

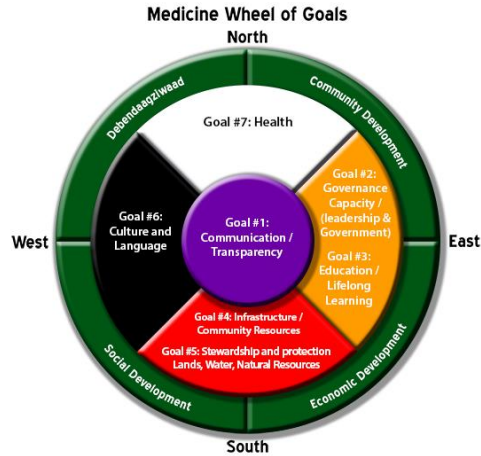
# HEALTH SERVICES STRATEGIC PLAN OVERVIEW

NFN Annual General Meeting

November 20, 2021

Kimberly Lalonde, Director of Health Services





## Today's Objective:

Highlight some current work in Health Services and provide a glimpse of upcoming initiatives situated within Goal #7 - "Health and Well-Being".



# SOME THINGS WE'RE WORKING ON...

## Children's Services

- Licensed child care for children aged 6 – 12 for after school care, PA Days & summer break
- Tier one for child care licensing
- Re-branding child care centres
- Add Jordan's Principle Navigator position

## Mental Wellness

- Outreach Program Implementation
- Formalize justice supports
- WMP CCG, THP, client transportation
- Functional planning for The Right Path building
- Continued harm reduction approaches

## Home & Community Care

- Assisted Living Facility
- ITF – new position
- Assess retention strategy for PSW's and HM's
- Update of HCC policy and procedures
- New software/devices for schedules & client charting

## Healthy Living

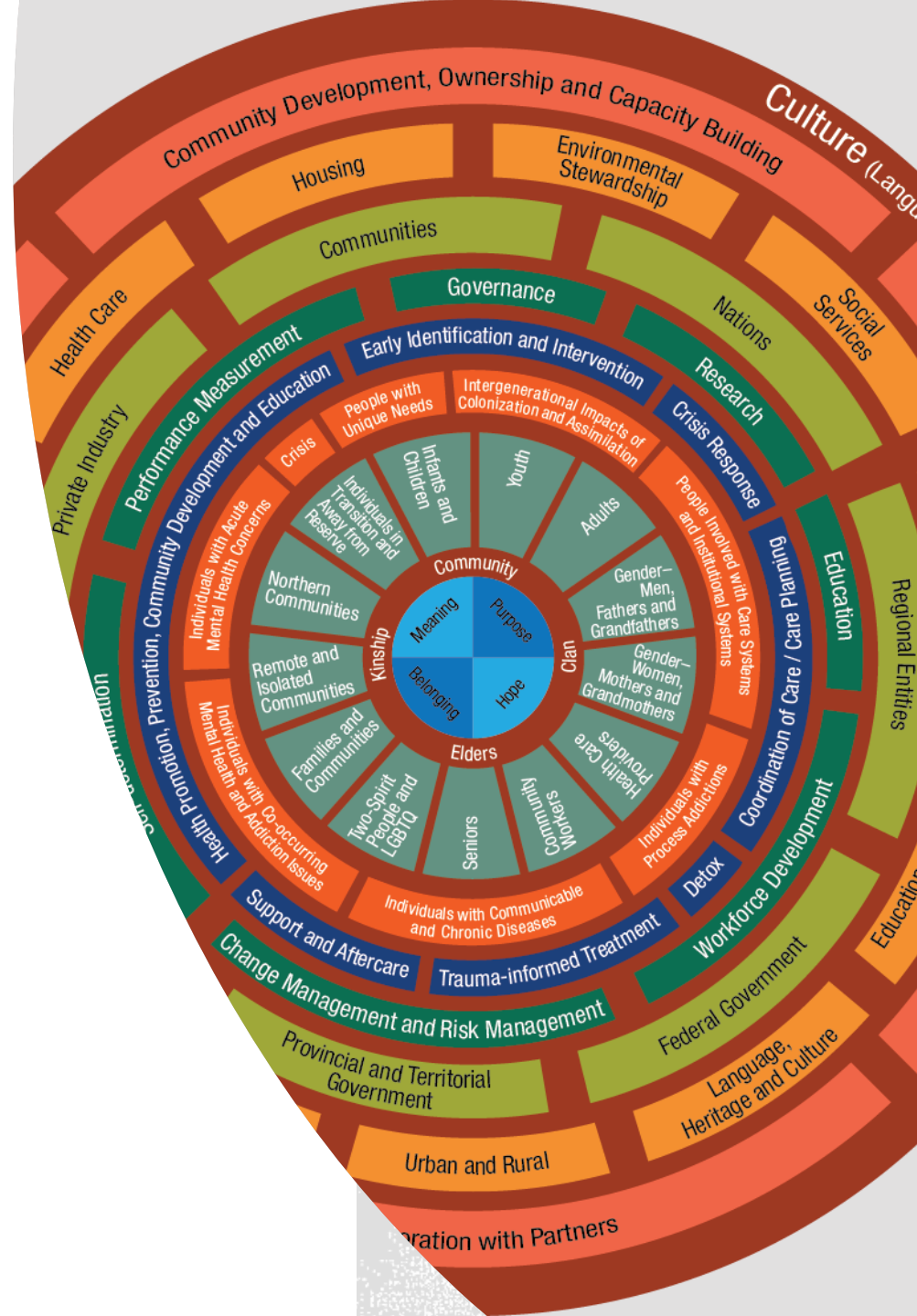
- New fitness centre building
- Install outdoor fitness equipment at three NFN playgrounds
- Update pandemic plan
- Increased coordination of health promotion and prevention work
- Making COVID-19 Go Away!



# ADDRESS WELLNESS CHALLENGES WITH A FOCUS ON SOCIAL DETERMINANTS OF HEALTH ACROSS THE LIFESPAN

## Implement the First Nation Mental Wellness Continuum Framework (Guide)

- ❖ HOPE
- ❖ MEANING
- ❖ PURPOSE
- ❖ BELONGING



# ADDRESS WELLNESS CHALLENGES WITH A FOCUS ON SOCIAL DETERMINANTS OF HEALTH ACROSS THE LIFESPAN

## **Wiidooktaadyang – We are helping one another**

- Now an established service integration program
- No wrong door approach wrapping services around a person
- Current work highlights need for more instrumental and practical supports for clients

## **Outreach Program Implementation**

- Outreach workers in the community
- Engaging, building trusting relationships and connecting people with services and supports
- Offer practical supports



# APPROVE AND IMPLEMENT A CONTINUUM OF CARE FOR ELDERS TO LINK WITH HOUSING STRATEGY

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Operating home-based assisted living services for 10 clients since 2014

Proposing facility-based services with on-site 24-hour care for up to 20 clients



# PROVIDE A POSITIVE OUTLOOK FOR NFN YOUTH

- Grounded in an overarching youth strategy
- Emphasize youth engagement and contribution
- Design sustainable program focused on belonging and connection
  - Improve connection to culture and land
  - Connect with peers and other youth
  - Connect with youth appropriate services
- Leadership, mentorship, building life skills, education and employment
- Create safe spaces within community



# EXPAND AND PROMOTE CONSISTENCY IN NFN CHILDCARE SERVICES

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Under the Goal #3 for Education and Lifelong Learning

Improve stability of the integrated after-school and summer children's programs

Licensed after-school childcare program for ages 6 to 12 years

- Child Care and Early Years Act 2014







## Acknowledge and address social and wellness impacts:

- Loneliness
- Isolation
- Decreased mental wellness and quality of life

## Evaluate our pandemic response

- Update pandemic and business continuity plans



Examine what exists today



Invite input, community, staff input, partners, leadership



Collectively create a vision for health and wellness



Incorporate into our plan and include what we know works

FNMWC model  
Wiidooktaayang  
Philosophy & Model  
Culture and  
Language

## ADDRESS WELLNESS CHALLENGES WITH A FOCUS ON SOCIAL DETERMINANTS OF HEALTH ACROSS THE LIFESPAN

Develop a wellness strategy that encompasses current context of NFN social and wellness programs/ services including integration of language and culture.

