



ENKAMGAK

Translation from Anishinaabemwin: *“The Happenings” or “What is Going on?”*

In This Issue

- [Updates.....2-4](#)
- [Education.....5-7](#)
- [Employment.....8-9](#)
- [Culture.....10-11](#)
- [Library.....12](#)
- [Event Listing.....13-14](#)
- [Health.....15-18](#)
- [Public Works.....19](#)
- [Advertising.....20-21](#)
- [Calendar.....22](#)

Sign up to receive the newsletter by email!

Contact Gen Couchie at genc@nfn.ca to be added to the list.

Council Meetings:

May 2 @ 7:30pm
Garden Village

May 16 @ 7:30pm
Garden Village

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at (705) 753-2050 ext. 1223 or email to fredam@nfn.ca.

Nipissing Warriors Documentary

On March 4th, our Culture & Heritage department hosted a premiere viewing of the Nipissing Warriors Documentary. This project is part of the department’s mandate to document NFN history, and features the first official NFN hockey team and the first All Ontario championship of 1972. The premiere event was very well attended and enjoyed by those who attended.

This documentary is in addition to an exhibit that has been on display in Garden Village, at Nbisiiing Secondary School and at Nipissing University. From this display we have a collection of audio recordings of players and fans as well as photographs. Our plan is to create a booklet of highlights with this information in the future.

The documentary was made possible by the support of hockey players and fans who responded to our numerous call-outs on social media and through the NFN newsletter seeking interviews with hockey players from Team 1972 and before that. We want to thank all players who volunteered to be interviewed, who sent newspaper clippings and photographs and shared their stories and answered our callouts for participation.

Miigwech to John Sawyer, elder and team member, who did a great job as the Master of Ceremonies for the premiere event. Names of attendees were entered into a draw for 2 nice door prizes, which were won by Tina Restoule and Emily Lewis.

The next documentary screening and official digital release will be on Friday, May 5th from 1pm - 3pm at Nbisiiing Secondary School. Everyone is welcome to attend to view the documentary with the community and we hope to see you there!

After May 5th, the documentary will be available online for viewing.

The Nipissing Warriors Documentary was sponsored by: Regan Pictures; Nipissing University; Social Sciences and Humanities Research Council of Canada; and Nipissing First Nation.

Gchi miigwech to our sponsors, all who participated and all who attended.



Next Screening & Digital Release on Friday, May 5th from 1pm-3pm at Nbisiiing Secondary School



Congratulations Clayton Goulais

On April 5th, Clayton graduated from the Ontario Police College (OPC) and will be NFN's first fully trained conservation officer.

Clayton now has the same training and qualifications as any police officer or conservation officer.

We commend him for his commitment to the Natural Resources Department and to the protection of Lake Nipissing.

NFN Satellite Office Hours Nbisiing School

In order to better serve members located on the east end of NFN, the following departments offer a satellite office at Nbisiing Secondary School.

NFN's Satellite Office is available from **9:00am - 4:00pm** on the following dates (unless otherwise specified):

ONTARIO WORKS

Every 2nd Wednesday

Wednesday, May 3rd

Wednesday, May 17th

Wednesday, May 31st

Appointment Required:

Call (705) 753-2050 to book.

FINANCE

Every 3rd Friday

Friday, May 19th

MEMBERSHIP

Every 3rd Monday

Monday, May 15th

HEALTH CENTRE

By appointment only:

Call (705) 753-3312 to book.

CHIEF McLEOD

Every 3rd Thursday from

Thursday, May 18th from **10am - 4pm** *

**confirmed on a month to month basis*

Community Consultation Meeting For Duchesnay & Yellek Residents

Duchesnay and Yellek residents are invited to attend a Community Consultation Meeting on **Tuesday, May 9th from 6:30pm - 8:30pm at Nbisiing Secondary School** to discuss possible investments in these communities using interest income from the 2013 Boundary Claim Trust.

Your feedback will help Council and Administration with planning and prioritizing investments in facilities, services and/or infrastructure in these communities. Members of Council and the Management team will be present to provide updates on current and proposed capital planning projects.

We hope you will join us at this informal meeting to share your thoughts and help shape the future of your community.

For more information, please contact:
Gen Couchie, Communications Officer
705-753-2050 ext. 1270 or genc@nfn.ca



Call for Committee Members

Chief & Council are still seeking registered Nipissing First Nation members to serve on the following committees: **Community Wellness, Health & Social Services and Natural Resources** (each committee is seeking 1 member).

Committee meetings are held once per month and members are paid an honorarium of \$50 for each meeting that they attend. Members must be 18 years of age and over to participate on committees. Note: Applicants are allowed to participate on a maximum of two committees. Applicants must complete a separate application for each committee.

The Committee Member application form is available on our homepage at www.nfn.ca, at the front reception desk at the Band Office, or it can be faxed or emailed to you by request by calling (705) 753-2050.

Natural Resources

Our philosophy for managing impacts on the walleye population is that if we protect the spawning fish, we protect the lake... and our future.

We believe this starts with a successful spring moratorium.

As in previous years, our Natural Resources Enforcement staff will be out patrolling the lake every day.

If they approach you, they are just doing routine inspections to ensure that no netting or spearing is taking place.

If you see suspicious activity, please contact the Natural Resources Department office:

During regular office hours (8:30am - 4:30pm) Monday to Friday, call Jeff McLeod, Natural Resources Manager at **(705) 753-2050 ext.1325**



Report Violations Anonymously 24/7

Call or Text:
705-471-1744

Email:
NRtips@nfn.ca

Fisheries Update

Spring Moratorium on Gill Netting & Spear Fishing

A reminder that the spring moratorium on gill netting began April 1st and remains in effect until May 19th (subject to amendment by Council). The temporary moratorium on spear fishing also remains in effect to boost the success rate of the spawn and help repopulate the lake.

Community Meetings

Community meetings were held on March 29th in Garden Village and March 30th in Duchesnay to provide an update on the 2016 season and discuss plans for the 2017 season. The emphasis of the meetings was on the need for and importance of self-government. Both meetings were effective in relaying key information about our Fisheries Law, including dispelling misunderstandings about its enforcement and impact on treaty rights.

Working Relationship with MNRF

We continue to work with the Ministry of Natural Resources and Forestry (MNRF) towards a shared goal of sustainably managing the Lake Nipissing fisheries. This includes the full implementation and enforcement of NFN's *Fisheries Law*. In 2016-17, we conducted over 30 days of commercial fishery assessments, shared fisheries data, worked jointly on fisheries assessment and monitoring projects, and communicated openly.

Importance of the MOU

The Government of Ontario recognizes NFN's *Chi-Naaknigewin* (Constitution) and our *Fisheries Law*, which is a first for Ontario. A Memorandum of Understanding (MOU) lays out the parameters of our working relationship (including an enforcement protocol), and is guided by the spirit of cooperation and collaboration to support the recovery of the walleye fishery.

The MOU, which has been in place for just over one year, has been successful in providing NFN with additional training and enforcement capacity. Over the next two years, we plan to continue working together to build capacity (staff & technical) and continue enhancing compliance efforts.

Self-Government

Our treaty rights are not, and will never be, on the table for discussion. The MOU respects our treaty rights and our nation's ability to govern our territory, including Lake Nipissing, which we have never surrendered our jurisdiction over.

The MOU assists in restoring self-government by giving members the choice between working with our government, or a non-indigenous government (Ontario). Under the terms of the MOU, which were mutually agreed upon, any member(s) who refuse(s) to work with NFN to comply with the *Fisheries Law* may be charged by the MNRF.

This is not about taking away individual treaty rights or punishing members for exercising them, but rather about protecting our collective rights now and for the future by ensuring a healthy population of fish for all band members to access. All members have a protected right to fish to provide for themselves and their families (sustenance fishing), but any member who sells, or intends to sell, fish is required to register as a Commercial Fisher and follow the NFN *Fisheries Law*, which includes abiding by the spring moratorium and ceasing to fish commercially when the fishery is closed once our harvest target is met.

Current Status

NFN is working hard to demonstrate leadership on the recovery the walleye population and we need the support of our members. Our rights are collective in nature and are dependent on our continued existence as a strong nation of people. Together, we can strengthen our priority position as stewards of Lake Nipissing and protect our jurisdiction by upholding the values and principles of sustainability as reflected in our *Chi-Naaknigewin*.

Housing Department Notice

We are updating our database for apartment rentals to serve you better. If you are interested in receiving notifications about available units, please ensure that we have your current contact information. All notifications are sent based on the information we have on file.

To update your information, or to be added to the list, please contact the Housing Department. Please note that in order to be added to the list, we require your name, band member number, birth date, address, email and phone number.

Contact us at 705-753-6973 or email elliep@nfn.ca.



Returns to NFN

Hard Rock Medical is returning to NFN to film parts of its 4th season at the New Duchesnay Store and Big Medicine Studio.

Duchesnay residents will receive official notification from the film crew as to filming dates and dates, however the following tentative dates have been communicated to our office:

- Friday, May 12th
- Monday, May 15th
- Tuesday, May 16th
- Wednesday, May 17th
- Friday, June 9th

There may be slight traffic disruptions on Couchie Memorial Drive and Goulais Crescent while filming is taking place. Signs will be posted and traffic control personnel will be hired to help mitigate these issues. We thank residents in advance for their patience and support of this exciting film project.

Dogs Running Loose



Please ensure that dogs are not let loose to run at large at any time, this includes during the night and/or early mornings.

In accordance with the NFN Animal Control Bylaw, pets must be kept on a leash and under the care and control of the owner at all times. Please abide by this Bylaw to avoid any fines in the future. Miigwech.

For more information or to discuss any concerns you may have, please contact:

Tyler Couchie,
Community Liaison Officer
705-753-9184



Notices from NFN Fire Services



Smoke Alarm & Carbon Monoxide Inspections

Nipissing First Nation Fire Service is offering Smoke Alarm and Carbon Monoxide inspections for its residents starting in May 2017.

We will come into your home and inspect your alarms to ensure they are in proper working order. Should you require a new alarm, we will install the new battery operated alarm. Should you wish to replace alarms that are hooked up to your electricity, you will be required to purchase those and we can install them. We do not have the electric alarms to install, only battery operated alarms.

To schedule an inspection, please contact Melvin McLeod at 705-753-4319.

Open Air Burning Reminder

Nipissing First Nation Fire Service is advising residents to contact them regarding any restrictions with open air burning before starting any fires or burning brush, to ensure safety for all.

Open air burning can include the use of outdoor fireplaces and cooking fires (excluding BBQ). Some outdoor appliances are not recommended because there is potential for personal injury, property damage and increased risk of a grass fire.

Open air burning, if left unattended, can become difficult to control and can result in a serious widespread fire. We suggest using a fireproof container to prevent any fires from getting out of control. Always have a garden hose, shovel, and buckets of sand available should you lose control of the flames. Keep fires small to avoid sending sparks flying into areas where you cannot extinguish them.

If you have any questions about open air burning requirements contact:
Melvin McLeod, Emergency Services Manager, at 705-753-4319

Make Fire Safety a Priority!



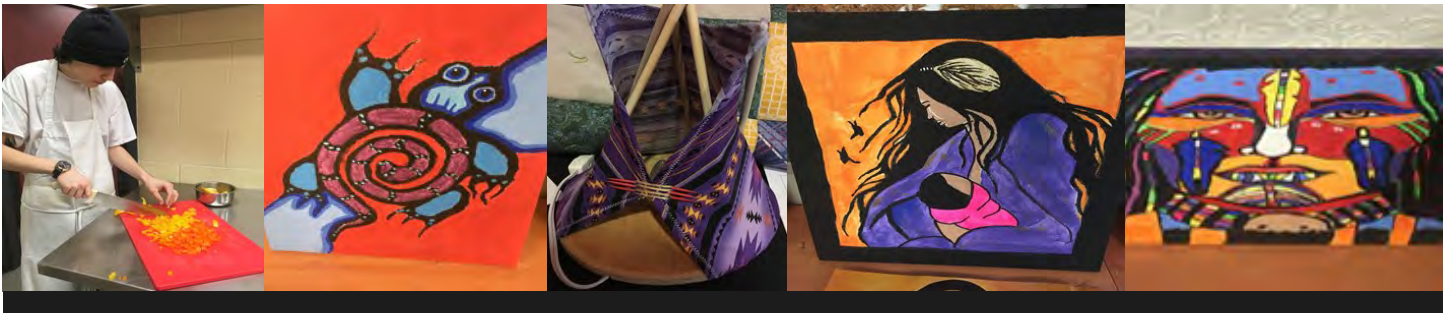


N B I S I I N G S E C O N D A R Y S C H O O L

Are you thinking about registering at a High School in September? Make an appointment with the Student Success teacher at Nbisiing Secondary School, Ontario's finest First Nation High School! We would be pleased to provide a personalized tour of our school and speak with you about the educational and cultural programming available.

We welcome all Native and non-Native students. To arrange a personalized tour, visit our website at www.nbisiing.com, call us at 705-497-9938 or check us out on Facebook. The second semester started January 30, 2017.

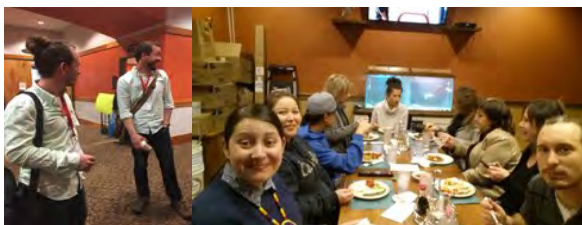
The Grade 9/10 Visual Arts class has been working on a Woodland Art assignment. Students research Native stories, legends and myths. They got their inspiration from looking at the works of famous Indigenous artists such as Carl Ray, Daphne Ojig and Norval Morriseau.



The Hospitality & Tourism class learned how to make homemade pizza.

Parents Robin and Andy are knowledge keepers from Kippewa who studied Culinary Arts at Canadore College.

Chi miigwech for sharing your experience with our students!



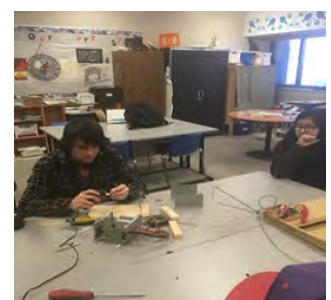
On March 30th and 31st, Nbisiing staff attended the **23rd Annual Anishinaabemowin-Teg Language Conference**.

This year's theme was Aabziitoodaa gdi-nweninaa nji e-shkiniijig (Reviving our Language for the Youth).



The Grade 10 Science Class built a solenoid motor from an internet illustration, which worked out well with Jayden's guidance.

Learning through technology has opened up new doors in education and the students are empowered to find success through their own initiative.



EDUCATION

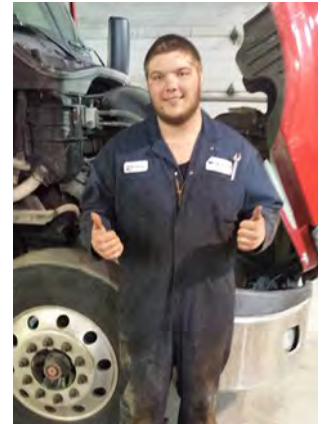


Co-op Education

Braeden and Dyllan are learning many employability skills at their respective co-op placements: Shopper's Drug Mart (on Josephine) and All North Truck Centre.

They are getting hands-on, real-life experience while having fun learning these relevant job skills and attributes.

Chi-miigwech to all of our employer sponsors!



Upcoming Events at Our School

Nbisiing Secondary School students and staff are honored to have the opportunity to view the *Nipissing Warriors* documentary here at school on Friday, May 5th from 1pm - 3pm.

PD Day – Friday May 19th

Our Annual Feast of the Drum Ceremony will be held Friday, May 26th.

Please come out and join us!

Watch our Facebook page for more information about our upcoming events like our YMCA Youth Exchange Trip, our Parent Night on May 2nd and others!

Gaa-Bi Kidwaad Maa Nbisiing: The Stories of Nbisiing Anishinaabeg

COURSE:
HIS 1006 SI

DATES:
July 17-28, 2017

TIME:
Monday - Thursday
9:00 AM - 1:30 PM



LOCATION:
Nbisiing Secondary School,
Nipissing First Nation

INSTRUCTORS:
Elder John Sawyer and
Erin Dokis (erind@nipissingu.ca)



NIPISSING
UNIVERSITY

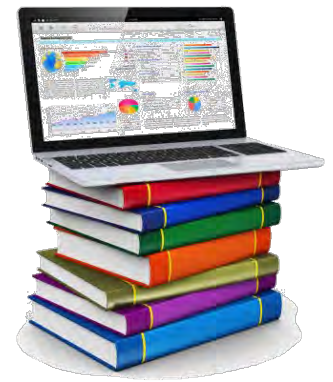
Post-Secondary Funding Assistance Deadlines

The deadline to submit full-time post-secondary funding applications is **May 15, 2017** for the Summer, Fall and Winter sessions of the 2017-18 school year.

* Note: If you are a continuing student, you have to reapply every year *

Applications can be found at http://www.nfn.ca/admin_education_post.php.

For more information, please contact Geraldeana Goulais at 705-753-6995 or email gerryg@nfn.ca.



NEW Adult Education Hours

Wednesdays from 6pm - 8pm at the Library in Garden Village

Thursdays from 6pm - 8pm at Nbisings Secondary School in Duchesnay

Facilitator: Linda Lewis

For more information, contact Tracy Hanzlik at the NFN Education Office: 705-753-6995 or tracyh@nfn.ca or contact Ontario Works at 705-753-2058.

Reminder

Student Information/Consent Sheet must be on file at the Education Department. This information is needed for incentives and awards.

Please advise the Education Department if your child is graduating from grade 8 or 12, or if you are a post-secondary graduate.

Save the Date! Carousel Evening on May 17th

The Special Education Advisory Committee (SEAC) and the Parent Involvement Committee (PIC) of the Nipissing-Parry Sound Catholic District School Board is organizing the 17th Annual Carousel Evening on May 17th from 5:30pm - 8:30pm at St. Joseph Scollard Hall Catholic Secondary School. We hope you can join us for this celebration of special education.

This is an evening of workshops and presentations centered around current issues and initiatives in the area of education. Everyone is welcome to attend this event.

The theme this year is **Personalize Learning: Empower Parent, Children and Youth** with a keynote address by Barb Swartz-Biscaro.

Rumie Tablets are here!



On April 19th, the Education Department together with the Children's Integrated Program hosted the Rumie Launch event. Approximately 20 children from the Children's Integrated Program participated by trying these new tablets and finding new games and interests. Rumie has donated 30 tablets to our program, which come preloaded with customized learning and studying tools that meet the specific needs of our students. For example, we've loaded an NFN Language tab on our tablets.

Rumie Tablets are interactive digital libraries that are loaded with high quality educational textbooks, videos and games tailored to a student's age and curriculum. The tablet is portable, can be used offline and has pre-approved content only.



Education Office Contacts

Director of Education - Nancy Allaire
Elementary/Secondary Support Worker - Tracy Hanzlik
Post-Secondary Support Worker - Geraldeana Goulais

705-753-6995

Employment Opportunities

The following employment opportunities are currently available with Nipissing First Nation. To apply, please forward a cover letter with resume, along with three (3) current work related references to:

MAIL: Jennifer Lalonde, Human Resources Manager
36 Semo Road, Garden Village ON P2B 3K2

FAX: (705) 753-0207
EMAIL: resumes@nfn.ca

Complete Job Postings can be viewed on our website at www.nfn.ca/jobs_internal.php.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1)(a) OHRC

Only those who qualify for an interview will be contacted.

Community Garden Worker

Seasonal Contract Position - *May to October*

Under the direction and supervision of the Health Services Manager, the Community Garden Worker seasonal position will work with the Diabetes Program staff. Primary responsibilities include working in the Nipissing First Nation community garden to prepare, plant, weed, harvest and distribute the garden crop. As a physically active position, it is suitable for individuals that enjoy working outdoors and can tolerate exposure to sun, high temperatures and bugs. This position requires a flexible schedule to optimize garden requirements.

Rate of Pay: \$16.00/hour

QUALIFICATIONS:

- Must be a registered Nipissing First Nation member
- Must have completed or being willing to complete Privacy training, and Occupational Health and Safety training.
- Ability to lift up to 25 pounds, handle, move light and heavy weight materials, stand for long period of time, engage in repetitive movement of hand and wrist; reach with hands and wrist; stoop, bend, kneel and crouch
- Current First Aid and CPR with AED or willingness to obtain upon employment
- A valid Ontario Class "G" Driver's License and access to a reliable personal vehicle

KNOWLEDGE AND SKILLS:

- Knowledge of garden plants and harvesting and gardening techniques
- Knowledge of safety equipment required for handling small machinery
- Knowledge of safe sun practices
- Ability to use and maintain garden equipment and tools including small tiller, garden hose, trimmers (weed whackers)

DUTIES:

- Prepare garden beds, seed and fertilize as required
- Weeding and mulching on a regular basis
- Maintain the irrigation system and water garden as required
- Display, weigh and distribute crops at designated areas and/or events
- As required or directed, work with summer student and volunteers to complete duties
- Interact with public in a pleasant manner
- Participate in special events held at the community garden (such as opening ceremony and closing feast)

A current CPIC with Vulnerable Persons Check is a requirement for the successful applicant.

Deadline for Applications is Friday, May 12, 2017 at 4:30pm.

Summer Children's Program Coordinator

Short-Term Contract Position - June 5th to August 25th, 2017

As an essential part of the Summer Children's Program, the SCP Coordinator, under the direction and supervision of the Social Services department will be responsible for the service delivery of the day to day activities and events that are set out in the 6 week program schedule for the Summer Children's Program located in Duchesnay.

QUALIFICATIONS:

- Must be a registered Nipissing First Nation member
- Must have minimum Post-Secondary Education
- Knowledge in recreation and leisure services will be considered an asset
- Experience and knowledge working with children ages 6-12, teens and young adults
- Must have proven experience and skills in leading a team
- Must have a valid Driver's License and access to a vehicle

REQUIRED SKILLS AND ABILITIES:

- Must be able to work with minimal supervision
- Ability to work as a team member
- Must be punctual and reliable
- Ability to communicate with parents about child needs
- Excellent communication and interpersonal skills
- Exceptional customer engagement skills and well developed problem solving abilities
- Written/Verbal communication skills
- Excellent administrative and organizational skills and ability to prioritize
- Experience working with children in a recreational setting

DUTIES:

- Responsible for the safety and welfare of groups of children
- Supervision of Program leaders and Assistants through proper scheduling
- Monitoring of Program Leaders, Assistants and Children in their day to day activities and events
- Daily communication with parents and staff. Use of conflict resolution skills to manage and solve problems
- Provide opportunities for children to have fun in a constructive way through a program, which is balanced in both quiet and active play. For certain activities and events you will be required to actively participate
- Determine what supplies and equipment are needed on a daily/weekly basis
- Maintain an accurate roster of children's attendance (checklist in the am off bus, and pm after lunch)
- Assist, as needed, during lunch, activities and craft time
- Assist in the delivery and implementation of all program activities as needed
- Perform all duties in the safest possible manner and report all incidents and health & safety concerns to the supervisor or manager
- Meet with Program leaders and Assistants on a regular basis and as needed to review any occurrences.
- Perform general clerical duties to include photocopying, faxing, mailing, and filing

A current CPIC with Vulnerable Persons Check is a requirement for the successful applicant.

Deadline for Applications is Monday, May 15, 2017 at 4:30pm.



Nbisiing Anishnaabemwin

Aanin. We have just completed another successful year of Anishnaabemwin Immersion workshops at NFN. We thank Nipissing First Nation and Canadian Heritage for sponsoring language programming in our urgent work to reclaim our language. WE have come a long way in the past few years, but we have a long way to go.

Our last few active language speakers are in their late 70's and into their 80's and our situation has reached an urgent status. Every one of us can turn this around at this time by making language reclamation a priority. We want to say gchi miigwech to our loyal fluent speakers who met with our language teachers, community members of Nipissing, Bear Island and Dokis twice per month to help us learn. We have whole families who attended consistently. Language Warriors*.



Miigwech to June Commanda, Marlene Barnes, Kathleen McLeod, Geraldine McLeod, Lorraine Commanda, Sylvia Restoule and Larry McLeod who came out to teach us different thematic workshops from: skinning waabooz, cooking, dating 101, eating out, valentines, and so much more.

We can't say enough to express our gratitude for taking time out of your lives every week, whether working in the immersion program or volunteering every week, to teach us at our community classes. Just always being there for us and helping us RECLAIM our precious language.



For the year long immersion project that was partially funded by Canadian Heritage, Jane Commanda was hired to coordinate the classes in Duchesnay, make recordings of the workshops and create some resources. Jane did her job well and we are grateful that she too loves our language. She has chosen once again to remain with us to volunteer regularly. Our next project will be to edit these recordings, upload them to YouTube and link them to our website.

Our public immersion workshops for this year are complete. We will continue with the weekly language learning classes on Mondays in Duchesnay and Wednesdays in Ktigaaning from 6-8pm. I will do my best to record live recordings during my class on Wednesdays where I am a student.

Miigwech,
Glenna Beaucage
Culture & Heritage Manager



Anishnaabemwin Dialogue

Waabgowan Giizis — Flower Month

Gitige — planting

Gitige nini — farmer

Bwaakaagamik — barn

Bwaagaanak — farm animals

Gookoosh — pig

Gookooshensag — little pigs

Baagaakwaan — chicken

Baakaakwaanens — chick

Gtigaan — garden

Bizhiki — cow

Bizhikiins — calf

Bezgoozhii — horse

Bezgoozhiins — pony

Memengshe — donkey



Nipissing Nation Berry Fast

Anishnaabeg Kwewag who have experienced their first moon time or any women older who would like to participate in their one year berry fast. This is a ceremony of empowerment and coming of age in which you will end up with rich teachings to guide you through your lifetime. Families who have young women interested in having their berry fast are invited to come with family members. We will meet monthly with different grandmothers to help guide the young kwewag.

2 places to attend:

Thursday, May 11th from 6pm - 8pm at the Culture Centre in Garden Village

Friday, May 12th from 6pm - 8pm at Nbsiing Secondary School

Facilitator: Mary Elliott

Register: Contact Glenna Beaucage at 705-753-2050 ext. 1232 or glennab@nfn.ca



May 2017 Prayer

Waabgowan Giizis Na'mewin

Waabgowan Giizis, npkidnaa semaa mina nbiinaaksigoo abji go dbasendis, mooshkne n'dey, nmooshneskaagooyaan mshkawziwin dbishkoo gona shki-bmaadziwin .

Gookmis, gchi-kinoomaagewin mshkawziimgadoon, aapchi-gchi-piitendam gaan go gegoo kidwinan tesnoowan ekidyamban ezhi-webzing pii maanjwiding, maa enamjiwing pii goojing Waabgowanii Giizis.

Gookmis, nbasendis kidtaan ngo-ntaminaag da wendaan kina waa-ni-Nishnaabe naadziwin.

Ngi-kendaan ngi-kendaam wa, Gzhe-mnidoo ge ezhi-ndawenmiyan.

Waabgowanii Giizis ntaamgo niibwa kenzowaan. dbasendizyaan, kwedweyaan wii- boonendmaan iw gaanendmaan mii dash mina tkweshkaadyang , wewena ga-nendis ezhi-aaw'yaan.



Flower Month Fifth Month

Flower Moon is the fifth moon of creation. Life-giving energies focus on the continue of Creation, as the Creator had planned it to be.

At this time, all plants present their spiritual identities and adversities in the form of multiple colors, shapes, textures and aromas, that radiate a positive energy throughout the turtle Island.

This positive force is the most powerful of medicine in the healing process of Mother Earth.

Miigwech

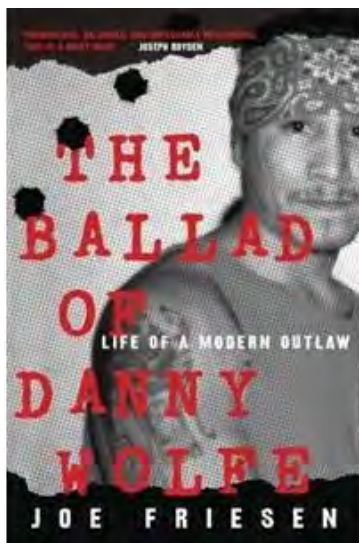
NFN Kendaaswin (Library)

NEW MOVIES THIS MONTH!!!



& MANY OTHERS!

RANDY'S PICK FOR MAY



A gripping, fast-paced account of the life of the indigenous man who founded and led the Indian Posse, one of the most dangerous gangs in North America, into violence, power, and infamy.

In 2008, Daniel Richard Wolfe was awaiting trial on two counts of first-degree murder at the Regina Correctional Centre. This wasn't his first time in jail; from his teenage years his life had been marked by stints in and out of prison – with Danny sometimes finding his own way out. This time around, a carefully plotted escape that would send the RCMP on a nationwide manhunt, launching Danny Wolfe to headline-topping notoriety.

Events at the Library this Month

May 3rd from 6pm - 8pm - Community Clean-Up

May 10th from 6pm - 8pm - Mother's Day Craft

May 24th from 6pm - 8pm - Teen Movie Night

Check out pages 13 & 14 for a complete listing of events for children & youth taking place throughout the community!

New Library Hours

Effective April 1st

Monday: 1pm - 4pm

Tuesday: 9am - Noon
1pm - 4pm

Wednesday: 1pm - 4pm
6pm - 8pm

Thursday: 9am - Noon
1pm - 4pm

Friday: 9am - Noon

Closed Saturday & Sunday

Randy Penasse, Librarian
24 Semo Road, Garden Village
705-753-6997
randyp@nfn.ca
www.kendaaswin.ca

MY LIBRARY - "GO ANYWHERE, LEARN ANYTHING"

Child & Youth Programming

Every Monday & Wednesday in May - Youth Fitness Club (ages 13-16) from 6pm - 7pm

Providing youth with supervised access and support to learn how to properly use the exercise equipment in the fitness center in Garden Village. Please bring a pair of clean indoor shoes.

Contact Ashley at 705-753-6971 or ashleyc@nfn.ca for more details.



May 5 - Teen Night (ages 12+) from 6pm - 10pm at the NFN Kendaaswin (Library)

Hosted by the Native Child Welfare Program

May 7 - Kids Social in Garden Village from 10am - 3pm in the LCHC Boardroom

Children aged 6 & under must be accompanied by an adult

Hosted by the Native Child Welfare Program

May 9 - Kids Social in Duchesnay from 6pm - 8pm at Nbisiing Secondary School (south entrance)

Children aged 6 & under must be accompanied by an adult

Hosted by the Native Child Welfare Program

May 10 - Mother's Day Craft Night from 6pm - 8pm at the NFN Kendaaswin (Library)

For children ages 6 & up. Let's make a craft to show our Moms how much we care about them!

Co-hosted by the NFN Library & the Native Child Welfare Program

DZAAGDIWIN



May 13 - Babysitting Basics (ages 11-14) from 9:00am - 4:30pm (lunch provided, location TBD)

A course created to teach babysitting, leadership and First Aid skills in a fun and informative way for the 11-14 year old age group. Students learn how to care for infants, toddlers and older children, as well as what questions to ask parents and what to do in emergencies. Activities, role-playing and hands-on practice will teach skills and build confidence.

Each student will receive a "What Every Babysitter Should Know" handbook and a First Aid Kit, as well as a St. John Ambulance Babysitter's attendance certificate upon successful completion.

To register, please contact Tamara or Wendy at 705-753-2691. 10 spaces available.

Hosted by the Native Child Welfare Program

May 17 - Bike Rodeo (ages 4-13) from 6pm - 7pm in the Cultural Centre Parking Lot

Featuring skill testing and bike obstacles. Prizes will be drawn at 6:50pm. For more information or to volunteer, please contact Ashley at 705-753-6971 or ashleyc@nfn.ca.

Co-hosted by APS, the Native Child Welfare Program, the NFN Library & the NFN Recreation Department

May 19 - Teen Cooking (ages 12+) from 10am - 2pm in the LCHC Boardroom

Hosted by the Native Child Welfare Program

May 19 - Teen Night (ages 12+) from 6pm - 10pm at the NFN Kendaaswin (Library)

Hosted by the Native Child Welfare Program

May 23 - Kids Social in Duchesnay from 6pm - 8pm at Nbisiing Secondary School (south entrance)

Children aged 6 & under must be accompanied by an adult

Hosted by the Native Child Welfare Program

Child & Youth Programming Continued

May 24 - Teen Movie Night (ages 13+) from 6pm - 8pm at the NFN Kendaaswin (Library)

We will be showing a new release each month!

Co-hosted by the NFN Library & the Native Child Welfare Program



May 28 - Kids Social in Garden Village from 10am - 3pm in the LCHC Boardroom

Children aged 6 & under must be accompanied by an adult

Hosted by the Native Child Welfare Program

All Ages & Adult Programming



Every Tuesday & Thursday in May - Urban Polling Lunch Hour Walks from Noon to 12:30pm

Anyone who enjoys walking is invited to meet in the Band Office Gym for a 20 minute full body walk.

Contact Ashley at 705-753-6971 or ashleyca@nfn.ca for more details.

May 3 - Community Clean-Up Day (all ages) from 6pm - 8pm at the NFN Kendaaswin (Library)

Let's clean up our nation and have some fun while we're at it! Refreshments will be served.

A combined effort of the NFN Library, the Native Child Welfare Program & the NFN Recreation Department

May 11 - Family Drum Social (all ages) from 6pm - 8pm in the Church Basement, Garden Village

Hosted by the Culture & Heritage Department

May 15 - Mommy & Baby from 9:30am - 2pm at the NFN Kendaaswin (Library)

Hosted by the Native Child Welfare Program

May 23 & 30 - Infant Massage Class from 10am - 12pm at the Lawrence Commanda Health Centre

This class is a great opportunity for parents, grandparents and caregivers to learn to bond and communicate with baby. Refreshments & Snacks will be provided. Space is limited; participants must register. 5 weeks (1 session per week).

Contact Misty at 705-753-3312 or mistya@nfn.ca to register.

May 27 & 28 - Hoop Making (all ages) from 10am - 2pm

May 27 in Garden Village & May 28 in Duchesnay (locations TBA)

Must register by contacting Jules at 705-753-2050 ext. 1232 or julesa@nfn.ca

May 31 - Baseball Night (ages 6+) from 6pm - 7:30pm at the Garden Village Ballfield

Learn the game & rules and revisit Nipissing Nation baseball history!

Co-hosted by the NFN Library, the Native Child Welfare Program & the NFN Recreation Department



The New Rink Needs a Name

The Community Wellness Committee is accepting suggestions for the naming of the new Community Rink in Garden Village.

Please email your suggestions to brandief@nfn.ca or call 705-753-2050 extension 3001.

from the desk of the Health Promotion Worker for the Right Path Counselling & Prevention Services

Hello, Aaniin, Boozhoo, Aniish na? How are you? I hope everyone is feeling good now that the cold crazy winter weather is finally finished. It is finally spring and new things are happening.

We are looking for creative artsy crafty people interested in doing NEW posters for the Walk Against Impaired Driving in June. We will need posters relating to either Alcohol or Drugs and Impaired Driving. I'm hoping people will call and join up so we can laminate the new posters for future events. For more information call Lori-Anne @ 705-753-1375 ext 2266.

Mental Health Week is May 1st to May 7th. This is an annual national event that takes place during the first week of May to encourage people from all walks of life to learn, talk, reflect and engage with others on all issues relating to mental health. It provides an opportunity for all Canadians to reflect on our own attitudes and behaviours toward people living with mental health issues because we all need to work to reduce the discrimination and stigma associated with mental health problems.

I have borrowed information on Mental Health from the Canadian Mental Health Association or CAMH website: www.camh.ca Mental health means striking a balance in all aspects of your life: social, physical, spiritual, economic and mental. Reaching a balance is a learning process. At times, you may tip the balance too much in one direction and have to find your footing again. Your personal balance will be unique, and your challenge will be to stay mentally healthy by keeping that balance.

Benefits of Good Mental Health Just as physical fitness helps our bodies to stay strong, mental fitness helps us to achieve and sustain a state of good health. When we are mentally healthy, we enjoy our life and environment, and the people in it. We can be creative, learn, try new things, and take risks. We are better able to cope with difficult times in our personal and professional lives. We feel the sadness and anger that can come with the death of a loved one, a job loss or relationship problems and other difficult events, but in time, we are able to get on with and enjoy our lives once again

For more information on Mental Health or Addiction issues, call us at Giyak~Moseng
- The Right Path Counselling & Prevention Services 705-753-1375

*Baa maa Pii, Until next time,
Lori-Anne, Cheryl, Dr. Brenda, Lisa L, Julie, Maxine, & Janice*

Free Child Car Seat Clinic

Wednesday, May 31st from 3pm - 6pm at the Health Centre



Are you using the right car seat for your child?

All children must use a car seat or booster seat that is appropriate for their weight and age until their 8th birthday. Come out and learn more!

Cst. Commanda from APS will be on hand to help ensure your car seat(s) are installed properly and answer any questions you may have.

Call for more information: 705-753-3312

Offered in partnership by the Early Child Development and Maternal Child Health Programs

Diabetes: Caring for your Feet

People with diabetes have more fragile feet than those who do not have diabetes. Long term hyperglycemia can cause the following foot problems:

- Nerve damage-loss of sensitivity to touch, pain, heat and cold;
- A tendency for thinner, dryer skin. The skin becomes easily irritated and develops calluses at pressure points;
- Arteries may thicken and harden reducing the circulation in feet; and
- More susceptible to infections.

How Circulation can be Improved in the Feet:



Do not smoke



Do not cross your legs when sitting



Walk as much as you can
within your limits and abilities



When seated, rest your legs on
a footstool whenever possible



Keep moving-do not remain standing
or sitting in one place for too long

Ten Foot Care Suggestions for People with Diabetes

1. **Examine your feet every day** and ask for help from family and friends if needed;
2. **Do not walk barefoot**, not even in the house, and especially not on a beach or a public area;
3. **Wash your feet everyday**; check the water temperature with your wrist, elbow or thermometer; it should be lukewarm;
4. **Be sure skin is completely dry**;
5. **Avoid cutting your toenails too short**;
6. **Never self-treat for calluses, corns or blisters**;
7. **Change socks every day**, wear clean socks, and socks that fit; be sure they are loose and long enough; avoid wearing tight socks;
8. **Choose your shoes carefully**; always wear socks with your shoes;
9. **Watch out for burns or frostbite**; wear socks even in bed, if your feet are cold avoid hot-water bottles, electric blankets or hot water;
10. **Immediately contact your foot care specialist** if you notice discoloration, loss of sensation or have a lesion.

For More Information Contact:

Lawrence Commanda Diabetes Education and Resource Centre at 705-753-3312

Immunization Awareness

Did you know?

Immunization prevents between 2-3 million deaths every year.

Immunization prevents deaths every year in all age groups from diphtheria, tetanus, pertussis (whooping cough), and measles. It is one of the most successful and cost-effective public health interventions.

Immunization: Get the facts



Immunization fact #1

The measles-mumps-rubella (MMR) vaccine does **NOT** cause autism

Evidence-based reviews performed by the U.S. Institute of Medicine have rejected any causal associations between the measles-mumps-rubella (MMR) vaccine and autism spectrum disorders in children. In addition to these reviews, research studies have also shown no causal associations. For example, a Danish research team studied children born between 1991 and 1998 (537,303 children) and concluded that there is no difference in the rate of autism between vaccinated and unvaccinated children. Although the reason for the increase in autism is not yet conclusively known, one explanation may be the broader definition and inclusion of many more behaviours and learning disorders within autistic spectrum disorders.

Immunization fact #2

Multiple injections do **NOT** overwhelm the immune system

Every day our bodies come into contact with millions of germs, causing our immune system to work continuously to protect us. Therefore, exposure to antigens (parts of weak or dead viruses or bacteria) in vaccines is easily handled by our immune systems. In fact, our immune system needs to be challenged continually to stay vigorous. Modern biotechnology has reduced the number of antigens in today's vaccines. For example, in 1980 the diphtheria, tetanus and acellular pertussis (DTaP) vaccine had 3017 antigens. At present, infants receiving recommended vaccines starting at two months of age come into contact with only 34 antigens — just 34 antigens among the millions handled every day by our immune systems.

Immunization fact #3

Vaccines do **NOT** contain cells from aborted fetuses

Human cell lines were commonly used in the early stages of production of some vaccines* to increase safety by reducing reactions to unfamiliar foreign proteins to the immune system.

However, modern biotechnology provides new approaches to cultivating viruses for vaccine production. For example, vaccine manufacturers now use chicken embryos for the production of influenza vaccines, and are now looking towards mammalian cell lines that can be grown and reproduced in laboratories for vaccine production. All cell lines are removed during the purification stage of vaccine development.

*MMR, varicella, hepatitis A, rabies, and TDaP

Immunization fact #4

Vaccines do **NOT** contain harmful traces of preservatives or residual products

Some vaccines contain...

Preservatives which help keep vaccine vials from getting contaminated with germs

Immunization fact #5

Vaccines do **NOT** contain harmful traces of additives or adjuvants

Some vaccines contain...

Additives to help vaccines stay effective while being stored



Source: Immunize.ca

For more information about immunizations, or to check on the status of your immunizations, contact:

Kayla King, Community Health Nurse
705-753-3312 or chn@nfn.ca

MEASLES



WHAT IS MEASLES? Measles is a very contagious respiratory infection that is caused by a virus. The symptoms include fever, a red skin rash, red and watery eyes, cough and a runny nose. Although most people recover fully from measles within two to three weeks, it can be serious or, very rarely, even deadly. Almost everyone who has not been vaccinated or who hasn't already had measles will get it if they are exposed to the virus.



HOW IS MEASLES SPREAD? The virus spreads through the air when an infected person coughs or sneezes. People can catch it by:

- Breathing the air where an infected person has coughed or sneezed.
- Touching an infected surface, and then touching their eyes, nose or mouth.
- Being in a room where a person with measles is or has been, even up to two hours after that person has left the room.

People who have measles can spread it to others up to four days *before* they get a rash and up to four days *after* they get a rash.

PREVENTION

You can protect your children against measles with a safe and effective vaccine. For the best protection, children should receive the two recommended doses of the measles vaccine. Children will need one dose at each of the following ages:

- One year old.
- Four to six years old.



IS IT SERIOUS? Measles can be dangerous, especially for babies under 12 months of age. Complications happen in up to 10 per cent of measles cases, and can include:

- Pneumonia (an infection in the lungs).
- Encephalitis (an infection in the brain), which can cause seizures, brain damage or even death.
- Otitis media (an ear infection).

Measles may cause pregnant women to give birth early, or have a baby with a low birth weight.

EVEN IF ONLY ONE PERSON HAS MEASLES,

9 IN 10

PEOPLE WHO ARE AROUND HIM OR HER WILL BECOME INFECTED IF THEY ARE NOT PROTECTED BY THE VACCINE OR HAVE NEVER HAD THE DISEASE.



Sporting Goods
Toys
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Windows

**NFN GOODS
 EXCHANGE DATES**
May 4th & 5th

Small Appliances
Furniture
Clothing
Books

Goods Exchange is an enjoyable way to keep good *re-usable* items and materials out of the landfill. NFN Community Members can place unwanted but still usable items at the roadside *after 8:00 am* on Thursday, May 4th. Everyone is encouraged to take a look around and pick-up items that they can re-use.

Please safely bag and/or gather any remaining items for regular garbage pick up on Monday, May 8th
 As always, *please drive carefully & watch for pedestrians* in their quest for curbside bargains!

For more information, contact Shayla Brunet at 705-753-2050 or shaylab@nfn.ca



Spring Clean-Up Days



Band Membership ONLY

Wednesday, May 10th	Garden Village, V.L.A, Mosquito Creek Road
Thursday, May 11th	Jocko Point, Beaucage Subdivision, Beaucage Village
Friday, May 12th	Yellek Subdivision, Duchesnay, Art's Lane

What's Accepted?



Bulky Items
 Small Furniture
 Metal Items
 Miscellaneous household items (bagged or bundled safely)
 Scrap Metal
Electronic Recycling: TVs, radios, PCs, cell phones
PLACE IN A SEPARATE PILE
Tire Recycling: Standard sized tires (NO RIMS)
PLACE IN A SEPARATE PILE



ITEMS THAT WILL NOT BE PICKED UP:

Railroad ties, construction materials, recyclable items, propane tanks and Appliances with *Freon*.
 DO NOT PLACE HOUSEHOLD HAZARDOUS WASTE at the curb.

For more information, contact Shayla Brunet at 705-753-2050 or shaylab@nfn.ca

PLACE ITEMS ON THE CURBSIDE BY 7:30am on the day of scheduled pick up in your area.

Any item deemed to be unsafe or unacceptable will not be picked up by NFN Public Works, and will be the member's responsibility to bring to the Landfill.

Regular curbside garbage and recycling pick-up will occur on Monday, May 15th

Homes for Sale

59 Paradise Lane, Jocko Point

1-1/2-story house with 1,678 sq ft on Jocko Point /Lake Nipissing. 3 bedroom, 2 bathroom home with a 2-stall garage, as well as a sleep camp and gazebo. Asking \$250,000.00 will negotiate.



Contact Wayne B McLeod 705-499-8820 or wayne_mcleod@live.com

40 Gerald Crescent, Garden Village

4 bedroom, 2 baths, Large kitchen. Full dry basement. Built 1992. Large front yard and back yard. Wraparound porch. Approx. 4,000sq feet. Asking \$130,000 OBO.



Call Steve Bailey 705-474-4500 or 705-493-0481 or sbailey39@cogeco.ca

Food Bank Spring Raffle



3 burner propane gas grill, propane tank and a BBQ cover & utensils. Valued at \$250.00



Mainstays 2 seat cushioned swing, 4 juice glasses and a 3 piece roaster dispenser. Valued at \$200.00



4 gift cards valued at \$25 each

Raffle # 1019-106

Tickets are just \$2.00 each or 3 for \$5.00

Draw to be held June 21, 2017 @ 3PM during Aboriginal Day Festivities
To purchase or help sell tickets, contact Megan Stevens at 705-753-6972



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COMMUNITY CALENDAR



May 2017

Waabgowan Giizis (Flower Moon)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Council Meeting 7:30pm in GV Council Chambers	3 Community Clean-Up Day 6-8pm @ Library	4	5 Warriors Doc 1-3pm @ Nbisiing Teen Night 6-10pm @ Library	6
				Goods Exchange – All communities		
7 Kids Social 10am-3pm@LCHC	8	9 Kids Social 6-8pm @ Nbisiing Consultation Mtg 6:30pm @ Nbisiing <i>Duchesnay & Yellek residents only</i>	10 Mother's Day Craft 6-8pm @ Library	11 Berry Fast Cer. 6-8pm@CultureCtr Family Drum Social 6-8pm@GVChurch	12 Berry Fast Cer. 6-8pm @ Nbisiing	13 Babysitting Basics 9am-4:30pm (Location TBA) <i>see p. 13 for info</i>
			Spring Clean-Up GV, VLA, Mosqu. Cr.	Spring Clean-Up Jocko, Beaucage	Spring Clean-Up Yellek, Duch., Art's Ln	
14 <i>Mother's Day</i> 	15 Mommy & Baby 9:30am-2pm @ Library Post-Secondary Funding Deadline	16 Council Meeting 7:30pm in GV Council Chambers	17 Police Week BBQ Noon @Band Office Bike Rodeo 6-7pm @ Culture Centre Parking Lot	18	19 Teen Cooking 10am-2pm @LCHC Teen Night 6-10pm @ Library	20
21	22 NFN Offices & Food Bank Closed <i>Victoria Day</i>	23 Infant Massage 10am-12pm@LCHC Kids Social 6-8pm @ Nbisiing	24 Teen Movie Night 6-8pm @ Library	25	26 Feast of the Drum Ceremony @ Nbisiing	27 Hoop Making 10am-2pm in GV <i>Must register w/ Jules – see p.14</i>
28 Hoop Making 10am-2pm in Duchesnay <i>Must register w/ Jules – see p.14</i> Kids Social 10am-3pm@LCHC	29	30 Infant Massage 10am-12pm @ LCHC	31 Car Seat Clinic 3-6pm @ LCHC Baseball Night 6-7:30pm @ GV ballfield 	Recurring Events Anishnaabemwin Weekly Classes - 6pm - 8pm <i>Every Monday in Duchesnay & Wednesday in Garden Village</i> Youth Fitness Club - 6pm – 7pm @ GV Fitness Centre <i>Every Monday & Wednesday in May</i> Urban Polling - Noon @ Band Office <i>Every Tuesday & Thursday in May</i>		



Contact Us

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Connect with Us!



Nipissing First Nation Administration



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www.nfn.ca