

ENKAMGAK

September 2016

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

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Sign up to receive the newsletter by email!
Email Shayla Brunet at shaylab@nfn.ca.

Council Meetings:

Tuesday, September 6th Duchesnay Nbisiing SS 7:30p.m.

<u>Tuesday, September 20th</u> Garden Village, Council Chambers 7:30p.m.

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at (705) 753-2050 ext. 1223 or fredam@nfn.ca.

Writing Tablets Revealed in Beaucage Park Dig



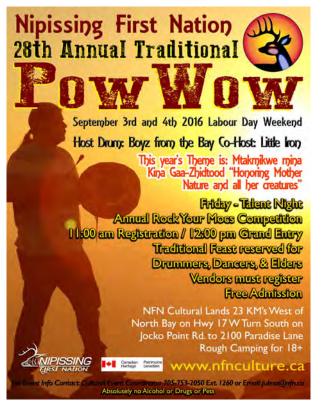
The NFN Archaeological Field School held an open house on Aug 10th, to showcase some historical findings from Beaucage Park. Some items discovered were doll parts, compass parts, slate from writing tables, woodland pottery that was dated at around 1,000-years-old and a spear point that was dated as over 3,000-years-old. See More Pg. 10.

NFN Culture Department is still welcoming donations of wild meat, fish, and giveaway items. Pick up is available, or you can drop off donations at the Elders Home with Annie Stevens in Garden Village and at the OWL in Duchesnay before 3:00p.m.

A shuttle will be available at the main parking lot at Jocko Point Fire Station. Please note that for all general visitors parking will be available at the Fire Station in Jocko Point. Dancer and Drummers will park at the "Rock Area" just outside the Grounds and Elders will be able to park in the Pow-Wow Grounds. Parking Permits will be distributed by attendants at the Fire Hall. Please DO NOT park on the shoulders of the road. The Pow Wow features craft and food vendors from all over Ontario. Rough camping is available, but a reminder to bring supplies, food and garbage bags.

A sunrise ceremony will take place each day starting on Thursday September 1st until Sunday September 4th at the powwow grounds at 6:30a.m. There is a zero tolerance for alcohol or drug use. Pets are not permitted on the grounds.

Volunteers and Donations still welcomed!





Northern Secondary Students New Bus Number and Route

Students attending Northern Secondary School are asked to contact the Education Department to be added to the list of pick ups for Route 7, Bus 107. The Bus Route is switching from Route 1 to Route 7. Once boarded, request an information sheet from the driver.

If you'd like to complete an Information Sheet before the first day of school call Education Department at (705) 753-6995 to request via e-mail. The bus departs at 8:10a.m. beginning September 6^{th} .

Charlene Bellefeuille (705) 753-6995. charleneb@nfn.ca

Join a Committee!

Chief & Council are seeking registered Nipissing First Nation members to serve on the following committees:

- Community Development
 Committee seeking 2 members
- Economic Development Committee seeking 1 member
- Housing Committee seeking 2 members
- Natural Resources Committee seeking 2 members

Committee meetings are held once per month and members are paid an honorarium of \$50 for each meeting that they attend. Members must be 18 years of age and over to participate on committees. Applicants are allowed to participate on a maximum of two committees. Applicants must complete a separate application for each committee.

The Committee Member application form is available on our homepage at www.nfn.ca, at the front reception desk at the Band Office, or it can be faxed or emailed to you by request by contacting Shayla Brunet at (705) 753-2050 ext. 1270 or shaylab@nfn.ca.

Outdoor Rink Update

The footings have been dug, forms are in place and the tresses have been ordered, in preparation for the Garden Village Outdoor Rink Project. We are hoping for completion by early December 2016.

For more information: Patrick Stevens, Facilities Manager at 705-753-2050 or patricks@nfn.ca

UOI Satellite Office Hours

In order to better serve members located on the east end of NFN, the following departments offer a satellite office at the Union of Ontario Indians.

NFN's Satellite Office is available from **9:00am to 4:00pm** on the following dates (unless otherwise specified):

ONTARIO WORKS

Wednesday, September 14th Wednesday, September 28th

Appointment Required:

Call (705) 753-2058 to book.

FINANCE

Friday, September 23rd

MEMBERSHIP

Every 3rd Monday*

Monday, September 19th

HEALTH CENTRE

By appointment only:

Call (705) 753-3312 to book.

CHIEF McLEOD

Every 3rd Thursday from 10am - 4pm *

(*While the Chief intends to be available at the UOI every 3rd Thursday, dates will be confirmed on a month to month basis.)



Fire Bans
Nipissing First
Nation Fire
Department will
continue to im-



plement Fire Bans alongside West Nipissing and North Bay.

Commercial Fishery Closing Date

The Commercial Fishery closes on August 31st, 2016. Gill nets must be lifted no later than 9a.m. at the above mentioned date.

Administration Building Expansion

Blasting is complete at the Administration Office and the expansion is scheduled to move ahead as planned. Parking is unavailable at the south parking lot (by Social Services). Visitors and staff are advised to use caution as there will be large machinery utilizing the parking lot during construction.

Fire Services Community Update Effective September

1st, Nipissing First
Nation will be delivering its
own Fire Services to these
additional areas: Duchesnay,
Little Lakes road, Arts's Lane,
Serenity Land and Yellek. Residents are still to call 911 for
fire calls, specify the location
of fire, your name and address, the subdivision you live
in, and that you require services from Nipissing First Na-

NFN Office Closure Dates

Please note NFN offices will be closed Mon, Sept. 5th, for Labour Day, and Fri, Sept 16th for Staff Appreciation Day.

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Community Garden Update

Look at us grow!

Two harvest distributions were held in Duchesnay and Garden Village during the month of August. We are still welcoming help with watering, weeding and harvesting. We are also looking for recipes to include in the Gtigewin Community Garden Cookbook! Please call or email Erika at (705) 753-3312 or erikaw@nfn.ca

L-R: Chloe McLeod, Kiarra Chevrier, Hanna Penasse picking up some Gtigewin Veggies.

Members Mailing Address Update

If you have moved or plan on moving, please contact the Membership Office to update your contact information.

If you have recently received your status card, please contact the Membership Department to add your contact information on file to receive Membership News, mail and updates. Miigwech!



Alice McLeod (705) 753-2922 or alicem@nfn.ca

Note: The Lands office is at 289 Ted Commanda Drive., Garden Village. (Beside the Church)



L-R. Deputy Chief Glen Hare, Sue Commanda, Chief McLeod, Grand Council Chief Patrick Madahbee. (Photo courtesy of Sarah St. Louis)

Congratulations to Susan Commanda, Interim Operations Manager NFN Health Services/ Non Insured Health Benefits Coordinator at the Lawrence Commanda Health Centre of Nipissing First Nation Health Services. She received an Anishinabek Lifetime Achievement Award at the 18th Annual Anishinabek Evening of Excellence on August 17th, 2016, at the Steelworkers' Hall and Conference Centre in Sudbury. The Evening of Excellence brings together close to 300 people annually to recognize deserving Anishinabek citizens who are presented with Anishinabek Lifetime Achievement Awards. We recognize these people as 'building blocks' to improving the lives of Anishinabek citizens and the Anishinabek Nation.



from the desk of the Health Promotion Worker for the **Right Path Counselling & Prevention Services**

We have began the planning for our 6th annual "Suicide Prevention /Awareness Day". This year we are planning on doing something new to recognize Suicide Prevention/Awareness Day, and we are hoping we will have a good response from all age groups! We are planning on doing a photo voice presentation. For the month of September we are asking people of all ages to take pictures and do a slogan that promotes choosing life. So your slogan would start "Choosing Life Means to me ... (your slogan).... and your picture or art work. We will make the photos and slogans into a video presentation that we could show at future events. We will have 3 age categories, child, youth and adult and 3 prizes. You can email, text ,or bring in your pictures and slogans to the LCHC so we can download your entry and art work by Friday, September 30th. The winners will be chosen by an impartial group of judges at the beginning of October.

Seeing that we will be focusing on the National Day of Suicide Prevention for the month of September. It is very important to remember to learn more about suicide awareness and its relationship to mental illness and how we can save someone's life by caring and asking the right questions. I have provided information from the Centre for Addictions and Mental Health (CAMH) on general helpful suicide prevention information. Talking about suicide is still often a taboo subject. So when a person, who is feeling suicidal tries to talk about their feelings of desperation, hopelessness and alienation, there is often no one there who can really hear their pain. When such feelings are shared and accepted, they can be lived with and eventually be overcome. If they are ignored or denied, the person may feel no recourse but to "show the world" how serious they are about committing a suicidal act. If someone you know is threatening suicide or showing other signs of feeling suicidal, your reaction and course of action could make the difference between life and death.

How You Can Help

It can be difficult to acknowledge clues that seem to indicate that a person you know may be planning to kill her/himself. But it can be tragic to disregard them.

Learn the clues to suicide:

Verbal:

"You won't have to worry about me much longer."

"It's not worth getting up in the morning."

"I'm going to kill myself."

"They'll be sorry when I'm not around any longer."

Behavioral:

- Person becomes a loner.
- Increased use of drugs/alcohol.
- Lack of attention to personal habits or appearance.
- Change in sleeping/eating habits.

Situational

- Loss of loved one.
- Failure at school/job/goal.
- Major life change.



In September we have RECOVERY DAYS that are equally important to remember and good for us to celebrate individuals that through their own choosing are in recovery from alcohol and addictions. Canada is dedicated to organizing and mobilizing the 5 million Canadians in recovery from addiction, along with our families, friends and allies.

Our goals: to build networks and foster recovery community organizations; to reduce stigma; to raise awareness and bring people together in celebration of recovery. Together, we will demonstrate the power and proof of recovery from addiction and its value to individuals, families and communities across Canada. The Right Path Counselling & Prevention Services support all pathways to recovery and we strongly support initiatives such as Recovery Day. We will be providing silver ribbons at various locations throughout NFN for people to pick up and wear to show support or celebrate their recovery.

Recovery Days: September 23rd and 24th in North Bay.

Activities include: Speaker Panels, School Presentations, Light up City Hall, BBQ's, Zumba, Yoga, Games, Street Dance, Live Music, Photo Voice Project.

Event locations beside schools and City Hall, will be the Waterfront Park and Rotary Shelter.

HEALTH SERVICES

If you observe clues that lead you to suspect someone may be suicidal it is imperative that you check it out in more detail.

Persons of any age in crisis may be at greater risk of making an attempt if they have:

- experienced the loss of a friend or family member, or even the threat of a loss, through serious illness, divorce, quarrel, move to another community, etc.
- experienced the loss of self esteem through failure or rejection
- made a suicide attempt or gesture in the past
- · discussed or threatened suicide
- · made specific plans to commit suicide
- a method at hand, e.g. pills, gun, etc.
- · given away important personal possessions
- · been pre-occupied with death
- known someone else who has died by suicide

The following few steps are important to remember:

- 1. Remember to learn the clues to suicide.
- 2. Encourage a person exhibiting some of these clues to talk about his/her feelings, problems, and life dilemmas.
- 3. Involve yourself, talk about details of the plan, but do not try to probe into the area of unconscious motivation.
- 4. Solicit the help of others don't try to carry the heavy emotional weight yourself.
- 5. Trust yourself. Believe your suspicions. Say something. The suicidal person may be so convinced that no one cares that she may reject your initial overtures.
- 6. Be persistent. Keep saying things like: "I see what you are

doing and how much you must be hurting. I'm concerned about you. I want to talk. I want to hear what's going on with you."

Be a good listener. Communicate your concern for their well-being by offering to listen. Good listening is more than just listening quietly. It means showing that you can be supportive without being judgmental. It means accepting his/her feelings as the truth for him/her, no matter how irrational they might appear to you. It means that you are comfortable enough with your own feelings to set them aside and listen to their input.

Be direct. Talk about suicide and death openly. Ask the person specifically if she is thinking about suicide. It is a myth that if you talk with someone about their suicidal feelings this will encourage them to commit the act. If you are vague, the suicidal person will be vague, believing that it's not okay to talk about these subjects. Avoiding feelings does not make them go away. But allowing people to say what is already on their minds can be the first step to ending their isolation. Once you have won a suicidal person's confidence, it is important to assess the degree of risk.

Ask: Have you ever attempted suicide in the past?

What has been keeping you alive so far?

What's your hurry? Why do it now?

What does the future hold in store for you?

Who would be most affected if you killed yourself?

In situations where you have assessed a high degree of risk, it is essential that you get professional help. It is okay to be assertive. If they feel your concern and clarity, they are likely to respond to your support and direction. This does not mean that you are responsible for their lives. Your task is to prepare them for further support or professional counselling. If a friend or acquaintance requests your confidence, explore his/her need for secrecy. But never promise to conceal his or her suicidal condition.



If you or someone you know is in need of more information or help with Mental Health or Addiction issues

Call The Right Path Counselling & Prevention Services

(705) 753-1375

Upcoming Events & Programs



Monday, September 12th

Garden Village

Church Basement

8:30 a.m. to 4: 30 p.m.

Open to Band members and their families.

Confirm your attendance by Friday, September 9th.

We require a minimum of 12 participants.

For more information call Liz at 753-3312

Prenatal Classes



September 8th and 15th 6-7:30pm Lawrence Commanda Health Centre

> Prizes available, snack provided. Partners welcome.

Call Misty to register: 753-3312 x2227



Gtigewin Community **Garden** Cookbook!

The Community Garden team is putting together a cookbook and looking for recipes from you!

Do you have a recipe you love to make that features one of the foods growing in our garden?

The recipe could contain any one of the following: carrots, onions, potatoes, zucchini, eggplant, kale, butternut squash, spaghetti squash, cucumbers, beets, pod peas, snow peas, green and yellow beans, lettuce, pumpkin, watermelon, and parsnip.

Suicide Prevention/Awareness "Choose Life" Photo Voice Project

September 1st - September 30th @ 4:00 PM

The Importance of Choosing Life...

Pictures or Art work & Slogans promoting: "What Choosing Life" means to me.

3 Age Categories: Child / Youth / Adult - 3 Prizes

Ages: 4-10/ Ages:11-17/ Ages18+

Photo's & Slogans to be displayed at various Giyak Moseng Right Path Functions

Contact: Lori Ann at 705-753-1375, loriannm@nfn.ca



Alzheimer Awareness Information Session

Wednesday, October 5th

Location TBD based on interest.

Learn about Alzheimer, how it effects the person, family and caregivers.

Q&A about Alzheimer topics, and living with Alzheimer/Dementia.

Opening Speaker: Kayla King, NFN Community CHN

Keynote Speaker: Cathy Gaudaur, Alzheimer Society

Special Guest Speaker: Joyce Beaucage, NFN Community Member

Dinner served at 4:30p.m. Please call Liz at 705-753-3312 to reserve your seat for dinner and presentations. Please notify us if transportation is required by Friday, September 30th.



Diabetes Complications: Heart and Blood Vessels

Diabetes can affect the heart and blood vessels by accelerating the process of thickening and hardening of arteries, which can block the circulation of certain body parts such as the heart, lower limbs and the brain, this is known as arteriosclerosis.

Dangers of Arteriosclerosis:

If the heart is affected, myocardial infraction can result;

If the brain is affected, a stroke can result;

If the lower limbs are affected, pain when walking can result.

How to Know if Your Heart & Blood Vessels Have Been Affected by

- Diabetes:
- Slow healing wounds;
- Chest pain or difficulty breathing during physical exertion;
- · Pain in the calves when walking.
- Sometimes arteriosclerosis has little / no symptoms in its early stages.

How to Prevent Damage to Your Heart & Blood Vessels:

- Keep blood glucose levels as close to normal as possible;
- Check blood pressure regularly and treat high blood pressure aggressively;
- Avoid saturated fats as much as possible;
- Have blood lipid levels checked regularly and treat any anomalies aggressively; and
- Quit smoking.

For More Information Please Contact Lawrence Commanda Diabetes Education and Resource Centre:

705-753-3312



Diner's Club

Wednesday, September 14th

To volunteer or for more information, call 705-753-3312.

Diner's Club is the second Wednesday of every month.



understanding how **Western and Indigenous Knowledge Systems** can improve the sustainability of Canadian fisheries



Research Reflection #4: Meaningful Fisheries Governance

In July, I wrote that traditional knowledge (an externally defined concept and policy framework) does not reflect the essential relationship I've observed at NFN between knowledge, fishing practices, and sovereignty. From a knowledge sovereignty perspective, resource and environmental decision-making across traditional territories should be guided by Indigenous knowledge holders, harvesters, and leadership. What mechanisms support this version of fisheries governance? Three related ideas emerged from my interviews with community members.

First, the foundation is self-governance: community processes that involve knowledge-holders, support management decisions, and uphold responsibilities. Work to revitalize language and culture, renew relationships with lands and waters, and generate participation in tough decisions about the fisheries are some examples of what is already taking place. People talked about fishing in relation to the "original intent" of the ancestors - to that which constitutes being Anishinaabe, expressed today as practices that simultaneously protect fish, fishing livelihoods, and the relationship future generations may enjoy with the lake. Reflecting another example, NFN knows that culturally-meaningful, stable, and collective community institutions are key to successful environmental governance.

Second is the importance of Nation-to-Nation relations. Examples at NFN include using both Western and Anishinaabe knowledge systems, advocating politically as the Robinson-Huron treaty region, and cooperating with provincial agencies. Based on partnership and coexistence, or, "walking in parallel", an elder talked about relations needing to reflect the original spirit and intent of "those first agreements" where "the pipes were taken out and

there was a sacred exchange". Governments may use the language, but *actual* Nation-to-Nation reconciliation requires an end to oppressive relations of power. It <u>requires support for the regeneration</u> of language and political, educational, and other systems that have been attacked by centuries of colonialism. The recent MOU with MNR could be a mechanism through which the province supports NFN Law (for instance, by contributing enforcement capacity). Time will tell whether this collaboration generates enhanced self-governance and reflects those first treaty agreements, or whether it just reproduces the status quo.

Third, beyond human-centric governance structures is Natural Law. People say that the lake can manage itself and that "fish don't need to be managed, people do". I was told that Anishinaabe people have a responsibility to support the inherent cycles and beings that comprise Lake Nipissing, and that this caretaking role sustains identity and community. Natural Law is gaining traction in increasingly broad contexts. Influenced by Indigenous political, legal, and governance systems, the rights of the Earth itself have been acknowledged in new constitutional and legal mechanisms in Bolivia, Ecuador, and New Zealand.

To sum up, fish don't observe jurisdictional boundaries. Cooperation between governments is needed to sustain healthy fish populations. Interviews reinforce the idea that self-governance is an important pre-condition for effective co-governance with outside agencies. At all levels, trust, respect, and mutual benefit are needed. Considering the history with MNR and the federal government, it stands to be seen whether this is possible. I explore this question in my next submission.



Beautification Crew Team Update

It's been another busy summer for the Beautification Crew! Recently, we cleaned and fixed up the Lawrence Lane Cemetery and painted the fence. Signs have been placed around Joe's Cliff notifying the property is on NFN, a garbage can has also been secured in the area.

Weeding at the Duchesnay and Yellek playground has been completed and is revisited time-to-time. Cedar trees at the Couchie Memorial Daycare in Duchesnay have been trimmed, and the court has been cleaned up.

Barriers denying access to Nova Beaucage Road to the old mine were installed. As usual, we continue to complete lawn care at the Senior's Complex and around NFN, and we continue with roadside work, and ditching along the entirety of our community.

More Info: Garry LeBlanc, Foreman Maintenance & Beautification. (705) 753-2050. garry.lebalanc@nfn.ca





Gym Nights

Garden Village Band Office Complex

Mondays and Wednesdays

Date	Ages	Activity
Wednesday	Ages: 6-12 4:00pm-6:00pm	Dodge Ball & Skipping
Sept 7	Ages: 13-18 6:00pm-8:00pm	Indoor Floor Hockey
Monday Sept 12	Ages: 6-12yrs 4:00pm-6:00p Ages: 13-18 6:00pm-8:00pm	Capture the Flag End Wall Soccer /Goalie Soccer
Wednesday Sept 14	Ages: 6-12 4:00pm-6:00pm Ages: 13-18 6:00pm-8:00pm	Texas Horse Shoe (Prizes) Indoor floor Hockey
Monday	Ages: 6-12 4:00pm-6:00pm	Blind Beach ball Volleyball
Sept 19	Ages: 13-18 6:00pm-8:00pm	Beach Ball Soccer
Wednesday	Ages: 6-12 4:00pm-6:00pm	Baseball (Field)
Sept 21	Ages: 13-18 6:00pm-8:00pm	Chuck the Chicken
Monday Sept 26	Ages: 6-12 4:00pm-6:00pm Ages: 13-18 6:00pm-8:00pm	Badminton Games (Outside) Lacrosse Skills
Wednesday	Ages: 6-12 4:00pm-6:00pm	Ultimate Frisbee
Sept 28	Ages: 13-18 6:00pm-8:00pm	Bucket Ball/Hand Ball

Nbisiing School Gym

Tuesdays and Thursdays

Date	Ages	Activity
Tuesday	Ages: 6-12 4:30pm-6:30pm	Badminton
Sept 6	Ages:13-18 6:30pm -7:30pm	Soccer Tennis
Thursday	Ages: 6-12 4:30pm-6:30pm	Three Base Rounders
Sept 8	Ages:13-18 6:30pm -7:30pm	Base-Vol
Tuesday	Ages: 6-12 4:30pm-6:30pm	Ultra-chick Ball
Sept 13	Ages:13-18 6:30pm -7:30pm	Clothes pin Play
Thursday	Ages: 6-12 4:30pm-6:30pm	3 ways -Rock Paper Scissors
Sept 15	Ages:13-18 6:30pm -7:30pm	Dodge ball Hockey
Tuesday	Ages: 6-12 4:30pm-6:30pm	Batting Practice Outside
Sept 20	Ages:13-18 6:30pm -7:30pm	Baseball Game
Thursday	Ages: 6-12 4:30pm-6:30pm	Dragon Tails
Sept 22	Ages:13-18 6:30pm -7:30pm	Fort Breaking Games
Tuesday	Ages: 6-12 4:30pm-6:30pm	Floor Hockey
Sept 27	Ages:13-18 6:30pm -7:30pm	Hand ball
Thursday	Ages: 6-12 4:30pm-6:30pm	Big Matt Jumps
Sept 29	Ages:13-18 6:30pm -7:30pm	21 Basketball Challenge

RECREATION



Community Baseball Game

Sat, September 17th GV Baseball Field

T Ball Game	10:30a.m. –11:15a.m.
Ages 4-7	
Baseball Game	11:30a.m. –12:30p.m.

All participants have a chance to win...

A Baseball Bat Door Prize!!!

Children—T Ball Bat

Youth- Baseball Bat

Adult- Softball Bat

You have to play to be entered into the draw

Parent Helpers welcome:)

Contact: Ashley Couchie at 705-753-6971

Archaeological Discoveries Reaffirmation of Progressive Innovation



Continued from page 1

Community members and the media attended Nipissing First Nation's Archaeological Field School open house on Wednesday, August 10th to see the developments and findings of this year's dig at

Beaucage Park. Beaucage Park is one of the original villages estimated to have been lived in by the Nipissings before the Robinson Treaty in 1850. The NFN Archaeology Team consists of NFN members in secondary and post-secondary school, Archaeologists, Sarah Hazell (also from NFN), and Ken Swayze, from Kinickinick Heritage Consulting.

Items such as stones, bones, ceramics and other artifacts located around the abandoned villages' former structures help lead the team, and the NFN Lands Department, to working hypothesizes about the Nipissings life in the 1800's, how it shifted through the Industrial Revolution, and why the original village was slowly abandoned by 1920. One astonishing find was the numerous school slates discovered, hypothesized to be from England.

"The Nipissings prospered and were incredibly innovative trade

people," says Archaeologist Ken Swayze. "The artifacts discovered from the Woodland and Archaic periods show proof of literacy, technological progression, community planning, and a progressive, ingenious way of life."

Also discovered were stone tools, pottery and mortar, suggesting that the Nipissings were mining and kilning as a commercial enterprise for settlers.

The NFN Archaeological Field School Team started the dig at Beaucage Park on July 7th, and continued their search until August 12th. The NFN Team dig has been an annual event since the Summer 2014.

"It's great to see our young people getting hands on with history," said Chief McLeod "The soil and earth hold clues to a piece of our

cultural history and identity. It's a great school and an amazing experience."

At the Open House Team leaders and students were presented with gifts of appreciation for their hard work at dedication.



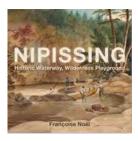
Kendaaswin Enokiing/Library Activities

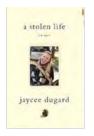
NFN Library has joined the Pokemon Craze Come into the Library and we will help you with the App and show you how to use the game....

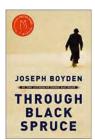




Bi-Waamdan Mzinigan Books of the Month







Shkinokiigii- Zhgad	Niizhgiizhgad	Aabtawse	Shpinganwan	Jiibiiyaati- Gogiizhgad	Maanii- giizhgad	Namegiizhad
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9-12PM 1-4PM	9-12PM 1-4PM	Closed	9-12PM 1-4PM	9-12pm Closed	Closed	Closed

Please check the NFN Public Library website www.kendaaswin.ca for updates and changes to the hours of operation. Miigwech!



Food Bank and NFN Library invites you to Movie Night

Friday, Sept 9th

FEATURING: The Jungle Book

Doors open at 5:00p.m. Movie starts at 5:30p.m.

Admission is free. Non-perishable items are being collected for the NFN Food Bank. (For every non-perishable donation, you will be given a ballot for a chance to win the DVD...you must be present to win)

ALL CHILDREN REQUIRE AN ADULT CHAPERONE

Thank you for supporting your local Food Bank



			<u>N</u>	MENU ITEMS		
Pizza	\$1.00	Juice Box	\$0.50	Chips	\$1.00	Pop/Water \$1.00
Hotdogs	\$1.00	Popcorn	\$1.00	Chocolate Bar	rs \$1.00	Candy Bags \$1.00

For more information please call Lisa Vega @ 753-6972 or email lisav@nfn.ca

Cultural Events for September



Strawberry Fast Teachings With Isabelle Meawasige

Sept 27th 6-8 p.m. **GV Church Base.**

The strawberry plant is often considered Woman's Medicine. It is used to teach young women about creation, community and love.



Moccasin Making With Rita Goulais

Sept 24th 10a.m.-3p.m. **GV Culture Centre** Sept 25th 10a.m.-3p.m. Nbisiing S.S.

Please Register. NFN membership has priority. \$10/person



"Keepers of the Fire" Men's Workshop w/ Perry McLeod Shabogesic

Sept 17th 10a.m.-4:30p.m. **Pow Wow Grounds**

Traditional Men's Fire Teachings, making a fire with flint and striker, medicine walk to harvest medicines for their fire bundles, men's role and philosophy teachings and more.

Space is limited. Focus is on Male teachings, women are welcome to attend. Program is in partnership with UOI FASD program.



Workshops are proudly co-sponsored by:

Family Drum Social

With Blair Beaucage & Mindy Martel

Sept. 15th 6-8p.m. **GV Church Base.**



NFN Pow Wow

28th Annual

Sept 3rd & 4th 2100 Paradise Lane



IRS NATION The Land, the People, the Futur



ONTARIO ARTS COUNCIL **CONSEIL DES ARTS DE L'ONTARIO**

an Ontario government agency un organisme du gouvernement de l'Ontario



Anishnaabemwin Language Classes Evening Classes begin week of Sept. 14th

Location(s) TBD by interest Please register by September 2nd. Jane Commanda (705)753-2050 or janec@nfn.ca



Open Sew

Sat, Sept 10th, GV Culture Centre 10a.m.-2p.m. & Sun, Sept 11th, Nbisiing SS, 10a.m.-2p.m.

Full Moon Ceremony September 19th at 8p.m. ~ GV Culture Centre

Join us for this ceremony with Virginia Goulais.

Ladies please wear your skirts. Bring your shakers and feasting food to share.

Words & Dialogue for September

Ninth Moon – Na'mewin –Prayer

Mdaamini Giizis - Corn Moon



DIALOGUE:

Dkayaa noongom

Aanin Kina Tomorrow - Waabang - future (wii) Nishnaabe kidwinan Waabagaa Giizis Wii- mno-giizhgat waabang It will be nice tomorrow Ni-dkwaagi - Getting Fall Wii- noodin waabang It will be windy tomorrow Ni-tkwaa giizhgat -- Days are getting shorter Wii- gimiwan waabang It will rain tomorrow Words: Ezhiwebak noongom gwajiing? ...Weather Wii- dkayaa waabang It will be cool tomorrow today outside is.... Yesterday- Jiinaago – past Noongom - present Jiinaago gii- mno-giizhgat Yesterday it was nice Mno-giizhgat noongom it's nice today Jiinaago gii- noodin Yesterday it was windy it's windy today Noodin noongom Jiinaago gii-gimiwan Yesterday it was raining Gimiwan noongom it's raining today Jinnago gii-dkayaa Yesterday it was cool

Mdaamin giizis ,dgosenmin wii naadmawshiyan mina wii-waamdashin maa maadziwin mina wii-nsotamaan maa mnidoo maadziwin maa pii minwa waakwiing. Gii – kendaan Gzhemnidoo wiin gii saad Mdaamini Giizis, wii naadmaawshid; ji-gwekgaabwiyaan maa megwaa maadziwin. Gookmis mooshkneshkaagan maadziwin wii mi wiidesmninaa. Aabwenmishin,giishpin nendamaan gego wa wiinmoonaan mii dash pii tkweshkoonaan mii ji-mno piitenmiszoyaan wii mnaadenmidzoyaan. Miigwech.

Corn Moon, I humble myself to you for the journey of Creation shown to me and the understanding of the continuing journey of the spirits from this world to the next.

The Creator instructed Gookmis to teach me ;so I may remain in balance with Creation.

it's cool today

Gookmis, my heart is filled with the energies to live and share this spiritual journey.

In the 13 rows of multi-coloured corn lies the spirits of the universe, waiting to begin the ever continuing cycle of life, as it was in the beginning.

I ask that I may be forgiven for the things I do not speak of the things I have forgotten. When we meet again at the crossroads, I will journey with honour and dignity for all that I am, Miigwech.

For more information about Cultural events and programs, contact Jules Armstrong (705) 753-2050 ext. 1260 or julesa@nfn.ca

www.nfnculture.ca



We wish all our staff and students a safe and happy start to the school year.

A reminder to students, parents and motorists to be extra observant for children walking and waiting at bus stops, and to be cautious of children getting on and off the bus.

Firearm Safety Education Service of Ontario

Sat, Sept 17th & Sun, Sept 18th

Time: 9:00 a.m.-4:00p.m.

Council Chambers, Band Office

Non-restricted Canadian Safety Education Service course is being offered this September.



There are only 15 spaces available and are on a first come first serve basis.

Open to Band Members and Affiliates/Spouses.

Please contact Melissa from Ontario Works @ 705-753-2058 or melissal@nfn.ca to register. (Band Members & Affiliates/spouses)



Dog Tag Blitz!

For the month of September all NFN dog tags will be \$10! (regular \$20) if you register your dog with Nipissing First Nation, you will also receive a FREE Microchip for your dog from the North Bay and District Humane Society!

NFN bylaw requires all Dogs to have dog tags and be registered under the animal data base.

Why Microchip? If a dog is lost and someone finds it. It then could be taken to a local shelter where it will be scanned and reunited with its owners. Call 705-753-9184 or email tylerc@nfn.ca to purchase a tag.

г — :	Registration Form—Please Complete						
Dog Name:	Female	Male					
Markings:	Breed:	Age:					
Owner Name:		Phone:					
Address:				_			

COMMUNITY Ratification Vote Process Information Session

WHEN September 26, 2016 6:30pm-8pm

WHERE
Garden Village
Community Centre

36 Semo Rd, Garden Village, ON Nipissing First Nation

WWW.ANISHINABEK.CA

EDUCATION INFORMATION TOLL FREE NUMBER: 1-877-497-3799

For more information
Please contact your
First Nation
Ratification Officer
or Regional
Communication
Coordinator:

THERESA STEVENS

705-753-2050

ESTHER GILBANK

705-497-9127

The following employment opportunity is currently available with Nipissing First Nation. To apply, please forward a cover letter, resume, and three (3) current work references by the deadline indicated to:

MAIL: Jennifer Lalonde, Human Resources Manager FAX: (705) 753-0207

36 Semo Road, Garden Village ON P2B 3K2 EMAIL: resumes@nfn.ca

Job Postings can be viewed on our website at www.nfn.ca/jobs internal.php.



Employment Opportunity

Bingo Caller Worker

Part time Position- One Year Contract

Under the direction of the Bingo Supervisor the Bingo Caller Worker will 15 hours per week, on the evenings of Sunday, Tuesday and Thursday.

QUALIFICATIONS/REQUIREMENTS:

- Must be at least 18 years of age.
- Must be a Nipissing band member.
- Must possess knowledge of Bingo Caller and Bingo Runners duties.
- Must be flexible in scheduling and make self-available to work.
- Must be bondable

DUTIES:

- Reports directly to the bingo supervisor.
- The Bingo Caller will be responsible for selling cards from 5:00 p.m. To 7:00 p.m. And then call bingo numbers for remainder of bingo.
- The Bingo Caller will be responsible for cleaning off tables at the end of the bingo and place garbage in bins outside.
- The Bingo Caller will be required to work regular bingo nights and be reliable, also teardown at end of the night.
- Maintain bingo equipment ensuring bingo balls are washed on a regular basis and flash board bulbs are checked and burnt bulbs are replaced.
- Other duties as required.

A current Criminal Reference check is a requirement for this position. Please submit your letter of interest and resume no later than **4:30pm on** <u>Friday, September 16th</u>, **2016** to:

Jennifer Lalonde, Human Resources Manager Nipissing First Nation 36 Semo Road, Garden Village, ON P2B 3K2

Fax: (705) 753-0207 Email: <u>resumes@nfn.ca</u>

Only those who qualify for an interview will be contacted.



Mechanic Apprentice Trainee

Contract

Appointed, as Mechanic Apprentice Trainee, to work with Public Works Mechanic to assist with and be responsible for maintenance and repair of the facility machinery and to work in a variety of public works operations. Works within administrative procedures established by the Nipissing First Nation and directed by the Public Works Supervisor. This is a contract position ending March 31st, 2017.

QUALIFICATIONS

- Must be a registered member of Nipissing First Nation
- A minimum Grade 12 education is preferred.
- Experience with electronic multiplexed Heavy Duty diesel engine and an automatic transmission vehicle would be an asset.
- Additional courses in the mechanic's trade will be an asset.
- Must have a valid "G" Ontario Drivers License in good standing
- Knowledge of the O.H. & S. Act and Regulations, including WHMIS, and the Ministry of Transportation Highway Traffic Act is preferred.
- Must be 30 years of age or under as of hiring date, who are out of school, unemployed or underemployed.

REQUIRED KNOWLEDGE/SKILLS

- Experience or knowledge of public works duties, general handyman skills.
- Mechanical skills, knowledge of equipment and its capability; ability to identify operating problems.
- Able to work with minimum supervision.
- Be in good physical condition and able to lift, handle, move light and heavy weight materials.
- Able to operate mechanical or power material handling equipment and power tools.

DUTIES INCLUDE

- Performs maintenance and repair activities on various pieces of heavy equipment.
- Performs general repairs and maintenance services, including but not limited to general handyman repairs.
- Performs routine maintenance checks and adjustments on such things as fluid levels, hoses, belts, breaks, tires, and clutches; changes filter and oil and lubricates vehicles and motor driven equipment.
- Performs such other related duties as may reasonably be required by the Public Works Supervisor.

Deadline for Applications is <u>Friday, September 16th, 2016 at 4:30 pm</u>. Qualified persons are invited to submit their resume with three (3) current work references and cover letter to:

Jennifer Lalonde, Human Resources Manager
Nipissing First Nation
36 Semo Road
Garden Village, ON P2B 3K2
or by fax to 705-753-0207
or email to resumes@nfn.ca

We thank all applicants for their interest; however only those selected for an interview will be contacted.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1) (a) OHRC



Daycare Teacher

Contract - Maternity Leave

Nipissing First Nation, Couchie Memorial Daycare requires a Daycare Teacher, collaborates closely with all other members of the program team to provide nurturing care and education to young children in a group setting, under the supervision of the Daycare Supervisor or; in accordance with the goals and curriculum plans of the Centre and the philosophy and policies of the Nipissing First Nation and in compliance with the Child Care and Early Years Act, 2014 (CCEYA)

QUALIFICATIONS:

- Must be a registered Nipissing First Nation Member.
- Must have Early Childhood Educator Diploma.
- Must be able to work with minimum supervision.
- Must have current CPR/First Aid Level C

DUTIES:

- Planning, supervising and implementing the program for the classroom in accordance with the
 policies and philosophy of the Couchie Memorial Day Care Centre and the cognitively oriented
 curriculum.
- Gearing the program to the needs of the individual child with concerns for his/her interests, handicaps, special talents and place of learning.
- Assisting the children with their personal needs.
- Being responsible for the ordered arrangement, appearance décor, and learning environment of the classroom, including related domestic responsibilities.
- Attending all staff meetings.
- Participating in recommended training programs, conferences, courses and other aspects of professional growth.
- Planning and approaches to support Exploration, Play and Inquiry.
- Support positive and responsive interactions among the children, parents, child care providers and staff
- Other duties as required

A current CPIC/Vulnerable Sector must be provided prior to employment

CLOSING: Friday, September 9th, 2016 no later than 4:30pm.

Qualified individuals are invited to submit a cover letter and resume to:

Jennifer Lalonde, Human Resources Manager Nipissing First Nation 36 Semo Road, Garden Village, ON P2B 3K2

Fax: (705) 753-0207 Email: resumes@nfn.ca

We thank all applicants for their interest; however only those selected for an interview will be contacted.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1) (a) OHRC



Apartment Unit Coordinator

Full Time - Permanent

Under the supervision of the Housing Manager, the Apartment Unit Coordinator will oversee all NFN owned apartment units, coordinate the maintenance of units, keep in contact with tenants and conduct regular inspections. The Apartment Unit Coordinator will also assist members seeking housing and assist the housing department in day to day operations as needed.

QUALIFICATIONS

- Must be a registered member of Nipissing First Nation.
- Must have a minimum grade 12 education or equivalent. Post-Secondary education, University degree or professional designation in housing or the social services field is an asset.
- Must have experience in property management, building maintenance, or related trade.
- Must have an Ontario class G driver's license and access to a vehicle.

REQUIRED KNOWLEDGE/SKILLS

- Detail-oriented; able to resolve problems using facts, sound reasoning, and common sense.
- Customer service skills that reflect professionalism and courtesy when handling all inquiries.
- Knowledge and experience working with budgets.
- Must be able to demonstrate knowledge in the following; plumbing, electrical and repair/maintenance.
- Experience with MS Office: Word, Excel, PowerPoint

DUTIES INCLUDE

- Works with the Housing staff on the day to day office processes.
- Meets with clients and the other NFN departments to assist members in need of housing.
- Coordinates the maintenance and inspections of the NFN apartment units.
- Works proactively to contact lessees concerning rental arrears and other matters.
- Ensures that repairs and enquiries from lessees are responded to in a timely manner.
- Reviews lease agreements and policies and makes recommendations to the Housing Manager.
- Coordinates meetings with lessees to sign rental agreements.
- Maintains regular contact with lessees at the apartment unit including the Seniors' Apartment Units.
- Lift, handle, move light and heavy weight materials.
- Inventory control for maintenance and housing equipment.

The successful applicant must provide CPIC/Vulnerable sector check upon hire. Deadline for Applications is <u>Friday</u>, <u>September 16th</u>, <u>2016 at 4:30 pm</u>. Qualified persons are invited to submit their resume with three (3) current work references and cover letter to:

Jennifer Lalonde, Human Resources Manager
Nipissing First Nation
36 Semo Road
Garden Village, ON P2B 3K2
or by fax to 705-753-0207
or email to resumes@nfn.ca

We thank all applicants for their interest; however only those selected for an interview will be contacted.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1) (a) OHRC



Special Education Teacher

Contract Position

This position requires a Special Education Teacher to work with a variety of learners. Using a holistic team approach, the teacher will implement remedial, Individual Education Plans (IEPs)as well as Pathway Plans tailored to match each students' strengths and needs. This is a contract position with possibility of extension, ending on June 24th, 2017.

QUALIFICATIONS:

- Must be a Registered member of Nipissing First Nation
- Must have Special Education Part 1
- OCT certification a requirement, with a preference for Junior/Intermediate/Senior qualification

REQUIRED SKILLS AND ABILITIES:

- Knowledge of current assessment and evaluation practices
- · Must be very positive, intuitive and nurturing
- Experience implementing assistive technology to support student IEPs
- Adaptable, flexible, and team work skills
- Work with a variety of learners and team approach
- Experience implementing remedial and Individual Education Plans (IEPs) tailored to match each student's individual strengths and needs
- Must be familiar with the Learning for All strategies
- Strong Communication and leadership skills
- Familiarity with Ojibwe Culture and Language

DUTIES INCLUDE:

- Carries out duties as outlined in the Education Act, regulations, and policy/ program memoranda
- · Follows Band and educational policies and procedures regarding special education
- Maintains up-to-date knowledge of special education practices
- Collaborates with classroom teachers, the Student Success Team, and parents in the development and implementation of students' IEPs
- Plans and monitors educational assistants in implementing programs, behaviour and safety plans
- Provides instruction for identified and/or non-identified students in an integrated or withdrawal setting
- Develops and provides learning materials for students
- Provides educational assessments for students at the school level
- Completes referrals and follow-up for further assessments and applications for outside services and equipment
- Coordinates the I.P.R.C. process at the school level
- Coordinates the in-school team meetings regarding students with needs
- Coordinates services with community agencies
- Facilitates acquisition and maintenance of specialized equipment
- Other duties as required

The successful candidate will require a Vulnerable Person Check. Please submit letter of interest and resume with three (3) current references no later than <u>September 9th, 2016</u> at 4:30 pm to:

Jennifer Lalonde, Human Resources Manager Nipissing First Nation 36 Semo Rd. Garden Village, ON P2B 3K2 Fax (705) 753-0207 Email: resumes@nfn.ca

Only those who qualify for an interview will be contacted.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1) (a) OHRC



NOTICE

RELIEF SCHOOL BUS DRIVERS WANTED

For runs in the North Bay and Sturgeon Falls areas!

Applicants must have a good driving record, clean record and enjoy children. Preference will be given to those with a "B" license.

You must include a CPIC along with your license.

All necessary training and licensing assistance will be provided to the successful applicant if required.

For more information please contact:

Jennifer Lalonde, Human Resources Manager Nipissing First Nation 36 Semo Road, Garden Village, ON P2B 3K2

> Fax: (705) 753-0207 Email: resumes@nfn.ca

• We thank all applicants for their interest, however, only those who qualify will be contacted.

Homes for Sale



124 Veteran's Road, Sturgeon Falls

600 square foot home Appliances and Shed included **Asking \$80,000 or Best Offer** For information, please contact Delia at (705) 753-4917

59 Paradise Lane, Jocko Point, North Bay. 1-1/2-story house that will give you 1,678 sq ft of generous space on beautiful Lake Nipissing. 3 bedroom, 2 bathroom home with a 2-stall garage, as well as a sleep camp and gazebo.. Situated in a friendly community of Jocko Point, 5 minute walk to NFN Pow Wow grounds and just thirty minutes from the beautiful City of North Bay or the quaint little Town of Sturgeon Falls. Asking \$250,000.00 will negotiate.



Wayne B McLeod

wayne mcleod@live.com (705)499-8820

40 Gerald Crescent, Garden

Village. 4 bedroom, 2 baths, Large kitchen. Full dry basement. Built 1992. Large front yard and back yard. Wraparound porch. Approx. 4,000sq feet. Asking \$130,000 OBO.



Call Steve Bailey (705) 474-4500, or 705-493-0481 sbailey39@cogeco.ca



George Couchie 705-494-6887

286 Nova Beaucage Road North Bay, ON P1B 8G5

couchie.george@gmail.com w.nativeawarenesstraining.com

CAROL COUCHIE BHSC, RM

P.O. Box 117, 488 Main St. Powassan, ON POH 1Z0

P: (705) 724-BABY (2229)

F: (705) 724-1487

E: ktigaaning.midwives@gmail.com



WWW.Ktigaaningmidwives.com







For tickets call or text 705-493-2064

Draw will take place once all tickets are sold!



All Seasons Wedding Ceremonies



Anthony Commanda

(705) 478-9833

actionroofandreno@outlook.com www.facebook.com/actionroofandreno Roofing Specialist 144 Fifth Avenue North Bay FREE ESTIMATES



Dot Beaucage-Kennedy (Elder)

Wedding Officiant · Anniversaries · Funerals

Nipissing First Nation Cell: 1-705-493-5577

Email: dotbeaucagekennedy@gmail.com (1-800-545-3681..by request)



The Curvy Closet is North Bay's newest consignment store. We sell women's clothing of all sizes with a focus on sizes 14+ we also sell shoes and accessories for all occasions.

188 Oak St W, North Bay ON P1B 2S7. www.thecurvycloset.ca

Facebook: thecurvyclosetnorthbay. (705)478-5668

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791 Couchie Memorial Drive, North Bay, ON P1B 8G5

Phone: 471-0472

Leathers & Rawhides, Beads, Yarns, Fabrics, Fringe, Specialty Bead Threads & Needles Specializing in Native craft supplies, craft books, patterns, Regalia kits, etc.

Artwork & Jewelry by First Nations Artists

PENDLETON PRODUCTS in stock * Yellow Hominy Corn / Wild Rice

Please call ahead for store hours. Cash * Debit * Visa



September 2016

Mndaabmin Giizis (Corn Moon)

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Closed Monday Sept Closed Friday Sept 2 Recreation Gym Ni Garden Village Even	Monday's 1:00pm to 4: Itember 5, open Tues, 5 16, open Thurs, Sept 15 ghts (See Page 9) Ty Monday and Wednes In Every Tuesday and Th	sept 6 from 8:30am to from 8:30am to noor sday 4-6p.m.(Ag 6-8p.m. (Ag hursday 4:30-6:30 (A	noon. n. nes 6-12) nes 13-18)	Sunrise Ceremony Lighting of the Sacred Fire Pow Wow Grounds 6:30a.m.	2 Sunrise Ceremony Pow Wow Grounds 6a.m. Open Mic Pow Wow Grounds 6pm	3 NFN POW WOW Sunrise Ceremony Pow Wow Grounds 6a.m.
ANFN POW WOW Sunrise Ceremony Pow Wow Grounds 6a.m.	5 Labour Day NFN Offices Closed	6 Council Meeting Nbisiing 7:30pm	7 Good Food Box Orders Due	8 Prenatal Class 6-7:30pm L.C.H.C	9 FASD Awareness Day Movie Night GV Gym 5pm	10 Open Sew GV Culture Centre 10am-2:30p.m.
11 Open Sew Nbisiing SS 10am- 2pm	CPR Training GV Church Base. 8:30am-4:30pm	13	14 Diner's Club Ontario Works @ UOI 9am-4pm	Prenatal Class 6-7:30pm LCHC Family Drum Social GV Church Base. 6-8pm	Staff Appreciation Day (NFN Offices Closed) Keepers of the Fire Workshop Pow Wow Grounds 10am- 4:30 (SAT. Sept 17)	17 TBall 10:30- 11:15am Baseball 11:30an 12:30pm GV Field Firearm Safety 9am-4pm GV Council Chamber
18 Firearm Safety 9am-4pm GV Council Chambers Tell Moon Ceremony GV 8pm Membership @ UOI 9am-4pm		20 Council Meeting GV 7:30pm	21	22 Good Food Box Pick Up	23 Finance @ UOI 9am-4pm	24 Moccasin Making Workshop 10am- 3pm GV Culture Centre
25 Mocassin Making Workshop Nbisiing 10am- 3pm	26 AES Ratification Info Session 6:30-8pm GV Gym	27 Strawberry Fast Teachings GV Church Base. 6-8pm	28 Ontario Works @ UOI 9am-4pm	29	30	

36 Semo Road Garden Village, ON K2B 3K2

Connect with Us!

shaylab@nfn.ca





