



December 2021
& January 2022

ENKAMGAK

DOUBLE ISSUE

Translation from Nishnaabemwin: "The Happenings" or "What is Going on?"

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Council Meetings

December 7 & 21
January 4 & 18
@ 7:30 p.m. via Zoom

To attend livestreamed Council meetings, please register *in advance* with Kim Salvaneschi at 705-753-2050 or by email to kims@nfn.ca.

Reopening our Offices to the Public

NFN Offices will be Open Two Days per Week Starting December 7th

Nipissing First Nation's COVID-19 Exit Plan is contingent on the province's capacity to proceed with their [Plan to Safely Reopen Ontario and Manage COVID-19 for the Long-Term](#) as scheduled.

Ontario's plan outlines a gradual approach to lifting remaining public health and workplace safety measures by March 2022. It will be guided by the ongoing assessment of key public health and health care indicators and supported by local or regional tailored responses to COVID-19.

On November 15th, the province announced they are pausing the lifting of capacity limits in remaining higher-risk settings out of an abundance of caution as the province monitors public health trends. The government and the Chief Medical Officer of Health will continue to monitor the data for the next 28 days to determine when it is safe to lift capacity limits in these settings.

Our NFN Crisis Control Group (CCG) previously identified **four thresholds** that need to be met for NFN to enter our own COVID-19 Exit Plan and begin the process of reopening our offices to the public. These thresholds are:

- ✓ Ontario progressing beyond Step 3 of the Roadmap to Reopen;
- ✓ NFN's vaccination rate for individuals eligible to receive a vaccine at NFN meeting the provincial standard (80% with 1st dose and 25% with 2nd dose). NFN rates are 97.77% for 1st dose and 88.39% with 2nd dose;
- ✓ NFN's vaccination rate for staff meeting the provincial standard (91% of NFN employees have disclosed and provided proof of full vaccination status); and
- ✓ NFN vaccines being available for children (5 to 11 years).



Based on these thresholds being met, NFN offices will reopen to the public on **TUESDAYS & THURSDAYS** starting Tuesday, December 7th.

Plans are subject to change due to circumstances surrounding COVID-19.

PLEASE NOTE: Active screening will be in place at entrances and all visitors must wear a face covering and sanitize their hands upon entry. All members and visitors to NFN offices must show proof of having received two doses of a COVID-19 vaccine unless seeking health care at the LCHC. A visitor log will be in effect to collect names, phone numbers, the date, time and location of visits for contact tracing purposes.

Please also note that Community Space Rentals (gym, hall, meeting rooms, ODR) won't be open until February 1, 2022 to ensure staff availability to conduct active screening and monitor for proof of vaccination at events. We are currently finalizing the COVID-19 protocols that will be appended to booking contracts for these spaces.



All NFN offices and daycares will be **CLOSED** from December 22, 2021 to January 4, 2022 for Christmas Break. Please see [page 2](#) for details & emergency contacts.

Annual General Meeting 2021

Where to Find the Recording & Presentations

We hosted our first virtual Mkweshkodaadang Nji-Wiidooktaadyang (annual general meeting) on Saturday, November 20th. Miigwech to everyone who joined us to hear updates from our leadership and department directors/managers on objectives and actions around the seven goal areas that guide our work through our governance strategic plan.



The Strategic Plan we reviewed was created in 2008 based on priorities identified by our Debendaagziwaad and it continues to be updated every year to reflect what we've accomplished and to prioritize new goals and objectives for the upcoming fiscal year.

The annual general meeting highlighted the progress we've made in collaboration with, and for the benefit of, our Debendaagziwaad since our strategic plan was first implemented.

If you missed the meeting or would like to refer back to a particular section, you can access the recording of the meeting, department presentations and a summary of the Q&A session on our website: nfn.ca/AGM-2021

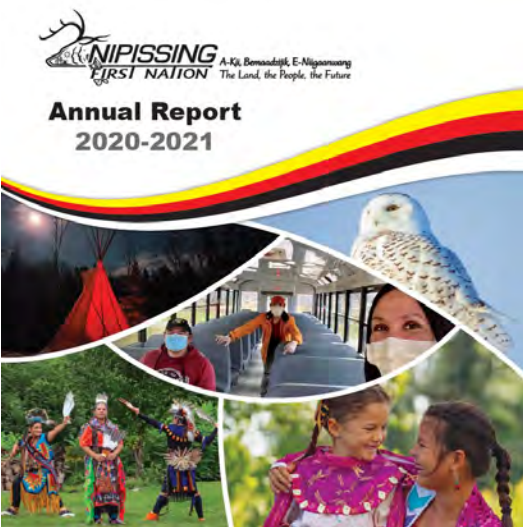
Please note that presentations about NFN's 2013 Boundary Claim Trust are password protected. You can request the password by contacting Melissa Penasse at 705-753-2050 ext. 1265 or email melissap@nfn.ca.

Annual Report 2020-2021

Now Available Online & in Print

Our annual report has been posted to the [Publications & Reports](#) section of our website (under the News & Reports menu on nfn.ca). Anyone who would like to receive a hard copy of the report is asked to contact Gen Couchie at 705-753-2050 ext. 1243 or genc@nfn.ca to request one.

The annual report includes our audited consolidated financial statements, which are also available on our website: nfn.ca/finance/audits and can be mailed by request.



If you have any questions about our annual financial audit, or to request a copy by mail, please contact Tammy Saulis, Chief Financial Officer, at 705-753-2050 ext. 1281 or tammys@nfn.ca.

This year's report includes an audit of COVID-19 funding NFN received from various agencies, and how it was allocated to support various community initiatives, including the Food Security Program that ran for 12 weeks when the lockdown hit in 2020. Other areas of our pandemic response are covered in the various department updates.

Christmas Break Closure

NFN offices closed for two weeks

Chief and Council approved the Christmas Break closure starting on Wed., December 22nd to Tuesday, January 4th.

All NFN offices will be closed during this time, with staff returning on Wednesday, January 5th.

EMERGENCY ACCESS DATES - FOOD BANK & SOCIAL SERVICES

The Food Bank, Finance and Ontario Works will be open **Tuesday, December 28th from 9am until noon.** In January, the Food Bank will be open on **January 5th & 19th (1st & 3rd Wednesday of each month).**



PUBLIC WORKS ESSENTIAL SERVICES & EMERGENCY CONTACTS

Essential services provided by Public Works continue throughout the holidays, including garbage/recycling pick-up, road maintenance and seniors' snow plowing.

In case of emergency, please contact: Steve Doucette, Public Works Manager at 705-840-3626 or Patrick Stevens, Director of Community Infrastructure, at 705-498-2519.

Committees 2021-2024

Culture & Language:
Supports the implementation of NFN's culture & language strategic plan goals, including providing input on the design of community-based culture & language programming.

Economic Development:
Reviews and develops the Economic Development strategic plan and provides input on policies and initiatives.

Education - FULL COMMITTEE

Housing & Planning:
Addresses community policy and/or advocacy matters and provides input into housing needs and projects on NFN.

Lands & Bylaw:
Addressees policy and/or advocacy matters about the occupation and use of NFN lands for fair and sustainable development.

Natural Resources:
Addresses policy and/or advocacy on natural resources management or conservation matters.

Nishnaabemwin Translation: Translates documents into Nbisung dialect and supports NFN teachers & staff.

Pow Wow: Assists with planning and executing our annual pow wow.

Social & Wellness - FULL COMMITTEE



Council Connection

Keeping Our Community Informed about Key Issues

Call Out for Committee Members

Application Deadline Extended to December 20th



Council is seeking NFN Debendaagziwaad to serve on advisory committees for a period of three years commencing in December 2021 to May 2024.

Members must be 18 years of age or older to participate on advisory committees. Meetings are held once per month; committee members will be paid an honourarium of \$100.00 for the meetings they attend.

Note: Applicants will be permitted to participate on a maximum of two committees. Committees will be comprised of youth, Elders and citizens at large, and each committee will have a maximum of seven members.

How to Apply

If you are interested in joining a committee that is still seeking members (listed on the left side of this page), please complete the **Advisory Committee Application form** and submit it no later than **Monday, December 20, 2021 at 4:30 p.m.** to:

Freda Martel, Director of Administration
Nipissing First Nation
36 Semo Road, Garden Village, ON P2B 3K2
By email to fredam@nfn.ca
By fax to 705-753-0207

The application and full committee descriptions are available on our website nfn.ca/committees and can be mailed or emailed to you by calling 705-753-2050 or by emailing genc@nfn.ca.

Please ensure you complete all information on the application and indicate which committee(s) you are applying for.

Committee members will be appointed in January 2022.

Your participation on NFN committees is important!

Committee feedback and recommendations help inform decision-making processes and assist Chief and Council with meeting NFN's Governance Strategic Plan goals.



ADVISORY COMMITTEES
SEEKING MEMBERS

3 Year Term
Ending May 2024

Apply by December 20th
nfn.ca/committees

COMMITTEES INCLUDE:
Culture & Language
Economic Development
Education - FULL
Housing & Planning
Lands & Bylaw
Natural Resources
Nishnaabemwin Translation
Annual Pow Wow
Social & Wellness - FULL

Nbisiing Power - A New Partnership

We shared an exciting announcement about a new joint venture partnership at the end of our annual general meeting. Nbisiing Power will be an electrical power equipment reseller and distributor, created through a limited partnership with Composite Power Group (CPG) and majority owned by Nipissing First Nation (NFN).

Over the past eight months, NFN and CPG have been working to build a relationship that will support a successful and lasting partnership that is guided by the vision, mission and values that both partners bring. We are confident that we have found partners that are respectful of our values as a First Nation, that have a strong reputation and industry knowledge, the ability to execute, and a track record of success.

It's worth noting that one of our members, Christine Goulais, has played a lead consulting role and helped to facilitate the creation of this partnership. Once Nbisiing Power is operational, we aim to recruit one of our NFN members to lead the partnership as its CEO and recruit additional members in sales positions.

Out of the gate, Nbisiing Power's will focus on pursuing Indigenous procurement opportunities with utility companies here in Ontario. We plan to branch out to other key customers across Canada as we grow the sustainability of the business.

This new partnership ultimately provides us with opportunities to diversify our local economy here in NFN and build capacity in a relatively new industry where there are opportunities for Indigenous Procurement that aren't currently being realized.

Chi-Miigwech to our team for their hard work to make this new partnership a reality. We look forward to working with our new partners to maximize this opportunity and deliver benefits for our community through employment and revenue generation.

We will keep the community updated on opportunities with Nbisiing Power as they become available and on the progress of the partnership and company start-up.

Leepfrog Broadband Internet Update

On November 15th, Leepfrog Telecom began construction of the new broadband network that will bring improved internet connectivity to areas of NFN that are currently under-served. This project will focus on five residential areas: Garden Village, Jocko Point, Meadowside, Beaucage and Yellek.

Supported by CENGN program funding, Leepfrog Telecom will install a new innovative non-ground penetrating tower, using both 5GHz and TVWS radio technology to distribute internet services to all five communities.

The 100 foot tower is scheduled to be here December 10, 2021 and Leepfrog will then proceed will phase two of construction, which will take approximately one week.

Leepfrog has advised that they are ready to start connecting people in the Garden Village area as part of phase one and the direct link for people to sign up for service is leepfrogtelecom.com/nipissing-on

Residents can also email info@leepfrogtelecom.com with their request or call 1-844-266-2954 to speak to someone and request more information about this new service.



New Video Showcases Nipissing Miller Partnership

Congratulations once again to the Nipissing Miller team on the successful completion of the Duchesnay Creek Bridge and the highway 17B overpass, which reopened on to traffic on October 9th.

The team worked through numerous challenges related to the new type of construction involved as well as COVID-related impacts.

Watch a **new video** about our innovative partnership here:

youtu.be/paJq21PGDM





Download or print your vaccine certificate

covid19.ontariohealth.ca

Get your COVID-19 Vaccine Record with QR Code

To access your record go to covid19.ontariohealth.ca

- You will need your health card, postal code & date of birth.
- You will need to print or save your record once you retrieve it.

If you have an urgent need for your COVAXON vaccine record, contact: Carole Lafantaisie
Community Health Nurse
705-753-3312 ext. 2257

Emergency Orders Extended

Ontario has extended its emergency order to align with the government's plan to lift all remaining COVID-19 restrictions by March. Without extending the emergency orders, all public health measures currently in place would have expired on December 1st. Currently, there are 28 orders in effect under the reopening act, including the proof of vaccination system.

The Reopening Ontario Act gives the government the power to implement rules on gatherings, business closures and managing outbreaks in hospitals and LTC homes.

COVID-19 Vaccine Updates

Register NOW for Vaccines for Children (Ages 5-11)

With the majority of recent outbreaks being reported in elementary schools, it is key to continue our efforts to vaccinate as many people as possible, including children.

On November 19, 2021 Health Canada approved the Pfizer-BioNtech (Comirnaty) vaccine for children aged five to 11 years old. The vaccine will be offered in two doses, with eight weeks between the 1st and 2nd dose as recommended by the National Advisory Committee on Immunization (NACI).

The vaccine for children is one third (1/3) of the adult dose. Clinical trials have found this dose to be similar in efficacy (90.7%) as it is with the 16- to 26-year-old age group. No serious side effects have been reported. Possible side effects are similar to those experienced by people over the age of 12 years and include: sore arm, headache, fever, chills and nausea.

Health Canada and the Public Health Agency of Canada will continue to closely monitor the safety of this vaccine, and will take action if any safety concerns are identified.

Our first shipment of Pfizer vaccines for children arrives on November 29th and the first clinic is scheduled that afternoon and evening. Pre-registration is required.

To be eligible the following must apply:

1. Child is a NFN member, a member of a NFN household or lives on NFN.
2. Child is at least 5 years old by December 31, 2021 (born in 2016 or later).

To register for children's vaccines:

If you have not yet registered your child(ren) for a COVID-19 vaccine, please call NFN Health Services Reception at **705-753-3312 ext. 2230** and provide your name (parent/guardian), your child(ren)'s name(s), date of birth and phone number to contact you to book an appointment when vaccines are available.

Let the Receptionist know if you require transportation and/or child care support to attend an appointment for a vaccine.

Youth and adult vaccines still available:

Pfizer vaccines are still available for youth, and Moderna vaccines are still available for adults. Please call the Health Centre at **705-753-3312 ext. 2259** to book an appointment.

Public Health Dashboard

According to our local [COVID-19 status report dashboard](#) as of November 24th at 3:00 p.m. for the Nipissing District, there are **11** active cases in the Nipissing District and 19 in total for both the Nipissing & Parry Sound Districts.

NFN has imposed a travel restriction for work-related travel to the Sudbury and Algoma Districts due to the recent and ongoing surge in COVID-19 activity in these areas. This travel restriction will remain in effect until the additional public health measures enacted by these areas are rescinded. As of November 24th, Sudbury was reporting 251 active cases and Algoma was reporting 255 active cases of COVID-19.

Employment Opportunities

To view the complete job posting, please click on the position titles below, visit nfn.ca/jobs, or call 705-753-2050 to request a copy by mail, fax or email.

Permanent Full-Time Positions

Child and Youth Mental Health and Addictions Counsellor – Permanent Full-Time – *3rd Round Posting* - Apply by Friday, December 3, 2021 at 4:30 p.m.

True Self Outreach Peer Worker - One Year Full-Time Contract
Apply by Friday, December 10, 2021 at 4:30 p.m.

Open Postings & Casual Employment Opportunities

2021 Bus Drivers – Route #5: Duchesnay, Yellek & Serenity Lane
Open Posting – Contact Charlene Bellefeuille at 705-753-6995
or charleneb@nfn.ca for more information or to apply.

2021 Emergency/Relief Van Drivers – Nipissing Bus Lines – All Areas
Open Posting – Contact Charlene Bellefeuille at 705-753-6995
or charleneb@nfn.ca for more information or to apply.

Personal Support Workers – Casual Employment (with paid sick days and mileage) - Open to All Applicants – No Closing Date

Relief Workers: Various NFN Departments
Open Posting – No Closing Date

Relief Workers: Manual Labour Positions
Open Posting – No Closing Date

TO APPLY: Submit applications before the deadline to resumes@nfn.ca, by fax to 705-753-0207, or mail or drop off applications to: Human Resources Department, Nipissing First Nation, 36 Semo Road, Garden Village ON P2B 3K2.

Upcoming Retirement

Glenna Beaucauge, Culture & Heritage Manager

I have made the decision to retire from my position as manager of the Culture & Heritage Department effective January 2022. I want to assure you that it has been my privilege and honour to serve you, the people of Nipissing Nation. We have built our Culture Centre to reclaim and revitalize our culture, our language and our heritage and we now have a strong foundation for our young people to foster and grow. It was a great pleasure to work with our fluent speakers, our cultural knowledge keepers, our friends and allies, and all of the people. I value the trust and support of our leadership and administration.



I was blessed to have worked alongside very knowledgeable and committed staff now and over the years. Please continue to do the decolonization work for Nipissing Nation.

Learn the language for the elders who were silenced. Learn the heritage that was left out of local history. Practice the culture that was made illegal to practice. This will help our people heal and make our nation strong.

***Miigwech. Kaawaabmin minwa.
Nahaaw. Giizhgate Kwe Ndoos Nzhinkaaz***



NFN Jobs & Training

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes.

- **1st round** postings are open to all registered Nipissing First Nation members.
- **2nd round** postings are open to spouses of registered Nipissing First Nation members and registered members of other First Nations.
- **3rd round** postings are open to all applicants (status and non-status)

Nipissing First Nation members are encouraged to apply to all rounds of employment postings.

As per Section 24(1)(a) of the Ontario Human Rights Code, Nipissing First Nation gives preference to First Nation applicants for any employment opportunities.



Please visit our website www.nbisiing.com or Facebook Page for our calendar of events and other school-related information, or call (705) 497-9938.

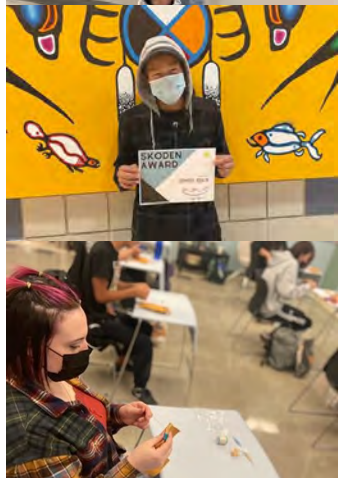
Skoden Award



September - Lilly

Starting September in a new school can be stressful for many high school students and in this pandemic, there are additional “triggers” that can complicate life’s challenges but with a strong identity and a well-defined world view, the outlook can be filled with confidence and determination; these are the qualities that Lilly carries with her every day.

Lilly knows who she is and where she comes from. She blends the “teachings”, her family, and her Truth into a journey of experiences. She shares both the challenges and the rewards of each day with some of her “Nbisiing family” in a genuine way; she shares her knowledge of the Culture with pride and wisdom; she shares her humour and kindness as a strong Anishinaabekwe. We are proud to support Lilly as she “walks on Mother Earth”.



October - Dominic

Dominic is an honest, kind person who treats everyone, staff and fellow students with respect and understanding. He has put himself out there in the school community by signing up for Run Club, as well as the Eco Club.

Dom works through his challenges with a sense of humour and humility. I can’t say enough about how much fun it is to be Dom’s teacher and learn something new from him every day.

Ndoo-zhitoomin - The Things We Are Making

We are lucky to have Tracy Larochelle working with us to teach the students how to make mitts, share teachings and connect with the Grade 11 English class.

This connects directly to the local content in the Unit on Josephine Beaucage.

Métis Dot Art

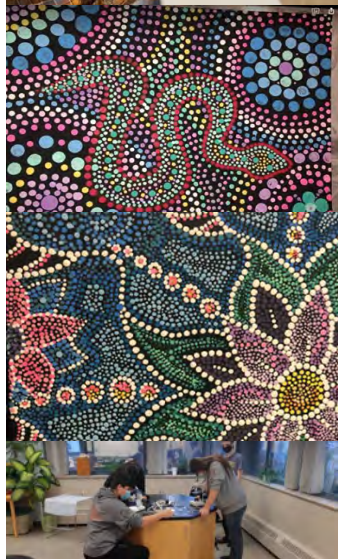
Grade 11 Visual Art class completed a project on Metis Dot Art inspired by Christi Belcourt, whose “work explores and celebrates the beauty of the natural world and traditional Indigenous world-views on spirituality and natural medicines while exploring nature’s symbolic properties.”

Grade 10 Science – Biology Labs

Students began their lab by using micro-slide-viewers to view cytoplasm and animal mitosis. We discovered that with the amazing cameras we have today, we could capture some of our specimens!

We sampled our specimens, prepared slides, and viewed them under the microscope.

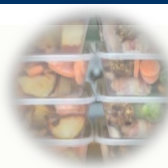
One of the coolest organisms we identified was a water flea, which is a small planktonic crustacean. Water fleas are only 0.2-6mm in length!





Meal Program for Seniors

Orders must be placed every month



Must be a registered NFN member aged 65 years or older
Program provides a package of frozen prepared meals once a month

Call Stella Solomon at the Health Centre at 705-753-3312 to place your order for pick up or local delivery.

Monthly Order Deadline

Order by **December 1st** for a package on **December 9th**

Order by **January 4th** for a package on **January 12th**

A message from Giyak Moseng – The Right Path Counselling & Prevention Services

We continue to see an increase in requests for services and aim to be as responsive to the needs of our community members as we can.

COVID-19 has challenged overall wellness needs in unprecedented ways for many of all ages. Waitlists are felt across many agencies and programs in the area. We appreciate your continued patience as we fill vacancies in our program.

We are located at 316 Ted Commanda Drive Garden Village and can be reached during office hours at 705-753-1375.

Harm Reduction Services

Needle exchange & Naloxone kits are available **Monday to Friday** from 8:30am to 4:30pm at the Right Path (316 Ted Commanda Drive, Garden Village). Knock at the door and someone will assist OR call Lisa at 705-753-1375 to make arrangements to get your order to you. You can also email: lisal@nfn.ca.

The Suboxone Clinic is available **Monday to Friday** from 8:30am to 4:30pm at the Health Centre (58 Semo Road, Garden Village). You can also call 705-753-1375 to make pick-up or delivery arrangements. New referrals & self-referrals are welcome. Client transportation is available.

The Culturally Defined Community Withdrawal Management Program also provides land based activities and cultural supports. Call 705-753-1375 for more information.

IF YOU SEE AN OVERDOSE, CALL 9-1-1 and give Naloxone.



Baby Calendar Submissions for Babies Born in 2021

The submission form is now available at www.nfn.ca, or get one from the Health Centre or Band Office. Submissions must be returned to the Health Centre by December 14th or email them to mistya@nfn.ca.



ARE YOU THINKING OF QUITTING SMOKING?



STOP on the Net is an online program from the Centre for Addiction and Mental Health (CAMH) designed to help adults quit smoking.

You can receive free nicotine patches and gum/lozenges mailed right to your door!

Enough medication for 8 weeks of treatment

You may be eligible to participate if you:

- Live in Ontario
- Are 18 years of age or older
- Meet other specific eligibility criteria

To learn more about the program and enroll, please visit: stoponthenet.com

Mental Health Resources

FOR ADULTS

ConnexOntario: 24/7 support to help you find local mental health and addiction services at 1-866-531-2600 or ConnexOntario.ca

Talk 4 Healing: 24/7 support and resources for Indigenous women in 14 languages by phone or text to 1-855-554-HEAL (4325) or online at talk4healing.com

FOR CHILDREN & YOUTH

Hands The Family Help Network: Counselling and therapy support for children, youth, and their families 1-800-668-8555 or visit thefamilyhelpnetwork.ca

Kids Help Phone: Free, confidential professional counselling, information, and referrals for mental health and addictions services.

Call 1-800-668-6868

Text: CONNECT to 686868
Live chat counselling: kidshelpphone.ca or via Facebook Messenger

CRISIS INTERVENTION

North Bay Regional Health Centre: 1-800-352-1141 Available 24/7

Sturgeon Falls Alliance Centre: 705-753-3110 x 288

4pm - 11pm — 7 days/week

Canada Suicide Prevention 1-833-456-4566 - 24/7

Overdose Prevention Line 1-888-853-8542

Keep COVID-19 Out of Your Holiday Party

A Message from the North Bay Parry Sound District Health Unit

This holiday season, provincial gathering limits allow family and friends to celebrate in person again; however, it is important that all gatherings take public health measures into consideration, and everyone considers the risk to themselves and others before attending a holiday event.

When hosting or attending a gathering it is encouraged that:

- Individuals who feel unwell cancel their plans, stay home and arrange to be tested for COVID-19.
- All guests be vaccinated against COVID-19. Being fully vaccinated is the best protection against contracting and spreading the virus.
- Individuals who are not vaccinated should wear a face covering and physically distance when gathering indoors with people they do not live with.
- Gathering limits of 25 people for an indoor private social gathering are adhered to, or 100 people outdoors.
- Food and drink establishments where dance facilities will be used operate at 25 per cent capacity. In public facilities where dancing is not involved, there is no capacity limit and proof of vaccination is required.
- All individuals wash or sanitize their hands often, including during handling of gifts.
- Clean and disinfect high-touch surfaces often.
- The host keep a list of guest names and contact information in case it is needed for contact tracing.

For more information on the local COVID-19 situation, visit myhealthunit.ca/COVID-19.

A Message from our Health Promotion Worker

Here are a few additional safety tips for you to keep in mind while enjoying your holiday season especially if you plan on hosting a party. This includes inviting designated drivers to the party, calling taxis for people and possibly even taking the keys away from some of your friends.

When planning your party, this checklist can help you have fun and stay safe.

- 1) Be sure your front steps, driveway and sidewalk are cleared of snow and ice.
- 2) Serve food throughout the party to help guests slow their alcohol absorption.
- 3) Have plenty of non-alcoholic beverage options on hand.
- 4) Plan fun activities. People will likely drink less if busy dancing or playing games.
- 5) Stay sober or be sure to have options for getting guests home safely (taxi). As the host, you are responsible for your guests, and the only way accurately assess whether a guest has had too much to drink is to avoid drinking yourself. You may also have to act as designated driver for the evening to ensure guests get home safely.
- 6) Have extra blankets and sleeping bags on hand and invite guests to stay the night. The holiday party could turn into a slumber party, but at least everyone is safe.

Remember that there are serious consequences to impaired driving. Plan ahead. If you expect to drink, make alternate travel arrangements. If you're driving and then decide to drink, leave your car where it is and take a taxi or find another ride. Please don't drink or don't drive if you are enjoying a few drinks.

For more information on Mental Health or Addiction Services, call
Giyak Moseng ~ The Right Path Counselling & Prevention Services ~ 705-753-1375

SPECIAL EVENTS



NIPISSING FIRST NATION CHILDREN'S SERVICES HOLIDAY HOUSE DECORATING CONTEST

To Enter:

* Please email a photo of your decorated home along with category choice to jessicac@nfn.ca before December 10th, 2021.

* All entries will be posted on the NFN Health Services FB page with link to vote.

* Voting close on December 19th, 2021.

* Winners will be announced December 21st, 2021.



Rules to Participate

- 1) Display must be family friendly.
Examples of decorations: Yard setups, lighting, inflatable displays...
- 2) Winners will be based on the amount of VOTES that the photo receives.

NFN Members & Affiliates Only

TO VOTE :

Follow this link after December 11, 2021.

<https://www.surveymonkey.com/r/QXKV5W5>

Only ONE vote Per Household

CATEGORIES AND PRIZES

Best Overall - \$350.00 value
Most Creative - \$250.00 value
Best Use Of Lights - \$150.00 value

FOR MORE INFORMATION CONTACT JESSICA COMMANDA
BY EMAIL: [JESSICAC@NFN.CA](mailto:jessicac@nfn.ca) OR BY PHONE:
705-753-2050 EXT 3000



NFN Adult Fitness Membership Support FUNDS

Eligible period
**OCTOBER 1, 2021
TO
March 31, 2022**

CONTACT
EMAIL: BRANDIEF@NFN.CA
PHONE: 705-753-2050 EXT. 3001

NFN Fitness centre is closed...

For the period October 2021 - March 2022, NFN will support up to \$50.00/month (maximum) for NFN band members to acquire a fitness membership.

- * Must be an NFN band member
- * Must be over 18 years of age
- * Payment to be made by band member submitted for reimbursement
- * Application form to be completed and submitted with receipts
- * Last day to submit for reimbursement is April 15, 2022

Contact Brandie for more details & application!



Get Involved with the 2022 LNHL Tournament!

At this time, we are anticipating that the Little Native Hockey League (LNHL) tournament will proceed in March 2022. All visitors, participants and volunteers of the tournament will be required to be fully vaccinated with two doses of a COVID-19 vaccine if they are 12 years of age or older.

The Opening Ceremony will take place at the Paramount Arena on Sunday, March 13th at 5:00 p.m.

The LNHL Tournament will take place from Monday, March 14th to Thursday, March 17th. Depending on the number of teams, 6 arenas or less will be used.

Volunteers Needed to Help Host the Tournament from March 13-17, 2022

With an event this large, many volunteers are required. Accommodations and allowances for meals for volunteers will be provided. If you have received both doses of a COVID-19 vaccine and would like to apply to be considered as a Tournament Volunteer, please [Download the Volunteer Application Form here](#) or contact Freda Martel at 705-753-2050 ext. 1223 or email fredam@nfn.ca for more information.

Deadline for Volunteer Applications is December 20th!

Team Registration for the Little NHL 2022 Tournament is now LIVE!

app.eventconnect.io/events/18571/registration-type/create?nav=hidden

The Little NHL tournament will continue to use *EventConnect* for all aspects of registration, scheduling and accommodations. Team coaches/representatives have been sent an email with a link they can use to sign up their team(s) and block off hotel rooms and Airbnb's near the arenas.

Vendor Applications – COMING SOON!

Vendor Registration Forms will be out shortly. We are waiting on confirmation from the City of Mississauga on how many vendor spots will be available. These will be awarded on a first come first served basis. Please note that less spaces may be available for the 2022 tournament due to COVID-19 protocols.

Show your Support as a Tournament Sponsor!

We are reaching out to our community and corporate partners to promote **sponsorship opportunities** for the 2022 Little NHL tournament. All proceeds raised from this sponsorship campaign will go directly towards hosting the tournament and supporting young Indigenous athletes.

The great success of this annual tournament is the result of the dedication and support of many people, and thanks to the generous donations and partnerships with companies that help make hosting such a large event possible. Learn more about sponsorship opportunities here: [LNHL 2022 Corporate Sponsorship Package](#)

More Information:

- ◆ [Official Little NHL Website – lnhl.ca](http://lnhl.ca)
- ◆ [Official Little NHL Facebook Page](#)
- ◆ [Official Nipissing First Nation Facebook Page](#)
- ◆ [Nipissing First Nation LNHL Facebook Page](#) – for NFN Parents & Players (managed by volunteers)
- ◆ [News Release: Planning for LNHL 2022 Tournament Underway](#) – September 22, 2021



49th Annual LNHL Tournament
MARCH 13-17, 2022



3 Prizes to be won!



Proceeds to Nipissing First Nation
LNHL 2022 Host Fundraising

\$10 PER TICKET / 3 FOR \$25



RAFFLE



1ST PRIZE



2ND PRIZE



3RD PRIZE



Draw will be streamed live via
Nipissing First Nation
Administration's Facebook Page on
December 20th, 2021

NFN Permit # 1019-133

For more information contact Sabrina Wassengeso-McLeod
at sabrinawm@nfn.ca and/or 705-753-2050 ext. 1254

Nbisiing Nishnaabemwin Christmas Greetings

Gidaanmikoon Niibaanamaang & Miswendmigoo Mno-bmaadziwin Ni – Nimkodaading

Wishing you Health & Happiness This Holiday Season & A Prosperous New Year

Get Dressed Santa!

Gii-Maajii zookpo.

Gekpii niibaanamaang dbikat.

Piitoozhgaanjgan eta biiskaan.

We-wiib biiskoneyen!

Snow is falling all around

It's Christmas Eve at last

But Santa's still in his underwear!

He'd better get dressed fast!

Biiskoneyen, biiskoneyen

Gaamiisaagtoonod mishoomis

Maajaadaa!

Biiskan nagbeshagan!

Biiskan maksinan!

Wewiibtaan.

Get dressed, Santa!

Get dressed now.

It's almost time to go.

Put on your pants! Put on your boots

Why are you so slow?

Biiskawi mnjikaawn!

Biiskan wiikwaan!

Wasi biiskan,

Wasni biiskan

Put on your mittens! Put on your hat!

Put on this! Put on that!

Miidash gii-giizhiitaad

Santa's dresses and ready now!

He heads out into the snow.

Mii dash gaamiisaagdooned-mishoomis gii-maajibzod.

But suddenly it's plain to see-

Santa has to GO!

E mii saak dooned mishoomis gii-giiskonod

Emskojaaned waawaashkwesh baabiwi

Take off your jacket!

Put down your pack!

The reindeer will have to wait.

Goki biiskonye!

Jibwa wiikwaa

Get dressed, Santa! Get dressed again.

Before it gets too late!

Pane gasmiisaagdooned mishoomis

Binoojiinyan biidwaan ndamnawaagnan

Hurray for Santa! Hurray! Hurray!

And off goes Santa in his sleigh.



Biboon (Winter) Solstice

It is easy to wish for more pleasant times, when life was simpler (not referring to the work of survival). Simpler expectations. Biboon (winter) solstice is a sacred and special time.

A time of going within our homes and within ourselves. Some of the animal nations go into hibernation. Fish rest under the ice. The roots of our trees rest. It is said they go to sleep also...the plants lay down to sleep. This is a time to reflect in all that We have been through, in all that has passed during the year, is coming to a close.

In our culture it's the time to share our stories amongst each other, our families and friends and it's a time of ceremony, reflection and thanksgiving.

By this time of the year, the winter wood has been collected to provide warmth during the harsh winter. The medicines have been collected, along with the berries, maple sugar and birch sugar, the meat and fowl has been collected. Food has been prepared and preserved for use during the long winter months. All of these by now have been collected and preserved for winter's survival.

Biboon nudges us back into ourselves to find peace, to forgive, and to accept the darkness. Winter takes away the distractions, and all of the buzz of daily life, and instead presents us with the perfect time to withdraw, bringing fire and light to our homes and lives.

Acknowledging the winter solstice is a decolonizing act for Indigenous people of the world. In the secular calendar, December 21 is the first day of winter. On this day, the sun is at its lowest point in the sky, resulting in the shortest day and the longest night of the year in the Northern Hemisphere. For Indigenous people across the globe, the natural world is a source of teachings about natural and universal laws. In understanding the interconnectedness of all things.

This modern culture, however, encourages avoidance at this time: alcohol, bright flashing lights, shopping, social media, technology, overworking, overspending, comfort food & consumerism. Yet the natural tug to go inwards as nearly all creatures are doing is strong & the weather so bitter that people are left feeling that winter is hard, because for those without burning fires and big festive families, it can be lonely and isolating.

Our staff at Nbisiing Nishnaabeg Gaabinaadziwaad Gamig encourage our families to practice ceremony with their families during biboon, to make offerings to shkakmiwe for creator's gifts and nesewin, enjoy each other's company doing outdoor activities, and enjoying bimaadziwin. Some good activities are sliding, making a fire outside and making tea with pine needles and balsam; core an apple and add butter, cinnamon and maple syrup, wrap in foil and bake on the fire; make soup outdoors, or just enjoy a nice walk in the bush (it's so peaceful).

Nishnaabemwin Language Classes & Recordings

VIRTUAL
Nishinaabemwin Language Lessons
 (Nipissing Dialect)
 with beloved language keeper
 Blair Beaucage

BEGINNER CLASSES TUESDAYS
NOVICE CLASSES WEDNESDAYS

6-8 pm on **facebook**

email ianc@nfn.ca for registration

Nipissing Members Prioritized

Sign up for Nbisiing Nishnaabemwin Kinoomaagewin by calling 705-753-2050 or emailing ianc@nfn.ca for details.

**** Please Note Revised Schedule due to Christmas Break ****

New Learners: December 7 & 14

Novice Learners: December 1, 8 & 15

Regular programming resumes in January (every Tuesday and Wednesday).

*** Monthly draws for participation ***

Nbisiing Nishaabe Gaabinaadziwaad Gamig – NFN Culture Centre

****We gratefully acknowledge our fluent speakers****

Nishnaabemwin: The Ancestral Language of Nipissing

One of the Original Languages of the Americas - Glenna Beaucage & Joan McLeod Shabogiesic

Of our Nbisiing language, Beppe Franchi in his research and compilation of Lake Nipissing and Its People provides the following, *“These are true Algonquins, and they alone have retained the Algonquin language without alterations. Some Jesuit Fathers come to study their language at Lake Nipissing.”*²



Nbisiing people struggle today to learn their language. There are very few fluent speakers a direct product of defunding our Nbisiing schools in favour of non-reserve schools and residential schools off Nbisiing land. Between the years 1930 through the early 1970's language was not taught in the schools our children were enrolled in.

This remnant of colonialism almost drove our Nbisiing language to language *death* (almost to the last fluent speakers) and almost language extinction where no language speakers exist. Only after the Nbisiing walk outs and school board requests for equal representation in the 1970's, did school boards acknowledge the requirement for equal representation and *for Nbisiing language being taught in school curriculum*.

Nipissing has a unique language and follows the same classification of animacy as do other Nishnaabemwin languages. It is not a gender-based language; it is not a noun-based language and is a verb-based language.

Nipissing has a dialect similarly spoken but not wholly spoken as other Nishnaabemwin language(s), is a highly inflected complex language of clarity and preciseness, based upon verb manipulation that has many prefixes, suffixes which contribute to the verb manipulation to extract meaning.

Nishnaabemwin tense is based on present time. Tense indicators show action taking place now, action that has already taken place, and action that will take place. The verb is timeless.



The tense markers show time. The language has transitive verbs and an object of animacy.

The language is concise and precise. There is no gender. In our language everything rotates around the verb. Learn the verbs first.

Each word has at least a paragraph of description. You can visualize the words. In the language, everything is alive, even the grandfathers, 'the rocks'.

When we translate literally, we put literal meaning to highly complex concepts. For example, "binoozhiihn" does not translate directly to "child". "Binoozhiihn" means "uplifting spirit". "Kiwenzii" does not translate to "old man", but to "person of the land". When we try to translate Anishnaabemwin to English, we simplify nishnaabemwin and its complexities.

There is a lot at stake. In our language, you don't have to say, "respect your elders". The words have the teaching built right into the language.

To complicate the revitalization of our language, and as in any other language is the trial of language modernization for our language to reflect the present world.

To lose our language, we lose the medium to conduct our ceremonies.

Present day revitalization at Nbisiing is the provision of Nbisiing language teachers in 5 schools. Revitalization also includes the honouring of our fluent speakers with a forum to challenge these 'new speakers' charged with the revitalization of the language in our schools to utilize the Ancestral Language of Nbisiing. Nbisiing Nation also provides a language and culture language strategy to utilize where possible their language in any portrayal, political and administrative functions of government.

Our language gives our people identity and understanding of who we are as nishnaabeg. Our language gives our people the strength to find their Spirit and allows the nishnaabe spirit to nurture itself. Language helps find our knowledge strength and understand and love ourselves as nishnaabe people. Revitalizing our language will aid us to find Our Spirit strength to overcome the complexities of our present world. helps us to nurture our emotional abilities to be a human being. When our spirit is strong and we love being ourselves, we embrace our Culture and walk with pride as a nishnaabe kwewag mina ninwag.

Information on The Ancestral Language of the Nbisiing was shared by Nbisiing elders Muriel Sawyer ban, mina Peter Beaucage, both fluent speakers. Miigwech.



The 17th Century Nbisiing (Nipissing)

Joan McLeod Shabogestic

There are numerous descriptions of the character, spirituality, and everyday life of a Nbisiing at first contact through historical or archaeological reports. These descriptions provide evidence of daily life of a Nbisiing in the 17th century and time before contact.

Tribe Name and Translation of

"When Champlain, in 1613, ascended the Ottawa to Allumet Island, he was told by his Algonquin allies of a tribe of their nation, whose hunting grounds were around a lake west of the Algonquin River. The tribe was called Nipisiriuien or Little Water People. This is the first mention in Canadian history of the Nipissings, or Nipisingues, as written by Frontenac."

Feasting, Demographics and Description of Lake Nipissing Environs:

Champlain visited the Nipissing in 1615 *"During the time I was with the, the Chief of these people and others of the elders treated us to several feasts, as is their custom, and took the trouble to go fishing and hunting in order to entertain us as kindly as possible. These people numbered at least seven or eight hundred souls, living continually on the lake, where there are a great number of pleasant islands, and among others which is more than six leagues (20 miles) long and has three or four fine ponds, a number of beautiful meadows, with very beautiful woods surrounding them, and where there is an abundance of game which resort to these small ponds where the Natives catch fish. The north side of this lake is very pleasant as there are fine grasslands for pasturing cattle and several streams which flow into the lake...This lake (Lake Nipissing) is some eight leagues (27 miles) across and twenty-five (86 miles) long, and into it flows a river from the north-west up which they go to barter the goods we give them in return for their furs..."*

Occupation, Village(s) Location and Dwelling Construction

"When in 1620, Nicolet became a member of the tribe, the Nipissings were hunters and fishers, and lived in scattered villages composed of bark cabins of primitive construction."

Nature of the People, Trade, Spirituality, Politics and Leadership

"The religion of the Nipissings...A times they offered to... their Manitous, gifts of tobacco, which they threw into the water or the fire to solicit their good will."

"A people without subordination, law, form of government, or system; gross in religious matters, shrewd and crafty for trade or profit, but very superstitious."

"Among them there is an affability and a courtesy almost incredible."

"Among the Nipissings there was no social organization, or system of government. The chiefs and old men of the tribe assembled together intermittently, and talked over matters affecting the interests or affairs of their people. Their decision, however, compelled no obedience, for every man was absolutely free and did that which seemed to him, best for his own interests. Each man's and woman's liberty was absolute and inviolable. A Nipissing came as near as possible to Rousseau's perfect and "ideal man." He was untainted by civilization, did what he liked, was moved only by natural impulses, and if (according to the French deist, "l'homme qui réfléchit est un animal dé praré-the man who meditates is a brute") the Nipissing was not a free and independent man, then there was no absolute freedom or independence on earth."

Solidarity as a People

"The members of the Nipissing tribe were strongly attached to each other: they helped one another with generous liberality, and they were all on a plane of equality. The children of a family were affectionate to their parents and to each other, and, among the units of the tribe, there was an admirable solidarity."

Nbisiing Woman

"The care of the hut, the dressing of skins, the cutting and gathering of firewood, in the drudgery of the camp among the Nipissings, as among all Algonquin tribes, was the woman's portion...She and her children gathered nuts and wild berries... cooked the food... fleshed and tanned hides.... made clothes, cut and fibre-sewed the moccasins for the family."

Nbisiing Man

"When the weather was very cold and the winds piercing, he sat on a bearskin by the fire, fashioning bows and arrows, rat and rabbit sticks, chipping flint and arrow tips, making traps and nets. He made his own canoes and paddles, his own snow-shoes, his weapons, offensive and defensive, his spear and war club, his...knife of flint or bone, his stone pipes, and his amulets."

Continued on next page...

Coming of Age Ceremony

“Every brave carried about his person his Wah-kon in a small bag. This Wah-kon was adopted by the young boy ripening into warrior manhood after a prolonged fast in some lonely retreat in the hills.”

Apparel, Clothing

“In summer the young men and children went entirely unclothed, the married men wore only the brayer or breech-cloth, but the women were, as a rule, decently dressed. In winter they all clothed themselves with furs of animals and wore shoes or moccasins of tanned leather. They were expert snowshoers, canoe and bow men”.

Ceremonial Tribute to a Nbisiing Warrior

“When a warrior died, all his hunting, war and fishing gear, his tobacco pouch and pipe were buried with him....They clothed the body in costly furs, lavished on it strings of wampum, silver bracelets, and pendants for nose and ears. They painted the face of the dead man in brilliant colours.... A gorget hung from his neck and rested on his breast, his bow and quiver were by his left arm, his stone tomahawk in his belt, and his pipe was in his mouth. A kettle filled with provisions, a box of vermillion and presents from his friends were at hand to be buried with the warrior.”

Nbisiing Guides

As part of reclaiming our Nbisiing heritage, we are putting together a display of Nbisiing Guides.

We encourage you to contact us and send in any photos, articles, artifacts, stories, of any of our guides. Fishing guides, hunting guides, lumber camps, etc. Please send any information you can share to glennab@nfn.ca.

This is a large part of our heritage and our people knew the land and waterways so well, together with excellent harvesting skills, and knowledge of the 13 moons.

We want to highlight our guides. If you have photos, we can scan them as you wait, if you wish and have these immediately returned to you.

Please share your information. Our young people need to learn their heritage.



Tea with a Fluent Speaker

Every Tuesday at 9am

Revised Schedule due to Christmas Break

December 7, 14 & 21

January 11, 18 & 25



Virtual Art Therapy Sessions

Pre-register youth now

The Right Path is in the process of planning these sessions for the new year.

To pre-register your child/youth, please call Lori-Anne at 705-753-3312.

Dates and times will be posted when plans are finalized.

NIPISSING NATION KENDAASWIN PRESENTS

WINTER ACTIVITY GIVEAWAY

**10 DRAWS FOR
10 LUCKY BINOOJISAG!**



DRAW DATE: DECEMBER 3, 2021
Registration open until December 2

Draw will be on Facebook Live on our page 'Nipissing Nation Kendaaswin' @ 12 Noon

Giveaways may include: sleigh, mitts, hat, winter toys, etc.






To submit your name for a ballot please email randyp@nfn.ca. Only email entries will be accepted. Ages 17 & younger welcome! One ballot per name.


Priority to Nipissing Nation Members & Affiliates

Sorting Recyclables

CONTAINERS

FIBRES / PAPER

| Items | Accepted | Not Accepted |
|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| Plastic Bottles  | Look for these symbols:  | DO NOT INCLUDE: Plastic Bags, Bubble wrap, Styrofoam, lawn furniture, garden hose, plastic toys |
| Glass Bottles & Jars  | Coloured glass is acceptable. It is not necessary to remove labels. Remove and recycle metal lids- discard plastic lids. Rinse. | DO NOT INCLUDE: Light bulbs, window glass, mirror glass, drinking glass or ceramics (plates, mugs etc) |
| Aluminum, Tin & Steel cans  | All aluminum, tin and steel cans are accepted (including empty dry paint cans, Remove lids and caps.) | DO NOT INCLUDE: Coat hangers, kitchen utensils, pots and /or pans. |
| Aluminum Foil  | ONLY clean items are accepted. Place plates and trays loosely in the box. Roll foil sheets into small balls about the size of your palm. | DO NOT INCLUDE: Paper-backed foil (lids from take-out food) and foil laminates (potato chip bags). |

| Items | Accepted | Not Accepted |
|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Newspaper  | All newspaper and inserts accepted. | Please ensure to remove plastic bags. |
| Mixed Paper  | Phone books, junk mail, magazines, catalogs, office paper and envelopes, paper egg trays, paper bags, paper towel cores. | DO NOT INCLUDE: Waxed or foiled-coated paper, potato chip bags. all cord and hot take-out cups (ex: McDonalds/Tim hortons) |
| Box Board  | Cereal, pasta containers, laundry and shoe boxes. Please remove liners and flatten boxes. | DO NOT INCLUDE: Styrofoam |
| Cardboard  | Cardboard is places with newspaper, mixed paper and box board. Please break down and flatten to measure 3' X 3' | Boxed that are not broken down will not be accepted. |

Recycling Do's & Don'ts

Please DO!

- Remove all packing materials from boxes
- Break down boxes and place in bin or bundle with twine
- Rinse food residue from containers

Please Don't!

- Put Fiber/ Paper materials in plastic recycling bags
- Mix containers (Plastic/Metals/Glass) with fiber/paper

NFN Waste and Recycling App

Residents can download our mobile app, NFN Waste and Recycling, for Apple or Android Smartphone's and Devices, or visit nfn.ca/waste. Try the **Waste Wizard** to help sort your waste and recycling!



LANDFILL HOURS

OPEN 9AM - 5PM
Saturday, Sunday,
Monday & Tuesday

REMINDER:

The Landfill is **CLOSED** on
Statutory Holidays
(December 25, 26 & January 1)



New TVO Original series *Unsettled* now available to stream free

Featuring an almost entirely Indigenous cast, unexpected new dramatic series *Unsettled* tells the fish-out-of-water tale of Rayna, an Indigenous adoptee who tries to reconnect with her roots when life takes an unexpected turn.

Rayna returns to her First Nation in Northern Ontario for a homecoming ceremony, only to discover a divided community and her own inner need to heal.

Filmed primarily in Nipissing First Nation, the 10-part TVO Original series starring Cheri Maracle is an unflinching, often heart-warming and humorous exploration of the meaning of family and community.

Unsettled airs on APTN or watch now for free on TVO.org, [YouTube](https://www.youtube.com) or [Roku](https://www.roku.com).

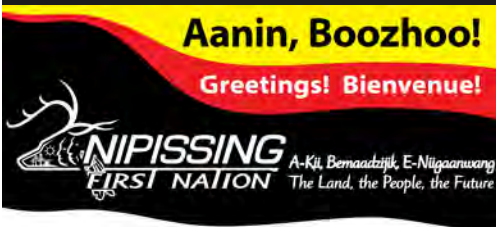


Line Crew Ground Support

On behalf of NFN and our Employment & Training program, we would like to congratulate Jeremy Lariviere and Bradley Fisher for their commitment and hard work.

Both have completed the 15 weeks Line Crew Ground Support training program at Cambrian College. They are now certified to commence their apprenticeships.

We wish you all the best in your endeavors! Congratulations!



Have You Seen Our New Signs?

We are very pleased to have completed the replacement of our faded signs along highway 17 with the designs shown on the left.

The new signs feature a welcome greeting in Nishnaabemwin, English and French on one side, and a farewell greeting on the other side.

They also feature a reflective coating that makes them visible at night.

The signs are located near North Bay and Sturgeon Falls.



2 BEDROOM DUPLEX

130B Cranberry Cres, Garden Village

Apply by December 15

Move in January 1

Details at nfn.ca or 753-6973



**CLASS ACTION
SIXTIES SCOOP SETTLEMENT**

**Questions?
Call Us: 1-844-287-4270**

Class Action Sixties Scoop Settlement Contact Information

Contact the Administrator - The deadline to apply for the Sixties Scoop Settlement was in December 2019, however some members may have been given other deadlines due to missing documentation or other reasons. If you have any questions at all about the claims process or the status of your claim, please reach out directly to:

COLLECTIVA

Sixties Scoop Class Action Administrator
200-2170, René Lévesque Boulevard West, Suite 200
Montreal, Quebec H3H 2T8
Phone: 1-844-287-4270
Fax number: 1-514-287-1617
Email: SIXTISSCOOP@COLLECTIVA.CA

Contact Class Counsel

You have the right to legal counsel and advice throughout the claims process. This support is already paid for under the settlement agreement and is available to you **at no cost**. You can reach the legal teams responsible for providing you support at the numbers below.

British Columbia: Klein Lawyers – 1-604-874-7171

Alberta: Merchant Law Group – 1-306-653-7756

Saskatchewan: Merchant Law Group – 1-306-653-7756

Manitoba: Merchant Law Group – 1-306-653-7756

Quebec: Merchant Law Group – 1-306-653-7756

Ontario: Koskie Minsky – 1-855-595-2626 or Burrison Hudani Doris LLP – 1-866-360-5952

NWT and all Eastern Provinces: Koskie Minsky – 1-855-595-2626

Emotional Wellness Support is Available 24/7

Emotional and mental health counselling and crisis support is available to Class Members 24 hours a day, 7 days a week through the **Hope for Wellness Hotline** at **1-855-242-3310** or **hopeforwellness.ca**.

Counselling is available in English, French, Cree, Ojibway and Inuktitut, on request.

Enjoy better health with



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shopgreenmedicine@gmail.com

120 Commanda Cres. North Bay ON

www.shopgreenmedicine.ca

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www.culturalmindfulness.ca

couchie.george@gmail.com

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Open Weekends & Holiday Mondays from
10am to 5pm @ 115 Little Lakes Road
We Buy & Sell Antiques, Vintage,
Collectibles and Architectural Salvage

(705) 474-6468



Old Ideas Emporium

Dot Beaucage-Kennedy, Elder/ Grandmother
Nipissing First Nation

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dotbeaucagekennedy@gmail.com



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www.ktlgaaningmidwives.com



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10am-6pm

705-471-0472

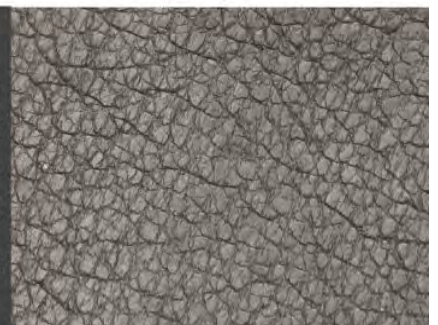
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CRAFT
SUPPLIES



GIFTS
& MORE





December 2021 & January 2022

| SUN | MON | TUES | WED | THU | FRI | SAT |
|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|--------------------------------------------------------------------------|
| Garbage collection is every Monday (except holidays) and Recycling collection is every second Tuesday. ○ = Garbage □ = Recycling | | Offices Open on Tuesdays & Thursdays as of Dec. 7 <i>Proof of Vaccination required to enter</i> | 1 Food Bank ACCESS DAY Deadline to Order Seniors Meal Packages | 2 Deadline to Enter Kendaaswin Draw | 3 Kendaaswin Draw | 4 |
| 5 | 6 | 7 Council Mtg @ 7:30pm | 8 Deadline for Applications – 2 BR Duplex in GV | 9 Seniors Meal Packages | 10 House Decorating Photos Deadline | 11 House Decorating Voting Opens <i>Details on p.10</i> |
| 12 | 13 | 14 Baby Calendar Deadline | 15 Food Bank ACCESS DAY | 16 OPEN | 17 | 18 |
| 19 | 20 RAFFLE Deadline to apply for Advisory Committees & LNHL Volunteers | 21 Council Mtg @ 7:30pm | Sorry WE'RE CLOSED Dec 22 – Jan 4 | | 24 | 25 Merry Christmas Landfill Closed |
| 26 Landfill Closed | 27 | 28 EMERGENCY ACCESS 9am to noon <i>Finance & Social Serv</i> | 29 | 30 | 31 | 1 2022 Landfill Closed |
| 2 | 3 | 4 Deadline to Order Seniors Meals Council Mtg @ 7:30pm | 5 Food Bank ACCESS DAY | 6 OPEN | 7 | 8 |
| 9 | 10 | 11 OPEN | 12 Seniors Meal Packages | 13 OPEN | 14 | 15 |
| 16 | 17 | 18 OPEN Council Mtg @ 7:30pm | 19 Food Bank ACCESS DAY | 20 OPEN | 21 | 22 |
| 23 | 24 | 25 OPEN | 26 | 27 OPEN | 28 | 29 |
| 30 | 31 | NIPISSING FIRST NATION <i>A-Kii, Bemaadzjik, E-Niigaanungw</i> <i>The Land, the People, the Future</i> | | Contact Us 36 Semo Road Garden Village ON P2B 3K2 TEL: (705) 753-2050 FAX: (705) 753-0207 WEB: www.nfn.ca | | |

