a backpack and local secondary students are eligible for academic awards!

NFN Membership Portal
("Students" tab)
portal.nfn.ca

Download form and submit to Education Department
NFN.ca/education
carolinel@nfn.ca | jeffh@nfn.ca



Annual Sisters in Spirit CANDLELIGHT VIGIL WALK

Friday, October 4, 2024
Duchesnay Hall
6 to 8 p.m.

All are welcome!
Dress warmly.
If possible, wear an item of red clothing.

For more information:
Gillian
705-472-0233
crisissupport@nfn.ca



See NFN October Events calendars on last page of Enkamgak!

Building your personal Medicine Bundle

Autumn Edition

Traditional Medicine-Making Workshop with
Glenna Beaucage

Thursday, October 17

Duchesnay Hall

1:00 - 4:30 p.m.

We will do a medicine walk; please dress for the weather.
Limited registration. Priority to NFN members.

Register with Donna Tuulos, Community Health Nurse:
705-753-3312 ext. 2257

NFN

DINER'S CLUB

Seniors 55+

**Wednesday
October 9**

Garden Village Gym
Noon - 1 p.m.

For more information:
705-753-3312

SENIORS DRUMFIT

Tuesday and Wednesday Mornings
Starting October 8

Tuesdays
Duchesnay Hall
11 a.m. - Noon

Wednesdays
LCHC
**Times TBA*

For more info or to register:
Jon Watson
705-753-6971
jonw@nfn.ca

See NFN October Events calendars on last page of Enkamgak!

Flu Vaccine Clinics

COVID-19 and RSV vaccines are also available at the clinics.



Wednesday, October 9
Diner's Club
GV Council Chambers
11:00 a.m. - 1:30 p.m.

Wednesday, October 16
LCHC
10:00 a.m. - 3:00 p.m.

Monday, October 21
Duchesnay Hall
11:00 a.m. - 6:30 p.m.

Wednesday, October 23
LCHC
11:00 a.m. - 6:30 p.m.

Tuesday, October 29
LCHC
11:00 a.m. - 6:30 p.m.

Wednesday, November 6
Duchesnay Hall
11:00 a.m. - 6:30 p.m.

Saturday, November 16
Annual General Meeting
Garden Village
8:30 a.m. - 1:00 p.m.

For more information, call the
Lawrence Commanda Health Centre:
705-753-3312

HOCKEY EQUIPMENT Giveaway

- Skates
- Pants
- Helmets
- Shin pads
- Gloves
- Shoulder pads
- Elbow pads

Monday, October 7
Garden Village Gym
3:30 - 5:00 p.m.

Tuesday, October 8
Duchesnay Hall
3:30 - 5:00 p.m.

See NFN October Events calendars on last page of Enkamgak!

Events presented by FASD North and Health Nexus

For more information, please contact
Jessica Commanda, Early Childhood Development Coordinator
jessicac@nfn.ca | 705-753-2050

A Complicated and Beautiful Brain:

Learning more together about puzzling mental health, learning and behavioural symptoms through intergenerational family systems, trauma and Complex Neurodevelopmental Disorder/ Fetal Alcohol Spectrum Disorder lens.

Facilitated by:

Angela Geddes and Shannon Butt

This training program is designed to provide a comprehensive understanding of complex mental health and neurodevelopmental disorders with a focus on the most common and largely misdiagnosed/misunderstood condition, FASD. It aims to equip participants with knowledge and practical strategies to support individuals in more helpful and relevant ways.

October 9, 2024

9 a.m. to 4 p.m.

One Kids Place

400 Mckeown Avenue,
North Bay

*Lunch and
refreshments will be
provided*

Not your typical parenting approach:

Tips and strategies to support common areas of challenge for people with Complex Neurodevelopmental Disorders (CND)

Facilitated by:

Angela Geddes and Shannon Butt

This gathering is for everyone who loves and supports people with a complicated and beautiful brain. Join us for tips and strategies to support common and puzzling symptoms such as: attention and sleep difficulties, intense mood and sensitivities, social, emotional and mental health challenges and sometimes learning difficulties.

October 9, 2024

6:30 to 8:30 p.m.

One Kids Place

400 Mckeown Avenue,
North Bay



See NFN October Events calendars on last page of Enkamgak!



**Nipissing First Nation's Social Services
Department Presents**

Village Marketplace Craft Show



**Saturday
November 2, 2024**

**Garden Village Gym/
Council Chambers**

36 Semo Rd.
Garden Village, ON P2B 3K2

10 a.m. - 3 p.m.

Vendor set-up begins at 7:30 a.m.

Featuring Vendors such as...



Questions? Contact:
Jessica Cormier, Food Bank
Coordinator
jessc@fn.ca
705-753-6972

All proceeds support the NFN Food Bank and the Ojibway Women's Lodge (OWL).

ZHIMAAGNISHII GIIZHGAK REMEMBRANCE DAY

Ga-bi-zhaam Wii-Mikwendmaanaanik Zhimaagnishii Giizhgak
Please join us as we remember and honour our veterans

**Mshki-nokiigiizhgad
Mtikmeg Giizis 11
Ktigaaning**



**Monday
November 11
Garden Village**

Form up and parade to cenotaph at 10:45 a.m.

Lunch and refreshments at the Garden Village Complex following the ceremony

Everyone welcome!

**To lay a wreath during the ceremony, contact Jane Commanda by November 6:
705-493-1008 or janec@nfn.ca**

For transportation, contact main reception by November 8: 705-753-2050



See NFN October Events calendars on last page of Enkamgak!



ANNUAL GENERAL MEETING

**SATURDAY
NOVEMBER 16, 2024**

9 a.m. - 1 p.m.

**Garden Village
36 Semo Road, Garden Village**

**Learn about NFN programs,
projects, and services; meet
with your Chief & Council;
and more!**



See NFN October Events calendars on last page of Enkamgak!

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Walking Alongside Child, Youth and Family Events







Binaakwii Giizis (Falling Leaves Moon) | October 2024

Namegiizhgad Sunday	Nokiigiizhgad Monday	Niizhgiiizhgad Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiaatogiiizhgad Friday	Maaniigiizhgad Saturday
		1	2 Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	3 Girls Night Church Hall 6-8 p.m. GV Drop-In 65 Juniper 6-9 p.m.	4 Craft Night Church Hall 6-9 p.m.	5 Language Hangout 65 Juniper 3-6 p.m.
6	7	8	9 Parenting Sundown #3 5-7 p.m. Leafs & Pizza 65 Juniper 6-10 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	10 Boys Night Duchesnay Hall 6-8 p.m. GV Drop-In 65 Juniper 6-9 p.m.	11 Craft Night Church Hall 6-9 p.m.	12 Leisure Farms 11 a.m. - 1 p.m.
Social Services Staff Retreat						
13	14	15 Baby Group Sundown #3 11 a.m. - 1 p.m. Cooking with Lily 65 Juniper 6-8 p.m. Drop-In Church Hall 6-9 p.m.	16 Parenting Sundown #3 5-7 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	17 Girls Night Duchesnay Hall 6-8 p.m. GV Drop-In 65 Juniper 6-9 p.m.	18-19 Youth Wellness Gathering	
20 Youth Wellness Gathering	21	22 Baby Group Sundown #3 11 a.m. - 1 p.m. Cooking with Lily 65 Juniper 6-8 p.m. Leafs & Pizza Church Hall 6-9 p.m.	23 Parenting Sundown #3 5-7 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	24 GV Drop-In 65 Juniper 6-9 p.m.	25 Family Halloween Party 5-9 p.m.	26 Halloween Haunt @ Canada's Wonderland Overnight Trip
27 Halloween Haunt @ Canada's Wonderland Overnight Trip	28	29 Baby Group Sundown #3 11 a.m. - 1 p.m. Tween Cooking 65 Juniper 6-8 p.m. Leafs & Pizza Church Hall 6-9 p.m.	30 Parenting Sundown #3 5-7 p.m. Boys Night Church Hall 6-8 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	31 Halloween Trick O' Treat at 65 Juniper!	Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)	

Stay tuned for updates and
Pop-Up Events at

Community Events

Binaakwii Giizis (Falling Leaves Moon) | October 2024

Namegiizhgod Sunday	Nokiigiizhgod Monday	Niizhgiizhgod Tuesday	Aabtause Wednesday	Shpinganwang Thursday	Jiibiiatgogiiizhgod Friday	Maaniigiizhgod Saturday
Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i>		1 Chief & Council Garden Village 7:30 p.m.	2 Food Bank Access Day 	3 Beaucage Park Engagement <i>Details TBA</i>	4 Beaucage Park Engagement <i>Details TBA</i> Sisters in Spirit Walk Duchesnay Hall 6-8 p.m.	5 Beaucage Park Engagement <i>Details TBA</i>
6	7 Hockey Equipment Giveaway GV Gym 3:30 - 5:00 p.m. 	8 Seniors Drumfit Duchesnay Hall 11 a.m. - Noon Hockey Equipment Giveaway Duchesnay Hall 3:30 - 5:00 p.m.	9 Seniors Drumfit LCHC Time TBD Flu Vaccine Clinic Council Chambers 11:00 a.m. - 1:30 p.m. Diner's Club GV Gym Noon - 1 p.m.	10	11	12
13	14 Thanksgiving 	15 Seniors Drumfit Duchesnay Hall 11 a.m. - Noon Chief & Council Garden Village 7:30 p.m. 	16 Food Bank Access Day  Vaccine Clinic LCHC 10 a.m. - 3 p.m. Seniors Drumfit LCHC Time TBD	 17 Medicine Bundle Workshop Duchesnay Hall 1:00-4:30 p.m.	18	19
20	21 Flu Vaccine Clinic Duchesnay Hall 11 a.m. - 6:30 p.m. 	22 Seniors Drumfit Duchesnay Hall 11 a.m. - Noon	23 Vaccine Clinic LCHC 11 a.m. - 6:30 p.m. Seniors Drumfit LCHC Time TBD	24 Bi mino Wiisin Duchesnay Hall 11 a.m. - 1 p.m.	25	26
27	28 	29 Vaccine Clinic LCHC 11 a.m. - 6:30 p.m. Seniors Drumfit Duchesnay Hall 11 a.m. - Noon	30 Seniors Drumfit LCHC Time TBD	31 Halloween		



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NFN Membership Portal

The Portal gives exclusive access for NFN members to:

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- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
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