

Food Bank Changes starting November 1st, 2023

The Food Bank policy has been updated, we will be adjusting access to reflect these changes and to best meet the needs of the community while ensuring all donations are able to be accessed and do not expire.

We will be going back to our pre-packed bags for pickup beginning this November 2023. Access days are the 1st and 3rd Wednesdays of each month from 9:00am to 4:00pm.

*Delivery remains **ONLY** for those who do not have access to transportation residing outside of Garden Village, or with physical restrictions. All Approved deliveries will be dropped off on 1st and 3rd Thursday of each month.*

*ORDER deadline remains 1st and 3rd Tuesdays by 4:00pm. There are **no exceptions**.*

These pre-packed bags will provide several meals. A single person or couple will receive:

1x Kraft Dinner	1x Breakfast Item's	2x Ground Beef
1x Pasta & Pasta Sauce	1x Hamburger Helper	Additional: Child/Baby Items,
1x Crackers	1x Minute Rice	Bread, Eggs, Margarine, Milk, Cheese,
1x Diced Tomatoes	1x Powdered Juice	Toilet Paper, Garbage Bags, Soaps,
2x Canned Vegetables	1x Canned Potatoes	Feminine Products, Coffee/tea,
2x Canned Soup	1x Baked Beans	Sugar/sweetener, Creamer,

There will also be sections to choose from, which is always changing, so we highly recommend you come in to pick up your order if able, to take advantage of picking from these items.

If you have any questions, please contact:

Jessica Cormier

Food Bank Coordinator

Nipissing First Nation

19 Philip Ave. Garden Village, ON

Phone: (705) 753-6972

Email: jessc@nfn.ca

foodbank@nfn.ca

Thank you, Miigwech, and have a wonderful day!