



August 2020



ENKAMGAK

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

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Our offices are closed to the public until further notice.

Council Meeting

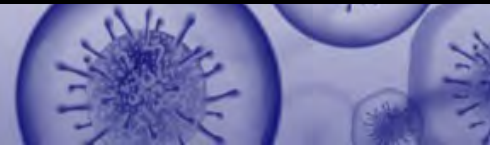
Tuesday, August 4th

10am in Duchesnay

Not open to public during COVID

Submit agenda items by 4pm on the Thursday prior to the Council meeting to: Freda Martel, Director of Administration, by email to fredam@nfn.ca.

CORONAVIRUS COVID-19



Stage 3 Reopening Plans

What's Open & What's Closed as of July 28th

Miigwech once again for your collective efforts to help stop the spread of COVID-19 and keep our community safe. We are grateful to everyone who is doing their part to protect our families and elders by following public health measures. With the reopening of the economy, it is more important than ever that we do not let our guards down. Stay safe!

As part of our stage 3 reopening plans, NFN parks, playgrounds and recreational facilities reopened as of July 17th, while beaches and recreational areas were reopened in stage 2. Please note that all NFN facilities are unsupervised and are not sanitized. Please supervise children at all times, maintain physical distancing (6ft/2m) and bring any hygiene supplies (wipes/sanitizer) needed to protect your family's safety. Other facility updates include:

- The ODR/Sportsplex in Garden Village is open to a maximum of 10 users at a time, however dressing rooms and washroom facilities remain closed.
- The Fitness Centre in Garden Village remains closed until further notice.
- Beaucage Park is closed for the 2020 season.

We continue to make preparations to safely reopen our offices to the public, however no date has been confirmed at this time. All offices remain closed to members and visitors. Many departments are offering curbside services by appointment, and drop boxes are available at the Administration Office (main entrance and Finance), the Health Centre, Education Office and Natural Resources Department.

If nothing else, this pandemic has forced us to adapt the ways we connect and deliver services. Staff continue to provide fun virtual activities to keep the community engaged. Please see [pages 18-19](#) for more details.

Meanwhile, our Education staff have been working closely with our Health Services team, as well as with our four local school boards, the Kinooamaadziwin Education Body and the Ontario Ministry of Education (MOE) to develop plans and policies to guide a safe return to school for our students, pending the outcome of the plans local school boards are expected to submit to the MOE by August 4th. Please see [page 8](#) for details about our possible approach.

The majority of our businesses have now reopened and are being audited for compliance with COVID-19 precautions. The list of compliant businesses is updated on our [website](#).

In Stage 3, with physical distancing: 50 people can gather indoors; 100 people can gather outdoors



Visit nfn.ca for regular updates about operations, services & supports.

Public Health Update

As of July 28th, there have been 37 positive cases of COVID-19 in the North Bay Parry Sound District Health Unit area, with 36 listed as resolved (recovered) and one death. It has been 22 days without a positive case, and there have been over 19,000 tests conducted in our health unit's catchment area.

Face Coverings Now Mandatory

Nipissing First Nation (NFN) has implemented a policy to provide direction on the use of face coverings for all enclosed public settings, buildings, offices, work vehicles and businesses located on NFN. It is intended to align with local best practices such as the directive issued by the Health Unit mandating face coverings effective July 24, 2020. NFN's policy will come into effect on **July 31, 2020** (age and medical exemptions apply). We are asking our community to be "COVID kind" and understand that not everyone can safely wear a face covering and may need accommodation and understanding. If you have any questions or to request a copy of the NFN Face Covering Policy, please contact our Community Health Nurse at 705-753-3312 or by email to chn@nfn.ca.

Every NFN building will have disposable masks, gloves and sanitizer at each entry way. Wearing a face covering is recommended when physical distancing is a challenge and does not replace the need for physical distancing and other health measures. Learn more about [Face Coverings](#) on the Health Unit's website, or see the poster from the Ontario Ministry of Health on [page 12](#) detailing when and how to wear a mask.

Here's what you need to know...

- ◆ Owners/operators of enclosed public spaces and transportation must have a face covering policy that is put into effect using their best efforts. This includes posting signs and promoting the use of face coverings to protect others from COVID-19 spread.
- ◆ Certain exemptions for the face covering requirement apply, such as: age (children under the age of two years or under the age of five years either by birth age or mental development and cannot be persuaded), health or ability, religious officiants, staff working within or behind a physical barrier (e.g. plexiglass barrier) provided physical distancing of two metres can be maintained among staff, or in an area of an enclosed public space that is not designated for public access and where physical distancing of two metres **can** be maintained.
No proof of exemption is required.
- ◆ Although a business, organization, or service has the right to deny entry to their premises, the policy regarding the use of face coverings indoors should be used as a means to educate people on face covering use. Wearing a face covering is an easy way to protect others.

Public Health Information

North Bay Parry Sound- District Health Unit

(updated at 3pm weekdays)
<https://www.myhealthunit.ca/>

Cases in Ontario (updated daily at 10:30am and 5:30pm)
<https://covid-19.ontario.ca/>

For more information or for medical advice:

- Telehealth Ontario for medical advice at **1-866-797-0000**
- North Bay Parry Sound District Health Unit at **1-800-563-2808 ext. 5229**
- Your primary health care provider (i.e. Family Doctor)

Do not call 911 unless it is an emergency.

Think you have COVID-19 symptoms?

Call Telehealth Ontario: **1-866-797-0000** **OR** use this self-assessment tool to help determine how to seek further care: <https://covid-19.ontario.ca/self-assessment/>

To book a COVID-19 test, contact:

West Nipissing

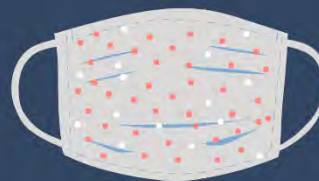
Open 10am - 4pm
Mon, Tues, Thurs, Fri
Call 705-580-2186 to make an appointment

North Bay Regional Health Centre

Appointment Required
705-474-8600 ext. 4110

HOW TO WEAR A NON-MEDICAL MASK (FACE COVERING)

1. Clean your hands for at least 20 seconds.
2. Make sure the mask fits snugly to cover your nose and mouth (from below your eyes to around your chin).
3. Secure it with ties or ear loops so that it is comfortable.
4. Avoid touching the front of the mask while wearing it.
5. Remove the mask when it becomes soiled, damp, damaged or difficult to breathe through.
6. Do not share your mask with others.





Robinson Huron Treaty Annuities Case Update

Ontario is appealing the Stage 1 Decision, claiming that Justice Hennessy erred in her interpretation of the treaty augmentation clause. Canada has not appealed the Stage 1 Decision. The dates for Ontario's appeal are now finalized: January 11-14 and 18-21, 2021 in Toronto or virtually if the pandemic is still here.

The Stage 2 decision confirmed the Crown is liable back to 1850, and we are prepared for the issues to be addressed in Stage 3 regarding the compensation owed to the First Nations. This will be the final Stage, subject to potential appeals for Stage 2 and 3. However, the First Nations will be pushing for the settlement of this case at every stage.

Stage 3 is in the process of being organized and legal teams are preparing for the hearing in April 2021 and June 2021.

[Click here to read the Community Bulletin.](#)



Measures to Address Criminal Activities

On July 3rd, we issued a notice detailing the actions we are taking to address multiple issues in our communities, especially in Garden Village. We continue to work closely with the Anishinabek Police Service (APS) to address multiple issues in our communities, especially in Garden Village, but we need community members to do their part and report suspicious or criminal activities to police immediately for follow up.

Call 911 if someone's health, safety or property is in jeopardy or a crime is in progress. To report incidents/concerns, contact APS at 1-888-310-1122 or Crime Stoppers at 1-800-222-TIPS (8477) or online at nearthcrimestoppers.com. If you feel threatened or see something suspicious, **please make the call to APS right away.** If your report to APS is not responded to within a reasonable timeframe, please contact the Administration office at 705-753-2050 and we will follow up. [Read the full notice on our website.](#)

Organizational Changes

COVID-19 is only the latest event to test our resiliency and we know that the path going forward is full of exciting opportunities and demanding challenges to take on. In order to continue moving towards realizing our vision, Council has reassigned our current Chief Executive Officer, Dwayne Nashkawa, to the position of Strategic Advisor. In this new role, he will focus exclusively on strategy, higher-level issues and opportunities, supporting the Chief in managing external relationships and acting as a political advisor to Council. We are currently advertising for a new CEO to manage day-to-day affairs and oversee the administration of our nation's programs and services. [Read the full notice on our website.](#)



Please note that Council meetings are not open to the public for the time being during COVID-19.

Members are invited to submit any items to the agenda by contacting Freda Martel or sending requests by email to fredam@nfn.ca

STRONGER TOGETHER



Business Licence Applications

We have received business licence applications for the following proposed businesses (click on the links below to view each notice, or call 705-753-2050 to request hard copies):

- [Consulting Business – 83 Cranberry Crescent, Garden Village](#)
- [Massage Business – 396B Ted Commanda Drive, Garden Village](#)
- [Construction Company – 2127 Jocko Point Road](#)
- [Masonry Business – 838 Yellek Trail](#)
- [Convenience Store – 761 Couchie Memorial Drive, Duchesnay](#)

Should you wish to express any legitimate concerns or valid objections you may have about a proposed **business**, you are to submit them in writing by August 17, 2020 to:

Michael Harney, Economic Development Manager
36 Semo Road, Garden Village, Ontario P2B 3K2 OR michaelh@nfn.ca

Should you wish to express any legitimate concerns or valid objections you may have about a proposed **land use**, you are to submit them in writing by August 17, 2020 to:

Cathy McLeod, Land Manager
36 Semo Road, Garden Village, Ontario P2B 3K2 OR cathym@nfn.ca

Employment Opportunities

To view the complete job posting, click on the position titles below, visit nfn.ca/jobs, or call 705-753-2050 to request a copy by mail, fax or email.

Ojibway Women’s Lodge – Front Line Workers (2) – Permanent Full-Time
Apply by Friday, July 31, 2020 at 4:30 p.m.

Registered Early Childhood Educator (Garden Village) – Permanent Full-Time
2nd Round Posting. Apply by Friday, July 31, 2020 at 4:30 p.m.

Band Representative – Permanent Full-Time
3rd Round Posting. Apply by Friday, July 31, 2020 at 4:30 p.m.

Native Child Welfare Program Supervisor – Permanent Full-Time
Apply by Friday, July 31, 2020 at 4:30 p.m.

Native Child Welfare Program Prevention Worker – Permanent Full-Time
Apply by Friday, August 14, 2020 at 4:30 p.m.

Office Administrative Assistant – Nipissing Secondary School – Renewable Contract
Apply by Friday, August 14, 2020 at 4:30 p.m.

Nipissing Secondary School Teacher – Contract – 2nd Round Posting
Apply by Friday, August 14, 2020 at 4:30 p.m.

Cook/Cleaner – Nipissing Ojibway Daycare – Permanent Part Time
Apply by Friday, August 14, 2020 at 4:30 p.m.

Public Works Manager – Permanent Full-Time
3rd Round Posting. Apply by Friday, August 14, 2020 at 4:30 p.m.

Chief Executive Officer – Permanent Full-Time
Apply by Friday, August 14, 2020 at 4:30 p.m.

Please submit a cover letter and resume before the deadline by mail, fax or email. Applications received after the deadline will not be considered.

Notice from the Lands Office

A friendly reminder that if the shoreline in front of your property does not form part of your lot on a legal survey, it is band land.

Any improvements you make to that area is at your own risk. Please be advised that placing personal items on the shoreline and maintaining the area does not constitute ownership.

If you have questions about your lot lines when it abuts the shoreline allowance, or to get a copy of your lot as it is shown on the legal survey, please contact the Lands Office at 705-753-2922.

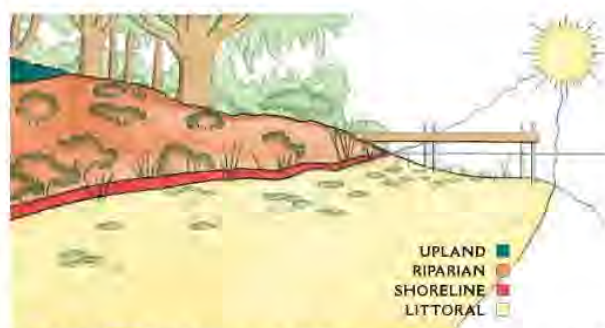
Please see pages 5 & 6 for helpful information about shoreline work and permitting from our Natural Resources Department.

Notice from the Natural Resources Department

Shoreline Work & Permitting

Care should be taken when planning and undertaking work along the shoreline due to the potential to cause negative effects on the natural environment, including fish and wildlife habitat. Some examples of shoreline work are re-arranging, adding or removing rock, rubble, gravel or sand in or adjacent to the water, installing breakwalls, boat launches, docks, dredging, filling and the removal of aquatic vegetation. If you intend to undertake shoreline work, the Natural Resources Department must be contacted.

The shoreline refers to the transitional zone between land and water. There are components to your lake front which play an important role in the health of the lake. They include the near-shore littoral zone in the water, the shoreline, the riparian zone and the upland zone (depicted below).



Under the Fisheries Act “no one may carry out any work that causes death of fish ...” or the “harmful alteration, disruption or destruction of fish habitat”. Following guidelines and regulations can make a difference to the impacts on shorelines. Nipissing First Nation follows the timing windows recommended by the Department of Fisheries and Oceans (DFO) because restricting activity around shorelines at certain times of the year helps protect fish and fish habitats.

In order for this to work, we need the co-operation of everyone who enjoys the use of Lake Nipissing and its surrounding shorelines.

Silt or sediment can be harmful to fish and fish habitat. Silt that enters the watercourse (e.g. working in the riparian zone) can have devastating effects on fisheries and spawning sites. Silt causes breathing difficulties in adult fish, smothers fish eggs and dislodges eggs stuck to rocks or vegetation making them easy prey to other fish.

Nipissing First Nation is not exempt from federal laws and regulations. Band members must abide by these laws as well as any other persons living on, working with, or making use of the shorelines. The Fisheries Act defines fish habitat as “water frequented by fish and any other areas on which fish depend directly or indirectly to carry out their life processes, including spawning grounds and nursery, rearing, food supply and migration areas (habitat).” Please remember the reason you chose to live at the waterfront. If possible, look for a property that already matches what you desire in an effort to minimize your interest in undertaking harmful alterations to a shoreline.



Depending on the work being proposed, changes to the shoreline can weaken fish and wildlife habitat. One example of important fish habitat would be areas containing dense aquatic

vegetation known to be important for spawning fish such as northern pike. In the spring, pike migrate into shallow areas along the shoreline. Grasses and sedges are preferred, but other vegetation may be used. Removing material in shallow areas can expose embryos to siltation from wave action and currents. Dense vegetation is important for survival as young pike grow.

Aquatic plants such as cattails are important for wildlife and a great stabilizer for shore substrate; birds use materials for nests or as nesting areas. Snapping turtles prefer slow moving water with an abundance of aquatic vegetation for foraging. Snapping turtles are listed as Special Concern under the Species at Risk Act (SARA), which means they may become threatened. Species at risk and their habitats are protected under Federal and Provincial laws. As land owners and leasers, you can help by protecting natural vegetation.



Walleye spawning habitat is present along the north shore of Lake Nipissing. Ideal walleye spawning sites consist of clean coarse rock and cobble, interspersed with gravel in relatively shallow depths.



The NFN Natural Resources Department requires that all residents (i.e. members and non-members) apply for a permit when working in or around water.

1. Please contact the Natural Resources Department prior to commencing any shoreline activity at 705-753-2050.
2. A site visit is recommended. This will provide a better understanding of what work is being proposed.
3. Complete the application for work permit and application to do work on shorelands of Nipissing First Nation.
4. Make a plan for the work you are proposing to complete fronting your shoreline property. Include sketches/drawing/survey plans.
5. Application may require the comments of at least two immediately adjacent neighbours' on your proposed work.
6. Approval from the Natural Resources Department. If approved, all work is to be confined to the area indicated on your application.

For more information contact:

Nikki Commanda at (705) 753-2050 ext. 1251
email: nikkic@nfn.ca



Congratulations to our Graduates!



Grade 8

Destiny Beaucage	OLS
Mekia Vega-Goulais	Chippewa Intermediate
Ouske Couchie-Bobb	Chippewa Intermediate
Rylan Fisher	OLS
Tyler Beaucage	OLS
Brok Beaucage	White Woods
Kaysie Lafond	St. Joseph
Colin Peltier	OLS

Grade 12

Parker Dalgliesh	Chippewa
Brooklyn Thompson	Northern
Kile George	SJSH
Hayley Fisher	SJSH
Cassandra St.Pierre	Nbisiing
Brooklyn Gingras-Sawyer	SJSH
Bianca Beaucage	SJSH
Autumn Parsons	Nbisiing
Kaitlyn Restoule	SJSH
Haylie Couchie	Franco Cite
Cailen Hanzlik	Franco Cite

Congratulations to all NFN 2020 students graduating from Grade 8, Grade 12, and university and college programs!

AES Consent Winner

Thank you to everyone who has submitted their AES Consent forms to help support student success and well-being, inform project planning and services delivery, and develop reports and statistics. Congratulations to **Kairo Maurice-Shabogeshic** for winning the FitBit prize!

Pick up your "Back to School" Package & Incentives

Duchesnay – Nbisiing Secondary School – August 19th from 11 a.m. to 6 p.m.

Garden Village – Education Office (70 Semo Road) – August 20th from 11 a.m. to 6 p.m.

Any packages or incentives not picked up on these dates will be mailed on August 21st. For more information or to arrange pick-up or mail-out, contact Tracy at (705) 753-6995 or by email to tracyh@nfn.ca.

Each "Back to School" Package includes:

- NFN Education Department information booklet
- Registration form (if needed, it may include authorization for release of information and AES consent)
- Memo regarding the approach to student transportation for "back to school" and other information related to COVID-19 precautions. Please see the next page for a summary of our possible approach.
- A face mask

To complete student registration, please bring: status cards, health cards, emergency contact numbers and pick up/drop off addresses.

Note that safety precautions will be in place for pick-up due to COVID-19.

Please refer to signage at these locations.



Possible Approaches to Back to School

Our Education staff have been working closely with the Ministry of Education, Kinooamaadziwin Education Body (KEB) and our four local school boards on a possible approach to bussing once more information about back to school plans is known. The current public health circumstances related to COVID-19 will require school boards to prepare for a range of curriculum delivery methods for the 2020-21 school year.

School boards have until August 4th to submit their plans to the Ontario Ministry of Education detailing three separate learning models.

As stated on the [ministry's website](#), "The health, safety and well-being of students and staff is a top priority as the government plans to reopen schools for the 2020-21 school year... Relationships between schools and local public health units will be crucial to navigate the complex and evolving COVID-19 environment, planning and reopening schools, and addressing other child health issues that emerge."

Ontario's plan to safely reopen schools will provide options for parents - to send their children in-class or to enter online learning - with health, safety and well-being at its core. Boards will be asked to plan for the following three scenarios to be implemented in September, depending on the public health situation at the time: normal school day routine with enhanced public health protocols; modified school day routine; and at-home learning. Read more in the [Ontario News Release](#) dated June 19th.

It's important to note that the return to school in the fall of 2020-21 will be voluntary and based on parent choice. As noted above, the Ministry asked school boards to be prepared to offer remote education for as long as public health circumstances require adapted delivery of education.

Student Transportation

With physical distancing expectations, the ministry acknowledges that "transportation planning will be challenging due to the reduction in vehicle capacity to accommodate students, which may result in school boards and consortia transporting fewer students. Given local circumstances differ across the province, school boards, in partnership with their local health units, should determine what protocols are required as well as any subsequent impacts to service levels."

Nbisiing Bus Lines has implemented recommended measures to help minimize the spread of COVID-19 in the context of school bus operations and protect both students and drivers. A document containing recommendations and guidance has been developed, and is subject to change based on the evolution of COVID-19 transmission and the discovery of new evidence. The full document will be shared with parents and guardians in the coming weeks, but some key aspects include:

- **Health & Safety Protocols:** daily self-assessment/screening of drivers and students, reduced bus capacity and assigned seats, additional cleaning protocols, increased ventilation on buses, use of non-medical masks or cloth face covering. *Kits are available at the Education Office (1 mask & hand sanitizer) and masks are also available at the Health Centre.*
- **Guidance for School Bus Operations during the COVID-19 Pandemic:** bus supply kits, PPE training, posted signage.
- **Ensuring Measures Taken to Protect Drivers Reflect the Risk of Exposure:** following current public health measures.

If you have any questions or concerns, please contact the Education Office at 705-753-6995 for more information.



Education Department Reminders

Forms & Information: A reminder that the **Student Information and Bussing Sheet** needs to be filled out every year by all students. The form is available on our website under [Departments > Education > Student Info > Elementary & Secondary](#).

An [Authorization for Release of Information](#) form also needs to be completed for each new student.

Please advise the Education office of any new JK students or grade 8 grads, or if your child(ren) are changing schools.



ANISHINABEK EDUCATION SYSTEM

MEMBERSHIP UPDATE
JUNE/JULY 2020

KEB UPDATE REGARDING COVID-19

Over the past several months, the KEB has been working under modified operations while practicing the recommended physical distancing measures. With the Province of Ontario preparing to move into Phase Three of its reopening plan in July, the KEB will begin its own preparations to reopen its offices in September. This plan includes establishing a new standard for safe operations.

Meanwhile, the staff of the KEB continue to meet with the Regional Education Councils through regular teleconferences. The KEB also participates in bi-weekly teleconferences with the Anishinabek Nation Education Secretariat and with the Ministry of Education's Southern First Nations Task Team. These are important platforms that allow the KEB to provide the Participating First Nations (PFN) with updates, to collect feedback on Covid-19 related needs and priorities, and to advocate for enhanced support for the First Nations.

In May 2020, the Government of Canada announced additional Covid-19 related funding for First Nations that will support Post Secondary Education. Indigenous Services Canada confirmed the anticipated funds with the KEB in mid-June, however the timeline for the release of the funding is unknown. A formal letter is expected from Indigenous Services Canada in the coming weeks. Participating First Nations will be notified of their individual transfer payments as soon as possible.

ANNUAL GENERAL MEETING 2020

The Kinooaadziwin Education Body hosts its annual general meeting with the membership of the Anishinabek Education System (AES) every year in June. The annual gathering fulfills the corporate bylaw of the organization, and enables the following activities:

- presentation of audited financial statements;
- delivery of the annual report;
- election of KEB Board of Directors; and
- continued networking and relationship building.

As a result of the Covid-19 physical distancing restrictions, the annual general meeting will be postponed until large in-person gatherings are permitted in Ontario. The KEB's 2019-2020 Annual Report was shared with the PFNs on June 30. It can be viewed on the KEB website at www.aes-keb.com. Planning details for the fall gathering of the AES will be shared as they become available.

ORGANIZATIONAL AND GOVERNANCE REVIEW

In June 2020, consultant MNP completed the organizational and governance review of the KEB and the AES. The review was conducted between November 2019 and April 2020, and a final report was submitted in mid-June. The final report offers recommendations for effective change that will sustain and improve the ongoing establishment of the AES and the operations of the KEB.

The Board of Directors is reviewing the final report, which contains 20 high-level recommendations with more than 60 associated activities. Recommendations will be prioritized by the Board of Directors and a work plan will be developed and monitored by an ad hoc governance committee. The committee consists of three KEB Board Directors, and will be supported by KEB staff and legal counsel. The committee will be responsible for overseeing the implementation of any recommendations over the coming months. A seven-page summary report of the review will be distributed to the PFNs in July 2020, along with identified implementation priorities.

PLANNING FOR THE NEXT MULTI-YEAR ACTION PLAN

The Multi-Year Action Plan (MYAP) supports the implementation of the Master Education Agreement with the Province of Ontario. It outlines 17 projects that have been in motion since April 1, 2018.

The current MYAP will be completed in August 2021, at which time a new three-year work plan will take effect. The development of the next MYAP requires an extensive planning process that has already begun. Throughout the month of July, consultations will take place with the Regional Education Councils, in order to collect PFN feedback on the next MYAP. The feedback collected from the Regional Education Councils will inform the development of a framework for negotiations. Consultations and internal planning will be led by the KEB's Special Projects Coordinator, Elizabeth Bigwin.

The review and negotiation of the next MYAP will be led by the KEB's legal counsel, Tracey O'Donnell, and the KEB's fiscal advisor, Helen Bobiwash. Additional support will be provided by the KEB's Board of Directors, the Acting Director of Education, and the Special Projects Coordinator. Regular updates will be provided to the PFNs as the process for planning and negotiations continues.

TIMELINE OF DEVELOPMENT FOR THE 2021-2024 MULTI-YEAR ACTION PLAN



UPCOMING CONSULTATIONS

Over the next several months, the KEB will be heavily engaged in consultations with the PFNs, in order to collect information that will support multiple areas of work throughout the year. KEB staff and hired consultants will be leading the consultations, which may take shape as one-on-one telephone discussions, focus groups, online surveys, potential community visits, and video conferences.

The subject areas that require PFN feedback and participation include:

- Covid-19 related needs and anticipated costs to support AES students;
- AES Capital Needs Assessment (hired consultant);
- Post-Secondary Education Engagement initiative;
- statistical data collection to support longitudinal research and evaluation (hired consultant); and
- special education engagement.

Each of the consultation areas may require the participation of various PFN reps, including leadership, education directors, REC Representatives, and key admin and education staff. Detailed information regarding each of the subject areas will be provided to the PFNs before consultations begin.

We look forward to engaging with many of you over the coming months, in order to ensure thorough representation of the PFNs in each of these important areas of work!

GTIGEWIN

Garden Stand Schedule for 2020

Stands will be open Noon-3pm or until supplies last
Please do not visit a garden stand if you have symptoms of COVID-19 and remember to always practice physical distancing

NEW DATES!

Friday, August 14th
Duchesnay - Nibissing Secondary
School

Friday, September 4th
Duchesnay - Nibissing Secondary
School

Friday, August 21st
Hellek - Playground

Friday, September 11th
Hellek - Playground

Friday, August 28th
Garden Village - Senior's Complex

Friday, September 18th
Garden Village - Senior's Complex

Pick Your Own Schedule for 2020

This year community members can access the garden only at certain times in order to help keep everyone safe and healthy during the pandemic. Please do not visit the garden if you have symptoms of COVID-19 and remember to always practice physical distancing.

NEW DATES!

Starting August 18th, the garden will be open for picking during the following times:

Tuesdays 4pm - 7pm

Thursdays 4pm - 7pm

Saturdays 9am - noon

For full guidelines on how to visit the garden or garden stands safely, or for changes to the schedule due to weather, call Erika at the Health Centre at 705-753-3312 or check the [NFN Health & Recreation Facebook page](#).

Coronavirus Disease 2019 (COVID-19)

When and How to Wear a Mask

Recommendations for the General Public

Wearing a mask can help to prevent the spread of some respiratory illnesses, but it can also become a source of infection if not worn or discarded properly. If you need to wear a mask, you should also be sure to clean your hands frequently with soap and water or alcohol-based hand sanitizer.

Wear a mask if:

- You have symptoms of COVID-19 (i.e., fever, cough, difficulty breathing, sore throat, runny nose or sneezing) and are around other people.
- You are caring for someone who has COVID-19.
- Unless you have symptoms of COVID-19, there is no clear evidence that wearing a mask will protect you from the virus, however wearing a mask may help protect others around you if you are sick.



How to wear a mask:

- Before putting on your mask, wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer.
- Secure the elastic loops of the mask around your ears. If your mask has strings, tie them securely behind your head.
- Cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask.
- Do not touch the front of the mask while you wear it. Wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer if you accidentally touch your mask.

How to throw away your mask:

- Do not touch the front of your mask to remove it.
- Remove the elastic loops of the mask from around your ears or untie the strings from behind your head.
- Hold only the loops or strings and place the mask in a garbage bin with a lid.
- Wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer after you have discarded your mask.

More information about masks:

- When a mask becomes damp or humid, replace it with a new mask.
- Do not reuse a single-use mask. Discard your mask when you have finished using it.

The information in this document is current as of April 10, 2020.

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Ontario 

I practice physical distance, handwashing and wearing a mask because...

The Seven Grandfather teachings

Humility – Dbaadendiziwin

Bravery – Aakwa'ode'ewin

Honesty – Gwekwaadzwin

Wisdom – Nbwaakaawin

Truth – Debwewin

Respect – Mnaadendimowin

Love - Zaagidwin



Humility – I am humble and an equal, I don't know if I have COVID, as we know people can spread the disease even without symptoms.

Bravery – I am strong, I will practice physical distance, handwashing and wearing a mask because I have the courage to face my fears.

Honesty – being truthful and true to yourself, the reality is COVID is real and I don't want to add to the spread of the virus.

Wisdom – I have the knowledge to keep my community and family safe, therefore I will practice physical distance, handwashing and wearing a mask because I know it works.

Truth – We must understand, speak and feel the truth, it gives us the ability to act without regret, therefore I act true to myself by practicing physical distance, handwashing and wearing a mask.

Respect – I respect the balance and needs of others, I don't want to get someone else sick with COVID, therefore I practice physical distance, handwashing and wearing a mask.

Love – I love all of creation, I love my family, and my friends, I want nothing but kindness and peace for all things around me, therefore I practice physical distance, handwashing and wearing a mask out of love.

Source: Curve Lake First Nation

Nbisiing Anishinaabemwin

August - Daatkaagmini Giizis (Blackberry Month)

Daatkaagmin Giizis, Semaa nda- pkidnaa mina dbasendis

Giyat gii-kanoondiyaangban mina n’de mooshne mkshkawziwin

Gbishkoo giizis

Ngii-kendaan Gzhemnidoo ndawenmid nji- bi-gnoonjgeyaan maa nake’ii

Gookmis bgosendam wii – dbasendisyaan Daatkaagminan miigwewnan ,nkwedwe pii kinoomaagewnan wii-bzinmang kwedwewin maa Mnidoo-kiing ebinjibaamgak.

Nkwedwe ni-shkiishkoon mina tawgan nji-zheskin , nji-miingoyaan endwenmaan maa ndi-nenmowin , wiiwyong mina mino- mnidoowin. mii dash ji-moseyaan maa Nishnaabe Miikaang megwaa Mnidoo Zhichkewin.

Noongom kwedwe ebwewendmowin iw gaa –kidsiwaan .

Pii dash mkeshkaadyaang Miiknaang , ga- chi- piitendis eshi- aawyaan.

Baa maa dash minwa,

Gmiigwechiwin

Daatgaagmini Giizis, I offer my tobacco and humble myself.

It has been a long time since we spoke and my heart is filled with energy like the moon.

I know the Creator would want me to come and speak this way.

Gookmis, I humble myself to the gifts of the thimbleberry.

I ask in the time of these teachings, to hear the words that come that come from the spirit world.

I ask that my eyes and ears be open, to receive what is needed to balance my mind, body and spirit so I may walk this anishnaabe road in the spirit of Creation.

I ask forgiveness for the things I do not speak of and the things I have forgotten.

Until the next time

Miigwech



WORDS (Kidwinan)

Bitwa’ii	between/middle
Gaawbiwnong	west
Giizis ningishmo	sunset
Gija’ii	on top
Gmaagshin	laying down
Mkadewaa	black
Naama’ii	under
Niigaan	front
Pime’ii	side
Shkwayang	behind
Shpiming	up

NFN Garden Project Update

Earlier this spring, our Culture Centre partnered with Ktigaaning Midwives to seek out cash sponsorship in order to help people begin their own food gardens.

As a result of 2 anonymous donations, we were able to supply soil, fertilizer, peat moss, seeds and plants, and garden cloth to 21 local families, on reserve and in local urban areas. Next year we hope to expand on this to include more families and help expand existing gardens to support food sustainability.

Garden Photos Contest

In July, we sponsored a contest where we asked on reserve and local off-reserve members to submit photos of their gardens. Prizes were awarded and we will have photos of these in the next newsletter. For August, we have a **new contest** that is also open to on-reserve and local off-reserve members:

For those who have gardens, submit pictures of food dishes you have created using your garden produce, such as: canning, pasta sauces, salads, soups, veggie platters, etc. Be creative!

We will have a thread on the [NFN Culture & Heritage Events Facebook page](#) for you to submit your entries.

The deadline for submissions for dishes created from garden produce is Sunday, August 23rd at 4:00 p.m.



Mskomdip - In the Kitchen with Sumac

Sumac-Ade – Cold Infusion



Ingredients

Handful of sumac berries
Sweetener to taste, agave nectar or honey (optional)

Directions

- Place your sumac berries on a clean tea towel and let sit preferably overnight, so any little critters can leave, or rinse your sumac in cool water to remove any of the “outdoor elements” that might be clinging to them. Place sumac berries in cool/room temperature water. One large cluster of sumac will flavor a minimum of 2 cups of water. The more sumac you use, the quicker and more flavorful your sumac-ade will be!



- Crush the berry clusters in the water using a sturdy spoon (or even a potato masher if it will fit in your vessel). Allow the sumac to soak for at least a few hours or overnight, depending on how much sumac you used. The longer

it soaks, the stronger the flavor, but with enough berries, an overnight soak will produce a very flavorful result.

- Strain your Sumac-ade through cheesecloth or a coffee filter. Once your sumac-ade is strained, you can sweeten to taste with the sweetener of your choice, but many drink it straight up. A good local unpasteurized honey is perfect, but you can also use monk fruit or stevia, both pure ingredients.
- Another option is to make your sumac-ade by infusing it in raw birch or maple sap that you’ve collected in the spring. This would be so tasty.



Sumac Spice

Let your berries dry in a cool dark place for a week or two, as this makes the spice much easier to separate from the seeds.

You will need:

- 1- Sumac cluster
- 2- A sifter or strainer
- 3- A blender, herb grinder, or food processor

Step 2: Grind Your Sumac Berries

Put the berries in a food processor, or blender or the hand held herb grinder. You are trying to knock the dry fruit off of the seed. Pulse them in the blender for a while until the seeds are mostly yellow and there is red dust separate from the seeds.

Step 3: Strain the Seeds Out of Your Sumac

Put the mixture through a strainer or flour sifter. This will move the seeds well and let the red spice fall through. If you taste it you will notice that it’s very tart, but the sourness fades quickly. You can sprinkle a little on chicken breast or fish for a nice seasoning. Try some on vegetables or kabobs.

** 1 cup of berries is only about 1 1/2 teaspoons of spice. **
It shouldn't take very long to collect all the berries you need for a year's cooking.

As with anything, when taking creator's gifts from the earth, remember to make an offering of semaa and ask mshkiki (medicine) to help people. This is an important part of healing.

****Nbisiing Nishnaabeg Gaabinaadziwaad Gamig****

Pure 100% Sumac - No Salt, No Preservatives, No Additives, Non GMO, No Irradiation.



Ininiwanish - Protecting Milkweed Plants

Why is milkweed so important?

This beautiful plant is the most important habitat to our memegwensag (monarch butterflies). By feeding almost exclusively on milkweed leaves, they are able to accumulate enough of the poison in their bodies to make them distasteful to predators. The nectar in all milkweed flowers provides valuable food for butterflies, bees, and other pollinators.

Butterflies don't only need nectar, but also need food at the caterpillar stage. The leaves of milkweed plants are the **ONLY** food that monarch caterpillars can eat! And monarch butterflies need milkweed to lay their eggs.

With shifting land management practices and pesticide use, we have lost much milkweed from the landscape. *This has led to a 90% decline in the number of eastern monarchs in a just single decade.*

Along the bridges in Ktigaaning (Garden Village) there is fair amount of milkweed, as well as the entrance to the graveyard. If you see these plants, please **speak up and help to protect them.**

The milky white sap was applied topically to remove warts. A Caution here: *Do not get milkweed sap in your eyes (such as rubbing your eyes after touching the sap); wash your hands thoroughly after handling the plant. Also, some people may develop an allergic reaction when the sap touches the skin.*



Habitat of our Monarch Butterflies



Giizoog - Months

- Mnidoons Giizis** - Spirit Moon - December
- Boonigni Giizis** - Big Winter Moon - January
- Mkwa Giizis** - Bear Moon - February
- Ziispaakdo Giizis** - Maple Sugar Moon - March
- Nmebin Giizis** - Sucker Moon - April
- Waabgowan Giizis** - Flower Moon - May
- Odemin Giizis** - Strawberry Moon - June
- Miini Giizis** - Blueberry Moon - July
- Daatkaminaag Giizis** - Blackberry Moon - August
- Mndaabmini Giizis** - Corn Moon - September
- Binaakwii Giizis** - Falling Leaves Moon - October
- Mtigmeg Giizis** - Whitefish Moon - November

- Namegiizhgad** - Sunday - Prayer Day
- Nookiigiizhgad** - Monday - Day After
- Niizhgiizhgad** - Tuesday - Second Day
- Aabtawse** - Wednesday - Half Way
- Shpinganwan** - Thursday - Consecration
- Jiibii'yaatogiizhgad** - Friday - Cross Day
- Maaniigiizhgad** - Saturday - Mary's Day

Continued on next page

Nbisiing Nishinaabemaadziwin Teg
Our Way of Life
 NFN Culture & Heritage Centre

Giizooog - Months (Continued)

Giizooog – More than one month, or a secular calendar is what we use today. In our own ways, we would use the 13 Moons calendar where there are 28 days per month, and our new year would start when the baby bears are born. Living our lives this way under our 13 moons governance system, we live according to nature. We don't force nature into these square calendars and try to put ourselves above creation.

We are providing this nishnaabe knowledge to provide you with a nishnaabe resource to use in your everyday lives. As for the present time, we continue to use the secular calendar until we find our way once again.

You will also notice that the days of the week used (shown on the bottom of the previous page), all have references to the Catholic Church. However, in our own lives, according to the 13 moons, this is how we would refer to days...

Original Knowledge in reference to passage of days:

Future tense:

Noongom	today
Waabang	tomorrow
Was-waabang	day before tomorrow
Chi-was-waabang	3 days from now
Gi-chi-was-waabang	4 days from now

Past tense:

Noongom	today
Jinaago	yesterday
Was- naago	2 days after today
Chi-was- naago	3 days after today
Gi chi- was-naago	4 days after today

Giizooog	more than one month
Afternoon	shkwaa naawkwe
Dawn	biidaaban
Dusk	newigaa
Early morning	wiibaj gizzheb
Evening	nagshigin
In the morning	gizheb
It's morning	gizhebawgad
Noon	naawkwe

Maajgizo Giizis	beginning of the month
Ni-aabtoongizo(d)	half the month
Ni-shkwaangzod giizis	the end of the month

Calendar Days:

- 1 **Bezhigh**
- 2 **Niizh**
- 3 **Nswi**
- 4 **Newin**
- 5 **Naanan**
- 6 **Ngodwaaswi**
- 7 **Niizhwaaswi**
- 8 **Nshwaaswi**
- 9 **Zhaangswi**
- 10 **Mtaaswi**
- 11 **Mtaaswi-Shi Bezhigh**
- 12 **Mtaaswi-Shi Niizh**
- 13 **Mtaaswi -Shi Nswi**
- 14 **Mtaaswi-Shi Newin**
- 15 **Mtaaswi-Shi Naanan**
- 16 **Mtaaswi-Shi Ngodwaaswi**
- 17 **Mtaaswi-Shi Niizhwaaswi**
- 18 **Mtaaswi-Shi Nshwaaswi**
- 19 **Mtaaswi-Shi Zhaangswi**
- 20 **Nizhtana**
- 21 **Nizhtana-Shi Bezhigh**
- 22 **Nizhtana-Shi Niizh**
- 24 **Nizhtana-Shi Newin**
- 25 **Nizhtana-Shi Naanan**
- 26 **Nizhtana-Shi Ngodwaaswi**
- 27 **Nizhtana-Shi Niizhwaaswi**
- 28 **Nizhtana-Shi Nshwaaswi**
- 29 **Nizhtana-Shi Zhaangswi**
- 30 **Nswimdana**
- 31 **Nswimdana-Shi Bezhigh**



Cultural Events



Making Ribbon Skirts

with Tracey Larochelle

Thursday, August 20th

Online Session. Fee is \$20 per person - payable by Electronic Money Transfer (EMT) to payments@nfn.ca.

For more information or to register, please contact:

Mindy at 705-753-2050 or mindym@nfn.ca.

NFN members receive first priority for registration.



Making Wind Chimes

Children's Project

Kits available starting August 6th

We will prepare packages with a variety of items for children to create wind chimes. Submit a photo of their creations on the [NFN Culture & Heritage Events](#)

Facebook Page by August 23rd at 4pm.

For more information or to register, please contact:

Gail at 705-753-2050 or gailm@nfn.ca.

Programs for Children



Tuesday, August 4 - Movie Trivia @ 10:30am - 11:30am - Online using Zoom Platform

Participants will receive a movie night package! For children ages 6-12 years.



Wednesday, August 5 - Virtual Non Baking @ 6:00pm - 7:00pm - Online using Zoom Platform

All materials will be provided. For children ages 6-12 years.



Thursday, August 6 - Baby Chat @ 2:00pm - 3:00pm - Online using Zoom Platform

For parents and children ages 0-6 years.



Tuesday, August 11 - Science Experiments @ 1:30pm - 2:30pm - Online using Zoom Platform

All materials will be provided in advance. For children ages 6-12 years.



Tuesday, August 18 - Scavenger Hunt @ 6:00pm - 7:00pm - Online using Zoom Platform

Prizes to be won! For children ages 6-12 years.



Tuesday, August 25 - Around the World Trivia @ 1:30pm - 2:30pm - Online using Zoom Platform

For children ages 6-12 years.



Wednesday, August 26 - Pictionary Game @ 1:30pm - 2:30pm - Online using Zoom Platform

For children ages 6-12 years.



Thursday, August 27 - Scrapbooking @ 6:00pm - Online using Zoom Platform

6 sessions will run bi-weekly. Must register by August 24th at 4pm. All registered participants will receive a start-up kit and materials will be provided for the other 5 sessions. No new registrations after first session.

For children ages 6-12 years.

Registration is required for all events. For more information or to register for Children's Programs, please contact Katie @705-753-2050 ext. 1323 or by email to katiel@nfn.ca.

Youth Events

DID YOU KNOW?

that the NCW program has a participation draw every month?!

The grand prize for August is a tablet! Youth ages 13-24 will be able to receive numerous ballots per event throughout the month of August.

Attending more events increases your chances of winning! Follow our [Native Child Welfare Program Facebook page](#) to stay updated on events planned for August.



NETFLIX PARTY

Every Tuesday in August

Netflix Party @ 7:00pm

Online using Zoom Platform

Join us on Tuesday August 4th, 11th, 18th & 25th.



Every Friday in August

Virtual Game Nights @ 6:00pm

- Online using Zoom Platform

Join us on Friday August 7th, 14th, 21st & 28th.

Each participant will receive a mystery treat box to enjoy during the show! Please register in advance.

Some of the games include Jackbox.Tv, Ultimate Werewold & Codenames. Please register in advance.



Thursday, August 13

Beaded Pop Sockets

@ 1:00pm - 4:00pm

Online using Zoom Platform



Wednesday, August 26

Mystery Box Cook-Off

@ 1:00pm

Online using Zoom Platform

Limited spots available. Deadline to register is Monday, August 10th; delivery of supplies will be on August 12th.

Limited spots available. Deadline to register is Friday, August 21st. Participants will receive a box of supplies and will be judged on how well they incorporate the ingredients.



Tobacco Ties

We offer tobacco to those that we are asking for help. This can be an Elder, Knowledge Keeper or any Indigenous person that is invited to share knowledge through public speaking, counseling and workshops. It also applies when you go to someone for advice or teachings.

Tobacco is always offered from your left hand - it is closest to your heart.

Simply cut your fabric into a square, place tobacco in the middle and gather it. Tie off with any string, yarn or ribbon.

If you receive tobacco, go to your special, quiet place and give it to a fire, water or Mother Earth.



Registration is required for all events. For more information or to register for Youth Programs, please contact Brady @705-753-2050 ext. 1274 or by email to bradyp@nfn.ca.

What you should do to prepare for a Tornado Warning

In light of recent tornadoes in Ontario regions that are not so far away from us, please review this article to learn about the steps necessary to keep you and your family safe should there be a tornado warning for our area. Please take warnings seriously as they can be very destructive and at times cause death to people who do not know how to keep safe during a tornado.

Tornadoes are rotating columns of high winds. Canada gets more tornadoes than any other country with the exception of the United States, averaging about 50 tornadoes per year. Here are some facts about Tornadoes:

- Can move quickly (up to 70 km/hour) and leave a long path of destruction (at other times the tornado can be small with rapidly fluctuating wind speeds).
- Can uproot trees, overturn cars and demolish houses.
- Usually hit in the afternoon and early evening, but have been known to strike at night.
- Are relatively common in Canada, but only in specific regions: Alberta, Manitoba, Saskatchewan, Ontario, Quebec, New Brunswick, and the interior of British Columbia.
- Have a season extending from April to September with peak months in June & July, but can occur at any time of year.

Warning signs of a potential tornado:

- Severe thunderstorms.
- An extremely dark sky, sometimes highlighted by green or yellow clouds.
- A rumbling or a whistling sound caused by flying debris.
- A funnel cloud at the rear base of a thundercloud, often behind a curtain of heavy rain or hail.

What to do:

In all cases

- Get as close to the ground as possible, protect your head and watch for flying debris.
- Do not chase tornadoes — they are unpredictable and can change course abruptly.
- A tornado is deceptive. It may appear to be standing still but may in fact be moving toward you.

In a house

- Go to the basement or take shelter in a small interior ground floor room such as a bathroom, closet or hallway.
- If you have no basement, protect yourself by taking shelter under a heavy table or desk.
- In all cases, stay away from windows, outside walls and doors.

On a farm

- If your personal safety is not at risk, you may have time to open routes of escape for your livestock. Open the gate, if necessary, and then exit the area in a direction perpendicular to the expected path of the tornado.

In a recreational vehicle or mobile home

- Find shelter elsewhere, preferably in a building with a strong foundation.
- If no shelter is available, crouch down in a ditch away from the mobile home or recreational vehicle. Beware of flooding from downpours and be prepared to move.

In a high rise building

- Take shelter in an inner hallway or room, ideally in the basement or on the ground floor.
- Do not use the elevator.
- Stay away from windows.

In a gymnasium, church or auditorium

- Large buildings with wide-span roofs may collapse if a tornado hits.
- If you are in one of these buildings and cannot leave, take cover under a sturdy structure such as a table or desk.

In a vehicle

- If you spot a tornado in the distance go to the nearest solid shelter.
- If the tornado is close, get out of your car and take cover in a low-lying area, such as a ditch.
- Do not take shelter under an overpass or a bridge. Winds can accelerate under an overpass or a bridge and cause injury or death from flying debris. **"Be prepared, be safe!"**

in the Spotlight

This month, we are pleased to highlight several Nipissing First Nation members who have been recognized for the inspiring work they are doing through education and activism to make our world a better place to live in.

Don Couchie & Dr. Gail Lafleur

Celebrating Indigenous Excellence

A York Region District School Board (YRDSB) Story

The respect and honour of the Ojibwe language: Anishinaabemowin, and the Anishinaabek: Ojibwe traditional knowledge, culture and spirituality, are at the centre of Dr. Gail Lafleur and Don Couchie's desire to inspire Indigenous youth. They have always worked to empower Indigenous students to reconnect with their identity, language and heritage.

Both from Nipissing First Nation, Donald Wilfred Couchie and Gail Sarah Lafleur met at an Indigenous Traditional Gathering, while she was working on her Master's degree at Brock University.

Couchie and Lafleur have both witnessed quite a few changes to the ways Indigenous students experience education. Lafleur works to support FNMI students, and she believes in the importance of her role and presence in the schools. She understands that Indigenous youth need cultural, social, and academic supports to achieve success: for balance and wellness of mind,

body, spirit and emotion. Couchie notices students engaging more with their language as well as dedication from people in the Board to supporting the work. Couchie is appreciative to work with Jodi Johnston who oversees the Anishinaabemowin Program. "YRDSB is a very good place," he said.

While they see positive changes like these, they would like to see more. Lafleur would like to see permanent roles in providing Indigenous support for Indigenous youth as well as the continuation of hiring of Indigenous teachers, curriculum consultants and Indigenous language teachers in schools. Couchie would like to see it go even further, with the implementation of Ojibwe language learning from pre-school to PhD, outside of the regular school system. "We need that for the survival of our culture and language," he explained.

Read the full article here: <https://bit.ly/39Ew6uz>

Watch the story: <https://www.youtube.com/watch?v=tWgK41PIDS0&feature=youtu.be>

Ian Campeau

Lifetime Achievement Award

Congratulations to Ian Campeau on being honoured with an *Anishinabek Nation Lifetime Achievement Award* for his ongoing commitment to improving the quality of life for First Nations people through his art and activism.

Also known as DJ NDN, Ian is the co-founder & former member of the music group A Tribe Called Red (ATCR). Through a powerful combination of art and activism, he uses his notoriety to draw attention to issues of racism, gender based violence, stigmas of mental health, and other forms of oppression. He is Ojibwe, Anishinaabe from Nipissing First Nation.

In 2013, Ian successfully filed a human rights complaint against an amateur football club in Ottawa that had been using "Redskins" as its club name. The team is now called the Nepean Eagles. He advocates for the need to have a policy drafted on the use of indigenous identities and imagery in sports.

In November 2017 Ian decided to step away from ATCR to focus on mentorship & advocacy work. Ian is one of a group of emerging aboriginal thought leaders who are building what he calls a "civil rights movement" for their minority community. Ian promotes inclusivity, empathy and acceptance amongst all races and genders in the name of social justice. He believes that indigenous people need to define their identity on their own terms.

In addition to his music, Ian is equally engaged in his family project, raising three children with his strong partner and living on a ranch just outside of Ottawa where they grow their own food and some livestock.

Bio Source: <https://www.nsb.com/speakers/ian-campeau/>



in the Spotlight

Bryan Bellefeuille

Teach for Canada

Bryan Bellefeuille is an Ojibway Language Teacher who worked with Teach For Canada to deliver land-based education this summer. The Summer Enrichment Program brings teachers together with Indigenous leaders, northern teachers, and education experts to prepare them to support student success in northern First Nations in Ontario and Manitoba.

Bryan is the father of three and is Anishinaabe of Nipissing First Nation. He is a firekeeper, a grass dancer, and a traditional fisherman. Bryan graduated from the Schulich School of Education at Nipissing University after completing an undergraduate in Mathematics. During his time enrolled he was invited to speak at the Perimeter Institute for Theoretical Physics regarding Indigenous Mathematics, as well as attend a session of the same topic at the Fields Institute of Mathematical Sciences.

He previously worked with Indigenous people within the Ontario and Canadian Criminal Justice System as a Gladue Report Writer. During that time Bryan was part of the team that edited the Ontario curriculum for Grade 10 History in response to the Truth and Reconciliation Commission's Call to Actions numbers 62 & 63.

When asked what he hopes teachers will take away from his session, Bryan said: "I am hoping that teachers understand that Indigenous people hold such powerful knowledge that it can

save lives in a modern context. I want them to know that it is important to teach that their family knowledge is important and valuable. I want them to know that to make space for Traditional Knowledge in unconventionally thought subjects, like mathematics, is not only worth their time but can change the world through the future actions of those students."

Read the full article here: <https://teachforcanada.ca/en/stories/trauma-informed-classrooms-land-based-learning>

Watch a highlight reel of Bryan's video session here: <https://bit.ly/2ZUnSLE>



Miigwech from Chloe Chartrand

I want to thank the Dreamcatcher Fund for supporting me to play hockey for West Nipissing Sting Atom hockey team for the 2019-2020 hockey season. I really enjoyed my year and developed some good friendships and connections with some of my other team mates. I am happy to have this opportunity to play, and enjoy going to tournaments with my team. I am learning so many things, such as becoming a team player, having fun, building friendships and learning to be more confident in myself and my skills I am learning every year.

Thank you for your support.
Chloe Chartrand—Age 10





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August 2020

Daatkaagmini Giizis (Blackberry Moon)

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Netflix Party every Tuesday @ 7pm for youth aged 13-24 years		Every Tuesday Netflix Party @ 7pm via Zoom	Virtual Gaming every Friday @ 6pm for youth aged 13-24 years		Every Friday Virtual Gaming @ 6pm via Zoom	1
2	3  Civic Holiday Have a safe long weekend!	4 Council Meeting 10am - Duchesnay Closed to public during COVID Movie Trivia @ 10:30am via Zoom (Ages 6-12)	5 Food Bank Access Day – order form at nfn.ca or call 705-753-6972 Virtual Baking @ 6pm via Zoom (Ages 6-12)	6 Baby Chat @ 2pm via Zoom (Ages 0-6) Kids' Wind Chime Kits Available – Register w/ Culture Centre	7	8
9	10	11 Science Exp. @ 1:30pm via Zoom (Ages 6-12)	12	13 Beaded Pop Sockets @ 1pm via Zoom (13-24)	14 Garden Stand 12pm – 3pm @ Nbisling S.S	15
16	17 Deadline for Input on Business Licence Apps Details at nfn.ca or call 753-2050	18 Scavenger Hunt @ 6pm via Zoom (Ages 6-12) Pick your Own @ Gtgewin Garden 4pm – 7pm	19 Food Bank Access Day – order form at nfn.ca or call 705-753-6972 Back to School package pick-ups 11am – 6pm @ Nbisling School	20  Making Ribbon Skirts Workshop via Zoom (\$20 fee) Back to School package pick-ups 11am – 6pm @ Education Office Pick your Own @ Gtgewin 4-7pm	21 Garden Stand 12pm – 3pm @ Yellek Playground	22 Pick your Own @ Gtgewin Garden 9am - Noon
23 Deadline @ 4pm to submit photos of Kids' Wind Chime Projects to NFN Culture & Heritage Events Facebook page	24	25 Around the World Trivia @ 1:30pm via Zoom (6-12) Pick your Own @ Gtgewin Garden 4pm – 7pm	26 Pictionary Game @ 1:30pm via Zoom (Ages 6-12) Mystery Box Cook-Off @ 1pm via Zoom (Ages 13-24)	27 Scrapbooking @ 2pm via Zoom First of 6 sessions (Ages 6-12) Pick your Own @ Gtgewin Garden 4pm – 7pm	28 Garden Stand 12pm – 3pm @ Seniors' Complex in Garden Village	29 Pick your Own @ Gtgewin Garden 9am - Noon
30	31	 <p>NIPISSING FIRST NATION A-Kil Bemazdebik E-Niigaanwaag The Land, the People, the Future</p>		Contact Us 36 Semo Road Garden Village ON P2B 3K2 TEL: (705) 753-2050 FAX: (705) 753-0207 WEB: www.nfn.ca		

