



May 2022

Translation from Nishnaabemwin: "The Happenings" or "What is Going on?"

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Monday, May 23
for Victoria Day

Council Meetings

May 3rd & 17th
at 7:30 p.m.

Director of Education Recruitment & Council Appointment

Nipissing First Nation Council, along with our Administration, are pleased to announce the hiring of our new Director of Education, Mr. Daniel Stevens.

Daniel brings a wealth of education experience as a teacher, as NFN's representative on the two local French school boards, as a representative with the Canadian Teachers' Federation and Ontario Secondary School Teachers' Federation and most recently, as a Councillor for Nipissing First Nation.

Lifelong learning and quality education is a primary goal of our nation, as articulated in our strategic plan, and we are grateful to have someone with Daniel's experience step in to fill the big shoes Nancy Allaire will leave behind.

Nancy's retirement leaves a legacy of progress with the implementation of the Anishinabek Education System, enhancements to post-secondary supports, the success of Nbisiiing Secondary School, and many other achievements.

While it is unusual for a Councillor to apply for a role as an employee, NFN has all the proper protocols in place to address these circumstances and these processes were followed precisely throughout the hiring process.

Council plays no role in hiring processes at NFN, which are entirely managed and controlled through the Human Resources Management Policy and the administration. Council was not informed of nor engaged in any aspect of the hiring of Daniel until the process was completed. Daniel resigned his position as Councillor immediately before accepting the role as Director of Education. Daniel and Nancy will work together on a transition plan over the next couple of months.

NFN's Gimaakeng Naaknigewin (Custom Election Regulations) makes provisions for replacing Councillors who resign or otherwise vacate a seat mid-term by appointment of the person who had the next highest number of votes. In this case, that person is Brian Couchie, who has agreed to rejoin Council for the remainder of the term.

We welcome Brian back to Council where his experience and knowledge will ensure he is up to speed in short order. While we will miss Daniel's participation at the Council table, we look forward to seeing the results of the energy and enthusiasm he brings to the NFN Education Department.



We also wish Nancy the best in her retirement, and in all of her future plans! Her wisdom, gentle manner and commitment to NFN teachings and values will be missed not only in the Education department, but throughout the whole organization and community.



With our offices reopen to the public as of March 15th, and NFN-hosted events resuming as of May 1st, you'll find this issue FULL of events, with more to come this summer!

Proposed Alcohol Sale & Manufacture On-Reserve Prohibition to Remain in Place Based on Community Feedback

We received proposals from NFN entrepreneurs to sell and manufacture alcohol and NFN responded by initiating a process to better understand the community's views before making a decision. This ensures we hear from the members directly and are fair and respectful of the diverse range of perspectives on this issue.

In February and March 2022, Chief and Council sought input from NFN members regarding potential alcohol sales and manufacture on NFN lands.

Two virtual engagement sessions were held on February 16th and 23rd to provide an opportunity for the NFN entrepreneurs to present their proposals and to answer questions from community members. Over 100 members attended these sessions.

A survey was also completed to gather additional input following the engagement sessions to ensure that all NFN members had an opportunity to share their thoughts confidentially. Over 170 members completed the survey.

Members were asked if they are in favour or opposed to each of the three areas that were being considered:

1. Manufacturing Alcohol (i.e. craft brewery)
2. Retail Sales of Alcohol in Restaurants
3. Retail Sales of Alcohol in Stand Stores (i.e. LCBO, Brewer's Retail)

The responses were compiled confidentially and shared with Chief and Council to support an informed decision on whether to proceed with amending the business licensing by-law to permit these activities or stay with the current prohibition on alcohol sales on reserve.

Based on community feedback and the recommendation of the business licensing committee, Council decided to continue the prohibition on retail alcohol sales and manufacture on NFN.

Council recognizes that alcohol has had a significant and negative impact on our Nation throughout history. We also recognize our members' lived experience with alcohol and have taken this into account when coming to a decision.

While there was an overall positive response it was deemed not enough to overturn the existing prohibition. Miigwech to all members who participated in this important process by sharing their feedback, experiences and insights.

Miller Quarry Spring Blasting & Crusher Operations

This notice is to inform residents of plans for spring blasting and the aggregate production schedule at the Miller Quarry on NFN.

Due to the amount of material needed this season, three smaller blasts will be completed instead of one large blast.

Blasts were scheduled for the weeks of April 18th, April 25th and May 2nd. The crusher will then be set up immediately after the third blast.

Miller will continue with the mitigation efforts that have been implemented over the past few years, such as increased collar depths on drill holes. Monitoring will be undertaken during the blasts.

Crushing should begin towards the end of the first week of May and last approximately 4 months. Crushing operations will respect the approved hours of 6am - 10pm. More details at nfn.ca/miller-quarry or call 705-753-2922.

For compliance/enforcement issues, contact:

Tyler Couchie, Bylaw Enforcement Officer
Office: 705-753-2050 ext. 1224 | Cell: 705-498-2506

Clayton Goulais, Bylaw Enforcement Officer
Office: 705-753-2050 ext. 1236 | Cell: 705-498-3823



**SPRING MORATORIUM
ENDS MAY 20 AT 5PM**



**Visit nfn.ca
for details**

Council Meetings

Council meetings will return to an in-person format on May 17th in Garden Village.

Contact Freda Martel at 705-753-2050 or fredam@nfn.ca to submit items to the agenda before 4pm on the Thursday prior to each meeting.

Regular meetings of Chief and Council meetings are held on the 1st & 3rd Tuesday of each month.

Chief McLeod East End Office Hours - FRIDAYS starting May 6th

Community members are welcome to meet with Chief McLeod at the Community Hall in Duchesnay on Fridays starting in May. Please enter through the double doors directly into the community hall.

* NOTE: hours are subject to change if Chief McLeod is away on business.



Council Connection

Keeping Our Community Informed about Key Issues

Nipissing Signs Governance Agreement

On April 6, 2022, Nipissing First Nation was one of five Anishinabek First Nations that ratified a historic self-government agreement with Canada.

In the words of Anishinabek Nation Grand Council Chief Reg Niganobe:

“Congratulations to the First Nations signing the *Anishinabek Nation Governance Agreement* today and I commend all of the hard work, dedication, and perseverance of those involved to reach this historic moment.

The Governance Agreement is another instrument available to us to implement inherent jurisdictions and Anishinaabe laws in fundamental matters that are the pillars of our First Nation governments: citizenship, language and culture, and how we select our leaders and are accountable to citizens.

The new government-to-government fiscal transfer removes these First Nations from those specific confines of the *Indian Act* and supports these First Nations to determine their respective priorities.”

Read the news release here: anishinabeknews.ca/2022/04/06/can... and visit our website for more background information: nfn.ca/anga

We’re recruiting a Governance Manager to oversee the effective management and administration of NFN governance initiatives, the implementation of the ANGA and regular evaluation of workplans, associated laws and policies. See [page 7](#) for details and to view other current opportunities.



Committee Members *NEEDED*

We are still seeking registered Nipissing First Nation members aged 18 years and older to participate in our committees.

Getting involved with a committee is a great way for community members to lend their voice to current issues and priorities, and help provide valuable context for decision-making by Chief and Council.

The following committees are still seeking members:

Housing Committee - 2 Members
Natural Resources Committee- 1 Member

Committee meetings are held once per month, Members may participate in up to two (2) committees per term.

For more info contact:
Freda Martel
Director of Administration
E: fredam@nfn.ca
P: 705-753-2050 ext. 1223





Mooz Miikan

**Increased Traffic due to
Approved Forestry Operations**
Logging Trucks have Right of Way

Questions? Concerns?
Contact Hugh at 705-753-2050

Mooz Miikan Increased Traffic due to Approved Forestry Operations

NFN holds a Sustainable Forest Licence (SFL) to harvest wood from Crown Land located north of NFN.

NFN has agreed to permit access to Young Forestry Services (YFS) through Mooz Miikan to Highway 17 to access two blocks that will be harvested.

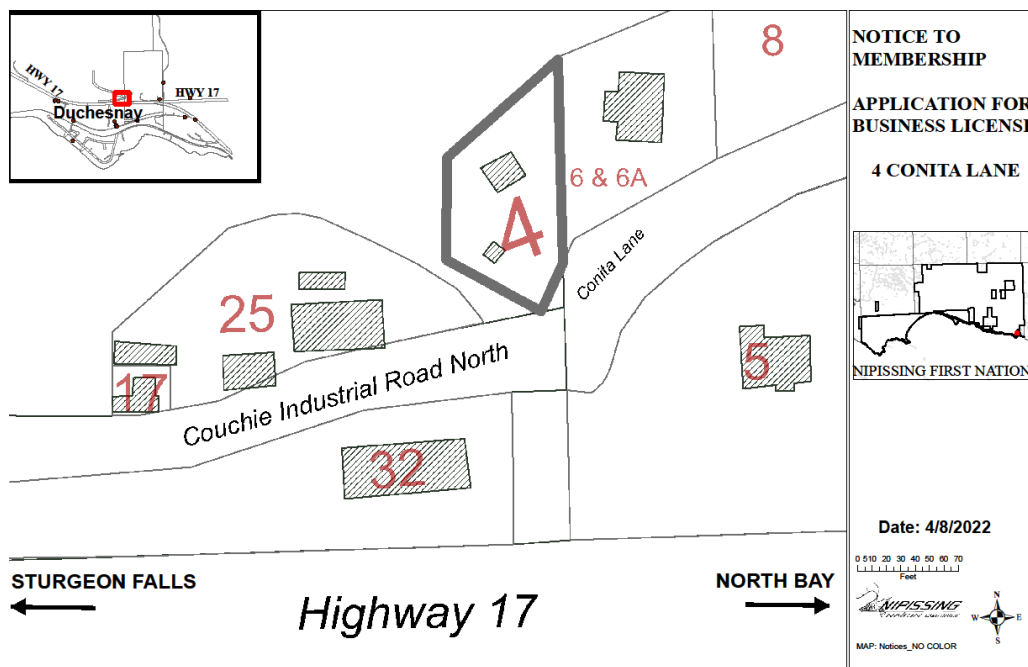
Members are advised to expect increased traffic on Mooz Miikan and are reminded to yield the right of way to logging trucks. Those who have a CB radio are encouraged to use it to communicate with truck drivers, who will be calling out kilometer markers.

YFS will begin preparing the road this spring to fix any damage from last winter, and will maintain the road year-round to ensure band members have good access to this part of the land. For more details and a map, visit: nfn.ca/mooz-miikan

Business Licence Application Notice

Proposed Short Term Rental at 4 Conita Lane

The Business Licence Committee received an Application for a Business Licence to operate a short term rental at 4 Conita Lane in the area noted on the key plan set out below.



Should you have any questions regarding the location of the proposed **business**, please submit them in writing by 4:30 p.m. on May 31, 2022 to:

Kenneth Hazell, Economic Development Officer (kenh@nfn.ca)
36 Semo Road, Garden Village, Ontario P2B 3K2

Should you wish to express any legitimate concerns or objections you may have about this proposed **land use**, you need to submit them in writing by 4:30 p.m. on May 31, 2022 to:

Cathy McLeod, Land Manager (cathym@nfn.ca)
36 Semo Road, Garden Village, Ontario P2B 3K2



Grand Opening Invitation

Friday, May 27th @ 11:00 a.m.

#1 - 132 Osprey Miikan

Community members are invited to join us for the grand opening of Nbisiiing Power's head office in the Bineshii Small Business Centre.

Come learn more about NFN's newest business partnership, which is an electrical power equipment reseller and distributor that will focus on Indigenous procurement opportunities with Ontario utility companies.



VOTING IN ONTARIO

If you are at least 18 years of age, a Canadian citizen and resident of Ontario, you can participate in the democratic process as a voter or a candidate.

elections.on.ca

1.888.668.8683 TTY 1.888.292.2312 info@elections.on.ca

Provincial election **Advance Polls** will be held from **May 19th to 25th** (in Garden Village only) and **Election Day** will be held on **June 2nd** (in Garden Village and Duchesnay).

Advance Poll - Garden Village Only

Thursday, May 19th to Wednesday, May 25th from 9:00am to 9:00pm

There will not be an advance poll in Duchesnay.

Election Day - Garden Village & Duchesnay

Thursday, June 2nd from 7:00am to 11:00pm

Visit elections.on.ca for details and to ensure you're registered to vote!



May 5 & 6

Place usable items at the curb

Drive carefully & watch for pedestrians

Place re-usable items such as furniture, small appliances, books, toys, clothing, sporting goods, doors, windows, etc. at the curb.

Please ensure items NOT intended for free pick-up are away from the curb to avoid misunderstandings.

Safely bag and gather remaining items for regular garbage pick up on Monday, May 9.

SPRING CLEAN-UP

Wednesday, May 11

Garden Village, VLA, Mosquito Creek

Thursday, May 12

Jocko Point & Beaucage

Friday, May 13

Yellek, Art's Lane, Duchesnay

Membership Households ONLY



ACCEPTABLE ITEMS

Small furniture, metal items, household items (bagged/bundled safely)
Please place electronics and tires (no rims) in a separate pile.



UNACCEPTABLE ITEMS

Construction Material, Recyclables, Propane Tanks, Railroad Ties, Freon Appliances, Household Hazardous Waste - will NOT be picked up



Garden Village Water Treatment Plant Upgrades

The construction of the expansion to the existing Water Treatment Plant in Garden Village on Gerald Cresc. will begin May 1st.

The work is expected to take approximately 18 months. Cecchetto & Sons Construction from Sudbury was selected as the Contractor.

We are looking forward to this expansion to our Existing Plant as it will improve the water quality, fire protection and long-term water quantity as the drilling of additional wells is part of the project.

We regret there will be disruptions along the way with extra truck traffic, construction noises, etc. as the construction proceeds, but the project will benefit the community in the long term.

Please contact Bruce McLeod at 705-498-2520 or at the Administration Office at 705-753-2050 if you have any questions or concerns.



NFN Jobs & Training

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes.

- **1st round** postings are open to all registered Nipissing First Nation members.
- **2nd round** postings are open to spouses of registered Nipissing First Nation members and registered members of other First Nations.
- **3rd round** postings are open to all applicants (status and non-status)

NFN members are encouraged to apply to all rounds of job postings.

As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.

Employment Opportunities

To view the complete job posting, please click on the position titles below, visit nfn.ca/jobs, or call 705-753-2050 to request a copy by mail, fax or email.

TO APPLY: Submit applications before the deadline to resumes@nfn.ca, by fax to 705-753-0207, or mail or drop off applications to: Human Resources, Nipissing First Nation, 36 Semo Road, Garden Village ON P2B 3K2.

Permanent Full-Time Positions

Governance Manager – Open Posting until Filled

Outreach Coordinator – True Self Debwewendizwin

1st Round Closes Friday, May 6, 2022 at 4:30 p.m.

2nd Round Closes Friday, May 20, 2022 at 4:30 p.m.

3rd Round Closes Friday, June 3, 2022 at 4:30 p.m.

Office Support Administrative Assistant

1st Round Closes Friday, May 6, 2022 at 4:30 p.m.

2nd Round Closes Friday, May 20, 2022 at 4:30 p.m.

3rd Round Closes Friday, June 3, 2022 at 4:30 p.m.

Nbisiing Secondary School Educational Assistant

2nd Round Closes Friday, May 6, 2022 at 4:30 p.m.

3rd Round Closes Friday, May 20, 2022 at 4:30 p.m.

Nbisiing Secondary School Administrative Assistant

2nd Round Closes Friday, May 6, 2022 at 4:30 p.m.

3rd Round Closes Friday, May 20, 2022 at 4:30 p.m.

Child and Youth Prevention Worker

2nd Round Closes Friday, May 6, 2022 at 4:30 p.m.

3rd Round Closes Friday, May 20, 2022 at 4:30 p.m.

Lands and Membership Clerk

3rd Round Closes Friday, May 13, 2022 at 4:30 p.m.

Lead Custodian (West End)

3rd Round Closes Friday, May 13, 2022 at 4:30 p.m.

Contract Positions

Ontario Works Caseworker – 6 Month Contract Position

2nd Round Closes Friday, May 6, 2022 at 4:30 p.m.

3rd Round Closes Friday, May 20, 2022 at 4:30 p.m.

Anishinaabemwin Language and Cultural Teacher – Contract

3rd Round Closes Friday, May 13, 2022 at 4:30 p.m.

Miigwech to all applicants for their interest; however only those selected for an interview will be contacted.

**TUESDAY
MAY
10
3PM - 7PM**



**MEAL
PROVIDED**

**RSVP BY
MAY 3**

JOB FAIR

OPEN TO NFN JOB SEEKERS & BUSINESSES

DUCHESNAY COMMUNITY HALL

Learn more about employment & business opportunities for the
Yellek Duchesnay Road Extension & Hwy 17 Rehabilitation

View details & job postings at nfn.ca/nipissing-miller



RSVP TO GENC@NFN.CA OR CALL/TEXT 705-471-1545

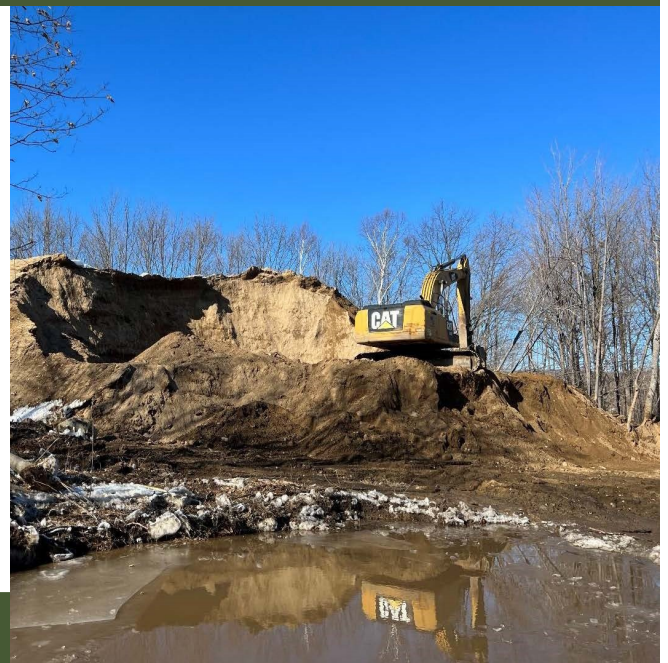


JOB POSTINGS

**Assistant Project Coordinator
Foreperson
Operators
Carpenters
Labourers
Flagpersons**

Apply by May 20th

DETAILS AT NFN.CA/NIPISSING-MILLER





MAY 30/22 TO SEPTEMBER 9/22

LINE CREW GROUND SUPPORT TRAINING

Location: Cambrian College - Sudbury Campus

15 WEEK CERTIFICATE PROGRAM

Gezhtoojig Employment and Training in partnership with the Infrastructure Health and Safety Association and Cambrian College are seeking interested **INDIGENOUS** participants for this 15 week job readiness program & encourages Indigenous women to apply.

This hands on and in class program will prepare individuals for integration into employment opportunities in the Power Line and Construction sector. As new power grids and infrastructure projects are being developed across Canada, the need for skilled workers in these industries are increasing.

This program is designed to prepare the trainee for entry level and pre-apprenticeship opportunities with various power and construction companies seeking safety conscious ready to work employees.

Check out the Video:

<https://www.youtube.com/watch?v=Hi61N4t7Eg0>



REQUIREMENTS



**Valid Drivers License
Grade 12 Diploma
Must be 18 & over**

TRAINING MODULES

- ♦ WHMIS
- ♦ Construction Health & Safety
- ♦ Traffic Control Temp. Work Zones
- ♦ Defensive Driving-Commercial
- ♦ Hoisting & Rigging-Basic Safety
- ♦ Mobile Crane Operator 0-8 Ton Anchors
- ♦ Elec. Safety-Hydrovac Operators
- ♦ Equipotential Grounding & Bonding
- ♦ Pole Line Construction ...
 - ♦ 1) Climbing 2) Framing 3) Theory
 - ♦ 4) and Transformers
- ♦ Introduction to Electrical Theory
- ♦ Electrical Safety High Voltage
- ♦ Working at Heights-Fundamentals of Fall Prevention
- ♦ Propane in Construction
- ♦ Confined Space Hazard Awareness for construction
- ♦ Ladder Handling
- ♦ MSD Prevention Workshop-Trades
- ♦ Safe Pole Handling
- ♦ Hydraulic Aerial Equipment
- ♦ Rescue Practices
- ♦ Conductor Stringing Methods
- ♦ Chainsaw Operation and Maintenance

DEADLINE DATE TO APPLY:

April 30/22

SEND COVER LETTER & RESUME TO:

Gezhtoojig Employment & Training
Sandra Martin, Special Projects Coordinator
smartin@gezhtoojig.ca 705-524-6772

FINANCIAL ASSISTANCE IS AVAILABLE.

Visit our website www.gezhtoojig.ca

And LIKE US on  



Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3
Tel: 705-524-6772 or 1-800-361-9256 Fax: 705-524-5152 www.gezhtoojig.ca



Please visit our website www.nbisiing.com or Facebook Page for our calendar of events and other school-related information, or call (705) 497-9938.

Iroquois Raised Beading

Chi-miigwech to Melynda, Darlene and Larry for teaching the students in the First Nations People of Canada and Learning Strategies courses how to do Iroquois Raised Beadwork. We are so grateful to have such amazing knowledge keepers and teachers within our community!



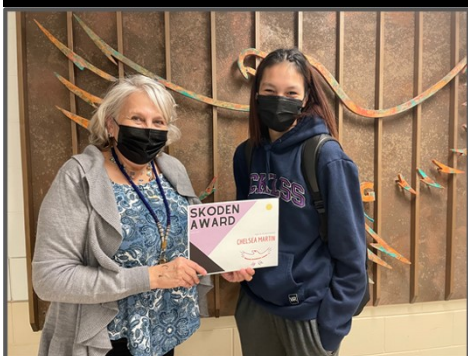
Gwajiin Kinoomagewin

Our Outdoor Education class has been busy harvesting maple water and boiling maple syrup, carving canoe paddles, and tanning hide to make rattles.



Skoden Award - March 2022

Chelsea Martin is determined to obtain her Ontario Secondary School Diploma - while raising her 11 month old daughter. She clearly demonstrates the grandfather teaching of bravery. Her determination and perseverance is an inspiration to all. She completes all assignments to the best of her ability and even re-submits her assignments. Congratulations Chelsea!



**Full Time
Application
Deadline
May 15th-4pm**



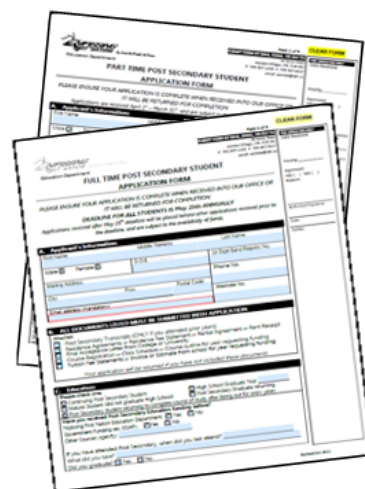
Education Office

**70 Semo Rd.
Garden Village
Ph. 705-753-6995
Fx. 705-753-5827**



The Post Secondary Educational Assistance Program

Applications for Full
Time and Part Time
studies are available on
our website at
www.nfn.ca, or
Questions can be
addressed to
Geralddeana by, phone
or email at
gerryg@nfn.ca



POST-SECONDARY APPLICATION DEADLINE IS MAY 15, 2022



General Carpenter Pre-Apprenticeship Program for Women

FREE for Qualified Participants

Location: Canadore College, Commerce Court Campus

Program Length: 22 weeks

Start: May 30, 2022

Cost: **FREE** (Tuition, Tools, PPE, and Health and Safety Certifications)

This training program is geared towards Indigenous women, or any woman interested in carpentry. Train to use hand and power tools while working with various construction materials. Learn the latest installation methods along with the best practices to make you employable in today's construction industry.

Essential and Employability Skills Development, Health and Safety Training, Exposure to Welding as a Secondary Trade, General Carpenter Apprenticeship Training Level 1 (8 weeks) and Work Placement (8 Weeks).

To determine eligibility or for more information please contact:

Marissa Gillies-Linklater

Project Lead

Office: 705.474.7600 ext. 5854

Cell: 705.471.6603

marissa.gillieslinklater@canadorecollege.ca

Ontario



canadorecollege.ca/generalcarpenter



Anishinabek Education System

Scholarship and Award Program

The Kinoomaadziwin Education Body, in partnership with the Anishinabek Nation 7th Generation Charity, is pleased to announce the launch of this year's Anishinabek Education System Scholarship and Award Program!

The Anishinabek Education System is dedicated to maximizing the learning journeys of Anishinabek students. The scholarship and award program seeks to honour and celebrate the many educational achievements of Anishinabek students and educators through three categories of interest.

\$1,500

MURIEL SAWYER
NISHNAABEMWIN
MEMORIAL
SCHOLARSHIP

\$1,000

ACADEMIC
ACHIEVEMENT
SCHOLARSHIP

\$1,500

EDUCATOR
EXCELLENCE
AWARD

CONTACT:

Andrea Crawford
Senior Operations Manager
Kinoomaadziwin Education Body
andrea.crawford@a-e-s.ca

Jason Restoule, Manager
Anishinabek Nation 7th Generation Charity
an7gc@anishinabek.ca

VISIT

WWW.AN7GC.CA/EVENING-OF-EXCELLENCE
FOR DETAILS AND APPLICATION FORMS

APPLICATION DEADLINE:

MAY 31, 2022



**ANISHINABEK
EDUCATION SYSTEM**



Anishinabek Nation
7th Generation Charity

CHANGES FOR SUMMER CHILDREN'S PROGRAM

FOR AGES 6 - 11 YEARS OLD

PROGRAM HOURS 9.00AM - 3.00PM

IMPORTANT UPDATE

Changes to the program are listed below. These changes are being made for the health & safety of the children and to ensure proper staffing levels.



Children can enroll for a maximum of TWO WEEKS from July 4th - August 12, 2022

- Child care funding support is not being offered however, parents are encouraged to seek out child care subsidy options and enroll their children in a child care centre if they require child care for the remainder of the summer months
<https://www.dnssab.ca/childrens-services/child-care-fee-subsidy/>
- Recreation Reimbursement is an option to enroll your NFN child in another summer camp program
- Priority will be given to NFN band member children
- Registration forms will be available in June (30 spaces/week)

LIMITED SPACE

If you have any questions please reach out to Brandie Fong
Email: brandief@nfn.ca or by phone: 705-753-3312

SAVE THE DATE

NFN HEALTH FAIR

MAY 30, 2022
3:00 - 6:00PM

*Come Out and Meet
the NFN Teams & Programs*

- Home & Community Care
- Recreation
- Diabetes
- Nutrition,
- Maternal Child Health,
- Community Nurses
- Child Care Staff
- Non-Insured Health & Medical
- Right Path Team
- Mental Health
- Addictions
- Family Well-being
- Outreach
- Withdrawal Management

**Complete a passport to
Health to get prize**

**Take Away
Meals**

Mental Health Resources

FOR ADULTS

ConnexOntario: 24/7 support to help you find local mental health and addiction services at 1-866-531-2600 or ConnexOntario.ca

Talk 4 Healing: 24/7 support and resources for Indigenous women in 14 languages by phone or text to 1-855-554-HEAL (4325) or online at talk4healing.com

FOR CHILDREN & YOUTH

Hands The Family Help Network: Counselling and therapy support for children, youth, and their families 1-800-668-8555 or visit thefamilyhelpnetwork.ca

Kids Help Phone: Free, confidential professional counselling, information, and referrals for mental health and addictions services.

Call 1-800-668-6868

Text: CONNECT to 686868
Live chat counselling: kidshelpphone.ca or via Facebook Messenger

CRISIS INTERVENTION

North Bay Regional Health Centre: 1-800-352-1141
Available 24/7

Sturgeon Falls Alliance Centre: 705-753-3110 x 288

4pm - 11pm — 7 days/week

Canada Suicide Prevention 1-833-456-4566 - 24/7

Overdose Prevention Line 1-888-853-8542



Meal Program for Seniors

Program Ends on June 1st



Must be a registered NFN member aged 65 years or older
Program provides a package of frozen prepared meals once a month

Call Stella Solomon at the Health Centre at 705-753-3312 to place your order for pick up or local delivery.

Monthly Order Deadline

Order by **May 2nd** for a package on **May 11th**

Order by **May 20th** for a package on **June 1st**

Diners' Club
RESUMES ON
WED, JUNE 8

55+ invited to attend



Looking for Volunteers to Plant the COMMUNITY GARDEN

We are looking for help planting the seeds for the 2022 Gtiguewin Community Garden in Garden Village.

If you are interested in being involved with the planting of the community garden, please let us know and we can provide you with the planting date (TBD).

If you are interested, contact:

Stella at 705-753-3312 x 2229
or email stellas@nfn.ca

Miigwech!



Request your...

Vegetable Seed Kit

LIMITED QUANTITIES AVAILABLE

We hope you will spend time gardening outdoors and perhaps share your harvest with loved ones and community members

*** ONE KIT PER HOUSEHOLD ***

In the Kit: 9 Varieties of Vegetables*

- * Bush Bean - Tendergreen
- * Tomato - Bonnie Best
- * Lettuce - Buttercrunch
- * Beet - Detroit Supreme
- * Pea - Homesteader
- * Pepper - California Wonder
- * Cucumber - Marketmore 76
- * Carrot - Scarlet Nantes
- * Zucchini - Black Beauty
- * **PLANTING CHART AND GROWING TIPS!**

* All seeds are specifically chosen for a northern climate and short season, seeds are untreated and non-GMO



Call Stella 705-753-3312 or email: stellas@nfn.ca to sign up for your Seed Kit!

Provided by: The Community Nutrition Program

SENIOR'S MOVIES

For Age

60+



Only one movie showing per date

Movie Titles will be announced



Free Admission
& Choice of
Combo

Small Combo: small popcorn, small drink
Regular Combo: Regular popcorn, regular drink
Regular Combo + Reg popcorn & drink, Candy bag
Large Combo + Popcorn, Pop, & Candy bag

1:30 PM – 4:30 PM

Call Lori-Anne 705-753-3312 ext 2266
to register for movie and Transportation



Gaawiin Nchke Gda'aasii.
You are not alone.

CITIZENS OF AN ANISHINABEK NATION FIRST NATION CAN ACCESS FREE, ADDITIONAL MENTAL WELLNESS SUPPORT THROUGH...

Community Assistance Program

24/7, non- crisis support with relationship concerns, anxiety, depression, addictions, grief, or coping with health issues.

Dial 1-800-663-1142, press 1 for English and 2 to access services

Trauma and Crisis Support

For those affected by the Indian Residential School system.

24/7, trauma and crisis support, one-on-one and group counselling is available via telephone and video. Indigenous counsellors are available upon request.

Dial 1-800-663-1142, press 1 for English and 1 for crisis

Book an appointment online, no phone line

Crisis and non-crisis counselling appointments can be booked online, no need to phone the support line.

one-on-one and group counselling is available via telephone and video. Indigenous counsellors are available upon request.

To use the online counselling request form, go to:

<https://voxco.homewoodhealth.com/SE/1/ResidentialSchoolSupport/>

In partnership with:



PENSIONS + BENEFITS
an advisory & brokerage firm



We wish to acknowledge the support of the Province of Ontario for this project.

COVID-19 vaccine walk-in clinics available



NFN Health Services is hosting walk-in clinics for 4th doses for eligible individuals who received their initial booster (3rd dose) at least 140 days ago (approx. 5 months). First Nations, Inuit and Métis people and their non-Indigenous household members aged 18 and over are eligible for a 2nd booster.

Walk-in clinics will be held from 2pm - 6pm on the following dates:

- Monday, May 2nd - Duchesnay Community Hall
- Wednesday, May 4th - Lawrence Commanda Health Centre
- Wednesday, May 11th - Lawrence Commanda Health Centre
- Wednesday, May 18th - Lawrence Commanda Health Centre

These walk-in clinics will also have 1st, 2nd and 3rd doses available for youth and adults.

Bring your health card to the walk-in clinic. Pre-registration is not required.

If you require a home visit, are seeking a vaccine for children ages 5 to 11 years or have questions about COVID-19 vaccines, contact NFN Health Services at (705) 753-3312.

Request for Proposals - Supportive Care COVID-19 Response Initiative

Nipissing First Nation is providing this Request for Proposals (RFP) for a Registered Nurse Consultant to implement a Supportive Care COVID-19 Response Initiative (SCI). The SCI attends to the more immediate needs of Nipissing First Nation (NFN) to identify priorities and revise COVID-19 response plans in relation to the continuum of services for the NFN Home and Community Care Program.

NFN acknowledges the unique cultural values, language, priorities and needs of its members and workforce and desires the project will be grounded within a First Nation lens.

SCOPE

Nipissing First Nation recognizes many people, including members and employees, have been greatly impacted by the pandemic and continue to face challenges. Therefore, NFN has a desire to conduct an assessment of our existing and proposed Home and Community Care facilities.

The SCI will encompass the overarching areas of responsibility that include standards of care, quality improvement, infection prevention and control, and community development.

To inform the project, it is expected that the Consultant will include an assessment of existing and proposed Home and Community Care facilities, identification of community pandemic-informed needs and establishment of priorities using the following themes:

- The HCC client and family or caregiver experience.
- The care facility context for the Seniors Complex and proposed Assisted Living facilities; and
- The broader community context.

Recognizing the principles of OCAP, all data and findings gathered through the process will become the sole ownership of Nipissing First Nation.

For more information about the RFP requirements, please visit: nfn.ca/supportive-care-rfp

Submissions Due: May 15, 2022 at 12:00 p.m. with expected completion of project scope by February 2023.

COVID-19 Miigwech Program

**Nipissing First Nation
Band Members,
Household Members,
& Employees.**

This program is an acknowledgment to those who have rolled up their sleeves on two or more occasions for a COVID-19 vaccine.

**MUST HAVE AT LEAST TWO COVID-19
VACCINE DOSES
BY APRIL 30, 2022 TO BE ELIGIBLE**

Eligibility

- NFN members residing in Ontario with at least two doses of a COVID-19 vaccine by April 30, 2022
- NFN household members residing in Ontario with at least two doses of a COVID-19 vaccine by April 30, 2022
- NFN employees (non-NFN member and non-NFN household member) with at least two doses of a COVID-19 vaccine by April 30, 2022
- Proof of vaccination provided by signing this form to provide consent for NFNHS to access your vaccination status in CoVax ON or Mustimuhw cEMR
- Records must show NFN household member address is the same as NFN member at the time of vaccination
- NFN households to complete one form for all household members 17 years of age and under
- NFN members 18 years of age and over may submit their own form if not included in an NFN household submission

How it Works

TWO DOSES:

- NFN members will receive a \$50 gift card;
- NFN Household members and employees will receive a \$25 gift card.

THREE DOSES:

- NFN members will receive a \$100 gift card;
- NFN Household members and employees will receive a \$50 gift card.

How to Apply

[Download the fillable PDF application form](#)
by clicking the link above or visiting:
nfn.ca/covid-miigwech

Submit the completed form to NFN Health Services to lisab@nfn.ca, mail or drop off to 58 Semo Road, Garden Village ON P2B 3K2.

**Please complete and submit forms by May 31, 2022.
Gift cards will be issued after June 15, 2022.**

COVID-19 Self Isolation Guide

If you **have symptoms or tested positive** for COVID-19, and are **fully immunized and/or under the age of 12**, you must self-isolate for **five days**. The calendar below is an example to help you understand when you can leave self-isolation.

✗ Symptom Onset or Positive Test Result (if no symptoms)
ISOLATE

✗ **ISOLATE**

✓ Leave isolation

Before leaving isolation, you must be **fever-free** (without the use of medication) and symptoms must be improving for 24 hours (48 hours for nausea, vomiting and/or diarrhea).

For 10 days after symptom onset (or 20 days for immunocompromised individuals): **wear a face covering in all public settings**. Do not visit or work in any highest risk setting, and do not visit vulnerable individuals.

M	T	W	T	F	S	S
	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

If you **have symptoms or tested positive** for COVID-19, and are **not fully immunized and aged 12 years and older or immunocompromised**, you must self-isolate for **10 days**. The calendar below is an example to help you understand when you can leave self-isolation.

✗ Symptom Onset or Positive Test Result (if no symptoms)
ISOLATE

✗ **ISOLATE**

✓ Leave isolation

Before leaving isolation, you must be **fever-free** (without the use of medication) and symptoms must be improving for 24 hours (48 hours for nausea, vomiting and/or diarrhea).

M	T	W	T	F	S	S
	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

All of your household members must self-isolate while you are self-isolating, unless they are **symptom-free AND:**

- **Previously tested positive for COVID-19 in the past 90 days** (based on positive rapid antigen test or molecular test results), or
- **18+ and boosted, or**
- **Under 18 and fully vaccinated**

For 10 days after exposure, all household members should:

- Self-monitor for symptoms
- Wear a mask and avoid activities where mask removal would be necessary
- Not visit anyone who is at higher risk of illness (such as seniors), or any highest risk settings (unless you previously tested positive in past 90 days)

Sample isolation requirements for household members *

* The following scenario refers to individuals who are **fully immunized and/or under the age of 12**.

Length of isolation may vary based on the age and vaccination status of each symptomatic/ positive person.

Day	0	1	2	3	4	5	6	7	8	9	10
Individual A	✗	✗	✗	✗	✗	✗	✓ Can return to school or work				
Individual B	I	I	I	✗	✗	✗	✗	✗	✗	✓ Can return	
Individual C	I	I	I	I	I	I	I	I	I	! May return	

For 10 days after symptom onset (or 20 days for immunocompromised individuals): wear a face covering in all public settings. Do not visit or work in any highest risk setting, and do not visit vulnerable individuals.

✗ Individual has symptoms or has tested positive (molecular test or RAT) for COVID-19. Symptom onset or date of positive result (✗) is Day "0." **Isolate and do not go to school, childcare and/or work.**

✓ Individual can come out of isolation **if** they are fever free (without the use of medication) and symptoms have been improving for 24 hours (48 hours for nausea, vomiting and/or diarrhea).

I Individual must **isolate while other household members are isolating**, regardless of household members' symptoms.

! Once the last positive/symptomatic person in the household completes their isolation, an individual may come out of isolation **if** they **do not** have symptoms. They should **self-monitor for symptoms for 10 days**.

COVID-19 Antiviral Treatment

An antiviral is a drug that targets specific viruses and blocks receptors so that viruses can't bind to or enter healthy cells (infect and multiply). The medication can ease symptoms and shorten the length of a viral infection by boosting your immune system to help the body fight off the virus. Antiviral medications are available for free by prescription to people with COVID-19 who are at higher risk of progressing to severe disease requiring hospitalization.

You may be at higher risk if you are:

- Over 18 years old and immunocompromised
- Over 70 years old
- Over 60 years older with fewer than three vaccine doses
- Over 18 years old with fewer than three doses and at least one of the following risk conditions:
 - Obesity
 - Diabetes
 - Heart disease, Hypertension, Congestive Heart Failure
 - Chronic Respiratory Disease (including Cystic Fibrosis)
 - Cerebral Palsy
 - Intellectual or Developmental Disabilities
 - Sickle Cell Disease
 - Moderate or severe kidney disease
 - Moderate or severe liver disease
 - Pregnant or unvaccinated (zero doses)

To determine whether you are at higher risk of severe COVID-19 and may benefit from these treatments, use this screener: [COVID-19 Antiviral Tool \(ontario.ca\)](https://www.ontario.ca/covid-19-antiviral-tool) and for more information, visit: [COVID-19 antiviral treatment](https://www.ontario.ca/covid-19-antiviral-treatment).

Treatment must be started within five to seven days of when your symptoms began

How to Get Treatment:

- If you have symptoms (even if mild) and are at higher risk of severe COVID-19, seek testing and care **immediately** by either:
 - ◇ Booking an appointment at a clinical assessment center (West Nipissing General Hospital: 705-753-3110 ext. 357, North Bay Regional Health Center: 705-474-8600 ext. 4110, Marshall Park Pharmacy: 705-478-8079)
 - ◇ Contacting your primary care provider
- Use a rapid antigen test if you have one. **Rapid tests are still available to pick up from the NFN Health Centre.** However, as rapid antigen tests may be negative in the early stage of infection, seek PCR testing and assessment immediately if the test is negative or if you don't have a rapid antigen test.
- If you are not able to visit a clinical assessment center, you can get a Rapid Molecular test done at the NFN Health Centre. You will also need an assessment from a health care provider to get treatment. Some testing centers may be able connect you to a health care provider.
- If you don't have symptoms but are higher risk, you can talk to your healthcare provider about getting pre-assessed for treatment before you get sick with COVID-19.

Call Telehealth Ontario at [1-866-797-0000](tel:1-866-797-0000) if you require more information or assistance.

Local pharmacies that can fill your COVID-19 antiviral prescription:

Sturgeon Falls Loblaw Pharmacy - 12035 Highway 17
North Bay Loblaw Pharmacy - 1 Laurentian Avenue
North Bay Rexall - 1205 Fisher Street

North Bay Shoppers - 276 Lakeshore Drive
North Bay Shoppers - 66 Josephine Street
North Bay Shoppers - 2025 Cassells Street

DID YOU KNOW?



**Kids
Socials**



The NCW program will be
starting in person
programming in May

Drive in Movies

Leafs &
Pizza

Family Fire Nights

Teen Nights

for more info contact Katie
Email: katiel@nfn.ca



Stanley Cup Playoffs!

AGES 13 to 24

LEAFS & PIZZA

Transportation available

Dates will be determined
please watch out on our Facebook
page [NFN Child Welfare Program](#)

For more information or to sign up,
contact katiel@nfn.ca

Open to NFN members & affiliates



**However you're
feeling, you're
not alone.**



Young people text TALK to 686868



Adults text WELLNESS to 741741

Kids Help Phone

VOLUNTEER OPPORTUNITY



Children's Aid Society
La Société d'aide à l'enfance
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Volunteers needed for BIG STEPS to SUCCESS NEW Indigenous Mentoring Program

Make a difference for a child by becoming a Mentor!
Improve educational outcomes for children in your community!
Celebrate Indigenous cultural heritage!



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For more information call (705)-474-3041 ext 5 or
visit <https://northbay.bigbrothersbigsisters.ca/volunteer/>

WAABGOWANII GIIZIS

"Flower Moon"

Full Moon Ceremony

MONDAY MAY 16TH

7:30PM @ G.V LODGE

For more Details
Email Bradyp@nfn.ca



lunch is provided

Ages 12 and Up

BEADING SOCIAL

SUNDAY, MAY 22 FROM 11:00-3:00PM

@ BAND OFFICE BOARD ROOM



Come learn how to make earrings with a teacher
or be encouraged to bring personal projects
Earring kits will be available.

Email Bradypenfn.ca to Register



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learn our
language**

PRIZES!!!!

**Beginner Classes
Tuesdays 6pm - 8pm**



Click here!

Novice Classes

**Wednesdays
6pm - 8pm**



Nishnaabemwin Word Search

M	D	A	N	E	A	I	T	N	G	B	Z	E	M	G
P	M	L	K	Y	C	M	Y	I	V	E	V	K	W	I
F	X	C	O	B	I	K	T	T	S	B	A	Q	I	I
O	O	Z	A	A	D	A	O	E	Z	D	B	C	I	Z
G	U	S	U	O	A	I	G	S	E	K	G	S	N	H
G	A	L	H	N	I	A	D	W	J	R	G	X	S	I
A	N	A	I	A	A	O	I	W	T	B	E	I	I	G
D	B	N	G	N	W	I	T	M	C	V	N	V	G	N
N	X	I	D	A	G	E	H	Z	I	M	G	I	T	M
A	O	A	I	W	A	X	M	I	K	N	E	C	W	Q
A	G	A	A	N	P	W	X	I	K	I	C	J	K	N
N	W	A	A	U	G	R	A	T	S	W	M	O	M	Y
I	S	Q	Q	P	I	P	V	N	N	H	Q	B	L	F
N	G	V	S	K	M	E	E	G	S	V	Q	C	Y	P
K	A	A	W	G	N	I	H	Z	B	H	W	R	F	S

Kidwinan (Words)

Gaagaawansh (Hemlock)

Giizhig (Cedar)

Mkadewiigwaas (Black Birch)

Mtigmizh (Red Oak)

Nib (Elm)

Ninaandag (Balsam)

Ninaatig (Maple)

Oozaad (Poplar)

Shawemish (Beech)

Wiinsig (Yellow Birch)

Zesegaandag (Black Spruce)

Zhingwaak (Pine)

**** With Gratitude to our Fluent Speakers****

Nbisiing Nishnaabeg Gaabinaadziwaad Gamig – NFN Culture Centre



ANISHINABEK NATION LIFETIME ACHIEVEMENT AWARD

We all know individuals who have helped improve the quality of life in our Anishinabek First Nations through work, volunteerism, activism, leadership, etc. Now is your chance to bring well deserved recognition to these individuals.

Nominations for the [2022 Anishinabek Lifetime Achievement Awards](#) are open now! Click [HERE](#) for nomination information. Submission deadline: Tuesday, May 31, 2022.

Individuals can be nominated in one of several categories:

- Arts
- Business
- Culture
- Education
- Environment
- Health
- Law/Justice
- Political Leadership
- Public Service
- Communications
- Sports
- Trades & Technology

George Lanouette Memorial Award

One Award is presented per year to an individual who has gone above and beyond in First Nation community development initiatives.



Eligibility and application information can be found at an7gc.ca/evening-of-excellence.

2022 Secondary and Post-Secondary Scholarship Opportunities

A reminder that over \$15,000 of scholarships are available to Anishinabek Secondary and Post-Secondary students. See [page 12](#) or [click here](#) for details. **Deadline to apply: May 31, 2022**

in the Spotlight

Christian Allaire Rocks 'Canada Reads'

Congratulations Christian on a job very well done in championing Michelle Good's *Five Little Indians* as the book that best fit this year's Canada Reads theme of "One Book to Connect Us".

Five Little Indians is a story about five survivors of Canada's residential school system who are struggling to heal from their trauma and rebuild their lives as adults.

"Being a citizen of this country, we have a duty to do these reparations, even if you didn't have a hand in it. I know a lot of people don't want to assume the guilt. It's not about that. It's about us coming together as a country to acknowledge this happened and helping us move forward altogether," Allaire said during the finale...

I think a lot of Canadians struggle with reconciliation. They need something to do about it. You can read this book and the best thing you can do is just understand. That's an easy first step we can all take."



CBC Indigenous @CBCIndigenous
Ojibway fashion journalist Christian Allaire knew he wanted to champion a contemporary Indigenous voice on Canada Reads 2022. A writer and author himself, Allaire thinks Michelle Good's *Five Little Indians* is the book that all Canadians can connect with.
cbc.ca/books/canadareads...

Read the full CBC article here: cbc.ca/books/canadareads/christian-allaire-championing-five-little-indians-by-michelle-good-wins-canada-reads-2022-1.6403622



YOU ARE NOT ALONE - GAAWIIN NCHKE GDA'AASII

INDIAN RESIDENTIAL SCHOOL SURVIVORS AND FAMILY HOTLINE:
1-866-925-4419

CRISIS SERVICES CANADA: 1-833-456-4566 OR TEXT 45645

FIRST NATIONS AND INUIT HOPE FOR WELLNESS HELP LINE:
1-855-242-3310

NATIVE YOUTH CRISIS HOTLINE: 1-877-209-1266 -ONTARIO

TALK 4 HEALING: 1-855-554-HEAL (4325) (INDIGENOUS WOMEN SPECIFIC)

MENTAL HEALTH HELPLINE: 1-866-531-2600

CULTURE FOR LIFE: (ONLINE) WWW.CULTUREFORLIFE.CA

FIRST NATIONS HEALTH AUTHORITY: [HTTPS://WWW.FNHA.CA/WEILLNESS](https://WWW.FNHA.CA/WEILLNESS)

NAN HOPE: 1-844-NAN-HOPE (626-4673)

MMIWG CRISIS LINE: 1-844-413-6649



EVERY CHILD MATTERS
ENSA BEBEZHIG GCHI-PIITENDAAGOZI BINOJJIINH

Sudbury Police Welcome George Couchie as 'Shkaabewis' (Helper)

George Couchie, a retired OPP officer and member of Nipissing First Nation, was recently highlighted for taking on the title of 'Shkaabewis' (helper) as he looks to share his lived experience with others at the Greater Sudbury Police Service who might be struggling.

"For me, this is about healing within our communities," said Couchie, who has been doing a lot of work with the police service in the last few years, teaching the history, culture and effects of residential schools.

He was welcomed on April 7th with a pipe ceremony and given a ribbon shirt made especially for the city's police. On April 8th, the Greater Sudbury Police Service posted the following message to their Facebook page:

Welcome George Couchie to the GSPS Spiritual Team

Our volunteer Spiritual Team is comprised of religious, pastoral and spiritual leaders in our community. The purpose of our Spiritual Team is to provide multid denominational services to our Members and their family members and to also participate in community events.

Members of our Spiritual Team are available to assist in critical incident stress debriefing; counselling our members in response to stress or family crisis; visiting with sick or injured members at their home or in the hospital; and advising the Chief in all matters of a religious nature involving the Police Service and the performance of police duties in the community.

We are very honoured to welcome George Couchie as the newest Member of our GSPS Spiritual Team.

George has over 33 years of policing experience, including 12 years designing and delivering award-winning Indigenous awareness training programs and initiatives to youth, government employees, teachers and officers and has provided our Members with invaluable training over the years.

A gifted communicator, George speaks from the heart and uses personal stories and humour to broach difficult issues. George has been honoured with many awards for his commitment to educating adults and working with youth.

Traditionally, members of the Spiritual Team have used the title "Chaplain". As George is a proud member of Nipissing First Nation and references culture and traditional teaching in delivering his training programs, he will be using the title "Shkaabewis", meaning "Helper".

As a part of our welcome, we gifted George with a ribbon shirt, hand-made by one of our Civilian Members, Robin Wemigwans.

Chi-Miigwech George for officially joining our GSPS family and in such an important capacity.



Read the full story: northernontario.ctvnews.ca/sudbury-police-add-indigenous-leader-to-its-spiritual-team-1.5853319?



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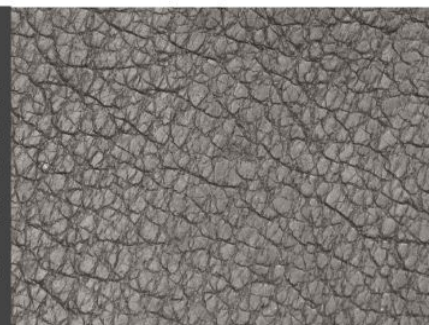
132 Osprey Miikaan



CRAFT
SUPPLIES



GIFTS
& MORE




COMMUNITY EVENTS CALENDAR



May 2022

Waabgowani Giizis (Flowering Moon)

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Deadline: Seniors' Meal Packages (Ready May 11) Walk-In Vaccines 2-6pm @ DV Hall	3 Nishnaabemwin Beginner Class @ 6pm every Tues Council Meeting @ 7:30pm via Zoom	4  Nishnaabemwin Novice Class @ 6pm every Wed Walk-In Vaccines 2-6pm @ LCHC	5 Goods Exchange Place reusable items at curb 	6 Goods Exchange Place reusable items at curb Chief McLeod @ Duchesnay Hall Every Friday (schedule permitting)	7
8	9 Seniors' Movies 1:30pm - 4:30pm @ Cineplex Cinemas	10  JOB FAIR 3pm - 7pm @ Duchesnay Hall Dinner Provided RSVP: 471-1545	11 Spring Cleanup GV, VLA & Mosquito Creek Walk-In Vaccines 2-6pm @ LCHC Seniors' Meals Ready	12 Spring Cleanup Jocko & Beaucage 	13 Spring Cleanup Yellek, Art's Lane & Duchesnay Chief McLeod @ Duchesnay Hall	14
15 DEADLINE Post-Sec Funding Applications HCC Supportive Care RFPs Due	16 Seniors' Movies 1:30pm - 4:30pm @ Cineplex Cinemas Full Moon Ceremony @ 7:30pm GV Lodge	17 Council Meeting @ 7:30pm in GV (in person)	18  Walk-In Vaccines 2-6pm @ LCHC	19  Elections Ontario Advance Poll 9am-9pm in GV Daily until May 25	20  Elections Ontario Deadline: Seniors' Meal Packages (Ready June 1) Last Order! Diners' Club Resumes June 8! Chief McLeod @ Duchesnay Hall	21  Elections Ontario End of Spring Moratorium
22  Elections Ontario Beading Social 11am-3pm @ NFN Boardroom	23  Elections Ontario  Victoria Day Have a safe weekend!	24  Elections Ontario Advance Poll 9am-9pm in GV	25  Elections Ontario Advance Poll 9am-9pm in GV Last Poll until Election Day on June 2 nd	26	27  Grand Opening @ 11am – Bineshii Chief McLeod @ Duchesnay Hall	28
29	30 HEALTH FAIR 3pm - 6pm <i>Save the Date!</i>	31 Seniors' Movies 1:30pm - 4:30pm @ Cineplex DEADLINE AES Awards & COVID Miigwech	Upcoming Events National Indigenous Peoples Day Tuesday, June 21 st Warriors Ball Tournament August 19 th – 21 st			



Contact Us

36 Semo Road
Garden Village ON P2B 3K2
www.nfn.ca

TEL: (705) 753-2050
FAX: (705) 753-0207
EMAIL: genc@nfn.ca

Connect with Us!



@NipissingFN



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www.nfn.ca