

Enkamgak

Mdaamin Giizis (Corn Moon) | September 2024

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2024 Christmas Income Distribution



*See the notice and
form on pages 3-4*

New Heritage Manager Joins NFN



Jane Commanda is from Nipissing First Nation and has joined our organization as Heritage Manager. Jane was raised in the community of Garden Village; she is the daughter of Alex and Girly Commanda ban. She brings with her management and teaching experience, as well as a passion for nishnaabemwin language, culture and history.

Jane's office is located in the Kendaaswin (library) building, where she will be responsible for the maintenance of NFN research and archive projects and documents. Much of her learning took place right here from her parents, grandparents, aunties, uncles, and neighbours. She encourages everyone to come and share anything, any time. She can be reached at janec@nfn.ca.

Holy Spirit Church Hall Rentals

The hall of the Holy Spirit Church in Garden Village is a great place to host small gatherings. Community members who are interested in renting the Holy Spirit Church Hall, can send requests to Lee McLeod-Faubert:

leemcleod306@gmail.com

or

705-753-4891

The cost of renting the Church Hall is \$50.00. Also note that third-party liability insurance is required for private bookings. This can be made available from your insurance company or by contacting Lee, who could forward you an application form.

All hall rentals must be paid in advance to secure the booking and liability certificate provided before the event takes place.

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email**.
- **Student registration**

Register at
portal.nfn.ca or
scan the QR
code:



Vaping: Reality Check

Vaping has grown in popularity in Canada but is not without risks. Anyone who vapes or is considering vaping should know the fact about its potential long-term effects on brain development (in youth) and overall health.

How much do you really know about vaping?

Circle true or false

1. Nicotine-containing vaping products alter youth brain development. T / F
2. The low nicotine concentration in vaping products is not addictive. T / F
3. Nicotine can affect memory, concentration, judgment, and mood, especially in youth. T / F
4. Lead is one of the metals most often found in vaping products. T / F
5. A single vape pod may contain as much nicotine as a pack of 20 regular cigarettes. T / F
6. Coughing, shortness of breath, and/or chest pain may be signs of vaping-related illness. T / F
7. If vaping recreationally, it is better to use products without nicotine. T / F
8. Vaping produces a harmless vaping cloud. T / F

Answers: 1. T, 2. F, 3. T, 4. T, 5. T, 6. T, 7. T, 8. F



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES



Knowledge is power! Get the facts before you vape *Did you know?*

Fact: Teen vaping rates have doubled in just two years in Ontario.

Fact: Over half of teens who vape report vaping with nicotine.

Fact: Vaping cannabis has doubled among youth since 2015.

Fact: Vaping nicotine can alter youth brain development.

Fact: Many vape products contain higher levels of nicotine than traditional cigarettes.

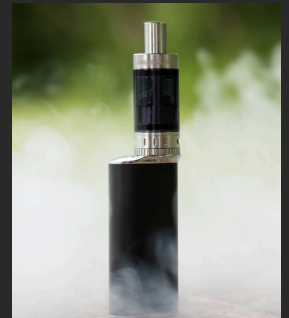
Fact: Tiny particles of vaping liquid and solids, containing toxic chemicals, are inhaled into the lungs during vaping.

Fact: The health consequences of second-hand exposure to vaping cloud are unknown.

Students in Grades 7-12...

Submit your answers for a chance to win a Back-to-School prize!

Submit to Donna Tuulos at donnat@nfn.ca by September 6



WE'RE HIRING!



Apply Today
apscops.org



Join our team



2024 Christmas Income Distribution Notice



Christmas Income Distribution payments can be picked up on the following dates:

ANNUAL GENERAL MEETING

Saturday, November 16th from 10:00am to 12:00pm (Noon)

NFN Administration Complex, Garden Village

Thursday, November 21st from 10:00am to 3:00pm

NFN Administration Complex, Garden Village

Friday, November 22nd from 10:00am to 3:00pm

Duchesnay Community Hall

For those picking up, please have your status card available on Christmas Distribution Day to ensure greater efficiency of the payment process. Third-party pick-ups are no longer permitted; however, one can collect for a spouse and a parent may collect for children under the age of 16 still living at home.

OTHER OPTIONS TO RECEIVE CHRISTMAS SHARES

If you cannot pick up on these dates, these shares will be available at the **NFN Finance Department** from **November 25, 2024, until March 31, 2025.**

You can also **request a cheque or direct deposit** by completing the attached form and returning it to the Finance Department by **October 18, 2024,** to receive payment on November 21, 2024. If the form is submitted after the deadline, receiving the funds may take up to 4 weeks.

The form is also available at www.nfn.ca and from the reception desk at the Administration Complex and/or the Finance Dept.

Registered Nipissing First Nation members will have until March 31, 2025, to pick up or request their shares. These shares do not accumulate and must be picked up or requested separately each year.

Mail requests to: Nipissing First Nation or email to: finance@nfn.ca
36 Semo Road
Garden Village ON, P2B 3K2

*** REMINDER ***

Christmas distribution monies will be applied to any outstanding money owing to the Band at the time of distribution. Please note that minor shares will not be applied to any outstanding balance(s).



2024 Christmas Distribution Request Form



Please note that funds will be available for in person pickup **starting** November 25, 2024, until March 31, 2025. Advanced distribution will **only** be available for band members at the Annual General Meeting, held in Garden Village at the NFN Administration Complex on Saturday, November 16th, 2024, between 10:00 am and 12:00 pm. Be advised that these shares **do not** accumulate, and this form **must be** completed and sent to finance each year to receive funds via Cheque or EFT. To receive payment by cheque or direct deposit on **November 21, 2024**, please return your completed and **signed** form to the Finance Department by **October 18, 2024**. If you happen to submit your form after this date, it will be processed within 4 weeks. If you need additional forms, you can visit www.nfn.ca or contact the Band Office at 705-753-2050.

Applicants/children 16 years of age or older must complete their own application

Mail requests to: Nipissing First Nation or
36 Semo Road
Garden Village ON P2B 3K2

Email to: finance@nfn.ca
Drop off box: Outside Band Office Main Entrance
Outside Finance Entrance
In Person: Finance Dept

Please choose:

- Cheque;
- Direct Deposit/EFT (bank info provided **MUST** be an account in your name, cannot be deposited in someone else's acct)
- US/UK applicants will be mailed a money order (direct deposit not available for out of country banks)

First Name	Middle Name	Last Name
Date of Birth (mm/dd/yyyy)		Registry Number (Band number 10 digits starts with 2200....)
Address		
City	Province	Postal Code
Telephone No.	Email Address	
For Direct Deposit:		
If you are a <u>new applicant</u> or if you have a new bank account, you MUST provide a void cheque or Direct Deposit Form		
(If you have provided your bank account information in prior years, please DO NOT re-send your bank information.)		

Please list dependents below - must be a registered Nipissing First Nation member with registry number.			
<small>For the purpose of Christmas Distribution "dependent means a spouse or a minor child who are band members and for whom you have custody."</small>			
First Name	Last Name	Date of Birth (mm/dd/yyyy)	Registry # (10-digit) Start with 2200.....
			2200
			2200
			2200
			2200
			2200
Signature - Required		Date	

REMINDER

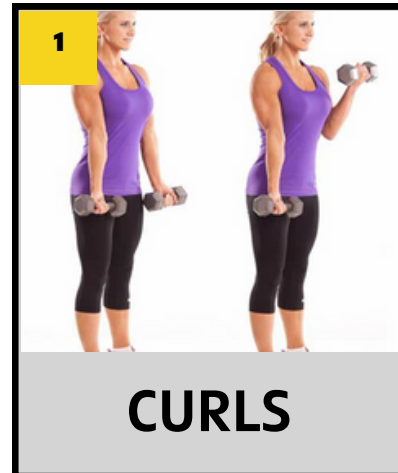
Christmas Distribution will be applied to any outstanding balance owing to the Band at the time of distribution. Please note that minor shares will not be applied to any outstanding balance(s).

MOBILITY INITIATIVE

Exercises (with equipment)

Movement helps our overall health and well-being, and helps maintain healthy joints and strong bones as we age. The summer staff team has created an initiative to help increase exercise for those with limited mobility.

If you require resistance bands or low weight dumbbells, please call the LCHC reception for this equipment.



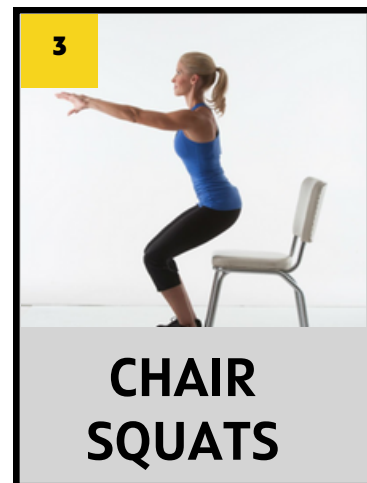
CURLS

Target areas: arms, core, and lower back



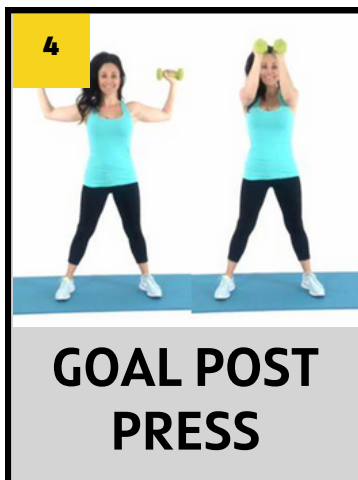
RESISTANT BAND PULLS

Target areas: arms, core, back, and legs



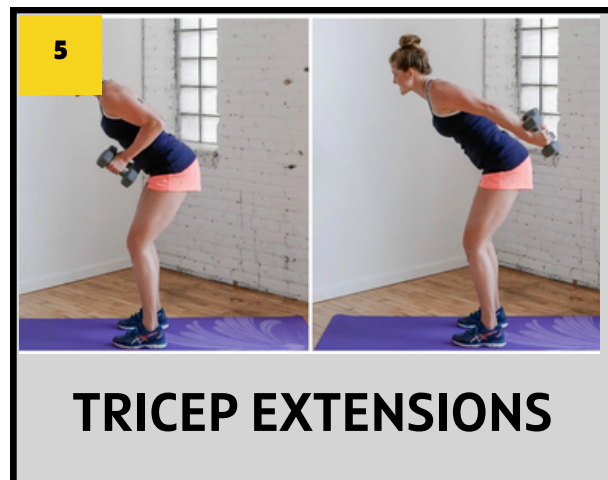
CHAIR SQUATS

Target areas: legs, core, lower back



GOAL POST PRESS

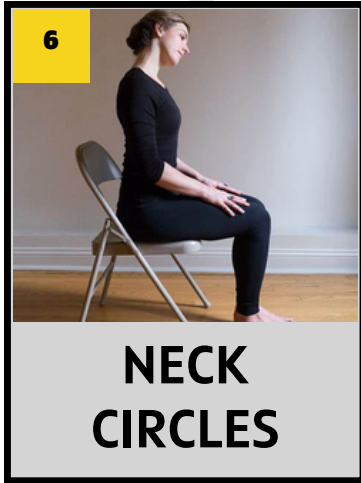
Target areas: biceps, upper back, strength



TRICEP EXTENSIONS

MOBILITY INITIATIVE

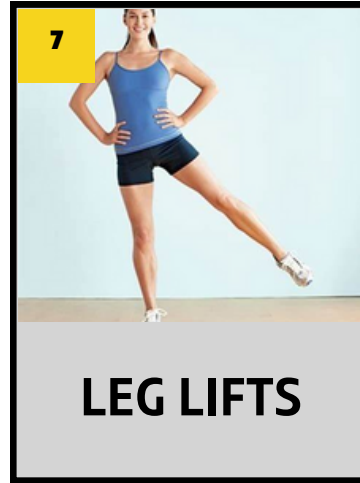
Exercises (without equipment)



Sitting for long periods of time can negatively impact your neck, shoulders and upper back. Performing a repetition of neck circles following a long period of sitting or general limited mobility can help to stimulate blood flow, ease tension and relieve pain in your neck and upper back.

NECK CIRCLES

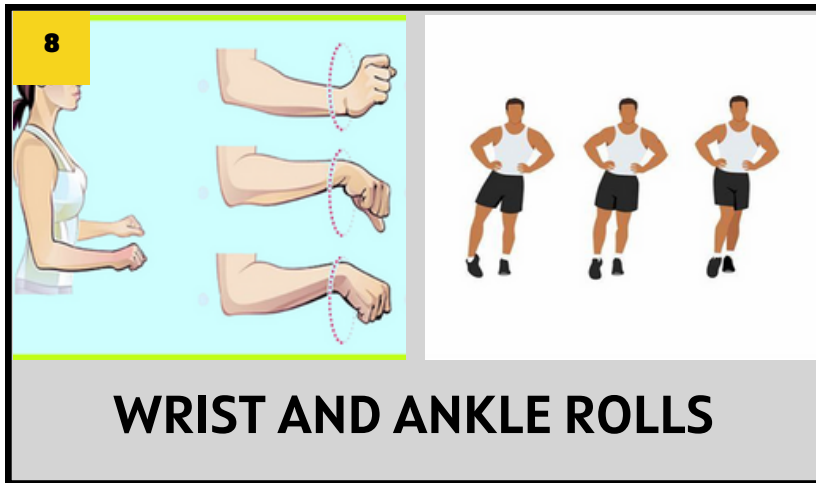
Target areas: neck, shoulders, and upper back



Leg lifts are a simple but effective exercise to build strength, reduce stiffness and improve balance in your legs and lower body. If done correctly, you should feel stretching all the way from your feet to your hips, and even in your abdomen and back.

LEG LIFTS

Target areas: hips, calves, quads, and core



WRIST AND ANKLE ROLLS

This simple exercise focuses on your wrists and ankles and can help blood circulation as well as stretch muscles throughout your hands, wrists, forearms, calves, ankles and feet.

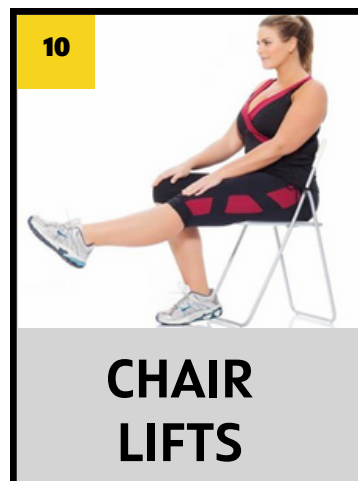
Target areas: hands, Wrists, Forearms, Feet, Ankles, and Calves



SPINAL TWISTS

This exercise can help with lower back pain, flexibility in your core and building your abdominal muscle.

Target areas: core, lower back



CHAIR LIFTS

If you're unable to focus on full strength training due to limited mobility or injury, this exercise is great for building upper-body strength in the arms and chest. It is also good exercise for those who require the use of a wheelchair.

Target areas: biceps, shoulders, and chest

NFN Walking Alongside Services: August at a Glance

In August, the NFN Walking Alongside Services held the following events:

Baby Group every Tuesday

Kid's Programming (6-12):

- Art Day
- Kid's Bouncy House
- Northern Tikes

Family Events:

- Family Breakfast (August 5)
- Great Wolf Lodge Trip (August 6-7)
- Family Movie Day at North Bay Cineplex (August 26)

Youth Programming (13-29):

- Youth Spa Days
- Fraud Prevention Information Session
- Duchesnay Falls Hike
- Duchesnay Drop-in Wednesdays
- Garden Village Drop-in Thursdays
- Youth BBQ
- Regalia Belt Making Workshop
- Regalia Hair Tie Making Workshop
- Fire & Stories in the Teaching Lodge
- Powwow Teachings
- Powwow Prep (beading & sewing)
- 1st Annual Youth Gathering (August 23-24-25)



See upcoming June child, youth, and family events on page 17!

E-GIIGDOWAAD | CHIEF & COUNCIL

Attend Chief and Council Meetings and Submit Requests

Council meetings take place on the 1st and 3rd Tuesday of the month. NFN members can attend and keep informed through in-person or virtual attendance.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting. These can be dropped off to the front reception at 36 Semo Rd, Garden Village or emailed to fredam@nfn.ca.

Requests could also be made at the meeting. Due to the number of items for Council to deal with on the agenda, *Requests from the Floor* are limited to 10 minutes per request and only three will be dealt with at the meeting. It is important to note that depending on the request, the items may need to be deferred to the next meeting if additional information is needed.

If you have any questions regarding the above, please feel free to contact Freda Martel at 705-753-2050 ext. 1223 or fredam@nfn.ca.

September 3 @ 7:30 p.m.
Garden Village

September 17 @ 7:30 p.m.
Duchesnay

JOIN IN PERSON:

Confirm your attendance with Trista Hester at tristas@nfn.ca or 705-753-2050 ext. 1229

WATCH THE LIVESTREAM:

NFN Membership Portal at Portal.NFN.ca

Recordings of past meetings are available for 30 days.

Miigwech!

Food Bank Donations

- Monthly donation from *Patrick and Samantha Stevens*
- Les Couchie
- Walking Alongside program Family Breakfast

Thank you!

NIPISSING FIRST NATION KENDAASWIN / LIBRARY

Mon	Tues	Wed
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.	9 a.m. - 4 p.m.

Thurs	Fri
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.

Closed for lunch hour (noon - 1 p.m.)



MEMBERSHIP PORTAL

Visit portal.nfn.ca to get started!

EXCLUSIVE FOR REGISTERED NFN MEMBERS

Access a variety of protected content, such as Council minutes and Trust Updates. Update and manage your address and mailing preferences.

Visit portal.nfn.ca or scan the QR code

Monthly Draw of **\$50 Gift Card** for all registered Portal members!



MONTHLY DRAW WINNER
July 2024: Laura Mallinson

NFN WASTE AND RECYCLING APP

for Apple and Android Devices

Receive notifications for garbage and recycling pick-up, delays, change of schedule, and emergencies.

Find information on how to sort waste, proper waste disposal locations, and NFN Landfill schedule.



Visit nfn.ca/public-works/waste/ to download the app, or scan the QR code

Employment Opportunities

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Lands and Natural Resources Technician | Full-Time / Permanent

1st Round closes Friday, August 30, 2024 at 4:30 p.m.
2nd Round closes Friday, September 6, 2024 at 4:30 p.m.
3rd Round closes Friday, September 13, 2024 at 4:30 p.m.

Accounts Payable Coordinator | Full-Time / Permanent

1st Round closes Friday, August 30, 2024 at 4:30 p.m.
2nd Round closes Friday, September 6, 2024 at 4:30 p.m.
3rd Round closes Friday, September 13, 2024 at 4:30 p.m.

Medical Transportation Driver | Part-Time / Contract

1st Round closes Friday, August 23, 2024 at 4:30 p.m.
2nd Round closes Friday, August 30, 2024 at 4:30 p.m.
3rd Round closes Friday, September 6, 2024 at 4:30 p.m.

Ontario Works Coordinator | Full-Time / Permanent

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

Ojibway Women's Lodge Frontline Worker | Full-Time Contract

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

Parks & Recreation Labourer | Full-Time Contract

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

Child Care Supervisor | Full-Time / Permanent

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

Adult Education Facilitator | Full-Time / Permanent

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

True Self Outreach Peer Worker | Full-Time / Permanent

1st Round closes Friday, August 16, 2024 at 4:30 p.m.
2nd Round closes Friday, August 23, 2024 at 4:30 p.m.
3rd Round closes Friday, August 30, 2024 at 4:30 p.m.

Open to all qualified applicants until filled

Manager, Public Works

Full-Time / Permanent

Registered Early Childhood Educator

Full-Time / Contract

Outreach Worker

Full-Time / Permanent

Family Support Worker

Full-Time / Permanent - Round 1 and 2 applicants only

Child and Youth Program Facilitator

Full-Time / Permanent - Round 1 and 2 applicants only

Post-Majority Support Worker

Full-Time / Permanent

Traditional Counsellor

Full-Time / Permanent - Round 1 and 2 applicants only

First Nation Representative

Full-Time / Permanent

Child and Youth Mental Health and Addictions Counsellor

Full-Time / Contract

APPLY TODAY!

Submit application to:
resumes@nfn.ca
 or Fax: 705-753-0207

Full postings and
 descriptions are available
 at nfn.ca/jobs





NIIGAANIIMIN JI-NISHNAABEMYAANG

"Going forward speaking the language"

**NBISIING NISHNAABE
36 ANNUAL DEWEGIGEWAAD**

POW WOW

AUGUST 31 TO SEPTEMBER 1, 2024

36 Semo Road, Garden Village, Ontario

Grand Entry 12:00 pm Saturday & Sunday

First Time Dancer Special Saturday at 10:30 am

Sunrise Ceremony August 29 to September 1



HOST DRUM: CHARGING HORSE CO-HOST: HIGH RIDGE

Saturday, Supper Break - Two-Man Band Singing Special
Hosted by The Beaudette Family

SATURDAY NIGHT LIVE

Singing Special - Hosted by Charging Horse

Men's Traditional Special - Hosted by Committee

Sunday Afternoon - Honouring Nishnaabemwin Teachers
Hosted by Committee

FOR MORE INFORMATION

POW WOW COORDINATOR

Brady@nfn.ca or 705-753-2050 ext.1232

VENDOR COORDINATOR

Katelynng@nfn.ca or 705-753-2050 ext.1274

MASTER OF CEREMONIES: **MZHAAKWAT "BOB GOULAIS"**

ARENA DIRECTOR: **WAASWAABIK "TORY FISHER"**

POW WOW ELDERS: **AABIIDASMOSE AND O-NIIGAANIID OGIMAAKWE**

CEREMONY ELDERS: **GIIZHGAATEKWE, AND ZHAASHKWAAN NINJIIN**

HEAD FIRE KEEPER: **OGIMAA NIMKII BINESI "TYLER DOKIS"**

HEAD VETERAN: **JASON NAKOGEE**

ADULT HEAD DANCERS: **BROOKLYN SAWYER AND BLAIR BEAUCAGE**

YOUTH HEAD DANCERS: **OUSKE COUCHIE-BOBB AND MYA KATT**



NFN Traditional Powwow

Alcohol & Drug Free Event

No Pets Allowed

Service Animals Exempt



GIYAK MOSENG

THE RIGHT PATH

Counselling and Prevention Services

Child, Youth and Family Counselling Services

Through collaboration and identification of needs, services are provided in a professional, culturally safe, trauma informed manner drawing upon Indigenous and Western models of care. Services are community-based and voluntary.

The **Family Therapist** provides family-focused support to families with complex needs and will strive to bridge the gap that hinders healthy family functioning and harmonious living between parents, caregivers, children, and youth.

The **Child and Youth Mental Health and Addictions Counsellor** provides counselling support including appropriate interventions, referrals, follow-up, advocacy, ongoing support and case coordination.

Workshops for Parents & Caregivers

Time: 6-7 p.m.

Location: Duchesnay Hall

Learn Helpful Ways to Support Children and Teens

Facilitated by Julie Coote, Family Therapist, Giyak Moseng

September 16: Coping with Mood

September 23: Self-Harm

October 7: Grief and Loss

October 21: Anxiety and Depression

October 28: The Impacts

of Substance Use

The Invisible String: A Creative Activity Group for Children and Youth Impacted by Grief and Loss

Support and coping strategies will be provided to those aged 8 to 16 years who have been impacted by various forms of grief and loss, through use of storytelling and creative arts in this two-part group.

Facilitated by Sara Ouellette, Child and Youth Mental Health and Addictions Counsellor and Julie Coote, Family Therapist

September 19 &

October 3

Time: 6-7 p.m.

Location:

LCHC Boardroom

Grandparents Circle

Support and strategies for grandparents raising, or helping to raise, their grandchildren.

Facilitated by Julie Coote, Family Therapist, Giyak Moseng

September 24 | 6-7 p.m. | Duchesnay Hall

September 25 | 6-7 p.m. | LCHC Boardroom

For more information or to register contact Lisa Vega, Office Administrator, at 705-753-1375 or lisav@nfn.ca. Transportation can be arranged with two days prior notice.

Car Seat Clinic with Const. Tyeler Commanda


Hosted by: Maternal Child Health Program & Early Childhood Development

Get your car seat checked to ensure you're meeting all safety requirements.

Prizes to be won!

**Wednesday
September 4
Ojibway Daycare
3:30 - 6:30 p.m.**

**Wednesday
September 11
Couchie Memorial Daycare
3:30 - 6:30 p.m.**

**Wednesday
September 11**

Garden Village Gym
Noon - 1 p.m.

For more information:
705-753-3312

Chronic Disease Prevention

Lunch and Learn
with **Alicia Topp** from the
Indigenous Cancer Care Unit

**Stay tuned for the details on
NFN Administration
Facebook Page!**

See NFN September Events calendars on last page of Enkamgak!

24hr Movement Guideline / Bonding and Attachment session

with Gokmis Evelyn McLeod

For parents/caregivers with children 0-5 years.

**Monday, September 23
1:00 - 2:30 p.m.
LCHC**

Limited space, register by Thursday, September 19

Misty Arbour
705-753-3312

Infant Massage Sessions

With Misty Arbour, Certified Infant Massage Instructor with
The International Association of Infant Massage Canada

For NFN parents/caregivers and their babies 0-12 months

Tuesdays

September (10, 17, 24)

October 1

9:30 - 11:30 a.m.

Lawrence Commanda Health Centre

Space is limited. Register with Misty by
September 6 at 4:30 p.m.: 705-753-3312



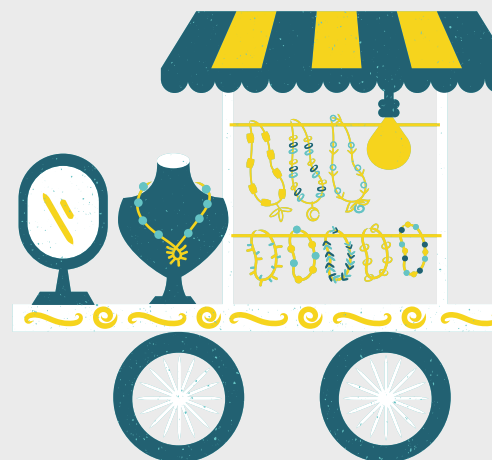
See NFN September Events calendars on last page of Enkamgak!



**Nipissing First Nation's Social Services Department
Presents**

Village Marketplace

Craft Show



Saturday, November 2, 2024

**Garden Village Gym/
Council Chambers**

36 Semo Rd.
Garden Village, ON P2B 3K2

10 a.m. – 3 p.m.

Vendor set-up begins at 7:30 a.m.

Vendor Call-Out!

VENDORS: Register with your cell phone

- ✓ Open the camera setting
- ✓ Scan the QR code
- ✓ Easily register your table request online

**Vendor
Registration
Form**



Questions? Contact:

Jessica Cormier, Food Bank Coordinator
jessc@fn.ca
705-753-6972

All proceeds support the NFN Food Bank and the Ojibway Women's Lodge (OWL)



Truth & Reconciliation Ceremony

Monday, September 30, 2024
9 a.m. - 1 p.m.

Stay tuned for more event details

 [@NipissingFN](https://www.facebook.com/NipissingFN)



Paula Goulais Baillache

Piano & Voice Lessons

705-845-0117

Jocko Point, Garden Village, West Nipissing ON



Bouge Kayak & Stand up Paddleboard Rental

Text Jody @ 705-493-1789

50 Ernest Ave North Bay, ON



\$20/hour to rent sit-on-top Kayak. Life jackets provided or bring your own. Enjoy nature and privacy!

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shopgreenmedicine@gmail.com
120 Commanda Cres. North Bay ON
www.shopgreenmedicine.ca

ESTD.  2022

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Insulation Specialist

Tyler Beaucage
Owner/Technician

249-878-9065
beaucagecontracting@gmail.com



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 Old Ideas Emporium



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F: 705-476-2470

ktlgaaning.mldwives@gmail.com
www.ktigaaningmidwives.com

George Couchie

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couchie.george@gmail.com
705-494-6887




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10am-6pm
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132 Osprey Miikaan

Walking Alongside Child, Youth and Family Events



Mdaamin Giizis (Corn Moon) | September 2024

Namegiizhgad Sunday	Nokiigiizhgad Monday	Niizhgiizhgad Tuesday	Aabtause Wednesday	Shpinganwang Thursday	Jiibiaatgogiizhgad Friday	Maaniigiizhgad Saturday
1 NFN Powwow	2 <i>Labour Day</i>	3	4 Tween Drop-In Church Hall 6-8 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	5 GV Drop-In 65 Juniper 6-9 p.m.	6 Drive-in Movie GV Daycare 6:30 p.m.	7 Dungeons & Dragons 65 Juniper 6-9 p.m.
8 Youth NFL Sunday Football 65 Juniper 1 p.m.	9 Cricut Workshop Church Hall 6-8 p.m. Girl's Night Duchesnay Hall 6-8 p.m.	10 Baby Group Sundown #3 11 a.m. - 1 p.m.	11 Youth Drop-In 65 Juniper 6-9 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	12 GV Drop-In 65 Juniper 6-9 p.m.	13 Drive-in Movie Duchesnay Hall 7 p.m.	14 Bridal Veil Falls Trip Shaker Making 65 Juniper 6-9 p.m.
15 Youth NFL Sunday Football 65 Juniper 1 p.m.	16 Storytime with Gookmis 65 Juniper 5-7 p.m. Cricut Workshop Church Hall 6-8 p.m.	17 Baby Group Sundown #3 11 a.m. - 1 p.m. Game On Trailer Yellek Park 5:30-7:30 p.m.	18 Boy's Night Church Hall 5:30-7:30 p.m. Youth Drop-In 65 Juniper 6-9 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	19 Tween Mario Kart Duchesnay Hall 6-8 p.m. GV Drop-In 65 Juniper 6-9 p.m.	20 Fire in the Lodge 65 Juniper 6-9 p.m.	21 Petroglyphs Trip
22 Youth NFL Sunday Football 65 Juniper 1 p.m.	23	24 Baby Group Sundown #3 11 a.m. - 1 p.m. Paint by Numbers 65 Juniper 6-9 p.m. Girl's Night Church Hall 6-8 p.m.	25 Bouncy House Nbisiing Gym 6-8 p.m. Duchesnay Drop-In Duchesnay Hall 6-9 p.m.	26 GV Drop-In 65 Juniper 6-9 p.m.	27 Northern Tikes 4-7 p.m. Sweat Lodge Ceremony 65 Juniper 6-9 p.m.	28 Anime Night 65 Juniper 6-9 p.m.
29 Youth NFL Sunday Football 65 Juniper 1 p.m.	30 <i>National Day for Truth and Reconciliation</i> 	Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)				

Stay tuned for updates and
Pop-Up Events at

 [NFN Walking Alongside Services](#)

Community Events

Mdaamin Giizis (Corn Moon) | September 2024

Namegiizhgd Sunday	Nokiigiizhgd Monday	Niizhgiizhgd Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiiizhgd Friday	Maaniigiizhgd Saturday
1 Traditional Pow Wow Grand Entry @ Noon	2 <i>Labour Day</i> CLOSED	3 Chief & Council Garden Village 7:30 p.m.  	4 Food Bank Access Day  Car Seat Clinic Ojibway Daycare 3:30-6:30 p.m.	5	6	7
8	9 	10 Infant Massage  9:30-11:30 a.m. LCHC	11 Diner's Club Garden Village Noon - 1 p.m. Car Seat Clinic Couchie Memorial Daycare 3:30-6:30 p.m.	12	13	14
15	16 Workshop: Coping with Mood  Duchesnay Hall 6-7 p.m.  	17 Infant Massage  9:30-11:30 a.m. LCHC Chief & Council Garden Village 7:30 p.m. 	18 Food Bank Access Day 	19 Bi Mino Wiisin GV Gym 11 a.m. - 1 p.m. The Invisible String Duchesnay Hall  6-7 p.m.	20	21
22	23 24 hr Movement Guideline / Bonding & Attachment LCHC 1:00-2:30 p.m. Workshop: Self-Harm Duchesnay Hall   6-7 p.m.	24 Infant Massage  9:30-11:30 a.m. LCHC Grandparents Circle  Duchesnay Hall 6-7 p.m.	25 Grandparents Circle  LCHC 6-7 p.m.	26	27	28
29	30 <i>National Day for Truth & Reconciliation</i> Ceremony 9 a.m. - 1 p.m. Details TBA CLOSED	<p>Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i></p> <p> See Newsletter for Registration information</p>				

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
- **Student registration**

Register at portal.nfn.ca or scan the QR code:

