



ENKAMGAK

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

Mdaamin Giizis (Corn Moon)

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Council Meetings

Tuesday, September 4th
7pm - Garden Village

Tuesday, September 18th
7pm - Duchesnay

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at 705-753-2050 ext. 1223 or by email to fredam@nfn.ca.

Council Inaugural Meeting

Our new Chief & Council were officially sworn in on Tuesday, August 7th in the Teaching Lodge in Ktigaaning (Garden Village). Chi-Miigwech to Evelyn McLeod for conducting the powerful ceremony in Anishinaabemwin, and to all community members who came to meet with our leaders.

Our newly elected Council is looking forward to continuing on the path of successive Councils who have shown vision, commitment and strong leadership to build our nation. Together, we will work to ensure the long-term health and prosperity of our nation and Debendaagziwaad.

Committee portfolios will be assigned at the next regular Council meeting on Tuesday, September 4th at 7:00 p.m. in Garden Village Council Chambers.

Chief & Council 2018-2021



Gimaa (Chief) Scott McLeod

Cell: 705-498-3990 Email: scottm@nfn.ca

Aanke Gimaa (Deputy Chief) Muriel Sawyer

Cell: 705-477-1198 Email: muriels@nfn.ca

Giigdonini (Councillor) Brian Couchie

Email: brianc@nfn.ca

Giigdoniniikwe (Councillor) Jane Commanda

Email: janec@nfn.ca

Giigdoniniikwe (Councillor) June Commanda

Email: junec@nfn.ca

Giigdonini (Councillor) Corey Goulais

Email: coreyg@nfn.ca

Giigdonini (Councillor) Michael Sawyer

Email: mikes@nfn.ca

Giigdonini (Councillor) Rick Stevens

Email: rics@nfn.ca



L-R: Councillors Brian Couchie, Jane Commanda, Rick Stevens, Deputy Chief Muriel Sawyer, Chief Scott McLeod, Councillors June Commanda, Michael Sawyer & Corey Goulais

Committee Member Call-Out

NFN Members Sought for All Committees



Chief and Council are seeking Nipissing First Nation registered members to serve on committees for a period of three years commencing in or around September 2018 and ending in May 2021.

Committee meetings are held once per month and members are paid an honorarium of \$50 for each meeting that they attend. Members must be 18 years of age and over to participate on committees and may participate in a maximum of two (2) committees.

If you are interested in becoming a member of any of our committees, please complete the Committee Application form available at www.nfn.ca, at the Band Office reception desk, or call 705-753-2050 to request a copy by mail, email or fax.

Please submit completed applications no later than Friday, September 14th to:

Freda Martel, Director of Administration
Nipissing First Nation
36 Semo Road, Garden Village, ON P2B 3K2
By email to fredam@nfn.ca
By fax to 705-753-0207

A complete list of committees is available on the right side of this page, and more detailed descriptions of each committee are provided in the Committee Application form that is available at www.nfn.ca or from the Band Office reception desk.

Your Participation on Committees is Important



Our committees bring the voices of the membership to current issues and priorities, and help provide valuable context to our decision-making process.

Committee recommendations also assist Chief and Council in meeting the Governance Strategic Plan goals of Nipissing First Nation.

Each member of Council brings a wealth of experience and education in their fields of expertise that benefits our nation through their involvement in our committees, as well as their advocacy of Nipissing First Nation through external boards and agencies.

Each member of Council is responsible for managing one more committee portfolios. These portfolios will be assigned at the first regular meeting of our newly elected Chief and Council on Tuesday, September 4th at 7 p.m. in Garden Village Council Chambers.

Our Committees

Anishinaabemwin

Works on opportunities to encourage Anishinaabemwin, provides input into the Language & Culture Strategy and language translations.

Community Development

Addresses community development from a grassroots perspective, including addressing community policy and/or advocacy matters.

Community Wellness

Addresses community policy and/or advocacy matters with regard to community safety, recreation, sport and leisure to enhance community wellness.

Culture & Pow Wow

Assists in the planning and coordination of the annual pow wow, and provides input into cultural plans & initiatives.

Economic Development

Assists with identifying EcDev opportunities and projects for NFN and with reviewing the Business Licensing law.

Education

Reviews education reports and strategies from external agencies (school boards, KEB) and provides input for recruitment strategies at Nipissing Secondary School.

Health & Social Services

Provides input into Wiidooktaadyang service delivery, child protection and other community health issues.

Housing

Provides input into housing needs and projects on NFN.

Land & Bylaw

Promotes responsible stewardship of our lands, waters and natural resources by drafting land laws and policies.

Natural Resources

Provides input into responsible harvesting of NFN's natural resources, as well as NFN's Fisheries Law & Justice Circles.



Fisheries Law & Regulations

Background

In 2015, NFN members identified concerns about the stressed walleye population through community consultations.

NFN put the following regulations in place to sustainably manage the fishery:

- Maximum number of gillnets permitted: 3
- Minimum gillnet mesh size: 3.75"
- Spring moratorium on gillnetting (annual)
- Moratorium on the cultural practice of spear fishing (temporary)

Chief & Council set regulations and limits each year to ensure our commercial fishery stays within sustainable harvest levels.

Chi-Miigwech to our registered and compliant commercial fishers, and to community members who follow our law.

We appreciate your efforts to support the recovery of the walleye population.



Commercial Fishery Closing for 2018 Season

All commercial gill nets must be lifted by 9:00a.m. on September 15th

As advised on August 16th, NFN's Chief and Council have mandated the closure of the commercial fishery for the 2018 season effective **Saturday, September 15th at 9:00 a.m.** The closure will remain in effect until the end of the spring 2019 moratorium.

This closure does not affect our members' inherent, treaty-protected rights to harvest fish for subsistence or ceremonial purposes. Members who plan to fish for subsistence or ceremony must follow our *Fisheries Law* and are asked to notify our Fisheries Office in advance by calling 705-753-6991.

Note: Anyone selling fish harvested under the pretense of subsistence or ceremonial fishing will be considered to be in violation of NFN's fishing laws and subject to enforcement measures under our *Fisheries Law*.

Miigwech to the registered commercial fishers and community members who respect the will of the community and follow the *Fisheries Law* and processes.

For more information, or to report compliance issues, please contact:

Jeff McLeod, Natural Resources Manager

705-753-2050 ext. 1325 | jeffm@nfn.ca

Background

Chief and Council mandated this closure in accordance with our *Fisheries Law* and based on data presented by our Natural Resources Department on August 8, 2018. The harvest data used to inform decision-making is collected by NFN Fisheries staff using catch reports submitted by registered compliant fishers, as well as harvest estimates for non-reporting/non-compliant fishers. The data presented shows that we are nearing the upper limit of the commercial fishery's safe harvest level of 20,000 kg for the 2018 season.

NFN is committed to principles of sustainability and the protection of resources while maintaining the practice of our rights in a responsible way. We regulate our own fishery through assessments, active monitoring, data exchange and harvest reporting, and we collaborate with the Ministry of Natural Resources and Forestry to enforce our *Fisheries Law*.

NFN's Gichi-Naaknigewin (Constitution) and *Fisheries Law* were ratified by Debendaagziwaad and are recognized by Ontario - a first that supports a new approach to fisheries management and nation-to-nation relationship building.

Broad Scale Netting Project in August

MNRF & NFN dropped research nets in Lake Nipissing

As advertised in local media on August 2nd, the Province and Nipissing First Nation conducted research and data collection on Lake Nipissing through the month of August.

The project allows for the collection of important information to help manage the whole lake ecosystem, as well as help in the recovery of the walleye population in Lake Nipissing.

Over the course of three weeks, standardized nets were set for 20 hours in randomly chosen locations to sample fish for length, weight, maturity and age. The data gathered from this project and other research is used to guide fisheries management on Lake Nipissing.

Nipissing Archaeology Field School

This Year's Findings Displayed for Community on August 9th



The Nipissing Archaeology Field School invited community members to come by and see the artifacts they unearthed this year. The field school conducted work and excavations in the following community areas between July 5th and August 10th:

- Little Sturgeon River
- Mosquito Creek
- Duchesnay
- Yellek
- Garden Village
- Dokis Point



The field school employed an Archaeology Project Leader, two post-secondary Student Archaeology Leaders to work with the secondary school students. All positions worked under the guidance and expertise of Archaeologist Ken Swayze.

The Nipissing Archaeology Field School has been in operation since 2014 and is funded through the Nipissing Enhancement Fund. The Land Manager is the project manager.

If you missed this display, visit the [NFN Archaeology Field School 2018 Facebook page](#), or contact the Land Office to make arrangements to come in to view the display. The display will also available to view at the upcoming annual community meeting in November.



Education Department Reminders

Please contact the Education Department if you have had a change of address, a change of schools, and/or for new JK and SK registrations.

Student incentives that weren't collected at the distribution dates in August can still be picked up or will be mailed from the Education office starting on August 31st.

We wish all students a happy return to school and best wishes for your continued academic success!



Education Office
 70 Semo Road, Garden Village
705-753-6995
www.nfn.ca/admin_education.php



Offices Closed September 3 & 21

All NFN offices will be closed on Monday, September 3rd for Labour Day and on Friday, September 21st for our annual Staff Appreciation Day.

The Landfill site is also closed on Monday, September 3rd. Regular hours are from 9am to 5pm on Saturday, Sunday, Monday and Tuesday (closed for all statutory holidays).

Student Info & Bussing Forms

A reminder that all students accessing Nipissing Bus Lines services must fill out a Student Information and Bussing Form **EVERY YEAR.**

The form is available here: <https://bit.ly/2OEcgEg> or please contact the Education Office to request a copy.





Fall Sessions Adult Education

- * Are you looking to achieve your grade 12?
- * Do you need help getting a transcript?
- * Not sure what options are out there?
- * What are maturity credits?

The Adult Education Program will start up again on Monday, September 10th.

Classes are offered:

Monday & Wednesday
6:00 p.m. - 8:00 p.m.
Nbisiing Secondary School in Duchesnay

Tuesday & Thursday
6:00 p.m. - 8:00 p.m.
Kendaaswin (Library) in Garden Village

For more information or to register, please call the Education Office: 705-753-6995. You are also welcome to drop-in to a session for assistance.

Facilitator:
Linda Lewis

Integrated Children's Program Register Now! Program Starts Soon!

Back to School is right around the corner, so it's time to start thinking about After School programs. The Integrated Children's Program is scheduled to begin on Monday, September 10th.

Please be aware of the following information to register your child(ren):

- The program is for children between the ages of 6 – 12 years
- Children must be registered BEFORE they attend the program
- Program runs Monday to Thursday from 3:30 p.m. to 5:30 p.m. (No program on holidays or when buses are cancelled)
- Pick up is at the Holy Spirit Church Basement
- After school snack provided

To register: Download a form at www.nfn.ca or pick one up from the Band Office or Health Centre. Please return completed forms to Brandie Fong at the Health Centre or by email to brandief@nfn.ca. Should you have any questions, please contact Brandie at 705-753-3312.

Service Canada Outreach Sessions Free Drop-In Information Clinics

Service Canada is hosting these clinics to ensure our community members have access to the benefits they are entitled to and may not be aware of.

Topics will include:

- Old Age Security
- Newborn Registry
- Canada Child Benefit Information
- Social Insurance Number Clinic
- Youth Services



Wednesday, September 12th
TIME & LOCATION TBA
Garden Village

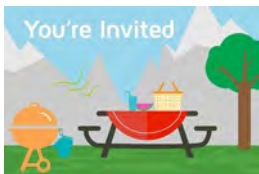
Thursday, September 13th
TIME & LOCATION TBA
Duchesnay

Congratulations to Liz Stevens Anishinabek Lifetime Achievement Award Recipient

On August 15th, our Community Health Representative Liz Stevens was honoured with an *Anishinabek Lifetime Achievement Award*. Liz has served Nipissing First Nation for over 30 years in the Health Services field and was honoured for her lifetime commitment to improving the lives of Anishinabe citizens and the Anishinabek Nation as a whole.



SEASONAL



Neighbourhood BBQs

Free Food & Draws for All Ages

Join us for good food and even better company as we host 3 free neighbourhood BBQs from **5:30 p.m. to 7:00 p.m.** at the following locations:

Thursday, August 30th at Tim's Convenience in Garden Village

Relocate to Outdoor Rink if raining

Thursday, September 6th at the Community Playground in Yellek

Re-schedule to Thursday, September 20th if raining

Thursday, September 13th at Nbisiging Secondary School in Duchesnay

Relocate inside school if raining

Transportation is available! Call Karen or Lori-Anne at 705-753-3312 to request a ride.
Must be present to win draw prizes. Children must be accompanied by an adult.

Sponsored by NFN Programs & Services



August 30th
Garden Village

September 6th
Yellek

September 13th
Duchesnay

Gtigewin Community Garden

Garden Stand Schedule & Garden Access

Check out the dates and locations below to find out when you can pick up *free fresh* vegetables from the Gtigewin Community Garden Stands.

Community members are also welcome to go to the garden anytime to pick vegetables. We just kindly ask you to record what you take on the bulletin board in the garden so we can track how much our garden is producing.



Gtigewin Cook-Off

August 30th
Noon - 1pm

Enter a dish or stop by to be a taster! Dishes must use at least one item from our garden or yours

Pick Your Own also available that day from 9am-1pm + prizes for pickers!

Stands will be open from Noon to 3pm - or until supplies last!

Tuesday, August 28th – Garden Village

Seniors' Complex

Friday, August 31st – Duchesnay

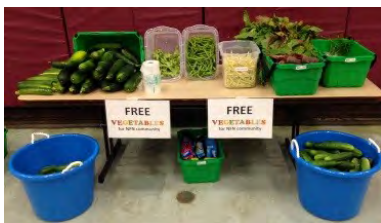
Nbisiging Secondary School

Tuesday, September 4th – Yellek

Playground

Friday, September 7th – Garden Village

Seniors' Complex



Please note: Stand dates may change due to weather conditions or crop availability. Please check Facebook ([Nipissing First Nation Health & Recreation](#)) or contact the Lawrence Commanda Health Centre for updates: 705-753-3312.

Career & Contract Opportunities with NFN

Watch our Website & Facebook Pages for Current Postings

The following employment opportunities are currently available with Nipissing First Nation. The deadline for applications for each posting is specified below. To view complete job postings, please visit www.nfn.ca and click on the *Jobs* tab, come in or call the office at 705-753-2050 to request a copy by mail or email.

CAREERS:

Student Success Teacher— Nbisiiing Secondary School

Permanent Full-Time

Apply by Friday, September 7th at 4:30 p.m.

CONTRACT POSITIONS:

Outreach Peer Worker— True Self Debwewendizwin

One Year Contract (with possibility of extension)

Apply by Friday, September 7th at 4:30 p.m.

Community Withdrawal Management Coordinator

Permanent Full-Time to March 2021 (possibility of extension dependent on funding)

Apply by Friday, September 7th at 4:30 p.m.

Native Child Welfare Program Support Worker

Contract to March 2020

Apply by Friday, September 14th at 4:30 p.m.

Bingo Canteen Worker

One Year Contract

Apply by Friday, September 14th at 4:30 p.m.

Qualified individuals are invited to submit a letter of interest and resume with three (3) current references no later than 4:30 p.m. on the deadline date specified above to:

Jennifer Lalonde, Human Resources Manager
Nipissing First Nation
36 Semo Road, Garden Village, ON P2B 3K2
Fax (705) 753-0207 | Email: resumes@nfn.ca

Miigwech to all applicants for their interest; however, only those who qualify for an interview will be contacted.
Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1)(a) OHRC.



Did you Know?

Job posting titles are clickable and will direct you to the posting on our website.



NFN Jobs & Training

Call-Out for St. Joseph Scollard Hall Uniforms



We are looking for anyone with SJSH uniforms to **donate or sell** as NFN students are often looking for them and they are costly to purchase new.

Please contact the Education Office at 705-753-6995

if you have any uniforms that you are willing to donate or sell.



BECOME A MENTAL HEALTH FIRST AIDER

If you've taken a physical first aid course; you've learned the skills needed to help in an emergency.

People can also have mental health emergencies, and it is important that more Canadians know how to provide help in these situations too.

Mental Health First Aid for First Nations

Mental Health First Aid is offered to someone with an emerging mental health problem or in a mental health crisis until appropriate treatment is found or the situation is resolved.

You can expect to gain the confidence and skills to engage someone with an emerging mental health problem or in a mental health crisis; gain greater recognition of mental health problems while decreasing stigma and improving mental health for yourself.

Monday, October 22nd to Wednesday, October 24th

8:30 a.m. to 4:30 p.m. (location to be determined upon confirmation)

Lunch & Refreshments Provided

No Cost for Nipissing First Nation Community Members

\$250.00 for others (cheques payable to Nipissing First Nation)

Register now to become certified in Mental Health First Aid

Please contact Lori-Anne McLeod at 705-753-1375 or loriannm@nfn.ca

ASIST 11 Workshop

Applied Suicide Intervention Skills Training

ASIST training is for everyone 16 or older regardless of prior experience - who wants to be able to provide suicide first aid. The ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community.

Tuesday, September 18th & Wednesday, September 19th

8:30 a.m. to 4:30 p.m. (location to be determined upon confirmation)

Trainers: Maxine Peltier & Cynthia Belfitt

Lunch & Refreshments Provided

No Cost for Nipissing First Nation Community Members

\$175.00 for others (cheques payable to Nipissing First Nation)

Participants must commit to the duration of training. Certificate provided upon completion.

To register, please contact Lori-Anne McLeod at 705-753-1375 or loriannm@nfn.ca



Giyak Moseng

The Right Path Counselling & Prevention Services

Giyak Moseng ~ The Right Path strives to offer professional, culturally-safe, trauma-informed services guided by Indigenous knowledge to provide mental health & addiction services for all ages.

The acknowledgement of culture as treatment remains at the core of the program with ongoing efforts to facilitate access to traditional resources in the community in addition to opportunities to increase staff knowledge, both personal and professional.

If you need support or Counselling for mental health or addictions issues, we are here to help! 705-753-1375



Child, Youth & Family Programs



Youth Sweat Ceremonies - Friday, August 31st & Saturday, September 15th (Ages 13-24)

Times Vary (see below) @ Teaching Lodge - Garden Village

Come and join us for a sweat with **Elder Isaak Day** on Friday, August 31st from 5pm - 9pm and with **Perry McLeod-Shabogesic** on Saturday, September 15th from 12pm - 4pm.

Women, wear your ceremonial skirts & men, wear your shorts. Bring a towel and a change of clothes. Gawaabmin ba maa pii (see you later!)

Hosted by the Native Child Welfare Prevention Program



Ball Hockey - Every Tuesday starting September 11th (Ages 12+)

6pm - 8pm @ Outdoor Rink/Sportsplex - Garden Village (bring your sticks, gloves, running shoes & water)

Hosted in partnership by the Native Child Welfare Program & NFN Recreation



Movie Night - Wednesday, September 12th & 26th (Ages 6-12)

6pm - 8pm @ New Wing Lobby - Garden Village

Hosted in partnership by the Native Child Welfare Prevention Program & NFN Kendaaswin (Library)



Teen Night - Friday, September 14th (Ages 13+)

6pm - 8pm @ New Wing Lobby - Garden Village

Hosted by the Native Child Welfare Prevention Program



Unity Circle - Sunday, September 16th (Ages 13-24)

1pm - 3pm @ Teaching Lodge - Garden Village

Hosted by the Native Child Welfare Prevention Program



Craft Night - Monday, September 17th (Ages 6-12)

6pm - 8pm @ NFN Kendaaswin (Library)

Hosted by the Native Child Welfare Prevention Program



Computer Night - Wednesday, September 19th (Ages 6-12)

6pm - 8pm @ NFN Kendaaswin (Library)

Hosted by the Native Child Welfare Prevention Program



Survival Overnight - Saturday, September 22nd (Ages 13-24)

7pm - 10am (next day) in Garden Village

Hosted in partnership by the Native Child Welfare Program & NFN Recreation



Lockdown! Movie Overnight - Saturday, September 29th (Ages 13-24)

8pm - 9am (next day) NFN Complex Gym in Garden Village

Feature film to be announced (watch the [NCW Facebook Page](#) for details). Breakfast will be served.

Hosted by the Native Child Welfare Program

Adult Wellness & Leisure



Baby & Me Drop-In - Tuesdays, September 11th & 25th

10:30am - 1pm @ NFN Kendaaswin (Library) - Garden Village

We discuss topics such as healthy child development and parent/child attachment. For more information or to register, call Katie at 705-753-2050 or katiel@nfn.ca. Transportation & lunch provided.

Hosted in partnership by the Native Child Welfare Prevention Program & NFN Health Services



Sustainable Spruce Roots Harvest

Aandi pii: Mdamini Giizis - **Wednesday, September 12th**

Aandi maa: Nbisiing Nishnaabeg Gaabinaadziwaad Gamig - **Culture Centre, Garden Village**

Dibaganeg: Mtaaso dibagane - **10:00 a.m.** - Ningo dibaganeg - **1:00 p.m.**

In part 3 of this series, Elder Perry McLeod-Shabogesic will conduct a sustainable harvest and teaching on how to prepare spruce roots.

Registration is required by contacting Mindy Martel at 705-753-2050 ext. 1260 or mindy.lariviere.martel@nfn.ca.

Light lunch will be provided.

Proudly sponsored by Nipissing First Nation and the Ontario Arts Council



Nbisiing Mshikiin Kendaaswin (Learning Medicines at Nbisiing)

Aandi pii: Mdamini Giizis - **Thursday, September 13th & Friday, September 14th**

Aandi maa: Namewgamgong - **Church Hall, Garden Village**

Dibaganeg: Mtaaso dibangeg Kizheb - **10:00 a.m.**

NFN members are invited to come learn about medicines at Nbisiing with Kinoomaage Nini (Facilitator) Joseph Pitawanikwat. We will be going out into the bush to sustainably harvest from creator's garden. Bring your water, snacks, clothing suitable to the weather, bug repellent if needed. We will meet as a group and decide what the needs are and plan from there.

Registration is required by contacting Mindy Martel at 705-753-2050 ext. 1260 or mindy.lariviere.martel@nfn.ca.

Proudly sponsored by Nipissing First Nation and the Ontario Arts Council



Adult Overnight Trip to Niagara Falls

Friday, September 21st & Saturday, September 22nd

Bus leaves Garden Village at 6:30am on Friday and leaves Niagara Falls at approximately 3:00pm on Saturday

Ages: 21-55 (open to 55+ if spaces are available)

Cost: \$55 per person - includes transportation and accommodations (2 people per room) at the Fallsview Comfort Inn in Niagara Falls. All other costs (meals & entertainment) are the responsibility of participants.

In fairness to all community members, we will start accepting names to hold seats on Tuesday, September 4th at 8:30 a.m. You must call to reserve your seat and pay the cost in full by Monday, September 17th to secure it.

We will only accept 2 names per call. Cancellations/refunds available if requested 48 hours before departure.

Please call 705-753-3312 to register starting on Tuesday, September 4th at 8:30 a.m. First come, first served.

Sponsored by the NFN Community Wellness Committee and coordinated by NFN Health Services.



Cultural Teachings & Events



Pow Wow Wrap-Up Meeting - Thursday, September 6th

6pm - 8pm @ Traditional Grounds - Jocko Point

Join us for a planning wrap-up meeting following our 30th annual pow wow. If you can't make it and have any questions or suggestions, please call Glenna at 705-753-2050 ext. 1232 or glennab@nfn.ca.



Parfleche Workshops - 2 Dates in Garden Village & Duchesnay (10am - 4pm both days)

Saturday, September 8th

Sunday, September 9th

Culture Centre, Ktigaaning

Nbisiing Secondary School, Duchesnay

\$20 to secure your spot. Priority to NFN members; waiting list for other interested people.

Please bring your own snacks & drinks

Register with Audrey Commanda at 705-753-2050 ext. 1290 or audreyc@nfn.ca



Family Drum & Dance Social - Thursday, September 13th

6pm - 8pm @ Teaching Lodge - Garden Village

Please feel free to wear your regalia pieces and to bring a snack to share. Everyone is welcome!

For more information, please contact Audrey Commanda at 705-753-2050 ext. 1290 or audreyc@nfn.ca



Gookmis Circle - Tuesday, September 18th

6pm - 8pm @ Culture Centre - Garden Village

Open to everyone. Please bring your semaa and a snack for the circle.

For more information, please contact Audrey Commanda at 705-753-2050 ext. 1290 or audreyc@nfn.ca



Hoof Bag Workshop - 2 Dates in Garden Village & Duchesnay (10am - 4pm both days)

Saturday, September 22nd

Sunday, September 23rd

Culture Centre, Ktigaaning

Nbisiing Secondary School, Duchesnay

\$20 to secure your spot - only 6 spots available for each date. Priority to NFN members; waiting list for other interested people. *Please bring your own snacks & drinks.*

Register with Audrey Commanda at 705-753-2050 ext. 1290 or audreyc@nfn.ca



Full Moon Ceremony - Tuesday, September 25th

7pm @ Culture Centre - Garden Village

Please wear your skirts and bring yellow cloth, semaa and a snack to share.



Bone Tools Workshop - 2 Dates in Garden Village & Duchesnay (10am - 4pm both days)

Saturday, September 29th

Sunday, September 30th

Culture Centre, Ktigaaning

Nbisiing Secondary School, Duchesnay

\$20 to secure your spot - only 6 spots available for each date. Priority to NFN members; waiting list for other interested people. *Please bring your own snacks & drinks.*

Register with Audrey Commanda at 705-753-2050 ext. 1290 or audreyc@nfn.ca

Nbisiing Anishinaabemwin

September - Mdaamini Giizis (Corn Moon)

Mdaamin Giizis, bkosenmin wii-wiidookwiyan mina wi-waamda'yshin maa maadziwin mina wii-nsodmaan maa Mnidoo –maadziwin maa mina waakwiing.

Gii kendaan Gzhemnidoo wiin gii-saad Mdaamin Giisoon, wii naadmawid, nji-gwekgaabwiyaan maa pii megwaa I maadziwin

Gookmis, mooshneshkaagooyan maadziwin wii-wiidookaazyen, meshtoonmowin.

Mtaaswi shi-nswi nooji-enaazwaad mdaaminag e-naabiishinwaad.

Giishpin nendmaan gegoo waa wiindmaan mii dash pii nkweshkoonan nsowaakmok miikan mii-piitendmigooyaan.

Miigwech.



Corn Moon, I humble myself to you for the journey of Creation shown to me and the understanding of the continuing journey of the spirits from this world to the next.

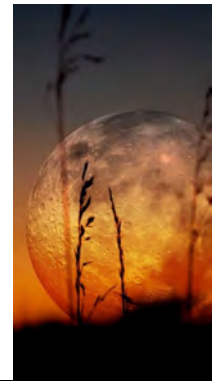
The Creator instructed Gookmis to teach me; so I may remain in balance with Creation .

Gookmis, my heart is filled with the energies to live and share this spiritual journey.

In the 13 rows of multi-coloured corn lies the spirits of the universe, waiting to begin the ever continuing cycle of life, as it was in the beginning.

I ask that I may be forgiven for the things I do not speak of the things I have forgotten. When we meet again at the crossroads, I will journey with honour and dignity for all that I am.

Miigwech.



Pow Wow Nishnaabeg Kidwinan (Words)

| | |
|-----------------------------------|-------------------------|
| <i>M.C.</i> | Gigido nini |
| <i>Boodwe nini</i> | Fire keeper |
| <i>Mishoomis</i> | Male Elder |
| <i>Gookmis</i> | Female Elder |
| <i>Bemaadzijig</i> | People |
| <i>Maajtaadaa</i> | Let's begin |
| <i>Naaniibwiyok kina</i> | Everyone stand |
| <i>Giiskan wiiwkwaanwaa</i> | Take hats off |
| <i>Maamwi -Biingenimwak</i> | Grand entry |
| <i>Nishnaabe- shimwak</i> | Native dancing |
| <i>Niimyok</i> | Everyone dance |
| <i>Ketin niimin</i> | Dance hard/fast |
| <i>Ntaa niimi</i> | Good dancer |
| <i>Miigwewin</i> | Give away |
| <i>Gchi-shangewin</i> | Big-feast |
| <i>Chi-depsinii</i> | I'm very full |
| <i>Minwendaan wiisniyaan</i> | I love eating |
| <i>Dewegan mina Dewegejik</i> | drums and drummers |
| <i>Mino taagziwag</i> | beautiful singing |
| <i>Minwendaan zhaayan pow wow</i> | I like going to pow wow |



New Sweat Lodge in Teaching Lodge

NFN youth participated in a teaching in August with Perry McLeod-Shabogesic to learn how to build a sweat lodge.

The teaching was focused on the selection of the right types of woods, how to build and how long the lodge is to stay up.

The lodge is significant for cleansing ceremonies, healing and incorporates traditional components. Our NCW program staff strives to equip our youth with these teachings for the purposes of strengthening identity, wellbeing and unity (connections) with each other by working together.



NIPISSING
FIRST NATION

**30th Annual
Traditional**

POW WOW

Resilient Past and Confident Future

September 1st & 2nd, 2018

NFN Cultural Lands 23 kms West of North Bay on Hwy 17 W
Turn South Jocko Point Road to 2100 Paradise Lane

Featuring Specials at Noon Saturday & Sunday

M.C.: Bob Goulais

Arena Director: Clifton Couchie

Host Drum: Young Eagle

Co-Host: The Ottawa River Singers

**Head Elders: Perry Shabogesic
and Evelyn McLeod**

Veteran Representative:

Kimberly Fong-Munro

Head Male Dancer: Steve Teekens

Head Female Dancer: Angel Armstrong

Friday Evening - Miss NFN

11:00 am to 1:00 pm: Registration

1:00 pm Saturday: Grand Entry

5:00 pm Saturday: Drummers & Dancers Feast

Hand Drum Contest during the Feast

7:00 am: Sunrise Ceremony Thursday to Sunday

Contact Person: Audrey, Event Coordinator

705-753-2050 Ext. 1290 or audreyc@nfn.ca

FREE ADMISSION - EVERYONE IS WELCOME !

VENDORS MUST REGISTER - ROUGH CAMPING 18+

ABSOLUTELY NO DRUGS, ALCOHOL OR PETS

Traditional Feast priority for Drummers, Dancers & Elders



Canadian
Heritage

Patrimoine
canadien

Dallas Arcand - 3x Champion Hoop Dancer
Exhibition: Saturday, September 1st @ 3pm



Food Bank Access Days:
September 5th and 19th
9:00 AM - 4:00 PM

Did you know?

The food bank is not just for Ontario Works and ODSP clients. It is also available to anyone with low income, which may include:

- Canada Pension Plan
- Old Age Security
- Employment Insurance
- OSAP/Student Allowance
- Part Time Employment
- No Employment Income

Don't hesitate to come in when you are in need. Our goal is to help everyone who walks through our doors. Please bring ID and proof of monthly or yearly income.

NIWIIDOOKTAADMIN CRITICAL INCIDENT RESPONSE TEAM

We are looking for community members who are interested in becoming part of **Niwiidooktaadmin Critical Incident Response Team**.

Individuals will become part of an organized team that is called upon to support other community members during times of critical events.

Training will be provided for all new members!

If you previously identified an interest please call or email to confirm your continued interest.

For more information, please contact:

Dr. Brenda Restoule at 753-1375 ext. 2242 or email drbrenda@nfn.ca.

CANADA PRENATAL NUTRITION PROGRAM

Are you pregnant or do you have a child less than 1 year old?

Are you a resident or member of Nipissing First Nation?

If so, you should consider registering with our Canada Prenatal Nutrition Program! Once registered, you may be able to:

- ✓ Receive a monthly Good Food Box
- ✓ Receive a monthly milk coupon
- ✓ Access gifts such as the Baby Bundle or Welcome Baby Bag

Special program opportunities: infant feeding support, home visiting, Drop in sessions, Baby Massage and much more

Once your child turns 1 year old, they may be enrolled in the Aboriginal Healthy Babies Healthy Children Program and continue receiving milk coupons until they turn 7 years old!

For more information contact:

Misty Arbour, Maternal Child Health Nurse
705-753-3312 x 2227



Makenzy Lariviere

3.5K Color Run/Walk

\$ BBQ FUNDRAISER

10:00am to 2:00pm

All proceeds to Makenzy & Family

Date: Saturday September 22, 2018

Where: 36 semo Road , Garden Village—Rink

Cost: \$25/person; \$15/child; under 4 free

Registration starts @ 10am until 11am

Included in Price:
Support Makenzy bracelet &
water bottle!

Wear White!

BBQ Sponsored by



For more information please contact
Nipissing First Nation Ontario Works
705-753-2050

License #1019-119



Only **YOU** can prevent cooking fires

COOKING IS THE #1 CAUSE OF HOME FIRES

WHAT'S THE RISK?

Cooking fires account for **22%** of all home fires.

Cooking **left unattended** is the cause of **52%** of all cooking fires.

Stovetop fires account for 71% of all cooking fires.

The average dollar loss per cooking fire is over **\$27,000**.

Cooking is the #2 cause of fatal fires in the home.

Statistics for Ontario between 2010-2014. Provided by the Office of the Fire Marshal and Emergency Management

Nipissing First Nation Fire and Emergency Services

705-753-4319

Office of the Fire Marshal & Emergency Management
www.ontario.ca/firemarshal

How do I prevent a cooking fire?

- ❖ Always stay in the kitchen while cooking. If you must leave, turn off the stove.
- ❖ Keep anything that burns — cooking utensils, dishcloths, paper towels and pot holders — a safe distance from the stove.
- ❖ Loose-fitting clothes can come into contact with stove burners and catch fire. Wear tight sleeves or roll them up when cooking.

FIRE INJURIES and DEATHS

- ❖ 32% of all home fire injuries occur in cooking fires.
- ❖ 14% of all cooking fires result in an injury or death.
- ❖ 11% of all home fire fatalities are caused by cooking



Thank You Tim's Convenience from Tyler Beaucage

Tyler Beaucage would like to thank Tim McLeod & Tim's Convenience for providing him with a sponsorship that allowed him to join in his first year of Rep Bantam Football.

Tyler was a Defensive Nose Tackle and was not only the smallest on his team, but also the youngest. He travelled every weekend with his team to different towns and cities and made many new friends. Tyler looks forward to continuing on his football journey.

Congratulations Tyler Beaucage on your first year of Rep Football, and thank you Tim's Convenience for your support to make it possible!



George Couhie
705-494-6887

286 Nova Beaucage Road
North Bay, ON P1B 8G5

couhie.george@gmail.com
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Please call ahead for store hours. Cash * Debit * Visa



September 2018

Mdaamin Giizis (Corn Moon)

| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
|--|--|---|---|--|---|--|
| Adult Education Program starts September 10th Mondays & Wednesdays from 6pm – 8pm @ Nbisiing Tuesdays & Thursdays from 6pm – 8pm @ GV Library Children's Integrated Program starts September 10th Registration required. Form available at www.nfn.ca or from the Band Office or Health Centre. | | | FOOD BANK NEW HOURS Every 1 st & 3 rd Wednesday Sept. 5th & 19th from 9am – 4pm | Aug. 30 Community BBQ Tim's Convenience 5:30pm - 7:00pm Gtgewin Cook-Off @ GV Garden Noon – 1pm | Aug. 31 Garden Stand @ Nbisiing School Noon - 3pm Miss NFN @ Pow Wow Grounds | 1 Grand Entry 1pm Dallas Arcand 3pm Feast 5pm Celebrate NFN's 30 th Annual Traditional Pow Wow |
| 2 Pow Wow Grand Entry @ 1pm Traditional Grounds Jocko Point <i>Everyone</i> <i>Welcome</i> | 3  Labour Day <i>Have a safe</i> <i>long weekend!</i> | 4 Garden Stand @ Yellek Noon - 3pm Council Meeting 7:30pm in GV Council Chambers | 5  OPEN 9-4 Kids' Movie Night 6-8pm @ New Wing Lobby in GV On Wed, Sept. 12 | 6 Community BBQ Yellek Playground 5:30pm - 7:00pm Pow Wow Wrap- Up Meeting 6-8pm @ Jocko Point Grounds | 7 Garden Stand @ Seniors' Complex Noon - 3pm Deadline to Apply for Committees is September 14th | 8 Parfleche Workshop 10am – 4pm @ Culture Centre in GV \$20 to secure spot Priority to NFN members, others will be waitlisted |
| 9 Parfleche Workshop 10am – 4pm @ Nbisiing School in DV \$20 to secure spot Priority to NFN members, others will be waitlisted | 10 Integrated Children's Program Starts After school until 5:30pm @ Church Basement in GV Adult Education Program Starts | 11 Baby & Me Drop- In 10:30am – 1pm @ GV Library Ball Hockey every Tuesday 6pm-8pm @ GV outdoor rink | 12  Diners' Club 11am – 1pm @ NFN Complex Gym Service Canada Info Session Time TBA, GV Spruce Roots Harvest 10am @ Culture Centre | 13 Community BBQ Nbisiing School 5:30pm - 7:00pm Service Canada Info Session Time TBA, Nbisiing Drum Social 6pm – 8pm @ GV Teaching Lodge | 14 Teen Night 6pm – 8pm @ New Lobby in GV Learning Nbisiing Medicines 10am @ Church Hall Note: Workshop is on Thurs, Sept 13 & Friday, Sept 14 | 15 Youth Sweat Ceremony 12pm – 4pm @ Teaching Lodge in GV Commercial Fishery Closes for 2018 Season (all gillnets must be lifted by 9:00am) |
| 16 Unity Circle 1pm – 3pm @ GV Teaching Lodge | 17 Gookmis Circle 6-8pm @ Culture Centre in GV On Tues, Sept. 18 Craft Night 6-8pm @ Library | 18 ASIST TRAINING 8:30am-4:30pm Garden Village Council Meeting 7pm in Duchesnay | 19  OPEN 9-4 ASIST TRAINING 8:30am-4:30pm Garden Village Computer Night 6pm – 8pm @ GV Library | 20 Staff Appreciation Day Office Closure Friday, Sept. 21 Offices will re- open on Monday, September 24 | 21 Adult Trip to Niagara Falls Leaves GV 6:30am Returns Saturday FUNDRAISER for Makenzy Lariviere on Saturday, September 22nd 10am – 2pm GV Outdoor Rink 3.5K Colour Run/Walk & BBQ \$25/adult, \$15/child, 4 & under free | 22 Hoof Bag Wkshop 10am-4pm @ Culture Centre \$20 to secure spot Survival Overnight 7pm-10am Sun. |
| 23 / 30 23rd - Hoof Bag Wkshop 10am- 4pm @ Nbisiing 30th - Bone Tools Wkshop 10am- 4pm @ Nbisiing | 24 Moon Ceremony 7pm @ Culture Centre in GV On Tues, Sept. 25 | 25 Baby & Me 10:30am-1pm @ GV Library Ball Hockey 6-8pm @ GV rink | 26 Kids' Movie Night 6-8pm @ New Lobby in GV (6-12) | 27 | 29 Bone Tools Wkshp \$20 - 10am-4pm @ Culture Centre Lockdown Movie Night 8pm – 9am Sunday NFN Gym | |



A-Kii, Bemaadzijk, E-Niigaanwang
The Land, the People, the Future

Contact Us

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P2B 3K2

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FAX: (705) 753-0207
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Connect with Us!



Nipissing First Nation Administration



@Nipissing_FN

www.nfn.ca