



Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

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Council Meetings:

July 7 @ 7:30pm
Postponed to July 21

July 21 @ 7:30pm
Duchesnay

August 4 @ 7:30pm
Garden Village
Inaugural Meeting of
new Chief & Council

Please submit agenda items by
4pm on the Thursday prior to
the meeting to Freda Martel at
(705) 753-2050 ext. 1223 or
email to fredam@nfn.ca.

Election Polling Stations & Dates

Advanced Poll: Saturday, July 4th from 9:00am - 2:00pm

Nipissing First Nation Community Complex
36 Semo Road, Garden Village

Regular Polls: Friday, July 10th from 9:00am - 8:00pm

Nipissing First Nation Community Complex
36 Semo Road, Garden Village

AND Nbisiiing Secondary School

469B Couchie Memorial Drive, Duchesnay Village

In order to be eligible to vote, you must be a member of Nipissing First Nation and eighteen (18) years of age by or on the day of the vote. A voters list can be found at both locations set out above, or by contact Nipissing First Nation's Electoral Officer, Fred Bellefeuille, at (705) 303-6868 Monday to Friday between 8:30am - 4:30pm.

The votes will be counted at the Nipissing First Nation Community Complex in Garden Village on **July 10, 2015** after the close of polls. Results will be declared immediately following the count.

List of Candidates

For Chief:

Doug Chevrier
Arnold May
Scott McLeod

For Council:

Garnet Avery
Dot Beaucage-Kennedy
Cathy Bellefeuille
David Commanda
June Commanda

Rodney Commanda
Becky Commanda-McLeod
Jody Cotter
Brian Couchie
Judy Couchie
Les Couchi
Corey Goulais
Jason Laronde
Darrell McLeod
Muriel Sawyer
Eric (Rick) Stevens



Nipissing First Nation staff would like to say Chi-Miigwech to Chief Marianna Couchie for her leadership over the last 12 years. Chief Couchie has served as our Chief since 2006, and as Deputy Chief for 3 years before that. See page 23.



Call APS or 911 if a bear poses a threat to personal safety

Road Resurfacing in Duchesnay

Miller Paving expects to resurface hard topping for the roads in Duchesnay in the second half of July, beginning with surface treatment and pulverizing crews. This schedule is highly dependent on the weather, which can cause delays to the planned schedule.

We will update residents as we get closer to the planned project start date. Duchesnay residents will receive a notice with more information, and dates will be posted to the electronic sign once confirmed.

Reports of Bears in Yellek

After receiving several reports of bears in Yellek, we delivered notices to area residents and also posted this information on our website and social media channels. The following information may be useful to residents who want to know more about how to report - and prevent - an encounter with a bear, and what to do if you encounter a bear.

Report a Bear Problem

If you feel that a bear poses an immediate threat to personal safety, please call the **Anishinabek Police Service at (705) 472-0270**, Monday to Friday during office hours, or **call 911 after hours**. For non-emergency encounters, call the Bear Wise reporting line: 1-866-514-2327

Prevent a Bear Problem

Never purposely feed bears (or any wildlife), or try to approach them. Limit food sources by ensuring that garbage is disposed of properly and secured in appropriate containers, and making sure that there are no other food sources in your yard (i.e. bird feeders, pet food, BBQ grease, etc.)

Please also dispose of fish waste properly by taking it to the dump during their regular hours, or freeze it until the day of garbage collection.

To view the complete notice and for links to [Bear Wise information](#), please visit our website www.nfn.ca or contact Gen Couchie at (705) 753-2050 ext. 1270 or genc@nfn.ca to request a copy by mail or email.

Reminder: NFN and the MNRF do not trap, tranquilize, or relocate bears.

Give Kids a Brake

With the warmer weather finally here, and with school being out for the summer, a reminder to please slow down and help keep our children safe.



The speed limit is **40km/h** in all NFN communities.



Contact Us

Nipissing First Nation
36 Semo Road
Garden Village ON P2B 3K2
(705) 753-2050
genc@nfn.ca

NFN Fisheries Management Timeline

2004 - Spring Moratorium first implemented

2006 - Fisheries Law came into effect

2013 - Partnered with MNRF to conduct Fall Walleye Index Netting (FWIN) - ongoing

2014 - Held Consultation Meeting with commercial fishers over the summer to discuss proposed regulation changes. This was followed by Community Consultation Meetings in the fall of 2014 to obtain input on methods to manage impacts on Lake Nipissing's walleye population.

2015 - New Regulations implemented:

- Short-term moratorium on spear fishing
- Reduced the number of nets permitted per fisher from 5 to 3 nets.
- Increased the minimum net mesh size to 3.75" from 3.5".
- Coordinated a free net exchange program to encourage compliance.

NFN will continue to lead efforts to manage Lake Nipissing's fishery to ensure its health and sustainability for current and future generations.

Fisheries Update

Nipissing First Nation has been in the news a lot lately, and much of what is being reported is based on misinformation, myths and half-truths. That said, there are a number of issues that clearly must be addressed related to fisheries and natural resources management. As the debates continue, these complex fisheries issues have become tangled with underlying issues that must also be addressed in order to work towards resolution. Recent mainstream press coverage can be summarized as relating to three key issues:

- Dumping of fish and animal waste
- Opposition to gill netting, and the ghost net issue from last year
- Moratorium violations and perceived lack of enforcement from NFN & MNRF

There are also several underlying issues, such as ignorance of constitutionally protected treaty rights and a lack of awareness of the laws and management systems that NFN has in place to monitor, control and protect Lake Nipissing's fishery, to say nothing of long standing settler-colonialism. While NFN is committed to defending our nation's inherent rights, we are equally committed to resolving issues where our citizens are found to be abusing those rights. The actions of a few individuals are undermining the rights of the entire community, which adversely affects (and reflects poorly on) our nation and its citizens.

As many community and political leaders have already said, these issues need to be resolved *collaboratively* - both within our community, and in cooperation with our stakeholders - so that we can move beyond the toxic "us vs. them" discussions that have been dominating print and social media forums. A cooperative approach is required to work towards a solution that will ensure the health and sustainability of Lake Nipissing now and for future generations. Stakeholders need to work together, and NFN is prepared and committed to leading the effort as demonstrated by the Lake Nipissing Summit meetings and meetings with other political leadership.

However, NFN must also address the individuals who choose to break our laws, or who act in ways that do not represent our community's values and beliefs with respect to the treatment of our natural resources. To that end, we are recruiting and training members to participate in Justice Circles to address fishers (registered or not) who chose to violate NFN's Fisheries Law. We also continue to monitor and document any breaches of our laws so that they can be acted on. We thank everyone who called in and assure you that we are pursuing every tip.

Some of the things we're doing:

NFN leadership is in active discussions with the MNR to secure support for the implementation of NFN's Fisheries Law under NFN's jurisdiction. This understanding would enable stronger enforcement of all elements of the law, particularly during the moratorium and when the season is closed.

NFN will be seeking input from fishers on a potential composting program for fish waste and a program to ensure no by-catch goes to waste. We know responsible fishermen effectively market their by-catch and we want to ensure this practice continues. Any fish waste should be disposed of properly by taking it to our landfill site.

Mooz Miikan Gate Installation

Effective August 1st, the gate at the entrance to Mooz Miikan will be upgraded and kept locked to prevent trespassing and the dumping of waste on NFN lands.

Band members can obtain a key for the gate from the Band Office at a cost of \$5. Will we be monitoring access to Mooz Miikan using a database of key holders, and will also be installing surveillance equipment to record any unauthorized use of these lands.



Justice Circles

We are pleased to announce that we have received several letters of interest from citizens interested in participating in the NFN Aboriginal Justice Circles.

However, we issuing another call-out in order to recruit NFN members with a background in fisheries to be part of the circle - this could be sustenance fishers and/ or commercial fishers - to deal with individuals who did not comply with the spring moratorium on spearing and gill netting, and those who break our Fisheries law.

Participants will receive training to prepare them for this process, and will be paid to attend training and for their participation in Justice Circles.

If you are interested in being part of this very important process, please submit your letter of interest no later than **Friday, July 24th at 4:00pm** to:



Dwayne Nashkawa, Chief Executive Officer
Nipissing First Nation
36 Semo Road, Garden Village ON P2B 3K2
or by email to: dwaynen@nfn.ca

We look forward to receiving your letter of interest. If you have any questions about this Justice Circle, please feel free to contact Dwayne at (705) 753-2050 ext. 1222 or by email to dwaynen@nfn.ca.

If you have already applied to participate in the Justice Circles, you do not need to re-apply. This notice is to seek additional members for the purpose of ensuring representation from individuals with a background in fisheries, and also to create a pool of individuals who can be called upon as needed.

NFN Satellite Office at the Union of Ontario Indians Building

9:00am to 4:00pm

ONTARIO WORKS

Every 2nd Wednesday

Wednesday, July 8th

Wednesday, July 22nd

FINANCE

Every 3rd Friday

Friday, July 17th

MEMBERSHIP

Every 3rd Monday

Monday, July 20th

HEALTH CENTRE

By appointment only
Call (705) 753-3312

Please report to the front reception desk upon arrival to be directed to the appropriate office.



National Aboriginal Day

NFN held its National Aboriginal Day celebrations on Friday, June 19th in Garden Village. The *Celebrate Nipissing* theme was carried throughout all of the activities and honoured Nipissing nation’s culture and heritage.

“Today is a day where we come together as a community, as a nation, and we spend time enjoying and celebrating who we are, and recognizing that we are aboriginal,” said Gimaa Marianna Couchie.

The day began with a wholesome breakfast and Grand Entry was called in by the Red Hawk Drummers from Nbisiing Secondary School. The day-care children wowed the crowd with their presentations, which was followed by Peter Beaucage performing a Pipe Ceremony and Honour Song.

Glenna Beaucage and Dr. Katrina Srigley presented an overview of ***The Story of Nbisiing: The Land, The People, The Future*** (Gaa-Bi Kid-waad Maa Nbisiing: A-Kii, Bemaadzijk, E-Niigannwang), which is currently in the final draft stage and is expected to go to print in September.

This community story has taken years of interviews, community forums, research and is built on the information and records that were shared with us. It is designed to tell our stories from our perspective, centering our experiences and understandings of the past. If you would like to review the draft, or if you have information or photos that you would like to share before the book is printed, please contact Glenna at (705) 753-2050 ext. 1232 or glennab@nfn.ca.

The day also provided community members with opportunities to participate in teaching booths and workshops, such as cultural arts, traditional medicines. Other special features included the presentation of an Anishinaabemwin video and old photos, a pow wow presentation by local youth, a BBQ and wild food tasting, and even Anishinaabemwin bingo!

Chi-Miigwech to the many staff and volunteers who worked so hard to make the day’s events a huge success!



NFN Flag Raised at City Hall in North Bay

On Friday, June 19th, North Bay Mayor Al McDonald together with NFN Chief Marianna Couchie raised our flag at City Hall in recognition of National Aboriginal Day. Miigwech to Donna McLeod-Shabogesic for requesting the ceremony. Photo Credits: Kelly McLeod



Krystal McLeod was presented with an eagle feather and honour song on June 19th for saving an elder from a recent house fire.



NBISIING STUDENTS AND GO KARTS AT CANADORE COLLEGE

As part of our school's collaboration with Canadore College through the provincial *School - College - Work Initiative*, some of our students had the opportunity to analyze, study, and repair motorized go-karts in the tech shops at the college. Over several weeks, students gained a working knowledge of 4-stroke engines and of the mechanical systems used in the go-karts. This special program of study culminated in the students enjoying a "race night" where they got to drive the karts. The participants and the spectators had a fantastic, fun time.



KENDAASWIN DAY AT CANADORE COLLEGE

Canadore College also hosted Kendaaswin Day on Monday, June 8th through the *School – College – Work Initiative*. Students learned cultural teachings and stories from elders and other guest speakers, toured the college campus, and participated in hands-on workshops in the Environmental Science and Broadcasting labs.



RECYCLING

Recent recycling efforts have reduced the amount of garbage the school sends to the landfill site by half! There are still strategies needed to reduce "produced" garbage, but our present reduction stats are inspiring. Some future strategies at school include increased composting and continued encouragement to create non-packaged lunches and snacks.

FILMING FOR THE WARRIORS DOCUMENTARY

On June 11th, Ed Regan and Katrina Srigley came to our school to begin filming for the *Warriors* documentary. We interviewed a few students and staff individually, and taped the students interacting with the exhibit as well as the exam review for this unit. This is an exciting connection for the community history and the curriculum developed here at the school. This documentary will continue to be filmed over the next few months and we will update the community when it is produced and available for viewing.

HOSPITALITY EXPERIENCE

On June 10th, the hospitality and tourism class went to East Side Mario's where they were given an inside look at how the franchise operates, how the kitchen is run, and received first-hand experience with the POS system as they each input their own food orders. The students enjoyed a delicious lunch, received professional tips directly from hospitality and tourism professionals, and learned about career opportunities in the restaurant industry.

MUSIC BUSINESS

On May 22nd, the students in this new course hosted a concert titled "Nipissing Beats." The students worked relentlessly for two months planning and organizing the event, which featured local musicians, students and staff from Nbisiiing performing a mixture of cultural and contemporary music.



On June 9th, students travelled to Coalition Music in Toronto to record their final songs, which they had begun working on during a previous trip to Toronto in April. Coalition's team of recording artists and professionals working in the music industry first came in to the school at the beginning of the semester, and made several visits to help with the writing of the students' songs. The students of the Music Business course had the opportunity record their songs in Coalition's professional studio, and had a blast doing it!



N B I S I I N G S E C O N D A R Y S C H O O L

SUMMER SCHOOL AT NBISIING FROM JULY 6 - 29

PAD Outdoor Education focuses on developing a healthy lifestyle and participating in a variety of enjoyable outdoor activities that have the potential to engage students' interest throughout their lives. Students will be encouraged to develop personal competence in a variety of outdoor skills and will be given opportunities to practice goal-setting, decision-making, social and interpersonal skills. Students will also study the components of healthy relationships, reproductive health, mental health and personal safety. All of this will be accomplished through activities that emphasize a connection with the land.

Credit Recovery - A student who has failed a course can apply to work with our Student Success Teacher to retake the units where he or she did not initially meet expectations. This course will provide the student with another chance to demonstrate his or her understanding of the course expectations rather than retaking the entire course. To enroll in the credit recovery program, a student must have the approval of his or her School Credit Recovery Team. Please note that students who have dropped or withdrawn from a course are not eligible for credit recovery. As this is an individualized program, enrollment will be limited, so register early!

CONGRATULATIONS TO THIS MONTH'S FUNDRAISING WINNERS

Zachary Couillard won the Four Seasons Print, Otis Sawyer won a Nbisiing Jacket, and Delores Chum won a Nbisiing T-Shirt. Chi-Miigwech to all those who purchased tickets in support of our Nbisiing Graduation Trip Fundraiser.

STUDENT SCHOLARSHIP

Congratulations to Brittney Meunier-Gauthier who received the FIRST Robotics Scholarship for Nipissing University, which will pay her full tuition for the first year, and up to an additional 3 years if she maintains an 85% or higher average!

CONGRATULATIONS TO OUR 2015 GRADUATES!



Sara Gagnon
Dakota Heon
Monti Jansen
Shannon McLaren
Tashina Maiangowi
Sheldon Manitowabi
Brittney Meunier-Gauthier
McKenzie Ottereyes-Eagle
Tyler Ottereyes-Eagle

Samuel Potts
Brayden Quachegan
Lyn Quiring
Meaghan Rancier
Steven Rickard
Desiree Sands
Samantha Therrien
Aaron Wabano



Nbisiing Secondary School's 2015 Graduation ceremony was held on Monday, June 22nd at 2:00pm. Muriel Sawyer was the MC for the ceremonies and Elder Peter Beaucage was the guest speaker who offered words of wisdom and encouragement to our 17 graduates. We are proud of each of the graduates and wish them much success in their post secondary studies.

REGISTER FOR THE FALL SEMESTER!

We are currently accepting registrations for Fall courses. Please contact the school for more details or for a registration package - Call (705) 497-9938 or email admin@nbisiing.com.

Report Cards & Incentives

If you have not signed a consent form with our office to access your student's report card, please submit a copy of the second semester report card to our office no later than August 31st

Graduation Awards On & Off Reserve

LOCAL NFN Students:
Grade 8 & 12 students

Incentives for ON-Reserve NFN students:

- Elementary attendance 2 days or less
- High school attendance \$25 for each credit course enrolled minus \$2.50 for each class missed.

Incentives for ON & OFF Reserve

LOCAL NFN High School students:

- \$25 for each credit passed &
- Total average of marks for semester
80% - 100% = \$100
70% - 79% = \$75

REMINDERS:

- Forms, policies and updates are available on the nfn.ca website under Education.



Education Department

The long-awaited summer holidays have arrived and the Education Office staff would like to take this opportunity to wish everyone a safe and enjoyable time over the next two months. Many of our high school and post-secondary students will be busy with summer jobs, and some of our teaching staff are taking courses, so 'holidays' can be a busy time too!

A representative from the NFN Education Department staff or Education Committee attended the recent Grade 8 and Grade 12 graduation exercises and were pleased to be able to present our students with their Graduation Awards at that time! Congratulations to each and every one of our students, at whatever level of study, as each and every school year completed is a good reason to celebrate!

** A reminder to families with little ones starting Junior Kindergarten and/or Senior Kindergarten – vision, hearing and speech-language skills play a key role in your child's learning experience. If you have questions or would like more information be sure to contact your health or child care provider, the Principal at your child's school, the NFN Education Office or edu.gov.on.ca/abc123.



Every year we require students to submit a Student-Bussing Information Sheet. You can find our forms online or at our office.

If any of your information changes throughout the school year, please contact our office to update your student's file.

Congratulations to our 2014-15 Graduates!

Elementary Graduates

- Matthew Couchie — WJ Fricker Senior Public School
- Andrea Goulais — École Séparée La Résurrection
- Darian Goulais — White Woods Public School
- Jayden Howards — Mother St. Bride School
- Ethan Michaud — École Secondaire Catholique Algonquin
- Brianna St. Pierre — Mother St. Bride School

Secondary Graduates

- Brenda Avery — Chippewa Secondary School
- Trista Hester-Sawyer — St. Joseph Scollard Hall
- Brady Penasse — Northern Secondary School
- Shawnee Penasse — Northern Secondary School
- Desiree Sands — Nbisiing Secondary School



2014-15 Graduates Continued

Post-Secondary Graduates

Tanya Bedard - Early Childhood Education - Anishinabek Educational Institution

Cathy Bellefeuille - Juris Doctor - University of Ottawa

Aylan Couchie - Fine Arts Advanced - Georgian College

Kanessa Hanzlik - Medical Radiation Technology - Collège Boreal

Crystal Head - Juris Doctor - University of Ottawa

Maria Marion - Bachelor of Arts (French) - University of British Columbia

Matthew McLeod - Bachelor of Commerce (Finance) - University of British Columbia

Please note: We have not listed all graduates as we respected the wishes of those graduates who chose not to have their names published.

*Graduation is an exciting time. It's both an ending and a beginning; it's warm memories of the past and big dreams for the future.
— Author Unknown*



Employment Readiness & Service Excellence

Certificate Programs - it takes just 10 weeks!

Literacy Alliance of West Nipissing in collaboration with the District of Nipissing Social Services Administrative Board (DNSSAB) has created this 10 week certificate program.

The FREE sessions provide hands-on experience in workplace documents, tasks and procedures. Pre-requisite: participants need to be assessed at CAMERA Stage 2 in order to participate. Contact Literacy Alliance now for your free CAMERA Assessment.

Employment Readiness: CAMERA (Communications & Math Employment Readiness Assessment) delivered by certified assessors.

Service Excellence: OTEC certified trainers deliver service-focused workshops that develop awareness about the importance of service and create service skills for the delivery of consistent customer service.

Bonus: WHMIS & Smart Serve included

Dates: September 7th - November 13th

Contact: Nanditta or Vic at (705) 753-0537
or email literacydsl@eastlink.ca

Limited space... register by August 28th. Learn more at www.yes2literacy.ca.

19 Post-Secondary Graduates for the 2014-15 Year



Cathy Bellefeuille



Kanessa Hanzlik



Crystal Head



Maria Marion



Matthew McLeod

Congratulations to all graduates!

Employment Opportunities

The following employment opportunities are currently available with Nipissing First Nation. To apply, please forward a cover letter, resumé, and three (3) references by Friday, July 3rd at 4:30pm to:

MAIL: Jennifer Lalonde, Human Resources Manager
36 Semo Road, Garden Village ON P2B 3K2

FAX: (705) 753-0207
EMAIL: resumes@nfn.ca

Complete Job Postings can be viewed on our website at www.nfn.ca/jobs_internal.php.

*Nipissing First Nation gives preference to First Nation applicants for any employment opportunities as per Section 24(1)(a) OHRC
Only those who qualify for an interview will be contacted.*

Front Line Worker - Ojibway Women's Lodge

One Year Contract, with possibility of extension

Nipissing First Nation requires a front line worker to deliver services to abused women and children at the Ojibway Women's Lodge. This position involves shift work and hours which entail nights, weekends and holidays, and the successful candidate will require a Vulnerable Persons Check.

QUALIFICATIONS:

- Must be a registered Nipissing First Nation member with a post-secondary diploma or degree in the Social Services field
- Must have current First Aid/CPR and possess a valid Ontario Driver's license, insurance with a clean driving record

REQUIRED SKILLS/KNOWLEDGE:

- Must possess high level of empathy and understanding of issues of violence against aboriginal women and children.
- Must exhibit a high degree of initiative and self-direction, good analytical and organizational skills, and be able to work with minimal supervision. Proven ability and willingness to work as an integral member of a team.
- Must possess excellent verbal and written communication skills, including the ability to deal with emergency services and partnering agencies.
- Must be bound by confidentiality, able to be decisive in a crisis and work effectively under pressure.
- Must be able to operate computer and software.

DUTIES:

- Reports directly to the Ojibway Women's Lodge Front Line Supervisor and provides supportive crisis phone counseling, in-person counseling, and advocacy for aboriginal women's rights relative to domestic violence, ensuring the safety and security of the families residing in the shelter.
- Develops and maintains client files, case notes, and safety plans on a computer data system for monthly statistical reports.
- Administration of the Client Satisfaction Survey, assist with household duties and meal preparations, and other duties as required.

Support Services Worker - True Self / Debwewendizwin Employment & Training

Two Full-Time Contract Positions - 9 month term

The Support Services Worker will promote empowerment and self-determination of others through non-judgmental listening, helping with person-centered goal setting, problem solving, assessing crisis-risk and offering referrals to other community supports.

Supporting youth and adult, women and men within our community who are homeless, unemployed or underemployed by reaching out to provide services to individuals within the community where they are. Full-Time nine month contract (35 hours per week).

Continued on next page...

Support Services Worker - True Self / Debwewendizwin Employment & Training

Continued from previous page...

QUALIFICATIONS:

- Diploma in Indigenous Wellness Addiction Intervention, Social Service Worker (SSW), Community Service Worker (CSW), Addiction Intervention Counselling and/or Addictions/Mental Health or related field from accredited college or vocational school.
- Lived experience with Mental Health or Addiction issues considered an asset.

REQUIRED SKILLS/KNOWLEDGE:

- Verbal and written communication skills in both official languages (English & French) considered an asset.
- Working knowledge of the OW Act, Ontario Disability Supports Program, Employment Standards Act, Workplace Safety and Insurance Board.
- Knowledge of True Self Debwewendizwin Program, comprehensive knowledge of mental health and addiction issues, and the effects of trauma with an understanding of diverse cultures and issues.
- Knowledge of Traditional Ojibway Culture considered an asset.

DUTIES:

- Meet with participants to assist with intake assessments and safety plans in North Bay, Sturgeon Falls and/or Mattawa.
- Communicate and work collaboratively with participants, team members, co-workers and the community, attend team meetings, and meet with supervisors to discuss performance.
- Initiate, establish and maintain relationships with participants while developing trust and rapport.
- Advocate on behalf of participants and help participants to navigate the health and social services systems.

Pow Wow Assistant

Contract Position - July 20 to September 15, 2015

Under the direction of the Cultural and Heritage department, the Assistant will be providing support in the coordination of the Annual Nipissing First Nation Pow Wow. This is a contract position with a rate of pay of \$15.00/hour.

QUALIFICATIONS:

- Must be a registered Nipissing First Nation Member.
- Must have a driver's license and access to a vehicle.
- Must have High School Diploma or equivalent.
- Must have intermediate knowledge and experience using Microsoft Office software.
- Requires good communication skills, both written and verbal.
- Must be in good physical condition to lift, light and heavy materials.
- Ability to work cooperatively with the public.

DUTIES:

- Preparing and installation of signage.
- Provide ground maintenance, including but not limited to: grass cutting, raking, and parking lot cleaning.
- Purchasing and delivering of supplies.
- Picking up donations in the community and local communities.
- Inventory & organization of supplies before and after the Pow Wow.
- Assist with the gathering and organizing of all volunteers.
- Other duties as required.

The successful candidate will require a Vulnerable Persons Check.

Educational Assistant - Nbisiing Secondary School

Contract Position - August 31st start date

Nbisiing Secondary School requires an Educational Assistant to deliver direct support to students in Grades 9 to 12. The Educational Assistant's responsibilities include assisting in the creation of a positive and stimulating learning environment, and implementing individual educational program plans under the guidance of the teacher(s) both inside and outside the classroom. This is a contract position and may be renewed for the successful applicant, based on the school calendar year, commencing August 31, 2015.

QUALIFICATIONS:

- Must be registered Nipissing First Nation member
- Must have a Classroom Assistant Diploma or equivalent education or related work experience in the education field.

REQUIRED SKILLS/KNOWLEDGE:

- Knowledge and experience with the Ontario Secondary School Curriculum
- Must have the ability to support students academically at the senior level.
- Knowledge of and experience working with Identified Students (Learning Disabilities, ASD, Communication and Language Disorders, ADHD, ADD etc.)
- Knowledge of current assessment and evaluation practices
- Familiarity with Ojibwe Culture and Language
- Ability to take direction and demonstrate initiative as support staff
- Other duties as required

A current Criminal Reference check and/or a Vulnerable Persons Check is a requirement for this position.

EXTERNAL POSTING #200-16-09

Near North District School Board

White Woods Public School & Northern Secondary School

Requires ONE (1.0) PERMANENT TEACHER

Anishinaabemowin—Ojibwe Language Teacher

Commencing September 3, 2015 for the 2015-2016 school year



QUALIFICATIONS:

- A Valid Ontario College of Teachers Certificate
- A Valid Certificate of Registration from the Ontario College of Teachers
- Native Language Qualifications

POSITION CRITERIA:

- Knowledge of Ojibwe culture
- Proven experience teaching Anishinaabemowin students

Please submit a cover letter, resume and supporting documentation electronically to the undersigned, specifying the posting number, no later than **2:00pm on July 3, 2015**.

Teacher Employment

teacheremployment@nearnorthschools.ca

from the of the Right Path Mental Health & Addiction Health Promotion Worker

Hello, Aanii, Bozhoo, Aniish na? How are you?

The **Walk Against Impaired Driving** was held on June 10th despite the warnings of terrible weather. In fact, the rain stopped long enough for us to hold the walk portion, which was followed by presentations and a delicious barbecue.

I would like to say a BIG THANK YOU to all 45 people who came out and supported this important annual event. I hope to see you all again next year! Community involvement in annual events makes a huge difference as it shows funders that the money they invest in community programs is being well spent.



Special Thanks...

To the Presenters: Elaine has been presenting annually since 2002 at various M.A.D.D. functions and here at NFN. Keep up the good work, Elaine! Your heart-felt message about the grief of losing family members to impaired driving is very important. Thanks also to Jackie McLeod of M.A.D.D. Canada for her personal story about impaired driving.

To the APS & Fire Department: Thank you to Sgt. Al Naveau of the Anishinabek Police Service for escorting the walk around the community and for the excellent presentation on the consequences of impaired driving for both alcohol drugs. Sgt. Naveau spoke about the process and assessment of impaired driving and demonstrated the breathalyzer device that the police use to perform roadside testing for R.I.D.E. programs that detects impairment.

Thank you to Ross McLeod of the NFN Volunteer Fire Department for the escort around the community, and to Mike Stevens from Dutrisac Cottages for making the two wagons available. It was greatly appreciated by the seniors who wanted to participate in the walk, but can't walk the distance.

To our Staff & Volunteers: A Huge Thank You to Erika, Stella and Sue C. for their help with the kitchen duties, putting out the food and assisting with the clean up. A Big Thank You to Stacey Fisher and Eric Beaucage for cooking the hot dogs and hamburgers and assisting us, and to Pauline Giesler for making the salads. Thank you goes out Ashley Couchie for playing games with the children and for her decorating skills. Thank you to Eleanor for taking pictures, Lisa L for registration, and evaluation duties. Tyler D for preparing the signs and Julie C for taking on the role of the refreshment stand at the half way point. And last but not least Steve C & his helper for the wonderful video show. I apologize if I missed anyone - thank you everyone! These events go so smoothly with so many valuable helpers!



TIPS FOR ENJOYING A ...



Summer is a fun time that can be packed with lots of activities, but it's also a time to be wary of preventable injuries and conditions. While having fun with their friends is usually the most important thing in a kid's mind, safety should always be the first priority for parents, especially when on holidays, outside of normal routines and/or in unfamiliar surroundings.

Biking Tips: adults should always supervise young cyclists.

- Always wear a properly fitted bicycle helmet.
- Ride with the flow of traffic, and walk against traffic.
- Wear light-coloured and reflective clothes after dark.
- Bicyclists must obey the rules of the road, including stopping at red lights and stop signs.
- Avoid cycling on busy streets and use correct hand signals for stops and turns.

Swimming Tips: the two main causes of accidents around water are lack of supervision & ignoring safety rules.

- Always swim in a safe area, and never swim alone.
- An adult should be in charge of swim activities and anyone who is not actively swimming should keep an eye on everyone else and call for help if needed.
- If you are swimming in unfamiliar waters, always wade in first or jump feet-first. Don't dive until you have determined the water is deep enough. Severe spinal, neck and back injuries frequently occur, often including lifetime paralysis, from diving into shallow water.

Boating: you can be charged with impaired driving if you are intoxicated while operating a boat or any vessel and can face penalties similar to those imposed on drunk drivers. Police perform routine stops to ensure that all boats have enough life-jackets for all passengers, and that all boaters are being responsible with alcohol.

Parties: with warm weather here and graduation season underway, the number of house and beach parties increases and so do the risks associated with them since alcohol is often involved in these events.

- Anyone who allows a gathering at their residence or property takes on the liability for the actions of those attending.
- To avoid problematic parties, police recommend having food and non-alcoholic drinks available, avoiding drinking games, taking keys from anyone drinking and making plans for safe rides home.
- The legal age to consume alcohol is 19 and it is illegal to serve, sell or make alcohol available to minors.

If you or someone you know is in need of more information or help with Mental Health or Addiction issues, please call The Right Path Counselling & Prevention Services at (705) 753-1375.

Well that's it for now folks,

Baamaapii, (Until later)

Giminadan Gagiginonshiwani, (It was nice talking to you)

Lori-Anne

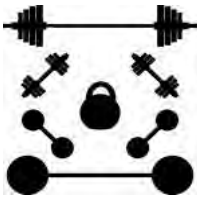
Diabetes & Physical Activity

Almost everyone, whether or not they have diabetes, benefits from regular exercise. Regular exercise has special advantages if you have type 2 diabetes. Regular physical activity improves your body's sensitivity to insulin and helps manage your blood sugar levels.



Low-Impact Aerobic Exercise

Aerobic exercise involves continuous movement of your legs and arms, such as walking or swimming. When you do aerobic exercise your heart rate will rise and stay above your heart's resting level. To do productive exercise you don't need to overwork your heart, you just need a gradual increase. Low impact means the exercise increases your heart rate but doesn't cause sudden jarring that stresses the joints, bones and muscles. **Walking is one of the best low-impact exercises.** Other examples of aerobic exercises include running, swimming, dancing, hockey and skiing.



Resistance Exercise

Resistance exercises increase muscle strength and complement the benefits of aerobic exercise. If you decide to begin resistance exercise, such as weight training, you should first get some instruction from a qualified exercise specialist and start slowly.

Safety First

- ◆ If you have been inactive for some time, **talk to your doctor** before starting any exercise program that is more strenuous than brisk walking.
- ◆ Make sure you wear comfortable, proper fitting shoes.
- ◆ Monitor your blood sugar before, during and many hours after activity to see how it affects your blood sugar levels.
- ◆ Carry some form of fast-acting carbohydrate with you in case you need to treat low blood glucose i.e. Life Savers.

How much is enough?

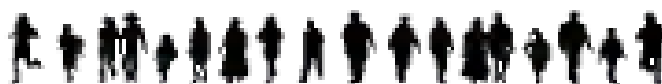
- ◆ Your goal should be to complete at least 150 minutes of moderate to vigorous intensity aerobic exercise each week. For example, 30 minutes, 5 days a week.
- ◆ You may have to start slowly, with as little as 5 to 10 minutes of exercise per day, gradually building up to your goal.

**PHYSICAL ACTIVITY AND DIABETES CAN BE A COMPLEX ISSUE.
TALK TO YOUR HEALTH CARE TEAM BEFORE STARTING AN EXERCISE REGIMEN.**



For more information, contact the
Diabetes Program at 705-753-3312





JUST MOVE IT

NIIGAN MOSEG

JUST MOVE IT 2015 !

Imagine millions of Indigenous People all across North America moving together for Diabetes wellness. Our community can help make this happen!

We would like to encourage our community to take part in this year's "Just Move It" being hosted by the Lawrence Commanda Diabetes Team.

Our objective is to have as many people participate in our eight week walking program! Upon registering we will take your blood pressure, random blood sugar and weight.

JUST MOVE IT...

Here's How You Participate!

This will be a Walking Challenge. Everyone will put their daily walking amount on their walking calendar, beginning **July 13th until September 4th**.

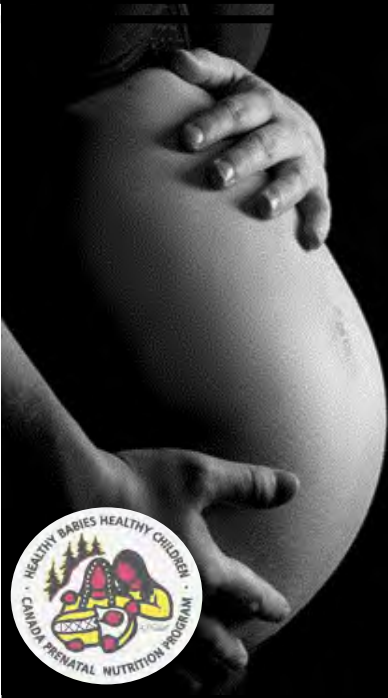
Please call LCHC to make an appointment to register on July 9th & 10th. Upon registration you will receive your walking calendar & pedometer.

If you walk every day of the program, you will be entered into our prize draw upon completion. We will also take your blood pressure, blood sugar & weight upon completion.

It's up to you!



For more information, please contact the Lawrence Commanda Diabetes and Resource Centre (705) 753-3312



**Are you pregnant or do you have a child less than 1 year old?
Are you a resident or member of Nipissing First Nation?**

If so, you should consider registering with our Canada Prenatal Nutrition Program!

Once registered, you may be able to:

- ✓ Receive a monthly Good Food Box
- ✓ Receive a monthly milk coupon, if breastfeeding
- ✓ Access gifts like the Baby Bundle or Welcome Baby Bag

Once your child turns 1, they may be enrolled in the Aboriginal Healthy Babies Healthy Children Program and continue receiving milk coupons until they turn 7!

For more information contact:

Erika Weidl, Community Nutritionist at (705) 753-3312 x2225 OR

Rosella Kinoshameg, Maternal Child Health Nurse (705) 753-3312 x 2227



Seniors' Trip to on Friday, August 14th



Join us for a trip to Casino Rama and enjoy a **Charley Pride Concert** on Friday, August 14th at 9:00pm. The bus will leave the Band Office at 1:00pm and depart from the casino at 11:15pm. Please bring your Rama card or identification.

Call in Date: FRIDAY, JULY 3rd AT 4:30PM - (705) 753-3312

No Emails Please! Due to the high amount of interest in this trip, we want to ensure we don't miss anyone. Please contact us by phone and do not leave a message if you receive voicemail... just hang up and keep trying until you are able to speak to a staff member to confirm your interest in attending.

Priority will be given to seniors who did not go on the Blue Jays trip. However, anyone who attended the first trip and who is interested in this trip should still call in to be placed on the list as we will accommodate as many people as possible.

Computer Courses for Seniors

Join the Literacy Alliance of West Nipissing for digital literacy mentoring this summer. These hands-on sessions will be delivered one-on-one throughout July & August for only **\$10 per session** (approximately 60-90 minutes per session).



Sessions:

Surfing the Internet
Computer Basics
Email 101
Facebook Demystified
Smartphone & Tablets
Pinterest 101

To register, call (705) 753-0537

Day Camps for Boys & Girls (Ages 9-12)

These **FREE** camps are sponsored by the West Nipissing Community Health Centre and Nipissing First Nation Health Services and will be offered on August 4 & 5 for girls and August 6 & 7 for boys.

Registration deadline is Thursday, July 23rd.

Contact Brandie at (705) 753-2050 ext. 3001 for registration forms, or pick them up at the front desk of the Lawrence Commanda Health Centre in Garden Village.

GIRL POWER DAY CAMP August 4 & 5



GIRL Power is a free 2 day camp offered to girls aged 9 to 12 years old that is taking place starting on **Tuesday, August 4th & Wednesday, August 5th from 10am to 3pm** at the Lawrence Commanda Health Centre. Learn how to feel good about yourself while having fun and making new friends!

BOY POWER DAY CAMP August 6 & 7



BOY Power is a free 2 day camp offered to boys aged 9 to 12 years old that is taking place on **Thursday, August 6th & Friday, August 7th from 10am to 3pm** at the Lawrence Commanda Health Centre. Learn how to feel good about yourself while having fun and making new friends!

Summer Children's Program Update



The registration deadline for this year's Summer Children's Program has now passed and all available spots were filled on a first come, first served basis. We greatly appreciate the amount of interest in this program and look forward to offering a fun, active program for your child that will provide them with memorable experiences this summer.

Just a reminder that the program begins on **Monday, July 6th** and ends on **Friday, August 14th**. Program hours are Monday to Friday from 9:00am to 3:00pm. The bus departs the Band Office in Garden Village at 8:30am sharp and returns at 3:30pm.

Kelsey McNeill, Summer Children's Program Coordinator



SIGN UP AT THE LIBRARY and get your free stuff!

Library Hours:

Monday	9am - 4pm
Tuesday	9am - 4pm
Wednesday	CLOSED
Thursday	9am - 4pm
Friday	9am-12pm



Back to Basics ~ Friday, July 10th

You've been dealt a special invitation to join the Native Child Welfare Program for a Back to Basics Game Night on **Friday, July 10th** from **7:00pm to 10:00pm** at the NFN Library. Pizza, snacks and refreshments will be provided. Contact Natalie for more information at 753-2691.

Having **TROUBLE** finding something to do on a Friday Night?

Not having the slightest **Clue** about what to do?

Don't **Boggle** your **CRANIUM** come out to where

learning is fun. You don't want to **RISK** being **SORRY!**

Outdoor Movie Night ~ Friday, July 24th



The NFN Food Bank and Native Child Welfare Program invite you to an Outdoor Movie Night featuring **Paddington** on **Friday, July 24th** starting at 8:30pm behind the Band Office. Bring your lawn chairs, blankets and bug spray!

Admission is FREE, but we will collect non-perishable items for the Food Bank. For every non-perishable donation, you will receive a ballot for a chance to win a copy of the Paddington DVD... you must be present to win.

We will have a concession stocked with all of your favourite movie snacks: pizza, hot dogs, popcorn, chips, chocolate bars, candy, pop and juice.

Thank you for supporting your local Food Bank! For more information, please contact Lisa Vega at 753-6972 or email lisav@nfn.ca OR Natalie Olsen at 753-1323 or email natalieo@nfn.ca.

Weather permitting - if this event is postponed, we will make an announcement on Facebook.

What's Happening This Month...



Full Moon Ceremony
with Virginia Goulais
Thursday, July 2nd
9:00pm

Garden Village, Culture Centre
Seventh Moon of Creation



Traditional Teaching
with Peter Beaucage
Thursday, July 16th
6:00pm

Garden Village, Culture Centre



Full Moon Ceremony
with Virginia Goulais
Thursday, July 30th
9:00pm

Garden Village, Culture Centre
Seventh Moon of Creation

Pow Wow Volunteers Needed!

The Culture & Heritage Department is looking for volunteers to help at this year's Pow Wow on September 5 & 6, and is also requesting donations of Wild Meat & Fish (cooked or uncooked, a lot or a little) and giveaway items. We'll be happy to pick up any donations, or you can drop them off at the Culture Centre in Garden Village.

For more information, please contact Jules at (705) 753-2050 ext. 1260 or jules@nfn.ca



Ladies Drum
with Virginia Goulais
Tuesday, July 14th
6:00pm - 8:00pm

Garden Village, Culture Centre

Bring your drum or shaker!



Cultural Arts with Brenda Lee
July 7 & 8 ~ 4:30pm - 9:00pm
Garden Village, Culture Centre

Cultural Arts with Dan Commanda
July 21 & 22 ~ 4:30pm - 9:00pm
Duchesnay, Nbisiing Secondary School

***NEW* \$10 Participation Fee**
to cover cost of materials



Men's Circle
with Blair Beaucage
Tuesday, July 21st
6:00pm - 8:00pm

Garden Village, Culture Centre

All Men are Welcome!

For more information about Cultural programs, contact:

Jules Armstrong, Cultural Events Coordinator
(705) 753-2050 ext. 1260 or julesa@nfn.ca

www.nfnculture.ca

Nbisiing Nishnaabemwin

We want to acknowledge the students who enrolled and attended a majority of the Nbisiing Nishnaabemwin weekly classes that were held in both Ktigaaning and Duchesnay from September 2014 to March 2015:



Alex Armstrong
Glenna Beaucage
Amanda Bellefeuille
Bryan Bellefeuille
Zaida Bellefeuille
Deirdre Commanda
Jane Commanda

June Commanda
Orion Commanda
Peter Commanda
Priscilla Goulais
Carolyn Kaspardlov
Hailey Kaspardlov
Patsy Turner

We are fortunate to have these classes with qualified teachers right here in our community. Attending classes in the evening is not easy, and takes much commitment. We are grateful for your efforts in supporting our nations' efforts to reclaim our original language.

Special mention to these students who also attended some of the classes, either late in the year, or who were not able to complete the season:

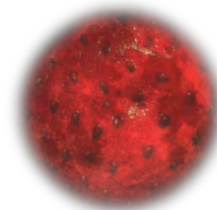
Jules Armstrong
Francis Beaucage
Diane Chretien
Treana Chretien
Cody Coote
Julie Coote

Samantha Coote
Suzanne Deering
Tory Fisher
Emily Laforge
Cody Lariviere
Lorie Young

We start up again the second week of September on Wednesday evenings until March 2016.

Words & Dialogue for July

Miini Giizis - Berry Month



WORDS:

Niibing	in the summer	Bwii	paddle
Miinan	berries/ blueberry	Mnis	island
Mskomin	raspberry	Gnoozhe	pike
Jiimaan	boat	Gnebik	snake
Biiwaabik	motor	Mkinaak	turtle
Wiigwaas jiimaan	birch bark canoe		

DIALOGUE:

Niibing wii paa-miinke mnising - In the summer I will go berry picking in the island.

Jiimaaning wii paamis niibing - In the summer I go riding my boat.

Niibing wiigwaas jiimaan wii paam kwazhwe - paddling a birch bark canoe in the summer.



27th Annual
Traditional Pow-Wow
Honouring Our Ancestors
September 5th & 6th, 2015

Labour Day Weekend

M.C. : Bob Goulais
Host Drum: Duchesnay Creek
Co-Host: Little Iron

FRIDAY
TALENT NIGHT

**MEN'S FANCY BUSTLE
SPECIAL!**

Saturday & Sunday

POWWOW

11am - 2pm: Registration
12pm: Grand Entry
5pm: Feast (Satur.)

LOCATION

Nipissing First Nation Cultural Lands
2100 Paradise Lane
(The end of Jocko Point Road)



Vendors are Welcome!
NO DRUGS OR ALCOHOL
www.nfnculture.ca

For more information, contact:
Jules Armstrong, Cultural Events Coordinator
(705) 753-2050 ext.1260 or email @ julesa@nfn.ca





Farewell Luncheon for Chief Marianna Couchie

Community members are invited to join us for a Farewell Luncheon for Chief Marianna Couchie at **noon on Wednesday, July 15th** at the Band Office.

Chief Marianna has served on Council for the past 12 years - as Chief for the past 9 years, and as Deputy Chief for 3 years before that. During her tenure, she was involved in the development of the Chi-Naaknigewin (Constitution), the 2013 Boundary Land Claim Settlement, as well as representing and advocating for Nipissing First Nation at various Federal, Provincial and Regional levels, in addition to participating in numerous committees within Nipissing First Nation.

FOSTER PARENTS NEEDED

We are looking for families to open their homes and hearts to NFN children in CAS Foster care.



We all need to feel safe, wanted and loved.

It takes a whole community to raise a child

Let's work together and bring our children home.

For more information, please contact the Native Child Welfare Office at (705) 753-2691.



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July 2015

Miini Giizis (Berry Moon)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 CANADA DAY  NFN Offices Closed	2 Full Moon Ceremony @ 9pm Culture Centre	3 Deadline to call-in for Seniors' trip to Casino Rama Family Baseball Night every Friday	4 ELECTION Advanced Poll at NFN Complex 9am – 2pm NFN Golf Tourney
5	6 Nbisiing Summer School & Summer Children's Program BEGIN	7 Council Meeting moved to July 21 Cultural Arts with Brenda Lee in GV Culture Centre from 4:30pm – 9pm	8 Ontario Works @ UOI from 9-4 Cultural Arts with Brenda Lee in GV Culture Centre from 4:30pm – 9pm Diners Club @ NFN Complex	9 Deadline to register for Just Move It! Walking program @ LCHC 753-3312	10 ELECTION Regular Polls at NFN Complex & Nbisiing School 9am – 8pm Back to Basics Game Night @ 7pm - Library	11
12	13 Just Move It! Walking Program Begins – see p.16	14 Ladies Drum @ 6pm – Culture Ctr	15 Farewell Luncheon for Chief Marianna Couchie @ noon NFN Complex	16 Traditional Teaching @ 6pm Culture Centre	17 Finance @ UOI from 9-4 Family Baseball Night every Friday in Garden Village	18
19	20 Membership Clerk @ UOI from 9-4	21 Council Meeting 7pm - Duchesnay Cultural Arts with Dan Commanda Nbisiing School from 4:30pm – 9pm Men's Circle @ 6pm - Culture Ctr	22 Ontario Works @ UOI from 9-4 Cultural Arts with Dan Commanda Nbisiing School from 4:30pm – 9pm	23 Deadline to register for Boys & Girls Day Camps	24 Deadline to apply for Justice Circle Family Baseball Night every Friday in Garden Village Outdoor Movie Night @ 8:30pm behind Band Office	25
26	27	28	29	30 Full Moon Ceremony @ 9pm Culture Centre	31 Family Baseball Night every Friday in Garden Village	

