

ENKAMGAK



Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

In This Issue

•	Updates	<u>2-4</u>
•	Event Listing	5-7
•	Library	<u>8</u>
•	Education	<u>9-10</u>
•	Culture1	<u>1-12</u>
•	Health Events	1 <u>3</u>
•	Health News1	<u>4-15</u>
•	Employment16	6-1 <u>9</u>
•	Advertising2	0-21
	Colondor	22

Sign up to receive the newsletter by email!
Contact Gen Couchie at genc@nfn.ca to be added to the list.

Council Meetings:

June 6th @ 7:30pm Duchesnay

June 20th @ 7:30pm Garden Village

Please submit agenda items by 4pm on the Thursday prior to the meeting to Freda Martel at (705) 753-2050 ext. 1223 or email to fredam@nfn.ca.

Honouring the Water & Creation

It is documented in the history of the Nipissings that the clans would meet on the shores of our lake to meet and hold ceremony, with representation from all the clans. We held another such gathering on April 27th in Garden Village where elders and youth spoke on behalf of their clans to honour the water and spawning fish.

The discussion highlighted that there is a disconnect between who we were and who we are now. We were reminded of how the government and church worked to assimilate our people during the invasion of indigenous lands, including ours. One tactic was to sever our relationship with the land, and change the name of "creation" to "resources" so that the gifts of creation could be extracted and traded for money. What we have now within our communities is a different set of teachings, separate from the spirit of the original Nipissing beliefs of creation.

In creation, we originally knew that we have the animal kingdom and the nations of birds, fish, hoofed animals, etc. They are a nation that also have rights and responsibilities, like humans. When we hear the creation story, we are reminded that all living things are spirit beings and it changes our perspective of how we know and treat our living beings.

We know that under each moon, the fish spawn occurs annually in succession, according to the instructions of the creator to continually replenish their nation. Mkwa survives by following this succession, feeding off these gifts of creation that come under each moon. Like Mkwa, the humans are to only take what we need in this same succession of what food sources come available to us as we have young children and grandchildren who will also need to follow this succession for their own survival for generations to come.

Within the circle, we also heard how other groups of people want to know how our people survived despite all of the tactics put in place to destroy our people. We were reminded that our people have survived because our elders sat and smoked the sacred pipe and prayed for our survival, like we did on this day for the fish and the water.

A member of the Goulais clan spoke of a shaking tent ceremony that was held at Goulais point in the early 1900s and of how the poles of the tent bent and the wounds of wensiiyag could be heard by the witnesses. Another member of the same clan spoke of how she was told that as early as the mid 1800s, her family used semaa when the river was very rough during their canoe trip north of here. Once the semaa was used, the river became very calm and they were able to continue their trip safely. This acknowledgement of spirit still provides strength for our people.



Creation depends on humans to hold ceremony and provide honour and respect

UPDATES



L-R Back: Corey Gingras, Milton Beaucage, Eugene Charles, Clayton Barnes, Ted Goulais, Garry Leblanc (middle) Trevor Goulais, Mike Goulais.

L-R Front: Willy Stevens, Josh Stevens, Toni Jolicoeur, Keith McLeod, Alexander McLeod, Jared McLeod. Not pictured: Dave Goulais, John Stevens, Trevor Lewis

Meet the Beautification Crew

The Beautification and Maintenance Program Crew completes repairs on public spaces and provides maintenance assistance for seniors. The Crew works on multiple projects throughout NFN, including providing event assistance and supporting Public Works and Maintenance staff as needed.

Seniors' Lawn Care Reminder

Seniors (age 65+) who are band members residing on-reserve can request assistance with their lawn maintenance by contacting:

Garry Leblanc, Beautification & Maintenance Program Supervisor (705) 753-2050 ext. 1262 or garry.leblanc@nfn.ca

A registration form must be completed to receive services.

Update on Floating Docks in Yellek

Installations in Nova Beaucage should be completed by June 15th. For more information, contact Shayla Brunet at (705) 753-2050 ext. 1285 or shaylab@nfn.ca.



NFN Satellite Office Hours Nbisiing School

In order to better serve members located on the east end of NFN, the following departments offer a satellite office at Nbisiing Secondary School.

NFN's Satellite Office is available from **9:00am - 4:00pm** on the following dates (unless otherwise specified):

ONTARIO WORKS

Every 2nd Wednesday
Wednesday, June 14th
Wednesday, June 28th
Appointment Required:
Call 705-753-2050 to book.

FINANCE Every 3rd Friday

Friday, June 16th

MEMBERSHIP

Every 3rd Tuesday
Tuesday, June 20th
Appointment Required:
Call 705-753-2922 to book

HEALTH CENTRE Appointment Required:

Call 705-753-3312 to book.

CHIEF McLEOD

Appointment Required:
Call Mike Sawyer at 705-753-2050

Call for Committee Members

Chief & Council are still seeking registered Nipissing First Nation members to serve on the following committees: Community Development (1), Community Wellness (2), Education (1) and Natural Resources (1).

Committee meetings are held once per month and members are paid an honorarium of \$50 for each meeting that they attend. Members must be 18 years of age and over to participate on committees. <u>Note:</u> Applicants are allowed to participate on a maximum of two committees. Applicants must complete a separate application for each committee.

The Committee Member application form is available on our homepage at www.nfn.ca, at the front reception desk at the Band Office, or it can be faxed or emailed to you by request by calling (705) 753-2050 or emailing genc@nfn.ca.



NFN remains committed to the stewardship of Lake Nipissing and the walleye fishery.

Making Progress

Nipissing First Nation plays a fundamental role in promoting the health and recovery of the Lake Nipissing fishery.

NFN has had significant successes in its efforts to protect the lake's walleye population and maintain safe harvest levels within its commercial fishery, consistent with Aboriginal treaty and harvesting rights.

In April 2015, following community consultations that identified concerns of NFN members about the stressed fisheries, NFN put new regulations in place under the *Fisheries* Law that: continued a spring moratorium on gillnetting, introduced a temporary moratorium on the cultural practice of spear fishing, reduced permitted gillnets from 5 panels to 3 and increased the minimum mesh size to 3.75" from 3.5".

Lake Nipissing MOU Update

Nipissing First Nation and the province of Ontario are marking the first anniversary of the Lake Nipissing Memorandum of Understanding (MOU), which was established in March 2016 to support collaboration on fisheries management and walleye repopulation in Lake Nipissing.

We have released a Joint Update on the MOU progress over the past year, which includes:

- Conducting more than 30 days of commercial fishery assessments and monitoring surveys, including 48 net sets for the Fall Walleye Index Netting survey
- Working cooperatively with NFN fishers to sample 850 fish
- Over 90 contacts with commercial fishers to raise awareness of the new fisheries management practices; and
- Communicating the new fisheries management practices to approximately 600 recreational anglers.

We will build on this progress by continuing community and industry outreach and maintaining the sustainable practices established through our *Fisheries Law* and reinforced by the MOU.

The MOU supports the recovery of the walleye fishery and the full implementation of NFN's *Fisheries Law*, including a commitment to compliance and enforcement.

The <u>Lake Nipissing MOU Update 2016-17</u> can be accessed on the homepage of our website <u>www.nfn.ca</u>; printed copies are available at the front reception desk at the Band Office, or can be mailed or emailed to you by contacting:

Gen Couchie, Communications Officer (705) 753-2050 ext. 1270 or genc@nfn.ca

Importance of the MOU

The Government of Ontario recognizes our *Gichi-Naaknigewin* (Constitution) and our *Fisheries Law*, which is a first for Ontario. The MOU has been successful in providing NFN with additional training and enforcement capacity. Over the next two years, we plan to continue working together to build capacity (staff & technical) and continue enhancing compliance efforts.

The MOU respects our treaty rights and our nation's ability to govern our territory, including Lake Nipissing, which we have never surrendered our jurisdiction over. It assists in restoring self-government by giving members the choice between working with our government, or a non -indigenous government (Ontario).

We are working hard to demonstrate leadership on the recovery the walleye population and we need the support of our members. Together, we can strengthen our priority position as stewards of Lake Nipissing and protect our jurisdiction by upholding the values and principles of sustainability as reflected in our *Gichi-Naaknigewin*.

Chi-Miigwech to our Compliant Fishers

We wish to sincerely thank all community members who complied with the annual Spring Moratorium. Your support and cooperation helped boost the success rate of this year's spawn to ensure the long-term growth and sustainability of the lake and the fishery.

Commercial Fishing Season now Open

The Natural Resources Department opened the commercial fishing season on Wednesday, May 17th following observations from our staff biologist and conversations with other agencies that determined that the walleye spawning period was complete.

If you have any questions, or to register as a commercial fisher, please contact: Jeff McLeod, Natural Resources Manager at (705) 753-6991 or jeffm@nfn.ca.

UPDATES



A community consultation was held on May 9th with residents of the east end of NFN

Community Consultation Meeting

Enhancing the East End of NFN

Approximately 50 Debendaagziwaad (citizens) who live in the east end of NFN attended a Community Consultation meeting on Tuesday, May 9th at Nbisiing Secondary School to discuss possible investments in the communities of Yellek and Duchesnay using interest income from the 2013 Boundary Claim Trust.

Background

In 2015, we consulted with the entire NFN community (both on and off reserve) about how to invest the interest income from the 2013 Boundary Claim Trust. This marked the beginning of an ongoing dialogue about the best way to invest these funds for the benefit of the membership and community.

The community supported dividing these revenues into four broad investment streams:

Community Development Economic Development

Social Development Direct Benefits to the Debendaagziwaad

The community agreed that funds should be distributed evenly between the four investment streams (25% each).

Purpose of 2017 Consultation

The purpose of the consultation meeting on May 9th was to revisit the ideas that were provided in 2015 within the **Community Development** stream. Given that investments have been made in Garden Village (Band Office Expansion, Outdoor Rink), we wanted to know which projects are most needed in the east end of NFN.

Outcomes

The feedback received helped to identify the immediate priorities of the east end as a whole, and in the communities of Yellek and Duchesnay. This input will help Council and Administration with planning and prioritizing investments in facilities, services and/or infrastructure in these communities. A final report detailing the feedback and next steps will be posted to our website as soon as it is completed. For more information, contact Gen Couchie, Communications Officer at 705-753-2050 ext. 1270 or genc@nfn.ca

Rabies Clinic

Wednesday, June 7th

NFN Bylaw is pleased to offer a **FREE** Rabies Clinic for all NFN members on Wednesday, June 7th (non-members must pay a \$20 fee for each vaccine).

Free dog tag registration is also being offered to the first 32 registered NFN members at each location:

Garden Village Fire Hall Ted Commanda Drive From 5:00pm - 6:00pm

Nbisiing Secondary School Couchie Memorial Drive From 6:30pm - 7:30pm

All members have a chance to win a free spay/neuter for their pet from the North Bay & District Humane Society.

Contact our Community Liaison Officer for more information, or for any **Animal Control issues: 705-498-2506**

Clean-Up Day

On May 3rd, 11 youth and 2 parents came out to help clear the road areas of Semo Road and around the NFN buildings. Miigwech!

This community event was hosted in collaboration by the NFN Library, the Native Child Welfare Program and the Recreation Program.



Treaty Pay in August

The distribution of treaty payments, which usually takes place in June, will be held in August this year.

More details will be provided as soon as distribution dates are confirmed.





See page 12 for full details about this year's **National Aboriginal Day** celebrations at Nbisiing Secondary School on **Wednesday, June 21**st

Transportation available!



See <u>page 6</u> for details about our 26th Annual **Charity Golf Tournament** on **Saturday**, **June 24**th



Wait! There's more!
See page 13 for a list of
events hosted by the
Lawrence Commanda
Health Centre.

Youth & Family Programming

June 2 - Teen Night (ages 12-17) from 6pm - 10pm at the NFN Library Hosted by the Native Child Welfare Program

June 5 - Kids Social (all ages) from 6pm - 8pm at Nbisiing Secondary School Hosted by the Native Child Welfare Program

June 7 - Computer Night (ages 13 & up) from 6pm - 8pm at the NFN Library Learn new applications, catch up on homework or play games on the computers! Hosted by the NFN Kendaaswin (Library)

June 8 - Drum Social (all ages) from 6pm - 8pm at Culture Centre Teepee Hosted by the Culture & Heritage Department

June 11 - Kids Social (all ages) from 10am - 3pm at the Health Centre Hosted by the Native Child Welfare Program

June 14 - Craft Night (ages 6 & up) from 6pm - 8pm at the NFN Library Make a craft for Father's Day... let's show our Dads how much we care for them! Co-hosted by the NFN Kendaaswin (Library) and Native Child Welfare Program

June 16 - Teen Night (ages 12-17) from 6pm - 10pm at the NFN Library Hosted by the Native Child Welfare Program

June 17 - Family Fishing Derby from 6am - Noon at Main Dock in GV



Registration from 6am - 8am; fishing hours are 6am to noon. *Fishing Rods Only!* 3 top prizes awarded for the heaviest fish caught in each species (small mouth bass, pike & walleye). Rules: Catch and Release, fish must be alive to be officially weighed and teams can fish off shoreline or by boat.

Contact Ashley for more information: 705-753-6971 or ashleyc@nfn.ca
Hosted by the Recreation Department

June 19 - Kids Social (all ages) from 6pm - 8pm at Nbisiing Secondary School Hosted by the Native Child Welfare Program

June 25 - Paint Ball Event (ages 13-18) from 10am - 4pm at Select Paint Ball Transportation to N. Bay provided (Depart Band Office @ 9am & Nbisiing @ 9:50am) Recreation will provide bottled water, a snack and lunch for the participants. **Contact Ashley to register** before Friday, June 23rd - 753-6971 or ashleyc@nfn.ca

Registration, waiver, permission form and \$20 non-refundable deposit required

June 28 - Movie Night (ages 13 & up) from 6pm - 8pm at the NFN Library We will be showing a new release each month!

Co-hosted by the NFN Kendaaswin (Library) and Native Child Welfare Program

June 30 - Teen Night (ages12-17) from 6pm - 10pm at the NFN Library Hosted by the Native Child Welfare Program

26th Annual Charity Golf Tournament

Laurentide Golf Club

Saturday, June 24th

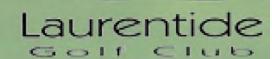
Registration 8:00a.m.

Shot gun start 9:30a.m.

- . \$90 per person
- . \$40 Golf Carts/\$20/Rider
- 4 Person Scramble
- . 18 Holes

\$10,000 LNHL Draw, Silent Auction for Autographed NHL jersey and Autographed Player photos

Proceeds to the Nipissing First Nation Food Bank and LNHL Fundraising



Cost includes:

Registration

Gifts

Fish Dinner

Prizes

Contact Melvin McLeod (705) 753-4319

or Freda Martel (705) 753-2050 with Team Name and Players.

Registration and payment due by June 9th, 2017

Laurentide Golf Club Dress Code requires proper golf attire.

The Club is LLBO Licensed, no outside alcoholic beverages permitted.



Grand Opening

New Location in Duchesnay

K'tigaaning Midwives extend a warm welcome to our community to join them in celebrating the grand opening of their new facility in Duchesnay.

40 Couchie Industrial Road (in the same building as Dr. Lalonde) 705-476-2229 | ktigaaning.midwives.com | ktigaaningmidwives.com

Meet the Midwives Ceremony & Feast

Sunday, June 25th - 5pm @ Big Medicine Studio Come and meeting Indigenous midwives from Australia, New Zealand, South America and Africa. We have a variety of international guests visiting our community. Please come share a meal and some conversation and welcome these amazing women!

Feast will begin at 5pm at Big Medicine Studio after we light the ceremonial fire at the new midwives clinic at 40 Couchie Industrial Road.

Grand Opening Celebration

Monday, June 26th - 10am @ 40 Couchie Industrial Opening ceremony presentations and greetings at 10am, followed by lunch and tours of the clinic and birthing room. An outdoor play area for the children will be provided!

Mother-daughter midwifery team Carol Couchie and Rachel Dennis are both members of Nipissing First Nation and have over 20 years of experience combined. They are joined by midwife Audrey ten Westeneind who has been a midwife for over 15 years.



Celebrating 10 Years!

Tuesday, June 13th

9:30am - 11am

Leger Square, City Hall 200 McIntyre St. E, North Bay

Nipissing First Nation's True Self/Debwewendizwin Program Invites you to celebrate their 10th anniversary of delivering services to the Nipissing District.

Reception to follow at the True Self/Debwewendizwin Office

201-239 Main Street East, 2nd Floor

Please RSVP to our office: 705-474-4058 or cassandrad@trueself.ca

About True Self/Debwewendizwin

The True Self/Debwewendizwin Program offers women an opportunity to discover their true strengths and abilities, to work within a safe environment and to develop an individualized plan of growth.

The goal of the project is to support participants from the early stages of self discovery through training, post-secondary education, trades training or employment placement.

Randy's Pick for June

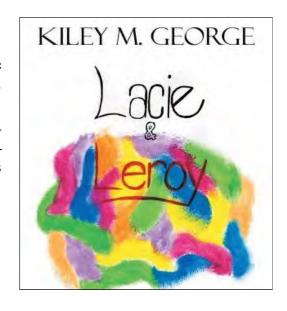
Nipissing Nation's own Kiley George...

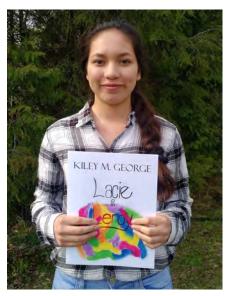
Lacie and Leroy live in two completely opposite worlds. But when a magic circle appears out of nowhere, they meet each other's differences. Will they be able to put their differences aside and become friends?

This is a story about accepting each other for our uniqueness and becoming friends with everyone we meet —no matter how different we may be — in hopes that one day, we may bring our differences together to make this world a more beautiful place.

Please join us in celebrating Kiley's new book "Lacie & Leroy"! We will be hosting a book signing with Kiley during National Aboriginal Day on Wednesday, June 21st at Nbisiing Secondary School.

We will draw a few free copies, and copies will be available to purchase.





About the Author

Kiley M. George is a young Indigenous author from Nipissing First Nation and Kettle & Stony Point First Nation.

Kiley's spirit name is Ma'iingan Migizi Kwe, Ma'iingan doodem.

She attended grade school at Our Lady of Sorrows in Sturgeon Falls, where she wrote her book in grade eight, but only published it while in grade nine and attending St. Joseph Scollard Hall Secondary School.

Upon graduating grade eight, Kiley received awards for the Highest Academic Average, Social Sciences, Math, English, Native as a Second Language, and Citizenship.

She also received the 2016 Leo Day-Sagassige-ba Memorial Scholarship Award Gimaamiikwendimgoo from the Anishinaabemowin Teg Inc. for demonstrating leadership in retaining the Ojibway language.

Kiley's interests include reading and writing, as well as short film editing and production.

Congratulations Kiley!

MY LIBRARY - "GO ANYWHERE, LEARN ANYTHING"

Library Hours

Monday: 1pm - 4pm

Tuesday: 9am - Noon

1pm - 4pm

Wednesday: 1pm - 4pm

6pm - 8pm

Thursday: 9am - Noon

1pm - 4pm

Friday: 9am - Noon

Closed Saturday & Sunday

Randy Penasse, Librarian

24 Semo Road, Garden Village 705-753-6997

randyp@nfn.ca

www.kendaaswin.ca



NBISIING SECONDARY SCHOOL



We are accepting new registrations for September 2017-2018, please visit www.nbisiing.com for registration forms. Call (705) 498-9938 to schedule a school tour and information session.

Summer School is available for Secondary School Students. Information and registration forms are available at www.nbisiing.com or call (705) 498-9938 for more information.



NBISIING SECONDARY SCHOOL'S GRADUATION



Friday, June 23rd at 2:00pm School Gymnasium Kindly R.S.V.P. by June 16th 705-497-9938 or admin@nbisiing.com

Master of Ceremonies - Deputy Chief Muriel Sawyer Guest Speakers - Alumni Melanie Beaucage & Mindy Martel

SPRING HAS SPRUNG AT NBISIING

Thank you to the Grade 10 Science and Grade 9 Oiibwe classes for planting flowers in our front garden.



As part of a School-College-Work **Reach Ahead Activity** with Canadore College, some of our students attended a hands-on workshop where they got to fabricate an all-metal pen.

The students, who are interested in the machining trade, got to use stationary industrial manufacturing equipment like lathes and drill presses to form the various pieces of metal required for their pens.







YMCA YOUTH EXCHANGE

Nbisiing Secondary School recently participated in the YMCA Youth Exchange for the 8th time.

This year, a group of 11 students and 2 teachers from Mill Bay Vancouver Island came to Nbisiing for a week in March, and we went to Vancouver Island for a week in April. What an awesome way to take learning outside the classroom! Here are just a few pictures from our Exchange. We will be creating a montage on our school's Facebook page.





UPCOMING EVENTS AT NBISIING SCHOOL

Please join our Music Class at the **BRINGING IT HOME** concert for an evening of music highlighting our own musicians and many from the local area. The concert will take place **June 1**st at the White Water Gallery with the proceeds helping to offset the costs associated with our music program.

FEAST OF THE DRUM

Join us on Friday, June 2nd for our annual Feast of the Drum Ceremony!

FINAL EXAMS

Final exams are scheduled for June 13th to 16th.

Watch our Facebook page

for more information about our upcoming events and our Youth Exchange Trip picture montage!

READY TO LEARN



Our **School Readiness Program** is being offered from **July 4th to July 21st** for Nipissing First Nation children aged 3-4 who will be attending JK for the first time this fall.

The program runs from 9:00am to 3:00pm Monday to Thursday (except the first week, and busing will impact times), and will be held at Our Lady of Sorrows Elementary School: 680 Coursol Road, Sturgeon Falls.

The small group structure allows children the opportunity to explore and learn through hands-on activities involving essential skills that will aid them in their transition to school. Through this program children will:

- Become familiar with school bus routines
- Build social & communication skills
- Work on fine and gross motor skills
- Become more independent through self-care and lunch routines

To register, please call Brandie Fong at 705-753-3312 ext. 3001 by <u>June 23rd.</u>





Nbisiing Anishinaabemwin

June - O'demini Giizis

O'demin Giizis ,nbasendis ,mii go nji-wii-zhiitaayaan.

Nji-kendmaan Gzhe-mnidoo ,ngii- miinig maa miikaans wii – naaswadoonyaan.

Gookmis , wii-kwejmin nake'ii waa ni-zhaawyan mina ji-nsodmaan.

Ndanwendaan wewena kina gegoo wii-mnozeg newing nake mina

wii- waabmagwaa gi-gete- nishnaabeg njiwiidookwiwaad maa kiing.

Pii dash nga-kwedwe pii- kiishbaabyang maamwi

Maa gchi-twaa- mnidookewin , nji-kenmaan njimoseyaan miiknaan

Ngchi--nendis ezhi'aawyaan

Baa maa pii dash minwa.

Miigwech

Strawberry Moon I humble myself to you as I prepare to go to the fasting grounds. I come to you knowing that the Creator has given me this path to follow.

Gookmis, I come to you as I am to ask for guidance and understanding in my journey. My quest is for inner balance, to converse with the spirits of our ancestors, that will help me in this physical world.

When I sit in the of the sacred ceremonies and lodges, I will learn to walk

This road with my eyes open to Creation and respect myself for all that I am .

'Til the next time we meet again.

Strawberry Moon - I am forever grateful

Miigwech

Anishinaabemwin Words & Dialogue

WORDS

Niibin summer Zhaawnong south

De'min strawberry

De'minke strawberry picking

ZaagiganlakeDkobiigo swimMaadgeswimmingJiikbiikbeach

GZhide niibing it's hot in the summer

Engoo moode ant is crawling
Gnebik moode snake is crawling

Community Language Classes

Mondays in Duchesnay from 6-8pm

@ Nbisiing Secondary School

Wednesdays in Ktigaaning from 6-8pm

@ Church Basement

DIALOGUE

Nga- wi- dkobii shkwaanaakweg zaagigning.

I'm going to go swim this afternoon at the lake.

Niibing minwendaan zhaayaang jiikbiik.

In the summer I like going to the beach.

Zhide noongom giizhgak , nga wi- mooshkinaanan de'minan.

It's today, I will go pick *Ndaapsigewin* - Smudging

Ndoon – wewena nji-gnoonag wii ji-bmaadis.

Mouth – what we say is positive and helpful to others

Ntawgan – wewena nji-bzindawag e-kinoomawid.

Ears – to what we hear and listen will be positive.

Shkiizhgoon – wewena nji- nga-waabmag nwii ji-bmaadis.

Eyes – that we see is positive and what we see in others.

Ndi-nenmowin - wewena nji-mshkawenmaan.

Mind – that we think or react is positive.

O'dey - nji-mshkawi - zoongde'eyaan.

Heart – to be able to heal and use that to help others

Wiiwo- wewena nji-bmoseyaan i-naadziwin

Body – that we walk in a positive way in this physical world.



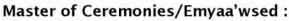
NATIONAL ABORIGINAL DAY CELEBRATION

DATE: WEDNESDAY JUNE 21 2017

Time: 8:45AM - 3:00PM

LOCATION: NBIISING SECONDARY SCHOOL

DUCHESNAY



Dwayne Nashkawa

DAY SCHEDULE:

9:00am

Breakfast

10:00am

Grand Entry

Daycare Presentations

Welcoming by Chief Scott McLeod

Honour Sona

10:30am

Presentation

11:00am

Bubble Soccer Workshops Begin

Children's Crafts

Traditional Craft

Traditional Medicine

Tea & Bannock

11:50am

Tobacco Offering & Spirit Plate

12:00pm

Naakwe Wiisnidaa

BBQ & Wild Food Tasting

Anishnaabemowin Video & Old Photo Presentation

Water Fun

1:00pm

Workshops Begin

Powwow Presentations by local youth

Texas Horseshoes

1:45pm

Anishnaabemowin Prize Bingo (Indoors)

2:45pm

Closing Ceremonies & Giveaway.

*Please bring a food item/donation to support the NFN Food Bank.

*Busing: Pick Up in Garden Village at 8:30am and Returning 2:30pm

Sponsored by: NFN Chief & Council &



Patrimoine



Ongoing Activites: Penny Sale, Raffles, Wild Goose Cooking Demonstration,

Teaching Booths: Wild Tea & Bannock, Traditional Medicines, Cultural Arts, Picture viewing & Language audio

Drum:

Red Hawk Drummers from Nbisiing Secondary School

NFN makes reasonable efforts to ensure compliance with applicable laws relating to rights of privacy & public. Photographs taken by authorized persons of NFN may be displayed with your consent. You may submit a request to NOT have your photo/image displayed to julesa@nfn.ca

Health Centre Events

June 6, 13 & 21 - Infant Massage Sessions from 10am - 12pm at the Health Centre These sessions are for parents, grandparents, caregivers and babies. Refreshments and snacks provided. **Limited Space - Must Register** by calling Misty Arbour, MCHN at 705-753-3312 ext. 2227

June 7 - Walk Against Impaired Driving from 5pm - 8pm at the NFN Community Complex in Garden Village Walk will begin at 5pm, with a BBQ dinner and presentations to follow.

Note that there will only be one wagon for the seniors and young children, so be prepared to walk! Bring strollers, wagons and bikes.



Our Recreation Activator, Ashley Couchie, will be on hand to assist with the walk and help keep the children occupied with fun games while the presenters are speaking. A refreshment stand will be provided at the halfway point with water and popsicles.

We will provide bus transportation for members in other areas of NFN. For a ride, please call 705-753-3312 before Monday, June 5th at 4:30pm.

June brings graduations and celebrations of the beginning of summer. Please be aware of the hazards and consequences of impaired driving, boating and swimming.

June 15 - Moose Jerky Workshop from 5:30pm - 8:30pm at the Health Centre



Calling all Mishomis, Uncles, Dads & Men!

Join us in Health's Kitchen to learn how to make moose jerky and dehydrate other foods. We will also make a few quick and easy recipes to share for supper.



Supper provided. All participants take home a dehydrator! You must register in advance as space is limited. For more information or to register, contact Erika Weidl at 705-753-3312 ext. 2225.

Bike Safety Rodeo a Huge Success



45 children attended the annual Bike Safety Rodeo on Wednesday, May 17th in Garden Village.



The children went through bike skills obstacle courses and learned a lot about bike safety.

Chi-Miigwech to the Anishinabek Police Service for hosting this rodeo for our youth.



Hello, Aanin, Boozhoo, Aniish na? How are you? Everything is in full swing at the LCHC and programming has begun for 2017-18.

The North Bay Health Unit warned the public in early May that the deadly opioid carfentanil was suspected in North Bay. "It's extremely dangerous to the drug user as well as to first responders, and though unconfirmed at the time, the Health Unit worked with community partners to make sure the public was aware of its possible presence," said a new release from the Unit. "Our main priority at the Health Unit is to protect the public. When a drug as lethal as carfentanil is suspected on the street, every minute can be crucial in saving someone's life" explained Dr. Jim Chirico, Medical Officer of Health. "The public needs to be aware that carfentanil cannot be detected by sight, smell or taste, and even the smallest amount, as little as two milligrams of the substance, can be lethal" explains Dr. Jim Chirico, Medical Officer of Health. "Please use caution to reduce the risk of overdose."

The Health Unit would like to warn drug users, including recreational users, of the following:

- If using drugs, have someone available who can call for help.
- Test by injecting a small amount first, then go slow.
- Call 911 immediately if something doesn't feel right.

If someone has decreased breathing, call 911 and give naloxone.

Do not assume your drugs are carfentanil free - any drug could be mixed with a lethal amount of carfentanil. Be Safe ~ Be informed... we see the importance of educating our clients and community members about the risks and about overdose prevention.

Naloxone Kits for opioid overdose

All pharmacies across the province have naloxone kits available; the Shopper's Drug Mart Stores and Rexall Drugstore have confirmed this. All people have to do is present a health card and request a kit. The pharmacist will provide training; as well, the AIDS Committee can provide training.

If you need support or counselling for Mental Health or Addictions issues, remember you are not alone! We're here to help! Call us at Giyak~Moseng - The Right Path Counselling & Prevention Services 705-753-1375

Baa maa Pii, Until next time,

Lori-Anne, Dr. Brenda, Cheryl, Lisa L, Julie, Maxine, Amanda & Janice

Meet Amanda Dokis

Child and Youth Mental Health and Addictions Counsellor

Aanin, my name is Amanda Dokis and I was born and raised in Dokis First Nation. I have 3 children, two boys ages 10 and 9, and a daughter that is 3. I enjoy gardening and spending time at my cottage on the French River. I attended Nipissing University and graduated with a Liberal Arts degree in Political Science and Gender Equality and Social Justice. I spent 3 years at home raising my boys then went on to take "Indigenous Wellness and Addictions Prevention" at Canadore College.

I previously worked with female youth and adults who were involved, or at risk of becoming involved, with the justice system with the Elizabeth Fry Society in Sudbury. I have been working on my Honours BA in Indigenous Social Work through Laurentian University.

For the last 5 years I have worked with the North Bay Indian Friendship Centre. I started off working with children aged 7-12; after 6 months I decided to take on the Aboriginal Addiction Program Coordinator position. Throughout the years, I have always had a strong desire to help others and knew that I wanted to help those in my community and other communities as well. I look forward to being a part of the Right Path Counselling and Prevention Services within Nipissing First Nation. Miigwech!

Gestational Diabetes

Three to 20% of pregnant women develop gestational diabetes, depending on their risk factors. All pregnant women should be screened for gestational diabetes within 28 weeks of pregnancy.

What is Gestational Diabetes Mellitus?

Gestational diabetes mellitus is a type of diabetes that occurs during pregnancy. Your body cannot produce enough insulin to handle the effects of a growing baby and changing hormone levels. Insulin helps your body to control the level of insulin/sugar in your blood. If your body cannot produce enough insulin, your blood sugar levels will rise.



What does Gestational Diabetes mean for my Baby?

If left undiagnosed or untreated, gestational diabetes can lead to high blood sugar levels. This increases the risk that your baby will weigh more than 9lbs, and will have a difficult delivery. Gestational diabetes can also increase the risk of your baby becoming overweight and developing type 2 diabetes in the future.



What does Gestational Diabetes mean for Me?

A diagnosis of gestational diabetes mean you will be working closely with your health care team to manage your blood sugar levels and keep them in the target range. This will help you avoid complications in labour and delivery. After your baby is born, blood sugar levels usually return to normal. However, you are at a greater risk for gestational diabetes in your next pregnancy and of developing type 2 diabetes in the future.

Risk Factors for Gestational Diabetes:

Being:

- 35 years of age or older
- From a high-risk group such as the Aboriginal population
- Obese
- Giving birth to a baby that weighed more than 9lbs

Having:

- Prediabetes
- Gestational diabetes in a previous pregnancy
- ♦ A parent, or sibling with type 2 diabetes
- Polycystic ovary syndrome (PCOS)

How is Gestational Diabetes Managed?

Choose a Healthy Diet

Enjoy foods from all four of the food groups and spread out your foods by eating smaller meals and snacks. This will help you manage your blood sugar levels and provide the best nutrition for you and your growing baby.

Be Physically Active

Regular physical activity can help control your blood sugar levels. It can also help you; Boost your energy; Sleep better; Reduce stress; Reduce pregnancy discomfort; and Prepare for childbirth. Talk to your health care provider about the right type and amount of activity for you.

Your health-care team can answer your questions and support you through this important time in your life. Your team may include your doctor, nurse and dietitian, but remember: the most important member of your health-care team is you!

Information from http://www.diabetes.ca/diabetes-and-you/living-with-gestational-diabetes

Employment Opportunities

The following employment opportunities are currently available with Nipissing First Nation. To apply, please forward a cover letter, resume and along with three (3) current work related references no later than Friday, June 16th at 4:30pm to:

MAIL: Jennifer Lalonde, Human Resources Manager FAX: (705) 753-0207

36 Semo Road, Garden Village ON P2B 3K2 EMAIL: resumes@nfn.ca

Complete Job Postings can be viewed on our website at www.nfn.ca/jobs internal.php.

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1)(a) OHRC

We thank all applicants for their interest; however, only those who qualify for an interview will be contacted.

Summer Employment for High School Students

7 week contract: July 4th to August 18th

QUALIFICATIONS:

- Must be a Registered Band Member of Nipissing First Nation
- Must have a Social Insurance Number
- Must have been in high school for the 2016-2017 school year and returning to high school in the 2017-2018 school year
- Must be between the ages of 16 & 21 by December 31st, 2017
- Must be available for the full contract term duration.

SUMMER CHILDREN'S PROGRAM ASSISTANTS (Garden Village):

- Assist with Summer Children's Program recreational activities
- Assist in planning and implementing activities
- Assist in monitoring the children aged 6-12
- · Work in conjunction with others to host recreational events

MAINTENANCE WORKER (Garden Village):

- Follow work schedules set out by Maintenance Supervisor
- Cut grass, and do lawn maintenance
- General maintenance of cemeteries in Garden Village
- Occasionally scheduled for building maintenance
- Performs other duties as assigned or requested by Supervising Staff

ARCHEOLOGY PROJECT WORKERS (Garden Village/Beaucage):

- Interest in Nipissing First Nation History & Archeology
- Willingness to work outdoors
- Demonstrate initiative and work effectively in a team environment
- Follow procedures for site work including use of proper clothing, etc.
- Participate in variety of activities as directed
- Follow instructions as given
- Responsible for following all safety rules
- Performs other duties as assigned or requested by Senior Staff

Deadline for Applications is Friday, June 16, 2017 at 4:30pm.



Stewardship Youth Rangers (4 positions)

8 week contract: July 4th to August 25th

As a Stewardship Youth Ranger (SYR), you will work as part of a team of four Rangers under the direction of one Team Lead. Rangers work on natural resource management projects in their own communities. Rangers meet at a central work location daily. Most projects will be outdoors and could involve rough terrain and a variety of weather conditions.

QUALIFICATIONS:

- Must be a Registered Nipissing First Nation member.
- Must be a student born in 2000. Applicants may be 16 or 17 at the time of hire, but not turning 18 before December 31, 2017.
- Must be an Ontario resident and be eligible to work in Canada.

TEAM SKILLS:

- You have demonstrated the ability to build and maintain effective relationships working in a team (e.g. at work, at school, in other personal activities) to achieve a common goal.
- You have personal leadership skills (e.g. organization skills, responsibility) to initiate and complete tasks in a timely manner.
- You have oral communication skills to speak with co-workers, supervisors, members of the public, and media.

NATURAL RESOURCE KNOWLEDGE:

 You have knowledge, experience and/or interest in natural resources and the outdoors (i.e. work or volunteer experience, school courses, or personal activities).

Summer Children's Program Leaders (3 positions)

8 week contract: July 4th to August 25th

Under the supervision of the Summer Program Coordinator, the Summer Children's Program Leaders provide developmental care and supervision to children enrolled in the program, implement age appropriate curriculum, and establish and maintain supportive relationships with children and parents.

* Birth date must be from 1992/01/01 on to be able to apply for summer positions (25 years or younger)

QUALIFICATIONS:

- · Must be a registered Nipissing First Nation Member
- Must be a Post Secondary student returning to school in the fall or a recent graduate. (Recent is a student graduating this year.)
- · Excellent organizational skills, and communication skills (both written and verbal)
- Able to work well with minimal supervision, demonstrate initiative and work effectively in a team environment
- Enrollment in a related field will be asset
- Must submit to a Criminal Reference Check.

DUTIES:

- Supervise the Summer Children's Program
- · Plan and implement the program and activities
- · Organize and attend group outings, file report on activities
- Perform daily attendance for Child Summer Program
- · Responsible for the safety of all children enrolled in the program
- Performs other duties as assigned or requested by SCP Coordinator

A current CPIC with Vulnerable Persons Check is a requirement for the successful applicant

Deadline for Applications is Friday, June 16, 2017 at 4:30pm.



Family Well-Being Care Coordinator

Permanent Full-Time, with Benefits

This position is responsible for implementing and coordinating service integration (Wiidooktaadyaang) model for Nipissing First Nation using a multi-disciplinary approach to supporting clients who present with complex and multiple service needs. Collaboration and internal partnership development is a key theme for Wiidooktaadyang. The Family Well-Being Care Coordinator shall collaborate with all departments to plan, implement, support and monitor care plans that promote family/client strengths and advance well-being. This position will complement existing services of Giyak Moseng - The Right Path Counselling & Prevention Services and will be responsive to the clinical supervision of the Psychologist. The Care Coordinator will participate in the process of community development for strengthening community wellness that is congruent with the overall Vision, Mission and Values for NFN.

QUALIFICATIONS:

- Must be a Registered Nipissing First Nation Member
- Must have a Bachelor Degree in a Mental Health discipline from a recognized post-secondary institution
- Must have previous experience in clinical counselling, case management and coordination
- Knowledge of mental health, addiction and domestic violence
- A recent (within 3 months) Criminal/Records Check and Vulnerable Persons Check
- Proof or willing to obtain certificate of completion for privacy training
- · Proof or willing to obtain certificate of completion for occupational health and safety training
- A valid Ontario Class "G" Driver's License and access to a reliable personal vehicle

REQUIRED SKILLS & ABILITIES:

- Knowledge of community development and ability to develop and maintain strong partnerships internal and external to NFN
- Knowledge of the indigenous social determinants of health
- Knowledge of various interventions and promising practice approaches in addressing mental health, substance use and domestic violence
- Knowledge of traditional approaches to wellness (i.e. land based activities, etc.)
- Knowledge of trauma informed approaches to service delivery and program design
- Skills in program design and delivery, and in case coordination/service navigation across multi-sector programs
- · Skills in record keeping, chart management and required reporting
- Proficient computer experience in Microsoft office applications
- Skills in advocacy and leadership abilities within service integration models
- Skills in assessment that address gaps in service as well as client/family need
- Skills in facilitating meetings/conferences, presentations
- Experience and knowledge in crisis management and service coordination
- Skills in program development that enhance existing life skills and promote wellness (i.e. land based activities, cultural
 practices and activities of daily living)
- · Culturally safe application of knowledge, skills and abilities demonstrating wise practice
- · Excellent written and communication skills, interpersonal skills, problem solving abilities and conflict resolution skills
- · Excellent time management, organization and administrative skills
- Knowledge of program reporting including budgets
- · Ability to work within guidelines outlined under PHIPA

DUTIES INCLUDE:

- You have knowledge, experience and/or interest in natural resources and the outdoors (i.e. work or volunteer experience, school courses, or personal activities).
- Coordinate the implementation of Wiidooktaadyang for Nipissing First Nation
- Participate in completing the psychosocial assessment of individual and family needs
- Facilitate the development of service plans based on the results of various assessments completed by members of the multidisciplinary team
- · Provide service navigation to individuals, families and groups (ie. service providers) within the community
- Maintain a chart management system consistent with Wiikooktaadyang forms and processes

Continued on next page

Family Well-Being Care Coordinator Continued

- Record pertinent information on the chart consistent with policies and procedures
- · Liaise with other service providers and agencies as appropriate
- Liaise with community as appropriate
- Provide home outreach services (home visits) as appropriate
- Maintain Quality Assurance responsibilities as required
- · Work cooperatively within a multidisciplinary team in the process of assessment of client needs and the coordination of services
- Facilitate internal and external referrals as appropriate to the Wiidooktaadyang
- Follow up and evaluation of service model
- Regular promotion of the program with community and external service agencies
- Provide life skills training to community and coaching to those implicated in Wiidooktaadyang
- Liaise with culturally-based opportunities (i.e. land-based activities) to support building life skill capacities for individuals, families and community
- Identify training needs to support Wiidooktaaadyang engagement by NFN departments
- Provide community presentations and staff in service opportunities regarding Wiidooktaadyang
- Provide annual/regular training to new staff and/or community regarding Wiidooktaadyang.

A current CPIC with Vulnerable Persons' Check is a requirement for the successful applicant.

Qualified individuals are invited to submit a letter of interest and resume with three (3) current references no later than **Friday**, **June 16**th, **2017** at 4:30 pm to:

Jennifer Lalonde, Human Resources Manager
Nipissing First Nation
36 Semo Road, Garden Village, ON P2B 3K2
Fax: (705) 753-0207 | Email: resumes@nfn.ca

Human Resources Policies & Practices

Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1) (a) of the Ontario Human Rights Commission (OHRC).

As per Nipissing First Nation hiring procedures, the following steps are used for screening and recruitment processes:

1st round postings are open to all Registered Nipissing First Nation members.

2nd round postings are open to spouses of registered Nipissing First Nation members and all First Nation members registered with other First Nations.

3rd round postings are open to all applicants (status and non-status).

Check our <u>Website</u> and <u>Facebook page</u> for regular postings and updates. We are also happy to provide a link on our website to <u>External Agencies</u> to assist members with job searches.

Employment & Training Office:

Members seeking assistance with training, employment supports and wage subsidies are encouraged to contact our Employment & Training office to access resources and supports.

Contact Thomas Lambert, Employment & Training Manager, at 705-753-6985 or thomasl@nfn.ca

Homes for Sale

59 Paradise Lane, Jocko Point

1-1/2-story house with 1,678 sq ft on Jocko Point /Lake Nipissing. 3 bedroom, 2 bathroom home with a 2-stall garage, as well as a sleep camp and gazebo. Asking \$250,000.00 will negotiate.



Contact Wayne B McLeod 705-499-8820 or wayne mcleod@live.com

40 Gerald Crescent, Garden Village

4 bedroom, 2 baths, Large kitchen. Full dry basement . Built 1992. Large front yard and back yard. Wraparound porch. Approx. 4,000sq feet. Asking \$130,000 OBO.



Call Steve Bailey 705-474-4500 or 705-493-0481 or sbailey39@cogeco.ca

Food Bank Spring Raffle



3 burner propane gas grill, propane tank and a BBQ cover & utensils. Valued at \$250.00



Mainstays 2 seat cushioned swing, 4 juice glasses and a 3 piece rooster dispenser. Valued at \$200.00



4 gift cards valued at \$25 each

Raffle # 1019-106

Tickets are just \$2.00 each or 3 for \$5.00

Draw to be held June 21st @ 3PM during Aboriginal Day Festivities
To purchase or help sell tickets, contact Natasha Lariviere at 705-753-6972

Advertise in our newsletter for only \$5 per month!

(Business Card Size Ads Only)

Contact Gen Couchie to book space: 705-753-2050 ext. 1270 genc@nfn.ca

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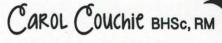
Dot Beaucage-Kennedy (Elder)

Wedding Officiant
Appiversaries etc...

Nipissing First Nation

Cell: 1-705-493-5577

Email: dotbeaucagekennedy@gmail.com www.allseasonsweddings.com (1-800-545-3681..by request)



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June 2017

O'demini Giizis (Strawberry Moon)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Weekly Language Classes – Mondays in Duchesnay 6-8pm @ Nbisiing Secondary School		Weekly Language Classes – Wed. in Garden Village 6-8pm @ Church Basement	1 Bringing it Home Concert 7pm @ White Water Gallery (see page 10)	Z Teen Night 6-10pm @ Library Feast of the Drum @ Nbisiing S.S.	3
4	5 Kids Social 6-8pm @ Nbisiing	6 Infant Massage 10am-2pm @ Health Centre Also June 13 & 21 (see page 13) Council Meeting 7:30pm @Nbisiing	7 Walk Against Impaired Driving 5-8pm @ Band Off (see page 13) Computer Night 6-8pm @ Library	8 Drum Social 6-8pm @ Teepee behind Culture Ctr	9	10
11 Kids Social 10am-3pm @ Health Centre	12	True Self 10 th Anniversary 9:30-11am @ Leger Square (see page 7)	14 Craft Night 6-8pm @ Library Father's Day craft	15 Moose Jerky Workshop 5:30-8:30pm @ Health Centre (see page 13)	16 Teen Night 6-10pm @ Library Deadline for Job Postings	Family Fishing Derby 6am til Noon @ GV Dock (see page 5)
18 Father's Day	19 Kids Social 6-8pm @ Nbisiing	20 Council Meeting 7:30pm in Council Chambers, GV	21 National Aboriginal Day 9am – 3pm @ Nbisiing S.S. (see page 12)	22	23 Nbisiing S.S. Graduation 2 pm in Gym (see page 9)	24 NFN Charity Golf Tourney @ Laurentide GC Shotgun - 9:30am (see page 6)
Paint Ball Event @ Select Paint Ball (see page 5) Meet the Midwives 5pm @ Big Med. Studio (see p.7)	26 Grand Opening K'tigaaning Mid- wives – 10am @ 40 Couchie Ind. (see page 7)	27	28 Movie Night 6-8pm @ Library	29	30 Teen Night 6-10pm @ Library	



Contact Us

36 Semo Road Garden Village ON P2B 3K2 FAX: www.nfn.ca

TEL: (705) 753-2050 (705) 753-0207 Email: genc@nfn.ca

