

Enkamgak

Nmebin Giizis (Sucker Moon) | April 2024

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Elder's Profile: Fraser Commanda

June 1994 - On August 9, 1922, at Sparrow Lake, west of Gravenhurst, Fraser Commanda was the third child born to Xavier Frank Commanda of Nipissing and Procilla Snake of Rama.



Fraser Commanda

Fraser has six brothers and one sister. Sam Snake was his grandfather. George Snake was the oldest, followed by Lawrence, Fraser, Art, Lila, Morgan, and Nelson. Those remaining are two of Fraser's brothers, Murdock, who lives in Orillia and Nelson, in Temagami.

Fraser's family lived at Sparrow Lake in the summer and Rama in the winter months. His dad was a guide and worked at Longford Mill.

Continued on page 2

Lake Nipissing Beading Project Update

The Lake Nipissing Beading Project Collective and The Beaded Map have been busy the last few months. With exhibitions and meetings coming and going, the discussion about the final home of The Beaded Map, and the transfer of stewardship from the LNBP team to Nipissing and Dokis First Nation, there has been much conversation, and we have a few updates to share.



Continued on page 2

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email.**
- **Student registration**

Register at
portal.nfn.ca or
 scan the QR
 code:



Elder's Profile: Fraser Commanda (continued)

Fraser, his brothers, and his sister attended a two-room schoolhouse in Rama. One room for seniors, Fraser recalls, and the other, for juniors.

They moved to Nipissing reserve in 1930. Their home was situated in Duchesnay, where Fred Couchie's house stands today. After they moved to Duchesnay, they had to walk three miles to get to school; Harvey Street school, then Worthington Street School, both located in North Bay. When Fraser was approximately 14 years of age, he went to work for Johnny Restoule. Fraser lived in Dokis for nine years. He worked in the bush, logging, and at times, he went guiding.

Fraser later married and had four daughters: Diane, Gloria, and Joyce, who reside on Nipissing reserve, as well as Janet, who lives in Nova Scotia, but plans to move home to Nipissing in four years. Janet and Joyce are twins. When Fraser moved from this area, he went to Toronto, where he found work in a body work repair shop. He was employed there for two years until he moved on to Orillia, where he continued with his trade in body work repair. Fraser now lives at the Seniors Complex in Garden Village. Fraser has five grandchildren and three great-grandchildren.

Thank you, Fraser for sharing with us.

Meegwetch

Liz Stevens

Lake Nipissing Beading Project Update (continued)

In early February, the team assembled to set up the Beaded Map at the Nipissing University Student Union Art Gallery, where it was exhibited from February 8-28, 2024. The Map is nearly complete, with only 12 out of 450 tiles remaining to be finished. It is absolutely breathtaking to see in person.



As the LNBP nears completion of its scheduled travel, we are working to support the transition of the Beaded Map's stewardship to the two communities at the heart of the project. On February 8th, The LNBP hosted a Circle Session with Elders and Knowledge Holders from Nipissing First Nation and Dokis First Nation at the NUSU Student Centre's Reflection Gallery. The group discussed relationship building, the importance of keeping the map and stories alive, and the preservation of the map. A second circle has been organized in Dokis for April 12th, 2024, and a third circle will be hosted in May at Nipissing First Nation. Stay tuned for news of the LNBP during Heritage Day events, to be hosted at K'Tigaaning on June 20, 2024.



The LNBP Collective still meets regularly to discuss updates and next steps. We hope to continue the necessary work to finalize the project and transfer stewardship of the map to Nipissing First Nation and Dokis First Nation.

We encourage you to view the digital map on our website, which also has updates on exhibits and events. Please feel free to follow us on Instagram. Any participants that wish to share their reflections on their involvement in the project or about the tile they beaded, please email us at lakenipissingbeadingproject@gmail.com or visit us at

lakenipissingbeadingproject.com/reflections



In kindness and friendship,
The Lake Nipissing Beading
Project Team





**ELECTORAL OFFICER
CONTRACT
Commencing April 22 to July 2024**

Nipissing First Nation is seeking applicants to conduct the upcoming Chief & Council Elections, in accordance with the Gimaakeng Naaknigewin - Custom Election Regulations.

As Electoral Officer, you will:

- Preside over and manage the election of Chief and Councillors.
- Be responsible for the design and development of ballots, notices, report forms/formats, nomination and voting directions, and any other printed materials necessary to efficiently manage the electoral process.
- Oversee and assist the Deputy Electoral Officer and voting clerks.

If you are interested in this contract position, please submit your letter of interest outlining your qualifications no later than Friday, April 5, at 4 p.m. to:

Megan Goulais
Governance Manager
Nipissing First Nation
36 Semo Road
Garden Village, ON P2B 3K2

Or by email to megang@nfn.ca

Spring Moratorium Begins April 1

In accordance with Nipissing First Nation’s Fisheries Law, the annual spring gillnet moratorium is in effect as of Monday, April 1 until the 2024 fishing season begins on Saturday, May 18, 2024. The temporary moratorium on the cultural practice of spear fishing remains in effect this year. Our enforcement officers will regularly monitor for compliance.

We offer in-person registration for commercial and subsistence fishers this year at the Fisheries Office located at 17 Phillip Avenue in Garden Village. Online registration links for commercial and subsistence fishers and catch reporting form will be posted at nfn.ca/fisheries at a later date.

Members who plan to fish for subsistence or ceremony must follow NFN’s Fisheries Law and notify our Fisheries Office in advance by calling 705-753-6991. Anyone selling fish under the pretense of subsistence or ceremonial fishing will be considered to be in violation of and subject to enforcement measures under NFN’s Fisheries Law.

Miigwech to the registered commercial fishers and community members who respect the will of the community and follow the NFN Fisheries Law. Your efforts help to ensure we can all enjoy the resources that Lake Nipissing provides for us now, and for future generations to come.

NFN plays a fundamental role in promoting the health and recovery of the Lake Nipissing fishery. NFN continues to have significant successes in protecting the lake’s walleye population and maintaining safe harvest levels within our commercial fishery, consistent with Aboriginal treaty and harvesting rights.

The spring gillnet moratorium and the seasonal closure in the fall are the most important management tools we have to protect the spawning fish and ensure the long-term health and sustainability of Lake Nipissing and our fishery.

For compliance/enforcement issues, please contact a Bylaw Enforcement Officer:

Tyler Couchie: 705-753-2050 ext.1224 | Cell: 705-498-2506
Clayton Goulais: 705-753-2050 ext.1236 | Cell: 705-498-3823

COVID-19 Antigen Rapid Tests



Check the expiration dates on your at-home tests!

If you have a test kit that is expired, dispose of the test in the trash. You can pick up COVID-19 antigen rapid at-home tests from the Lawrence Commanda Health Centre front reception, if needed.

NFN K-12 Student Incentives

The NFN Education Department will hand out student incentives in April. Those that qualify will receive a letter in the mail indicating so. Incentives can be picked up on the following days:

April 10, 2024 from 9:00 a.m. to 5:30 p.m.

**Garden Village
Education Department**

April 11, 2024 from 2:00 to 6:30 p.m.

**Duchesnay
Nbisong Secondary School**

Incentives that are not picked up on these days will be mailed the following week.

The Post Secondary Educational Assistance Program

**Full Time Application Deadline
Wednesday, May 15 at 4 p.m.**

Applications for Full Time and Part Time

Studies are Available Online at:

nfn.ca/education/post-secondary/

Questions can be addressed to:

Geraldeana Goulais

705-753-6995 ext. 1321

gerryg@nfn.ca





NFN Health Services: New Contact Emails and Information, as of April 1, 2024

Non-Insured Health Benefits (NIHB)

nihb@nfn.ca

NIHB General Client Inquiry Line:

1-800-640-0642

Any status members can call NIHB directly to find out what is covered. This includes vision, dental, prescriptions, medical equipment, etc.

NIHB - Express Scripts Canada (online tool)

Did you know that you can submit your receipts to NIHB directly online to get reimbursed for items you paid for that should have been covered through NIHB? Have your status card handy as it will ask you for your registration number (10-digit band number) during the sign-up process.

Create an account online:

<https://nihb-ssna.express-scripts.ca/en/0205140506092019/12>



Long Distance Medical Travel

Info required by our office

nihb@nfn.ca Fax: 705-753-5087

Fax or email appointment information from your specialist or hospital you will attend, at least two (2) weeks before the appointment date. If an escort (family member or friend) is required to take you to your appointment, the appointment information must include that an escort is required so that we can assist with getting your escort approved for some assistance as well.

NIHB Coordinator completes application and sends to Health Canada. Approval process by Health Canada can take 1-2 weeks before NFNHS can assist.

There are certain circumstances where emergencies can happen and we do our best to accommodate.

Medical Health Fund

medicalhealthfund@nfn.ca

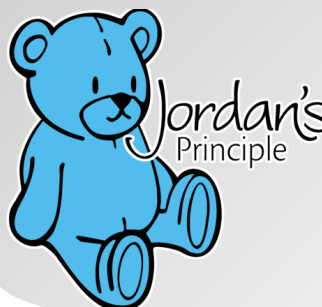
Medical Health Fund is a last resort that NFN members 18 and over can access if work insurance, NIHB, OW, or ODSF will not cover medical-related expenses. Once those avenues have been tried with no success, this fund may be accessed to assist members with up to \$1,000 per fiscal year, per member.

Please allow up to two (2) weeks for processing any reimbursements or direct payments to medical offices.

Jordan's Principle

jordansprinciple@nfn.ca

Jordan's Principle worker can assist children up to 17 years with a wide range of health, social and

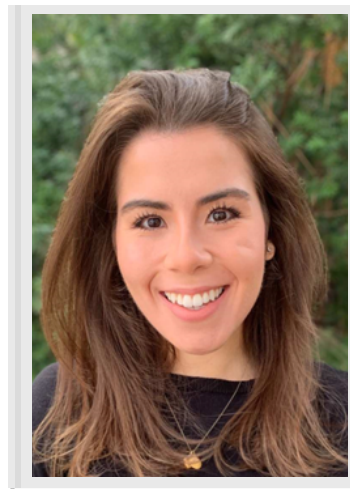


educational needs, including the unique needs that First Nations Two-Spirit and LGBTQIA children and youth, and those with disabilities, may have.

Welcome, Northern Ontario School of Medicine (NOSM) Students to NFN

The NOSM students will complete their Integrated Community Placement in Nipissing First Nation from April 29 to May 24, 2024.

Alexandra Santos



Hello! My name is Alexandra, and I am currently a first-year medical student at NOSM University (Sudbury Campus).

I am from Huntsville Ontario, and I completed my undergraduate studies in kinesiology at Western University, followed by a

master's in teaching at the University of Toronto, where I became certified as an Elementary teacher with the Ontario College of Teachers. My experience as an elementary teacher, coupled with my master's thesis on youth mental health literacy in Northern and rural Ontario schools, has deepened my passion for the role of education in promoting health. In my future career as a physician, I look forward to creating a practice that is deeply rooted in patient education and community wellbeing.

Outside of my academic pursuits, I love exercising, and spending quality time with my friends and family.

I am thrilled to have the opportunity to learn and live with the Nipissing First Nation community during my Integrated Community Experience (ICE) placement. My interests in medicine are broad, but I am particularly drawn to family medicine, emergency medicine, and pediatrics.

What excites me most about this placement is the opportunity to learn about the people of Nipissing First Nation. I am eager to understand the rich cultural

heritage and knowledge. This experience, I believe, will not only enhance my medical education but also enrich my personal growth.

I am looking forward to getting to know the community, sharing experiences, and learning together. Thank you for welcoming me into your community, and I am excited for the journey ahead!

Kaitlyn

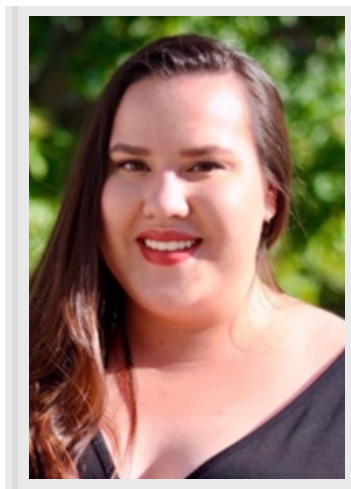


I am from Timmins, Ontario. I completed my undergraduate degree in Psychology at Laurentian University. I am fluent in French and English.

I hope to take this opportunity to immerse myself in the community and learn more about the diversity of experiences

of community members. I also hope to take this opportunity to learn more about Anishinaabeg culture and language.

Kyesha Fong



Aanin kina wiya! Kyesha ndizhnikaaaz. Nbisiing ndoo-njibaa. Sudbury endayaan. Ndoos-kinoomaagoz NOSM University.

Hello everyone! My name is Kyesha and I am from Nipissing First Nation. I am currently living in Sudbury, Ontario, and I am a first-year medical student at

NOSM University.

I am thrilled and filled with anticipation to be one of the Medical Learners, undertaking my Integrated

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Welcome, Northern Ontario School of Medicine (NOSM) Students to NFN (continued)

Kyesha Fong (continued)

Community Experience (ICE) placement with Nipissing First Nation. Reflecting on my journey, I recall the impactful interactions I had as a young child with former NOSM students who were engaged in placements with NFN Health Services. Their generosity in sharing their experiences ignited my passion for a career in healthcare. Now, as a NOSM learner embedded within our community, I feel a profound sense of fulfillment, as if I've completed a circle back to where I've always aspired to be.

While I am exploring and learning about various medical fields, I find myself particularly drawn to the disciplines of family medicine, emergency medicine, and anesthesia. These interests stem from a desire to understand the diverse aspects of patient care: establishing enduring patient relationships in family medicine, navigating the high-stakes environment of emergency medicine, and mastering the meticulous techniques required in anesthesia.

Before enrolling at NOSM, I earned my Bachelor of Science degree from Nipissing University. After graduating, I pursued further education in Human Resources Management at Carleton University, and subsequently gained experience as a Certified Human Resources Professional.

In my leisure time, I find joy in spending time with family, attending live music and theater performances, as well as traveling and exploring nature trails. In addition, I have a passion for beading, sewing, and cooking.

I am eager to return home to complete my 4-week ICE placement with the Health Services team and immerse myself in clinical learning experiences within the community.



NFN Walking Alongside Services: March at a Glance

In March, the NFN Walking Alongside Services held the following events:

- Elder teaching, GV Drop-in, Anime Night
- Baby groups, Northern Tikes, baby language, ribbon vests
- Boy's Night, Family Movie Night, afternoon movies, Easter crafts
- Duchesnay Dine-In
- Youth Spaghetti Supper, Leaf's Night



See upcoming April child, youth, and family events on page 16!

E-GIIGDOWAAD | CHIEF & COUNCIL

April 2 @ 7:30 p.m. in Duchesnay
 April 16 @ 7:30 p.m. in Garden Village

JOIN IN PERSON:

Confirm your attendance with Tonya Armstrong at tonyaa@nfn.ca or 705-753-2050 ext. 1229

WATCH THE LIVESTREAM:

NFN Membership Portal at Portal.NFN.ca

Recordings of past meetings are available for 30 days.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting.

Miigwech!

Food Bank Donations

- Monthly donation from *Patrick and Marie Stevens*
- Monthly donation from *Mnogin Greenhouse* (herbs and lettuce)

Thank you!

NIPISSING FIRST NATION KENDAASWIN / LIBRARY

Mon	Tues	Wed
9 a.m. - 4 p.m.	9 a.m. - 4 p.m.	9 a.m. - 4 p.m. 6-8 p.m.

Thurs	Fri
9 a.m. - 4 p.m.	9 a.m. - Noon

Closed for lunch hour (noon - 1 p.m.)

MEMBERSHIP PORTAL

Visit portal.nfn.ca to get started!

EXCLUSIVE FOR REGISTERED NFN MEMBERS

Access a variety of protected content, such as Council minutes and Trust Updates. Update and manage your address and mailing preferences.

Visit portal.nfn.ca or scan the QR code

Monthly Draw of \$50 Gift Card for all registered Portal members!

MONTHLY DRAW WINNER
February 2024: Annie Picard

NFN WASTE AND RECYCLING APP

for Apple and Android Devices

Receive notifications for garbage and recycling pick-up, delays, change of schedule, and emergencies.

Find information on how to sort waste, proper waste disposal locations, and NFN Landfill schedule.

Visit nfn.ca/public-works/waste/ to download the app, or scan the QR code

Employment Opportunities

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Manager, Heritage - Full Time / Permanent

1st round closes Friday, March 29, 2024 at 4:30 p.m.

2nd round closes Friday, April 5, 2024 at 4:30 p.m.

3rd round closes Friday, April 12, 2024 at 4:30 p.m.

Accounts Receivable Clerk - Full Time / Permanent

1st round closes Friday, March 22, 2024 at 4:30 p.m.

2nd round closes Friday, March 29, 2024 at 4:30 p.m.

3rd round closes Friday, April 5, 2024 at 4:30 p.m.

Wiidooktaadyang Coordinator - Full Time / Permanent

Open to all qualified applicants until filled.

Child and Youth Support Worker - Full Time / Permanent

Open to all qualified applicants until filled.

Human Resources Generalist - Full Time / Permanent

Open to all qualified applicants until filled.

Family Support Event Planner - Full Time / Permanent

Open to all qualified applicants until filled.

Family Support Navigator - Full Time / Permanent

Open to round 1 and 2 applicants only.

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

Emergency Management Coordinator - Full Time / Contract

Open to all qualified applicants until filled.

Manager, First Nation Representative Program - Full Time / Permanent

Open to Round 1 and Round 2 applicants only.

Act as a beacon of guidance and encouragement to safeguard the collective best interests of our community, while ensuring that NFN members are fully aware of their rights in child welfare proceedings. Support First Nation Representatives to advocate and obtain needed services on behalf of the First Nation families, you will establish protocols and actively create working relationships with all Child and Family Services and Children's Aid Societies engaged with First Nation members.

Relief Employment Opportunities

Ojibway Women's Lodge

Emergency/Relief Van Drivers, Nbisiiing Bus Lines

Various NFN Departments

Manual Labour Positions

APPLY TODAY!

Submit application to: resumes@nfn.ca
or Fax: 705-753-0207

Full postings and descriptions are
available at nfn.ca/jobs



Visit nbisiing.com or [Nbisiing Secondary School Facebook Page](#) for our calendar of events and other school-related information, or call (705) 497-9938.

Great Student Award

The Rotary Club of North Bay seeks outstanding students from the area to offer recognition for their contribution to their school and peer communities. Nbisiing selected Niibin Nakogee as our Great Student Award recipient for his constant helpfulness, kindness, and compassion to his fellow students and for his leadership role within the school. Congratulations Niibin! Miigwech for being an amazing kid!




Nbisiing Secondary School
Soar to excellence. & embrace Nishinaabe culture at Nbisiing

Open House & Information Night
For Grade 9 September Registration

Tuesday, May 28
5:30-7:00 pm

NEED HELP GETTING HERE?
Call our main office at 705-497-9938 for transportation support!

CAN'T MAKE IT?
Call to book a school tour!

469B Couchie Memorial Drive, North Bay • 705-497-9938 • www.nbisiing.com • [f](#) @nbisiingsecondarieschool



24th Annual Celebration

Welcoming Babies Celebration & Potluck Feast

*Wii-Biindganaanaanick Shki-Biibiinsag
Kina Ka-Biidoomin Ge-miijyang*

**Saturday April 27th, 2024
10:00AM & Feast at Noon**

**Aandi Maa (Where): Nbisiing Secondary School,
Duchesnay**

**Aandi Pii (When): Maanii Giizhgak (Saturday)
Nmbin Giiziz (Sucker Moon-April)**

This is not a catered event. Please bring a potluck dish to share and celebrate.

A gift will be given to honour the babies born in 2023 who are registered to attend.

Traditional Teachings-Educational Displays

**RSVP by April 12th, 2024 with Misty
at mistya@nfn.ca or 705-753-3312
ext 2227
Everyone Welcome!**

See NFN April Events calendars on last page of Enkamgak!



Family Therapist

Giyak Moseng The Right Path Counselling and Prevention Services

The Family Therapist will provide family-focused support to families with complex needs and will strive to bridge the gap - between parents, caregivers, children, and youth - that hinders healthy family functioning and harmonious living arrangements. This is a community-based, voluntary service.

Eligibility: The Family Therapist will provide services to families of children and youth currently working with a Child and Youth Counsellor with Giyak Moseng (The Right Path).

Workshops, Groups, Circles and Land-Based activities are open to community members and families. For more information, contact:



Julie Coote, Family Therapist
Giyak Moseng The Right Path
705-753-1375
juliec@nfn.ca

'The Invisible String': A Creative Activity Group for Grief and Loss

April 8, 15, 22, and 29
6 - 7 p.m.

Duchesnay Hall

Open for children and youth ages 8-16 years impacted by any form of grief or loss.

A parent, caregiver or family member must accompany the child or youth.



Family Workshops: *Families Learning Together*

Parents, Caregivers, Children and Youth are invited to attend together.

6 - 7 p.m.

Lawrence Commanda Health Centre Boardroom
(back entrance)

April 10: Coping with Mood
(Anger, Sadness, Anxiety)

April 17: Self-Harm

April 24: Grief and Loss

May 1: Anxiety and Depression

May 8: Online Safety

May 15: Substance Use Within the Home



Parent and Caregiver Medicine Teachings

June 10 and 17

6 - 7 p.m.

Lodge at The Right Path building
316 Ted Commanda Dr., Garden Village



See NFN April Events calendars on last page of Enkamgak!

Animating the Land: Gaa Bi Kidwaad Maa Nbisiing The Stories of Nbisiing Nishnaabeg



COURSE:
HIST 1306 SI

DATES:
August 5 - 15, 2024

TIME:
9:00 AM - 1:00 PM

INSTRUCTORS:
Elder John Sawyer
and Erin Dokis

Open to members of the community.



N7N
DINER'S CLUB
Seniors 55+

RSV Vaccines available for NFN members and members of their household 60+

Wednesday, April 10
Garden Village Gym
Noon - 1 p.m.

For more information, contact Stella at 705-753-3312

The ad below is not affiliated with NFN. Please contact the seller for more information.

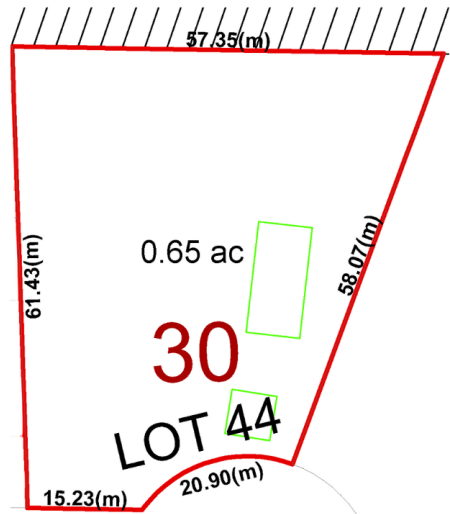
Lot for Sale in Duchesnay

Available to NFN members only

Accepting Offers - Serious Inquiries Only

Email John with your name and phone number: jhjewitt@gmail.com

- Trailer on-site, comes with the property (trailer is habitable with some work - if undesired, it is the purchaser's responsibility to remove).
- Utilities on-site, currently connected to the trailer:
Hydro | Gas (for furnace) | Community Water | Septic System
- Trailer has electric (baseboard) heat and a gas furnace
- Detached 2-car garage with a concrete floor
- 20-ft sea container on-site



30 Goulais Crescent, Duchesnay

See NFN April Events calendars on last page of Enkamgak!

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120 Commanda Cres. North Bay ON
www.shopgreenmedicine.ca



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Tyler Beaucage
Owner/Technician

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beaucagecontracting@gmail.com



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F: 705-476-2470

ktlgaaning.midwives@gmail.com
www.ktlgaaningmidwives.com

George Couchie

www.culturalmindfulness.ca
couchie.george@gmail.com
705-494-6887




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Walking Alongside Child, Youth and Family Events

Nmebin Giizis (Sucker Moon) | April 2024

Namegiizhgd Sunday	Nokiigiizhgd Monday	Niizhgiizhgd Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiizhgd Friday	Maaniigiizhgd Saturday
	1 Easter Monday CLOSED	2 Baby Group GV Library 11 a.m. - 1 p.m. Cooking with Lily 65 Juniper 5:30 - 7:30 p.m. Ages 6-9	3 Duchesnay Drop In Duchesnay Hall 6 - 9 p.m.	4	5	6
7	8 Boys' Night GV Library 6 - 8 p.m. Tween Cooking 65 Juniper 5:30 - 7 p.m. Ages 10-12	9 Baby Group GV Library 11 a.m. - 1 p.m. Cooking with Lily 65 Juniper 5:30 - 7:30 p.m. Ages 6-9	10 Youth Craft Night 65 Juniper 6 - 9 p.m. Duchesnay Drop In Duchesnay Hall 6 - 9 p.m.	11	12 Pow Wow Practice GV Gym 6 - 9 p.m.	13 Spa Day 9 a.m. - 6 p.m. Elder Teaching 65 Juniper 6 - 9 p.m.
14 Escape Room Adventure Noon - 5 p.m. Blanket Making Duchesnay Hall Noon - 2 p.m.	15	16 Cooking with Lily 65 Juniper 5:30 - 7:30 p.m. Ages 6-9	17 Girls' Night GV Library 6 - 8 p.m. Ages 6-9 Tween Social 65 Juniper 5:30 - 7 p.m. Ages 10-12	18	19 Pow Wow Practice GV Gym 6 - 9 p.m.	20 Elder Teaching 65 Juniper 6 - 9 p.m.
21 Youth Brunch 65 Juniper 11 a.m. - 1 p.m.	22 Boys' Night GV Library 6 - 8 p.m. Tween Cooking 65 Juniper 5:30 - 7 p.m. Ages 10-12	23 Cooking with Lily 65 Juniper 5:30 - 7:30 p.m. Ages 6-9	24 Youth Social 65 Juniper 6 - 9 p.m. Duchesnay Drop In Duchesnay Hall 6 - 9 p.m.	25	26 Girls' Night GV Library 6 - 8 p.m. Ages 10-12 Pow Wow Practice GV Gym 6 - 9 p.m.	27
28 All Stars Capitol Centre 5 p.m.	29	30 Baby Group GV Library 11 a.m. - 1 p.m. Cooking with Lily 65 Juniper 5:30 - 7:30 p.m. Ages 6-9	Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)			



Stay tuned for updates
and Pop-Up Events at



@NFNNCW

Community Events

Nmebin Giizis (Sucker Moon) | April 2024

Namegiizhcad Sunday	Nokiigiizhcad Monday	Niizhgiizhcad Tuesday	Aabtaawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiizhcad Friday	Maaniigiizhcad Saturday
	1 Easter Monday  CLOSED	2 Chief & Council Duchesnay 7:30 p.m. 	3 Food Bank Access Day 	4	5	6
7	8 Grief & Loss Activity Group Duchesnay Hall 6-7 p.m. 	9	10 Diner's Club Student Incentives Pick Up Education Dept. 9 a.m. - 5:30 p.m. Family Workshop: Coping with Mood LCHC 6-7 p.m.	11 Student Incentives Pick Up Nbisiing Secondary 2:00 - 6:30 p.m.	12	13
14	15 Grief & Loss Activity Group Duchesnay Hall 6-7 p.m. 	16 Chief & Council Garden Village 7:30 p.m.	17 Food Bank Access Day  Family Workshop: Self-Harm LCHC 6-7 p.m.	18	19	20
21	22 Grief & Loss Activity Group Duchesnay Hall 6-7 p.m. 	23	24 Family Workshop: Grief & Loss LCHC 6-7 p.m.	25	26	27 Welcoming Babies Celebration Nbisiing Secondary 10 a.m.
28	29 Grief & Loss Activity Group Duchesnay Hall 6-7 p.m. 	30	Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i>			

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