

Enkamgak

Manidoo Giizoons (Spirit Moon) | December 2023
Kchi-booni Giizis (Big Winter Moon) | January 2024

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NFN Provides Updates to Members at AGM

On November 18, 2023, NFN hosted its Annual General Meeting, open to all members in Duchesnay at Nbisiing Secondary School. Members were invited to hear updates from NFN leadership and department directors and managers on objectives and actions, per NFN's Strategic Plan.

The booth-style informational event allowed members to have more one-on-one discussion with NFN leadership to get the information they want, learn about programs and services, and ask questions.



All updates and audit information is available in the 2022-2023 Annual Report.

To receive a hard copy of the report, please contact Rebecca Foisy, Communications

Coordinator at rebeccaf@nfn.ca or 705-753-2050 ext. 1258.



The annual report includes NFN audited consolidated financial statements, which are also available at nfn.ca/finance/audits. For more information on NFN financial statements, or to request a copy by mail, please contact Tammy Saulis, Chief Financial Officer at tammys@nfn.ca or 705-753-2050 ext. 1281.

Connect with us!



NFN Membership Portal

The Portal gives exclusive access for NFN members to:

- **View confidential documents** (Robinson Huron Treaty Past Annuities Settlement, Chief & Council)
- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
- **Student registration**

Register at
portal.nfn.ca or
scan the QR
code:



Nipissing First Nation Honours Veterans at Remembrance Day Ceremony

On November 11, 2023, NFN held a Remembrance Day Ceremony to honour those who died in military service and served in wartime.

Miigwech to the 22 Wing Canadian Forces Base North Bay for being a part of the ceremony again this year. We also extend our appreciation to Veterans Affairs Canada for their contribution.



Debendaagziwaad Naaknigewin (Citizenship Law) November 2023 Update

To raise awareness about this important governance initiative and to update our Nation on committee progress, we will provide monthly updates from our Debendaagziwaad Committee meetings in our Enkamgak moving forward. As a refresher, the Debendaagziwaad Committee was formed in 2018 as an ad-hoc (for a specific purpose) committee to develop a Debendaagziwaad Naaknigewin that defines the rights and obligations of our Debendaagziwaad and Endaawaad (those who live among us) within the jurisdiction of Nipissing Nation in accordance with our Gichi-Naaknigewin. The committee is comprised of seven (7) members of Nipissing First Nation representing elders, youth, NFN members at large and two (2) representatives of Chief and Council (Chief McLeod and Councillor Brian Couchie). The committee meets monthly with their most recent meetings taking place on November 16 and December 14, 2023. These meetings focused on refining the core principles for the proposed Debendaagziwaad Naaknigewin prior to drafting, and discussing the future work and updating the work plan to support the overall development.

The core principles, previously developed, will serve as a foundation to help guide the development of the law and ensure the proposed law reflects NFN values, beliefs, and vision for the future. During previous meetings, the committee reviewed examples of other First Nation Citizenship Laws to explore ideas about our law and elements that would be beneficial for our Law based on our core elements.

They also discussed staffing requirements, administrative procedures, and other administrative supports for the Law.

The committee has continuously affirmed their desire to develop a citizenship law because of the following goals:

- to ensure the continued existence of Nipissing people into future generations,
- to support our sovereign ability and responsibility of self-governance,
- to identify who are responsible for building and honouring our Nation, who are entitled to protection within our Nation, and those who are entrusted with the future of the Nation.

The committee further emphasized the need to include a statement regarding the revitalization and preservation of our language and culture and had a fulsome discussion on what is expected of a good citizen with reference to the seven grandfather teachings and understanding of culture and history.

Moving forward, the committee and NFN staff will develop a communications plan to engage with membership, including providing education about citizenship, inform on updates, and seek input throughout the development process. Members can visit nfn.ca/citizenship to find the latest updates and resources on citizenship.

If you have any thoughts or questions regarding the subject of citizenship and would like to share them with the committee, please provide them to Megan Goulais, Governance Manager at megang@nfn.ca.

2023 Fall Walleye Index Netting (FWIN)

The FWIN project is an annual fisheries assessment conducted cooperatively between Nipissing First Nation (NFN) and the Ministry of Natural Resources and Forestry (MNR) to give us an idea of the health of the walleye population in Lake Nipissing.

The 2023 FWIN began on October 9 and concluded October 19, 2023. This FWIN included 48 random gill net sets throughout lake Nipissing. FWIN gill nets are 200' in length and have varying mesh sizes ranging from 1" – 6". The reason for the different mesh sizes is to capture all size classes (ages) of walleye to get a snapshot of the entire walleye population from young of the year walleye to larger adult walleye.

Nets were set at randomly selected locations for as close to 24 hours as possible. All fish captured were sampled for length, weight, sex, stomach contents and ageing structures taken to determine age of fish sampled. Information gathered during this project will be analyzed with a report to follow in the new year.

Staff from the Natural Resources Department, Environmental Department and Economic Development Department gave their time to conduct this project. This project is an intense two weeks and without their support things wouldn't have gone as well as they did.

An added benefit to this project is all edible fish are donated to the NFN food bank for families who access the food bank.



Elders' Lodge Construction Update

We are pleased to report that CMHC has provided NFN with more than \$6.8 million in slippage funding to complete the construction of the Duchesnay Elders Lodge. This additional funding means that NFN will not have to pursue financing or include any own source revenue to complete to build. This will allow for significant reinvestment of close to \$4 million in own source revenue into other projects and priorities in the community.

NFN was selected as a candidate First Nation for this slippage funding based on its commitment to these projects and its reputation for delivering on its construction schedules and commitments to various funding agencies.

The total grant funds secured from the federal government's Canada Mortgage and Housing Corporation to complete both

the Garden Village and Duchesnay projects exceeds \$12.8 million.

Garden Village Project

The contractor has complete the site work including the infrastructure services. The foundation has been constructed, backfilled, and the concrete slab finished.



Duchesnay Project

The contractor has complete site work and installed the watermain to the building. The foundation has been constructed and backfilled, and is ready to pour the concrete slab.



Live Burn Training at Beaucage Park

The Nipissing First Nation Fire Department participated in a live burn exercise at Beaucage Park on October 21 and 22. Fire Chief, Melvin McLeod and his team conducted a prescribed burn of four unfit buildings that were identified by the Public Works Department in 2022.

The prescribed burn strategy is not only a cost-effective manner to remove these unfit buildings, but also provides essential structural fire training opportunities for the team.

By opting for this approach, Beaucage Park can start the 2024 season with a clean slate devoid of unfit buildings on the Park's premises, allowing for potential new developments.



Animal Control Notice

Reminder that owners of domestic animals (cats and dogs) cannot allow their animals to run at large in any community of Nipissing First Nation. As per NFN's Animal Control By-Law, the following applies:

- No person (owner) shall allow any animal to run at large. Running at large is defined as an animal found in any place other than the premises of the owner of the animal and not under the immediate, continuous, and effective control of any person.
- An animal must be held on a leash by a person capable of restraining the animals movements or on a leash which is securely affixed to some permanent structure from which the animal cannot escape.

The NFN Animal Control By-Law is important as it keeps our community members and domestic animals safe. If you wish to report an animal control issue please contact our Animal Control Officer, Owen Boudreau, at 705-471-6844.



E-GIIGDOWAAD | CHIEF & COUNCIL

Attend Chief and Council Meetings and Submit Requests

Council meetings take place on the 1st and 3rd Tuesday of the month. NFN members can attend and keep informed through in-person or virtual attendance.

If you have a request for Council, complete the request form at nfn.ca/chief-council and submit by 4 p.m. the Thursday prior to the meeting. These can be dropped off to the front reception at 36 Semo Rd, Garden Village or emailed to fredam@nfn.ca.

Requests could also be made at the meeting. Due to the number of items for Council to deal with on the agenda, *Requests from the Floor* are limited to 10 minutes per request and only three will be dealt with at the meeting. It is important to note that depending on the request, the items may need to be deferred to the next meeting if additional information is needed.

If you have any questions regarding the above, please feel free to contact Freda Martel at 705-753-2050 ext. 1223 or fredam@nfn.ca.

December 5 @ 7:30 p.m. in Garden Village
December 19 @ 7:30 p.m. in Garden Village
January 9 @ 7:30 p.m. in Duchesnay
January 23 @ 7:30 p.m. in Garden Village

JOIN IN-PERSON:

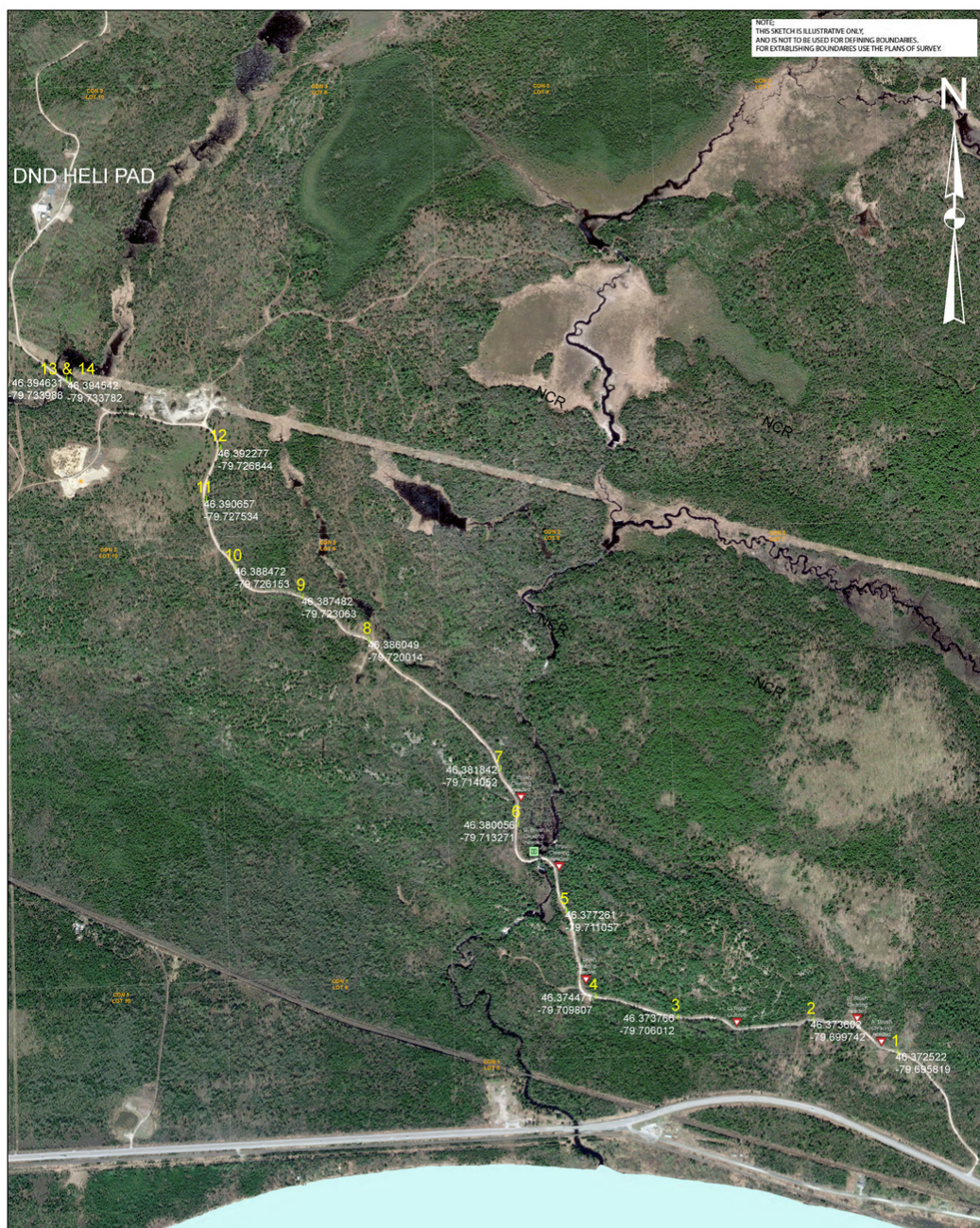
Confirm your attendance with
Tonya Armstrong at tonyaa@nfn.ca or
705-753-2050 ext. 1229

WATCH THE LIVESTREAM:

NFN Membership Portal at Portal.NFN.ca
Recordings of past meetings are available for 30 days.

SUBMIT AGENDA ITEMS

Due by 4 p.m. on the Thursday prior to:
Freda Martel, Director of Administration
fredam@nfn.ca



Improvements to Moos Miikan

Beginning in early January 2024, Nipissing Miller will conduct improvement works on sections of Moos Miikan as part of Defence Construction Canada. These improvements include a new bridge, as well as replacement of a number of culverts.

Sections of the road may be impassible during these improvements and alternate access is Sturgeon River Road. The map below shows the scope and location of the work.

This work is projected to be complete by April 2024.

For further information, please contact the Lands Office:

Cathy McLeod, Lands Manager

cathym@nfn.ca

705-753-2922 ext. 1233



Don't Wait Check the Date!



How old are your smoke alarms?
Smoke alarms don't last forever.

They usually last 10 years.

Check the manufacturer's date on your smoke alarms today!

Replace expired alarms.

For more information contact
Nipissing First Nation Fire Services
melvinm@nfn.ca



GIDAANMIKOON



Niibaanamaang & Ninkodaading KINA WIYA

**NFN offices closed for the holidays
December 25, 2023 to January 5, 2024**

THE RIGHT PATH HARM REDUCTION SERVICES

December 28 from 1 to 4:30 p.m.
January 4 from 1 to 4:30 p.m.

HEALTH

705-498-3698

BAND REPRESENTATIVES

705-753-2691

ONTARIO WORKS

December 28 from 9 a.m. to noon

OJIBWAY WOMEN'S LODGE (EMERGENCY)

705-472-3321

FOOD BANK

Closed during holidays

PUBLIC WORKS

705-840-3626 (emergency)

Landfill: Open 8 a.m. to 4 p.m.

Dec 30, 31 and Jan 2

Garbage: Wed., Dec 27

Tues., Jan 2

Recycling: Thurs., Dec 28

ANIMAL CONTROL

705-498-2506

ALL OTHER CONCERNS

Director of Administration

705-471-4172

**Offices re-open on
Monday, January 8, 2024**



FOOD BANK

Donations

**Donations can be brought to the NFN
Front Reception (36 Semo Rd.,
Garden Village) or to the NFN Food
Bank (19 Philip Ave., Garden Village)**

This past month, the NFN Food Bank has received generous donations from the following individuals and organizations:

- Mnogin Greenhouse
- Marc Dopfer
- Les Couchie
- NFN Halloween Party
- Ministry of Natural Resources and Forestry
- NFN Natural Resources Department/MNFR from the Fall Walleye Index Netting
- Andy Penasse



Miigwech for your donation!

NFN Animal Control

*For domestic animal
(cats and dogs) concerns*

**Owen Boudreau
Animal Control Officer
705-471-6844**



NFN GEAR

A special gift for the holidays



and much more...

**Available only at the NFN
Front Reception**

MEMBERSHIP PORTAL

Visit portal.nfn.ca
to get started!

EXCLUSIVE FOR REGISTERED NFN MEMBERS

Access a variety of protected content such
as Council minutes and Trust Updates.
Update and manage your address and
mailing preferences.

Visit portal.nfn.ca
or scan the QR code



**Monthly Draw of
\$50 Gift Card**
for all registered
Portal members!

**MONTHLY
DRAW WINNER**
October 2023: Barbara Erb

NFN WASTE AND RECYCLING APP

for Apple and Android Devices

Receive notifications for
garbage and recycling pick
up, delays, change of
schedule, and emergencies.

Find information on how to
sort waste, proper waste
deposal locations, and NFN
Landfill schedule.



Visit nfn.ca/public-works/waste/ to download the
app, or scan the QR code

Child Welfare Prevention: November at a Glance



The Child Welfare Prevention Program held the following events during November:

- Bouncy Houses, Martial arts
- Family Carnival
- Culture drop-ins, Duchesnay drop-in, Fire in the Lodge
- Baby group, story time with Gookmis, Mocassin making, apron making
- Tween Night, Youth Socials, Game Night
- Nutcracker at the Capitol Centre
- Yellek fire with Game On



See upcoming December and January child, youth, and family events on page 19 and 20!

NIPISSING FIRST NATION KENDAASWIN / LIBRARY

In January 2024, the NFN Kendaaswin will have new hours!

Mon	Tues	Wed	Thurs	Fri
9 a.m. – 4 p.m.	9 a.m. – 4 p.m.	9 a.m. – 4 p.m. 6–8 p.m.	9 a.m. – 4 p.m.	9 a.m. – 2:30 p.m.

Closed for lunch hour (noon – 1 p.m.)



BUSINESS LEADERS ROUNDTABLE - NIIGAANZIIG NOKIIWIN MAAMWI KIDWIN

Join us for our upcoming Business Leaders Roundtable. A unique opportunity for member businesses to network, discuss opportunities, challenges, and help shape the way business is conducted on Nipissing First Nation

To register, please contact the Economic Development Department or use the link below



753-2050 x1264



zackl@nfn.ca

Thursday, December 21, 2023
3 PM
Garden Village Gym
(36 Semo Road, Garden Village)

Employment Opportunities

Frontline Worker, OWL – Full Time / Contract

1st Round Closes Friday, December 1, 2023 at 4:30 p.m.

2nd Round Closes Friday, December 8, 2023 at 4:30 p.m.

3rd Round Closes Friday, December 15, 2023 at 4:30 p.m.

Manager, Early Child Education Services – Full Time / Permanent

1st Round Closes Friday, December 1, 2023 at 4:30 p.m.

2nd Round Closes Friday, December 8, 2023 at 4:30 p.m.

3rd Round Closes Friday, December 15, 2023 at 4:30 p.m.

Seniors Snow Shoveling/Recreational Maintenance Worker – Full Time / Contract

1st Round Closes Friday, November 17, 2023 at 4:30 p.m.

2nd Round Closes Friday, November 24, 2023 at 4:30 p.m.

3rd Round Closes Friday, December 1, 2023 at 4:30 p.m.

Provide snow removal services for NFN seniors and ensure walkways/driveways are cleaned and sanded.

Snowplow Operator – Full Time / Contract

1st Round Closes Friday, November 17, 2023 at 4:30 p.m.

2nd Round Closes Friday, November 24, 2023 at 4:30 p.m.

3rd Round Closes Friday, December 1, 2023 at 4:30 p.m.

Provide snow plowing services for NFN seniors and ensure walkways/driveways are cleaned and sanded.

Rink Maintenance Worker – Full Time / Contract

1st Round Closes Friday, November 17, 2023 at 4:30 p.m.

2nd Round Closes Friday, November 24, 2023 at 4:30 p.m.

3rd Round Closes Friday, December 1, 2023 at 4:30 p.m.

Maintain and monitor NFN rinks and changing rooms.

Child and Youth Mental Health and Addictions Counsellor – Two (2) Full Time positions / (1) Permanent & (1) Contract

1st Round Closes Friday, November 10, 2023 at 4:30 p.m.

2nd Round Closes Friday, November 17, 2023 at 4:30 p.m.

3rd Round Closes Friday, November 24, 2023 at 4:30 p.m.

Provide assessment, treatment, and referral services to nine First Nation communities.

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

- 1st Round: Open to all NFN members.
- 2nd Round: Open to registered members of other First Nations and spouses and children of registered NFN members.
- 3rd Round: Open to all applicants (status and non-status).

Nipissing First Nation members are encouraged to apply to all rounds of employment postings. As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

Cultivating and Packaging Assistant – Full Time / Contract

Open to all qualified applicants until filled.

Seed, transplant, harvest, pack and regularly clean and maintain, to ensure delivery of the highest-quality products to our community and customers.

Manager, Public Works – Full Time / Permanent

Open to all qualified applicants until filled.

Oversee the maintenance, repair, and construction of NFN public infrastructure, as well as the Parks & Recreation Program.

Teacher (Physical Education and Senior Humanities) – Full Time / Contract

Open to all qualified applicants until filled.

Communications Assistant – Full Time / Contract

Open to all qualified applicants until filled.

Assist in the development and implementation of communication strategies to ensure communication between NFN and its publics.

First Nation Representative – Full Time / Permanent

Open to all qualified applicants until filled.

Protect the collective best interests of NFN children and ensure a culturally appropriate disposition of cases.

Registered Early Childhood Educator, Couchie Memorial Child Care Centre – Full Time / Permanent

Open to all qualified applicants until filled.

Enhance the cognitive, physical, social and emotional development services and/or support by planning age-appropriate curriculum.

APPLY TODAY!

Submit application to: resumes@nfn.ca
or Fax: 705-753-0207

Full postings and descriptions are
available at nfn.ca/jobs

Prepare for a Healthy and Safe Holiday Season

Hello, Aannii, Boozhoo, Aniish na? How are you?

The holiday season is near and I hope this festive season finds everyone well and looking forward to the new year. During this time, celebrations and parties are a highlight; it's fun to get together with family and friends. If you're planning a gathering, there is much preparation from food and drink to decorations and music, and also a few safety precautions to keep in mind. The best party is a *safe* party. You should take every precaution to ensure all of your guests remain safe.

When planning your party, this checklist can help you have fun and stay safe:

- **Clear your front walk, steps, driveway and sidewalk** of snow and ice.
- **Serve food throughout the party** to help guests slow their alcohol absorption. Food can help fill people up, so they may drink less.
- **Have plenty of non-alcoholic beverages on hand** so people have the option to not consume alcohol.
- **Plan fun activities;** If people are busy dancing or playing games, they will likely drink less.
- **Stay sober.** As the host, you are responsible for your guests, and the only way to accurately assess whether a guest has had too much to drink is to avoid drinking yourself. You may also have to act as designated driver for the evening to ensure guests get home safely. Or Should guests become impaired, be sure to have options available to get them home, such as the number for a local taxi service, or cash for the fare.
- **Have plenty of extra blankets and sleeping bags on hand and invite guests to stay the night.** The holiday party could turn into a slumber party, but at least you'll know everyone is safe.



There are consequences to impaired driving if you are convicted of being impaired either by alcohol or substance use. You will face serious legal consequences. If stopped by a RIDE Program, they will ask if you have had anything to drink. If a police officer has reasonable suspicion that are impaired, they may decide to investigate further, and ask you to provide a breath sample into a roadside screening device. If you fail, you're off to the police station to provide further breath samples - a process that can consume many hours and have costly legal implications.

Plan ahead! If you expect to drink, make alternate travel arrangements. If you're driving and then decide to drink, leave your car where it is and take a taxi or the bus. Put simply: Don't drink – or don't drive.

Depression & Mental Health

It is important to take care of our physical, mental, emotional and spiritual health, to enjoy life to the fullest.

With the winter season some people suffer from Seasonal Affective Disorder (SAD). This is a type of depression that tends to occur (and recur) as the days grow shorter in the fall and winter. People may react negatively to the decreasing amounts of sunlight and the colder temperatures. Although SAD usually presents in the fall and winter, there are those who suffer from this condition during the summer or spring. Some symptoms of SAD may include difficulty waking up in the morning; morning sickness; tendency to oversleep; tendency to over eat (especially a craving for carbohydrates, which leads to weight gain); lack of energy; difficulty concentrating on or completing tasks; and withdrawal from family and friends. All of this leads to depression, feelings of hopelessness, and lack of pleasure.

People who experience spring and summer depression show symptoms of classic depression including insomnia, anxiety, irritability, decreased appetite, weight loss, social withdrawal, decreased sex drive, and thoughts of suicide. There are many different treatments for classic (winter-based) SAD, including light therapy, counselling, and medications. If you or someone you know experiences some of these symptom, please talk to someone - call your physician, family or friends.

Prepare for a Healthy and Safe Holiday Season

Continued

Grief and Loss Throughout the Holidays

Dealing with grief and loss is something most people have to do sometime in their lives. Grief is a natural response to the loss of someone or something very dear to us including the death or separation of a loved one, job loss, death or loss of a beloved pet, or any number of other changes in life such as divorce, becoming an "empty nester," or retirement. Anyone can experience grief and loss, but each person is unique in how he or she copes with these feelings.

Some responses are healthy coping mechanisms, while others may hinder the grieving process. The acknowledgment of grief, time, and support to facilitate the grieving process, and allowing an opportunity for a person to appropriately mourn a loss and then eventually heal are all normal.



The stages of grief reflect a variety of reactions that may surface as an individual tries to make sense of how a loss affects them. An important part of the healing process is allowing oneself to experience and accept all feelings that are experienced. The stages of grief are:

- **Denial, numbness, and shock:** This stage serves to protect the individual from experiencing the intensity of the loss. It may be useful when the grieving person must take action (for example, making funeral arrangements). Numbness is a normal reaction to an immediate loss and should not be confused with "lack of caring." As the individual slowly acknowledges the impact of the loss, denial and disbelief will diminish.
- **Bargaining:** This stage may involve persistent thoughts about what could have been done to prevent the loss. People can become preoccupied about ways that things

could have been better. If this stage is not properly resolved, intense feelings of remorse or guilt may interfere with the healing process.

- **Depression:** This stage of grief occurs in some people after they realize the true extent of the loss. Signs of depression may include sleep and appetite disturbances, a lack of energy and concentration, and crying spells. A person may feel loneliness, emptiness, isolation.
- **Anger:** This reaction usually occurs when an individual feels helpless and powerless. Anger can stem from a feeling of abandonment through a loved one's death. An individual may be angry at a higher power or toward life in general.
- **Acceptance:** In time, an individual may be able to come to terms with various feelings and accept the fact that the loss has occurred. Healing can begin once the loss becomes integrated into the individual's set of life experiences.

Remember, throughout a person's lifetime, he or she may return to some of the earlier stages of grief. There is no time limit to the grieving process. Each individual should define his or her own healing process.

Some factors may hinder grief and the healing process following a loss. These can include:

- Overworking oneself on the job
- Abusing drugs, alcohol, or other substances
- Compulsive behavior
- Avoiding emotions
- Minimizing feelings

An individual can help to resolve grief by:

- Allowing time to experience thoughts and feelings openly to self
- Expressing feelings openly or writing journal entries about them
- Remembering that crying can provide a release
- Confiding in a trusted person about the loss
- Acknowledging and accepting both positive and negative feelings
- Finding bereavement groups in which there are other people who have had similar losses



2023 Yearly Baby Review Newsletter Submission



For babies born in 2023!

Along with baby's most recent photo, please submit the following information to be featured in a February 2024 newsletter baby review edition.

Baby's Name: _____
 First Name *Middle Name* *Last Name*

Date of Birth: _____ **Time of Birth:** _____
 MM/DD/YYYY

Weight: _____ **Height:** _____

Place of Birth: _____
 Hospital Name *City/Town Born In*

Parents: _____

Siblings: _____

Grandparents: _____

Great Grandparents: _____

**Submissions may be emailed to mistya@nfn.ca, dropped off or mailed by
January 12, 2024:**

**The Lawrence Commanda Health Centre
58 Semo Road, Garden Village ON P2B 3K3
Attention: Misty Arbour**



Visit nbisiing.com or [Nbisiing Secondary School Facebook Page](#) for our calendar of events and other school-related information, or call (705) 497-9938.

Skoden Award Winners

September's Skoden Award went to Niibin Nakogee. Niibin was given tobacco to be our drum carrier for the year. He has taken this job very seriously and has recruited others to join him. He is a great role model within our school community. Congratulations Niibin! October's Skoden Award went to Zander Elson. Zander has shown a lot of effort in learning and adjusting in his role as a peer leader. He was recently recognized in an article as a role model with the Sudbury Regional Police to help at risk youth. Congratulations Zander!



Cooperative Education and Dual Credit

Our Co-operative Education and Dual Credit programs are off to a fantastic start this year. Jackie McDaniel is currently completing a co-op placement at the North Bay & District Humane Society and Tyler Beaucage is working to complete his Truck and Coach Apprenticeship at Groulx Equipment in Cache Bay. There are plenty of experiential learning opportunities at Nbisiing.

Redhawks Cross Country Running

Lilly Louttit and Kowen Kataquapit, competed in Nipissing District Athletics Finals and Northern Ontario Secondary School Athletics Cross Country Finals. Both members of the team exemplified courage and pride in their performances. Thanks to the team for their hard work, commitment to their school, their teammates, and to conducting themselves within the seven grandfather teachings.



2024 HEAD DANCER NOMINATIONS

The Pow Wow Committee is looking to hear from the community for suggestions of Nipissing members to fill these roles:

- 2 Adult Head Dancers (1 Female and 1 Male)
- 2 Youth Head Dancers (1 Female and 1 Male)



Send nominations with a brief explanation to bradyp@nfn.ca by **January 11, 2024 at 4:30 p.m.** The Pow Wow Committee will review nominations at the next meeting.



NFN DINER'S CLUB *Seniors 55+*

Wednesday, December 13
Wednesday, January 10

Garden Village Gym
Noon - 1 p.m.

For more information, contact
Stella at 705-753-3312

See NFN December and January Events calendars on last page of Enkamgak!



ENTREPRENEUR WORKSHOP SERIES

The NFN Economic Development Department in partnership with the Business Centre Nipissing Parry Sound is excited to present the Entrepreneur Workshop Series!

Register and learn invaluable business insights offered by local industry experts, enhance your abilities and expand your business.

Lunch and certificates of completion included!



WORKSHOPS

SALES AND NETWORKING

Dec 7th from 12:00 - 1:30 PM
520 A Couchie Memorial Drive, North Bay, Ontario

TAX CONSIDERATIONS WORKSHOP

Dec 14th from 12:00 - 1:30 PM
520 A Couchie Memorial Drive, North Bay, Ontario

*Workshops will be held in person alternating between the Duchesnay and Garden Village communities and will also be available through MS Teams. All Debendaagziwaad (NFN members) are welcome to register.



SPEAKERS



PENNY TREMBLAY
Meditator, Trainer, Author & Speaker



JASON WILLIAMS
Partner, Tax, at BDO Canada

Contact: Zackl@nfn.ca

See NFN December and January Events calendars on last page of Enkamgak!

NISHNAABEMWIN CLASSES

Mtikmeg Giizis | November

Aabtawse | Wednesdays

Aandi: T-Gaaning | Garden Village Gym
December 13 and January 24
Aandi Pii: 6:30 – 8:30 p.m.

Aandi: Aanmitaagzi | 161 Couchie Memorial Dr.
December 6 and January 17, 31
Aandi Pii: 6 – 8 p.m.

Bi-Biindigen!

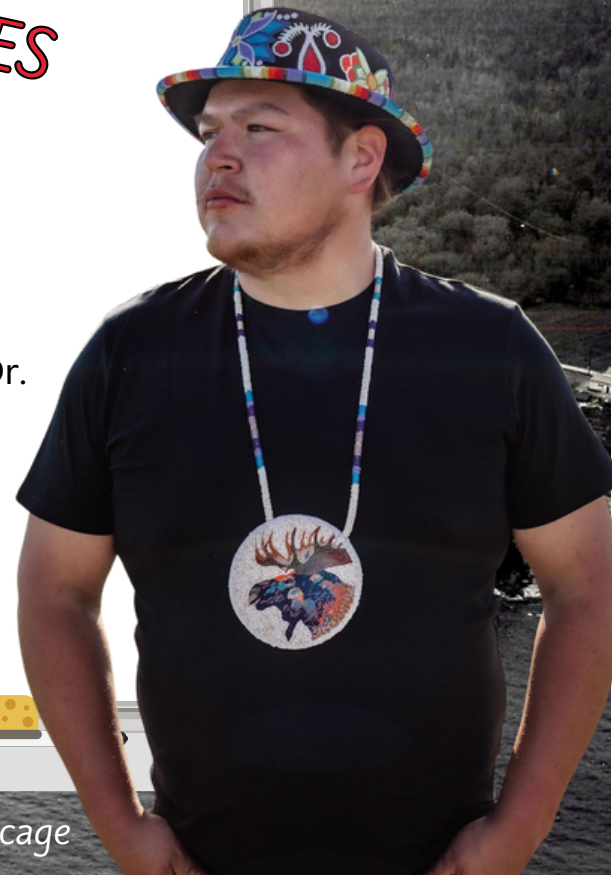


In-Person & Virtual

To register please email katelynnng@nfn.ca



Facilitated by: Blair Beaucage



NFN

Adult Education PROGRAM

Looking to achieve your Grade 12?
Need help getting a transcript?
Not sure what options are
out there?

Registration required. Contact the NFN Education
Department for more information: 705-753-6995

*You may be eligible for maturity
or equivalency credits based on
life experience!*



See NFN December and January Events calendars on last page of Enkamgak!

Enjoy better health with

GREEN MEDICINE

THE NATURAL CHOICE

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shopgreenmedicine@gmail.com
120 Commanda Cres. North Bay ON
www.shopgreenmedicine.ca

ESTD.  2022

Beaucage Contracting

Insulation Specialist

Tyler Beaucage
Owner/Technician

249-878-9065
beaucagecontracting@gmail.com

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Child, Youth and Family Events

Manidoo Giizis (Spirit Moon) | December 2023


Namegiizhcad Sunday	Nokiigiizhcad Monday	Niizhgiizhcad Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatgogizhcad Friday	Maaniigiizhcad Saturday
Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)					1 Fire in the Lodge 65 Juniper 6-9 p.m.	2
3	4	5 Martial Arts Nbisiing Gym 6-8 p.m.	6 Duchesnay Drop-In Duchesnay Hall 5-9 p.m. Tween Night 65 Juniper 6-8 p.m. Ages 9-12	7 Culture Drop In 65 Juniper 5-9 p.m.	8 Fire in the Lodge 65 Juniper 6-9 p.m.	9
10	11 Gingerbread Houses Duchesnay Hall 6-8 p.m.	12 Martial Arts Nbisiing Gym 6-8 p.m.	13 Gingerbread Houses Church Basement 6-8 p.m.	14 Youth Christmas Dinner GV Gym 5-8 p.m.	15 Fire in the Lodge 65 Juniper 6-9 p.m.	16
17	18	19 Martial Arts Nbisiing Gym 6-8 p.m.	20	21	22	23
24	25 	26	27	28	29	30
31 HAPPY New Year						

Stay tuned for updates and Pop Up
 Events at  [@NFNNCW](https://www.facebook.com/NFNNCW)

Child, Youth and Family Events









Kchi-booni Giizis (Big Winter Moon) | January 2024

Namegiizhgad Sunday	Nokiigiizhgad Monday	Niizhgiizhgad Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiizhgad Friday	Maaniigiizhgad Saturday
	1 	2	3	4	5	6
7	8	9 Baby Group Library 11 a.m. to 1 p.m.	10 Duchesnay Drop-In Duchesnay Hall 5-9 p.m. Paint Night Church Basement 6-8 p.m.	11 Culture Drop In 65 Juniper 5-9 p.m.	12	13 Family Movie Night Nbisiing Gym 6 p.m.
14	15 Cooking Class 65 Juniper 6-8 p.m.	16 Baby Group Library 11 a.m. to 1 p.m. Family Skate GV ODR 6-8 p.m.	17 Tween Cooking 65 Juniper 6-9 p.m. Ages 9-12 Duchesnay Drop-In Duchesnay Hall 5-9 p.m.	18 Culture Drop In 65 Juniper 5-9 p.m.	19 Youth Budget Workshop 65 Juniper 6-9 p.m.	20 Family Skate West Ferris Arena 1-3 p.m.
21	22 Cooking Class 65 Juniper 6-8 p.m.	23 Baby Group Library 11 a.m. to 1 p.m.	24 Duchesnay Drop-In Duchesnay Hall 5-9 p.m.	25 Culture Drop In 65 Juniper 5-9 p.m.	26	27
28 Sunday Football 65 Juniper 1 p.m.	29 Cooking Class 65 Juniper 6-8 p.m.	30 Baby Group Library 11 a.m. to 1 p.m.	31 Duchesnay Drop-In Duchesnay Hall 5-9 p.m.	Family Ages 0 to 5: Register with Samantha (samm@nfn.ca) Ages 0 to 12: Register with Victoria (victorial@nfn.ca) Ages 13 to 24: Register with Katie (katiel@nfn.ca) Ages 13 to 24: Register with Ian (ianc@nfn.ca)		

Stay tuned for updates and Pop Up
Events at  [@NFNNCW](https://www.facebook.com/NFNNCW)

Community Events

Manidoo Giizis (Spirit Moon) | December 2023

Namegiizhgaad Sunday	Nokiigiizhgaad Monday	Niizhgiizhgaad Tuesday	Aabtaawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiizhgaad Friday	Maaniigiizhgaad Saturday
Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i>					1	2
3	4 	5 Chief & Council Garden Village 7:30 p.m.	6 Food Bank Access Day  Nishnaabemwin Class 161 Couchie Memorial Dr. 6-8 p.m.	7 Entrepreneur Workshop Series: Sales & Networking Duchesnay Hall Noon - 1:30 p.m.	8	9
10 	11	12 	13 Diner's Club GV Gym Noon Nishnaabemwin Class GV Gym 6:30 - 8:30 p.m.	14 Entrepreneur Workshop Series: Tax Considerations Duchesnay Hall Noon - 1:30 p.m.	15	16
17 	18	19 Chief & Council Garden Village 7:30 p.m.	20 Food Bank Access Day 	21 Business Leaders Roundtable GV Gym 3 p.m.	22	23
24	25 Merry Christmas	26	27 	28 	29	30
31	NFN Offices Closed					

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- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
- **Student registration**

Register at
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 scan the QR
 code:



Community Events

Kchi-Booni Giizis (Big Winter Moon) | January 2024

Namegiizhgaad Sunday	Nokiigiizhgaad Monday	Niizhgiizhgaad Tuesday	Aabtawse Wednesday	Shpinganwang Thursday	Jiibiiatgogiizhgaad Friday	Maaniigiizhgaad Saturday
	1	2	3	4	5	6
	NFN Offices Closed					
7	8	9	10	11	12	13
		Chief & Council Duchesnay 7:30 p.m. 	Diner's Club GV Gym Noon			
14	15	16	17	18	19	20
			Food Bank Access Day  Nishnaabemwin Class 161 Couchie Memorial Dr. 6-8 p.m.			
21	22	23	24	25	26	27
		Chief & Council Garden Village 7:30 p.m. 	Nishnaabemwin Class GV Gym 6:30 - 8:30 p.m.			
28	29	30	31	Mukwa Miikan Landfill Hours: Saturday - Tuesday 8 a.m. to 4 p.m. <i>Closed during statutory holidays</i>		
			Nishnaabemwin Class 161 Couchie Memorial Dr. 6-8 p.m.			

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- Sign up to **receive Enkamgak / Newsletter** and/or **Job Postings by email or mail**
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