



Binaakwii Giizis
Falling Leaves Moon

October 2020



ENKAMGAK

Translation from Anishinaabemwin: "The Happenings" or "What is Going on?"

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Our offices are closed to the public until further notice.

Council Meeting

Tuesday, October 6th & 20th @ 7:00 p.m.
in Duchesnay

Not open to public during COVID

Submit agenda items by 4pm on the Thursday prior to the Council meeting to: Freda Martel, Director of Administration, by email to fredam@nfn.ca.

CORONAVIRUS
COVID-19

An Autumn Unlike Any Other

Adapting to the new normal... for now

This fall, the changing leaves pale in comparison to all of the changes we have adapted to over the course of the past six months. The pandemic's trajectory is still so unpredictable, and the province's efforts to tame the spread of COVID-19 have been tenuous at times.

The stream of cancellations and shutdowns we experienced in March may seem like a distant memory, but could be on the horizon again as a second wave nears. The number of cases have been on an upswing since mid-August, and recently hit levels not seen since early May.

Medical experts continue to make new discoveries about the virus, and the constant flood of information from government and public health officials can certainly be overwhelming. With children back to school (in-person and online), many parents are left to wrestle with conflicting feelings — balancing concerns about their family's safety with supporting their children's learning and mental health, as well as the need to provide for their families.

We've learned to live with this virus as far as adopting public health measures, but the pandemic has intensified issues that are much more complex to address. We also need to find new ways to help people dealing with mental health and addictions issues.

COVID-19 has caused a spike in drug-related issues around the world, and NFN is not immune to this. As our community grieves the tragic losses of several young members in recent months to accidental opioid overdoses, we must find pathways to reduce stigma, and to enhance education and prevention services. We also need to find ways to help those who are ready to accept it, and to support families and friends throughout the process.

We held an online community forum on August 26th to attempt to frame these issues in context, to listen to the concerns of community members and to work together to address them. This forum represents a step forward in our community's journey towards healing and wellness. This is not just about individual healing, but also about building community capacity to respond to these issues and become stronger together. We are implementing a Community Outreach Program that will see a team of professionals deployed to work with members to take a more proactive role towards these issues.

If you or someone you know is in immediate danger, don't hesitate to call 9-1-1.

Non-emergency supports are available through:

Giyak Moseng - The Right Path Counselling & Prevention Services
(705) 753-1375 | Office: 316 Ted Commanda Drive, Garden Village

Hope for Wellness Help Line - 1-855-242-3310 or use the online chat at [hopeforwellness.ca](https://www.hopeforwellness.ca). Both services are available 24/7.

STRONGER
TOGETHER

Public Health Update

As of September 25th, there have been 40 positive cases of COVID-19 in the North Bay Parry Sound District Health Unit area, with 37 listed as resolved (recovered) and one death. Of the total Ontario cases, nearly 70% are individuals under the age of 40 at this time.

We are fortunate to not have any positive cases within NFN. We need to maintain our efforts to keep it that way. Let's keep washing our hands, **physical distancing** and **wearing masks** to protect each other and our families. Along with these important measures, knowing what to do if you have been exposed to COVID-19 (coronavirus) is another key way to protect yourself and our community.

COVID-19 Alert App, Self-Assessment & School Screening Tools are available here:
<https://covid-19.ontario.ca/self-assessment/>

Common **symptoms** of COVID-19 include:

- Fever (temperature of 37.8°C (100°F) or higher)
- New or worsening cough
- Shortness of breath

Other **symptoms** of COVID-19 can include:

- Sore throat
- Difficulty swallowing
- Lost sense of taste or smell
- Nausea/vomiting, diarrhea, stomach pain
- Runny nose or nasal congestion (not related to seasonal allergies or other known causes)

Unusual **signs and symptoms** can include:

- Extreme tiredness that is unusual
- Muscle aches that are unusual or long lasting
- Delirium (acutely altered mental status and inattention)
- Falling down often
- Acute functional decline (new loss of independence in activities of daily living)
- Worsening of chronic conditions
- Chills
- Headaches
- Croup (barking cough, making a whistling noise when breathing)
- Pink eye
- High heart rate
- Low blood pressure
- Sluggishness in infants
- Having a hard time feeding infants

**Unusual signs and symptoms of COVID-19 are more common in children, older people, and people living with a developmental disability.*

Call 911 if you are experiencing any of the following symptoms:

- severe difficulty breathing (struggling for each breath, can only speak in single words)
- severe chest pain (constant tightness or crushing sensation)
- feeling confused or unsure of where you are losing consciousness

Public Health Information

***NEW* COVID-19 cases in schools & child care centres**
(updated weekdays at 10:30am)
<https://www.ontario.ca/page/covid-19-cases-schools-and-child-care-centres>

North Bay Parry Sound District Health Unit
(updated weekdays at 3pm)
<https://www.myhealthunit.ca/>

Cases in Ontario (updated daily at 10:30am)
<https://covid-19.ontario.ca/>

More info/medical advice:

- Telehealth Ontario for medical advice at **1-866-797-0000**
- Local Health Unit at **1-800-563-2808 ext. 5229**
- Your primary health care provider (i.e. Family Doctor)

Do not call 911 unless it is an emergency.

Think you have COVID-19 symptoms?

Call Telehealth Ontario: **1-866-797-0000** **OR** use this self-assessment tool to help determine how to seek further care:
<https://covid-19.ontario.ca/self-assessment/>

To book a COVID-19 test, contact:

West Nipissing
Open 10am - 4pm
Mon, Tues, Thurs, Fri
Call 705-580-2186

North Bay Regional Health Centre
705-474-8600 ext. 4110

***NEW* Local Pharmacy**
N/A in Northern ON at this time



Citizenship Committee

In September 2018, Chief & Council issued a notice seeking registered NFN members to participate on a committee to develop a Citizenship Law under NFN's Gichi-Naaknigewin.

Comprised of 2 Youth, 2 Elders and 3 Citizens at Large, the committee held their first meeting in January 2019. Public consultations were done in February 2019 as part of Bill S-3 amendments, and further outreach was done at community events throughout 2019.

In February 2020, the committee was ready to begin drafting a Citizenship Law, with the aim of defining the rights and obligations of Nipissing Debendaagziwaad.

Two community forums were planned for April 2020 to assist the committee with their work, but were cancelled due to the pandemic.

A survey was created at the direction of Chief & Council to assist the committee with their work while our offices are closed and opportunities to gather are cancelled. The survey closed September 30th and represents a first step in the development of this law.



Council Connection

Keeping Our Community Informed about Key Issues

Meet Our New Chief Executive Officer

We are pleased to announce that the search for a new CEO has been successfully completed. We believe our new CEO, **Brendan Huston**, will fit seamlessly into the environment at NFN and will take the administration to new levels of success. Our current CEO, Dwayne Nashkawa, will support Brendan in his new role as he transitions to the role of Strategic Advisor to the Chief and Council.

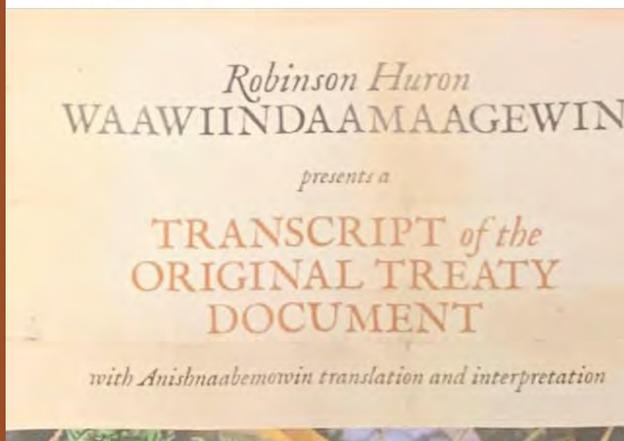
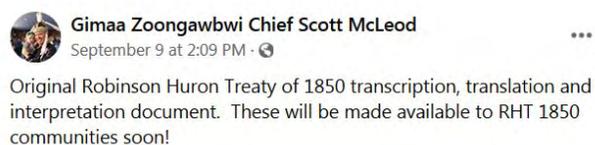


Brendan will return to his home community of Nipissing First Nation as the Chief Executive Officer on October 19, 2020. Prior to joining NFN, Brendan accumulated experience in First Nation administrative governance as the Chief Executive Officer, and formerly Director of Operations, for Atikameksheng Anishnawbek.

Brendan also brings a background in economic development having served as the Treasurer of an Atikameksheng Anishnawbek joint venture partnership in the diamond drilling industry, as well as his previous work experience at the Anishinabek Nation as an Economic Development Policy Analyst.

His educational background is primarily in the field of economics as he has a Master's in Economics from the University of Guelph and an undergraduate degree from Queen's University in Applied Economics. Brendan has also served as a member of the NFN Finance and Audit Committee since 2017 and previously as an Anishinabek Nation technical representative on the Chiefs of Ontario Funding Formula Committee.

In his spare time, he enjoys staying active by playing hockey, golfing and hunting with his family. Brendan looks forward to returning home to NFN with his fiancée and her daughter.



Please note that Council meetings are not open to the public for the time being during COVID-19.

Members are invited to submit any items to the agenda by contacting Freda Martel or sending requests by email to fredam@nfn.ca.

Custom Election Code Amendments

The pandemic has delayed many processes and affected day-to-day operations, including committee work. However, our committees are keen to get back on track with the work they've been doing over the past several years, including the Custom Election Code committee that was established in 2017.

In January 2018, Fred Bellefeuille initiated community consultations and a survey to request feedback from NFN's Debendaagziwaad (citizens) about proposed changes to NFN's Custom Election Regulations to guide the committee's work.

Community consultations were held in February 2018, and the committee also invited input during the annual community meeting. 72 surveys were completed and formed the basis of a report that helped to further inform the committee's work.

The election in July 2018 delayed the committee's work until the fall, and a report to the community was released in November 2018. With the committee's consensus, the report recommended amending the NFN Custom Election Regulations as follows:

1. To allow on and off reserve electors to run in the election as long as they reside within a 100km radius of the NFN Administration building;
2. To allow for voting over the internet, while maintaining existing voting in person, by mail and advanced poll;
3. To remove the by-election requirement if more than 8 months remains in a term for a vacant councillor seat and instead to recognize the person running for Councillor who finished 8th in the vote in the last election as the replacement Councillor until the next regular election. The requirement to have a by-election for the Chief position will remain unchanged;
4. To include Anishinaabemwin on key words within the Election Code in a manner similar to the NFN Gichi-Naaknigewin (Constitution);
5. To correct spelling and grammatical errors;
6. To amend the appeal system to add clarity.

Next Steps

- A memo listing the changes above will be mailed to the membership, along with the proposed Amended Custom Election Regulations.
- Online community consultation sessions on these changes will be held in October to answer questions and collect feedback.
- Council will receive any comments for consideration at a duly convened meeting in November.
- Voters' packages (Notice of Vote, Election Code, Memo of Changes, Ballot) will be mailed out to all registered NFN members.
- Voting Day: Early December (date to be confirmed in Notice of Vote)

Background

NFN's Election Code was developed in 1996. Similar reviews and ratification votes on election code amendments were held in 1999 and 2005. A community vote is not required to amend the Election Code, but was strongly recommended by the committee.

Employment Opportunities

To view the complete job posting, please click on the position titles below, visit nfn.ca/jobs, or call 705-753-2050 to request a copy by mail, fax or email.

RECE Teacher – Nipissing Ojibway Daycare – Contract – 3rd Round
Closes Friday, October 9th

Custodial Support – Nipissing Secondary School – Contract.
Closes Friday, October 9th

Integrated Children's Program – 1 Lead & 3 Assistants – Contract
Closes Friday, October 9th

Front Line Worker – Ojibway Women's Lodge
Permanent FT – 2nd Round
Closes Friday, October 9th

Economic Development Officer – Permanent FT
Closes Friday, October 16th

Relief Workers – Ojibway Women's Lodge
Occasional shift coverage – no closing date

School Bus Drivers
Contact Charlene Bellefeuille at 705-753-6995 or by email to charleneb@nfn.ca

Please submit a cover letter and resume before 4:30pm on the deadline by mail, fax to 705-753-0207 or email to resumes@nfn.ca. **Applications received after the deadline will not be considered.**

Census 2021

Every five years, the Census of Population provides a detailed and comprehensive portrait of Canada that is vital to our country. The census is the only data source that provides consistent statistics for both small geographic areas and small population groups.

Census data is used to plan and develop programs and services, including schools and health services. It's also a key part of emergency preparedness and crisis management (i.e. in the early days of the pandemic, crucial information on vulnerable populations was provided to public health authorities and emergency services officials.)

COVID-19 & the 2021 Census

Statistics Canada aims to hire a record number of Indigenous people, working in every Indigenous community to collect the data for the next census. Not only will this ensure the health and safety of these communities, but it will also maximize the knowledge and expertise of residents within those communities by hiring and providing opportunities to local enumerators.

Read the latest Indigenous Insights Newsletter from Statistics Canada [here](#).

View an infographic of NFN's 2016 Census data [here](#).

Bineshii Business Park Ready to Grow

FedNor investment helps pave the way for development

Nipissing First Nation will receive \$1 million from FedNor to support the development of Bineshii Business Park by designing and constructing the local infrastructure required to open up to 35 commercial and light industrial lots.

On September 16th, Terry Sheehan, Parliamentary Secretary to the Honourable Mélanie Joly, Minister of Economic Development and Official Languages and Minister responsible for FedNor, announced \$6.7 million in FedNor funding to support 15 initiatives ranging from clean-tech, business innovation and expansion, economic growth and the creation of good paying jobs in the Nipissing-Timiskaming region.

Click for the [News Release](#) and [Backgrounder](#).

Connecting Yellek & Duchesnay

Funding in place; construction will start in the spring

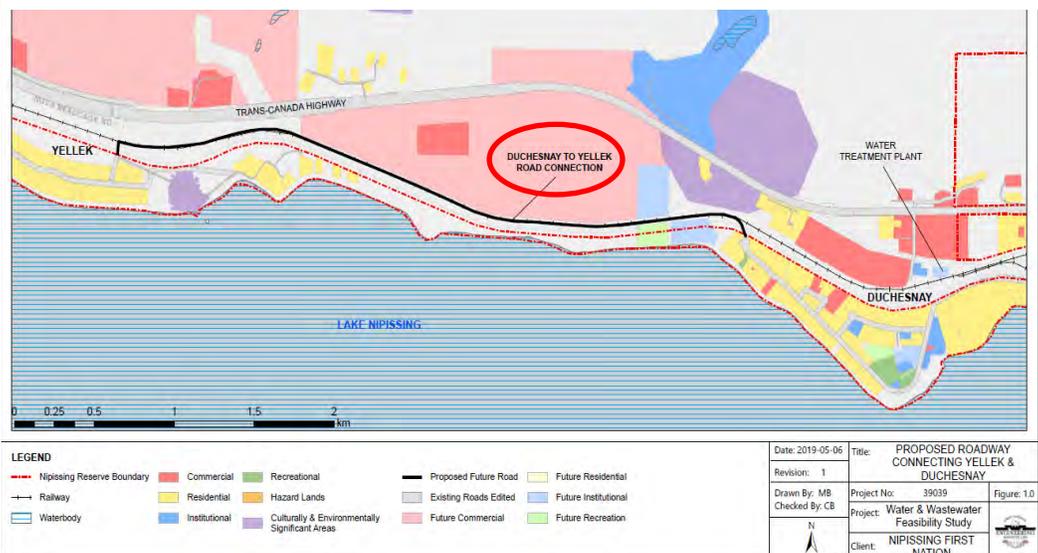
Last fall, NFN received confirmation of \$3.3 million in federal funding from Infrastructure Canada, and \$809,000 in provincial funding to construct 2.1 kilometres of paved road to connect Yellek and Duchesnay.

Nipissing First Nation will contribute \$294,000 to this critical infrastructure project that will not only connect these communities, but will also create safer entrances to each community, open up land for development and lead to more centralized services to improve quality of life for residents on the east end of NFN.

EXP is currently doing environmental work on the former CN railway bed that will continue through the winter in preparation for construction of the connection road.

The final design work is being completed now in anticipation that the road construction will begin in spring 2021, and may carry over into 2022. A lot next to the Duchesnay Store will be cleared this fall for the new entrance.

The road connection is shown with a black line on the map below (former CN railway bed).



Duchesnay Creek Bridge

Based on the current schedule, the Duchesnay Creek Bridge will be open in August 2021. Once the new bridge is completed and opened to traffic, the Nipissing-Miller Partnership will then begin work to remove the overpass above the former CN railway bed.

The granular material from the hill on highway 17B/Main Street W will be used on the old rail bed to construct the new road. The overpass will be taken down to the same grade as highway 17. Highway 17B/Main Street W will be capped with new granular and paved.

A video showing the progression of the project is available [here](#) (password is 'concrete') and has been posted to nfn.ca under [Departments > Economic Development > Projects](#).

Enbridge Natural Gas Line Maintenance

Enbridge is conducting two types of maintenance to their main natural gas line. One is clearing the main line easement to provide ready access for maintenance crews, which Young Forestry Services has been contracted to complete. The other is preparing the main line for maintenance, which is being done by NPL, and involves changing a large gas line valve at the closed section of road at the entrance to Yellek. This work is expected to be completed by the end of September, while the maintenance work may carry over into next year as a result of delays due to the COVID-19 pandemic.

In addition, Enbridge and their contractor will be doing some work on the main natural gas line on their easement behind the new licensed cannabis cultivation operation off highway 17B. This work is required to connect the business to natural gas services. Once the new connection road is completed, the access to this business will be from the new road.

Our team has made all contractors aware of the need to share information about their activities on NFN land in advance of any work taking place.

Remediation Work at Former Mine Site

In March 2019, work began on the remediation of the Nova Beaucage site in the Yellek subdivision and on the Ministry of Transportation (MTO) lands next to the Anishinabek Nation Head Office on highway 17 near Yellek. These lands will be part of a future Additions to Reserve process and will become part of Nipissing Nation.

With the single source procurement process between NFN/Miller and MTO expected to take 2-3 months, we are anticipating excavation work will not start until Spring 2021. Community notifications with firm dates for commencement will be provided this winter, once the contractor's plans for scheduling the work are determined .

This remediation project is a tripartite partnership between NFN, INAC and the MTO, with funding for remediation being provided by INAC and MTO.

Any questions about this project should be directed to:

Cathy McLeod, Land Manager
705-753-2922 | cathym@nfn.ca



Photos by Rob Couchie
Heavy Equipment Operator

CERB Update

The Canada Emergency Response Benefit (CERB) provided \$500 per week for workers who stopped working due to COVID-19 and were eligible for EI regular or sickness benefits or had exhausted the EI regular or fishing benefits between December 29, 2019 and October 3, 2020.

The CERB is retroactive to March 15th. CERB recipients will continue receiving their payments until they max out at 28 weeks or reach October 3rd, whichever comes first.

Those who max out on CERB will be transitioned onto EI automatically if they applied through Service Canada.

Did You Know?

The CERB a person received is treated the same way as the total income that entitled that person to the CERB.

So, the CERB is tax-exempt if the income that entitled you to CERB was tax-exempt under section 87 of the Indian Act.

Claimants who are found to be ineligible for the CERB will be contacted by the CRA to make arrangements to repay any applicable amounts they received.

Find out about benefit programs here:

<https://www.canada.ca/en/services/benefits/covid19-emergency-benefits.html>

Santa Fund Notice

All Band member **FAMILY UNITS** of the communities of Nipissing First Nation who have an annual family income that is considered **low income** (as verified against the 2019 Low Income Cut-Off Chart" are encouraged to apply for the Santa Fund benefit **no later than Friday, November 13, 2020**.

A financial assessment will be completed to ensure eligibility to access this benefit. **Proof/verification of income is required with application (i.e. OW, ODSP, income tax). SPECIAL CIRCUMSTANCES CAN BE REVIEWED**

Please include the following information in your request:

- Parent or legal guardian name(s)
- Children's name, age and gender
- Address and phone number
- Proof of low income (OW, ODSP, income tax)
- Please indicate if basket will be picked up or delivered

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT:

Deborah McLeod at 753-2050 ext. 1230 or Ginger Penasse at 753-2050 ext. 1324

Please mail or drop off your requests at the Band Office (drop box outside of main reception doors) in an envelope clearly marked "Santa Fund".

Mailing Address: 36 Semo Road, Garden Village, ON P2B 3K2

View the notice on our website: <https://www.nfn.ca/santa-fund-2020/>

Christmas Distribution 2020

Each year, Nipissing First Nation distributes Christmas shares to registered members from the Band Revenue account. Request Forms have been mailed to all member households.

Due to public health restrictions around gatherings during the COVID-19 pandemic and our offices remaining closed to the public, there is a high probability that we will be unable to offer in-person distribution this year. ** We strongly recommend that members fill out the form to receive their funds by cheque or direct deposit **

- Complete the **Christmas Distribution Form** and submit it to Finance by mail, fax or email to request a **cheque or direct deposit**.
- Requests received by **October 23, 2020** will receive payment on November 27, 2020.
- Forms received after the deadline date may take up to 4 weeks to be processed.
- Registered NFN members have until March 31, 2021 to request their shares.

Cheque Mailing Date: Thursday, November 26, 2020

Direct Deposit (EFT) Date: Friday, November 27, 2020

NOTE: SHARES DO NOT ACCUMULATE AND MUST BE PICKED UP OR REQUESTED EVERY YEAR

Mail: 36 Semo Road, Garden Village ON P2B 3K2

Fax: 705-753-0207

Email: finance@nfn.ca

Visit our website for more details: <https://www.nfn.ca/christmas-2020/>

Seasonal Closure of Commercial Fishery

Effective September 27th at 9:00 a.m.

At their meeting on September 15th, Chief and Council approved a recommendation from the NFN Natural Resources department to close the commercial fishery for the 2020 season effective **Sunday, September 27th at 9:00 a.m.** This closure will remain in effect until the end of the spring 2021 moratorium (May 22, 2021).

Each year, Chief & Council set regulations and limits to ensure our commercial fishery stays within sustainable harvest levels to support the recovery of the walleye population.

This closure does not affect our members' inherent and treaty-protected rights to harvest fish for subsistence or for ceremonial purposes.

Members who plan to fish for subsistence or ceremony must follow our Fisheries Law and are asked to call our Fisheries Office in advance at 705-753-6971.

Note: Anyone selling fish harvested under the pretense of subsistence or ceremonial fishing will be considered to be in violation of NFN's fishing laws and subject to enforcement measures under our *Fisheries Law*.

Chi-Miigwech to our registered and compliant commercial fishers, and to all community members who follow our Fisheries Law and processes.

We appreciate your efforts to support the recovery of the walleye population.

For more information about NFN's Fisheries Law, regulations and processes, or to report compliance issues, please contact:

Jeff McLeod
Natural Resources Manager
705-753-2050 ext. 1325
jeffm@nfn.ca

Cameron Welch
Director of Lands & Natural Resources
705-753-2922 ext. 1225
cameronw@nfn.ca

Fall Walleye Index Netting (FWIN)

58 assessment nets to be set starting September 28th

The Fall Walleye Index Netting (FWIN) project will be completed again on Lake Nipissing this October, marking the 22nd year that our Natural Resources Department has worked in partnership with the Ministry of Natural Resources & Forestry (MNRF) on FWIN projects.

This fisheries assessment is used to assess the overall health of the walleye population. 58 nets of different mesh sizes will be set randomly in deep and shallow areas of Lake Nipissing for 21 hours. Nets will be identified with orange and white buoys labelled 'MNRF'. Boaters should avoid travelling between buoys while testing is underway, and are reminded that moving buoys is an offence under the Fish and Wildlife Conservation Act.

Each day, nets will be retrieved and fish will be brought back to NFN to be biologically sampled for total length, fork length, and weights. Age structures are also collected, and sex and maturity of walleye will be recorded.

All edible fish are filleted and donated to the NFN Food Bank.



COVID-19 Energy Assistance Program for Small Business (CEAP-SB)

The Government of Ontario has made \$8M available to support small business and registered charities who are struggling to pay their energy bills as a result of COVID-19.

The CEAP-SB provides a one time, on-bill credit to eligible small business and registered charity customers to help them catch up on their energy bills and resume regular payments.

To apply for CEAP funding, customers should contact their energy provider. Electricity and natural gas utilities and unit sub-meter providers (USMPs) began accepting applications for CEAP-SB on August 31, 2020. CEAP-SB funding is limited, with utilities and USMPs expected to process applications in the order in which they are received.



The Yellek Dock will be removed for the season on **October 23, 2020.**



Student Transportation & School Updates



Driver Shortage May Mean Student Transportation Delays

Nipissing Bus Lines is advising parents and guardians that we could experience delays in some routes for a number of reasons, including:

1. New loading procedures at schools as prescribed in COVID-19 response plans;
2. Construction in various areas of the City of North Bay and area;
3. Driver shortages necessitating a second run by an available bus after completing their first run.

Delays of 15 minutes or more are posted to the [Nipissing Bus Lines Facebook page](#). Parents and guardians are asked to monitor this Facebook page for updates on Delays and Cancellations rather than calling the operator to keep staff free to work as quickly through the issues as possible.

Staff from our Education office are in regular contact to identify and implement solutions. When bus routes have to double up, pick up and drop off times will be delayed. We strongly encourage parents/guardians to drive your child/ren to school if you are concerned. We appreciate your patience during this time. Miigwech.

Integrated Children's After School Program

An *After School* program will be available to children ages 6-12 years with some changes due to COVID-19. A tentative start date of October 7th was communicated in last month's newsletter, however recruitment of an ICP lead and assistants is still underway and a start date has not been confirmed at this time.

The program will operate Monday to Thursday for parents/legal guardians who are registered NFN members, with eligibility/priority given to those where both parents work outside of the home.

The notice and registration forms are available on the homepage of our [website](#), and any inquiries should be directed to Brandie Fong, Manager of Children's Services, at 705-753-3312 x 3001 or brandief@nfn.ca.

Nipissing First Nation Daycares

Nipissing First Nation childcare centres are operating at limited capacity and following all government and public health protocols to prevent the spread of COVID-19.

As of September 2020, ALL daycare staff are required to wear face masks throughout the day, in addition to eye protection. Further, all school-aged children will be separated from preschoolers to avoid mixing cohorts as recommended by the Ministry of Education and Public Health. We are not accepting new registrations at this time due to reduced capacity and limited staffing.

Student Info & Bussing Forms - EVERY YEAR!

All First Nation students living **on-reserve** must fill out a Student Information and Bussing Form **every year**. The forms are available here: nfn.ca/education/elementary-secondary/ or contact Tracy at the Education Office to request a copy by calling 705-753-6995 or tracyh@nfn.ca.



Forms are used to register for Nipissing Bus Lines and to distribute student incentives and awards.

Advice for Parents/Guardians of School Aged Children

With children back to school for a few weeks now, some parents are struggling with whether or not their child is ill with a common cold or if its COVID-19, and whether or not they should attend school.

Chief Medical Officer of Health for the Northwestern Health Unit, Dr. Kit Young Hoon, offered some advice for parents, and for anyone who is experiencing any cold or flu-like symptoms.

"If your child has what essentially seems to be a common cold, a cough, runny nose, fever, sore throat, the recommendation is that they should get tested for COVID-19 at an assessment centre," says Dr. Young-Hoon.

"Healthcare professionals won't be able to just examine a patient to determine if its COVID-19, the only way to really know is through a COVID-19 test."

"If a child, or if anyone has any symptoms that appear to be a cold or flu-like illness, you should get tested for COVID-19 at your local assessment centre."

Schools will immediately notify the parents and guardians if their child becomes ill, and the need for emergency contact is vital. The class of the ill child or staff member may be closed until cleaning takes place.

Staff and students are encouraged to use the [Government of Ontario's school screening tool](#) before attending school. It asks students a number of questions, and will then give a recommendation on whether or not they should attend school that day, based on their symptoms.

"Parents should be monitoring their kids closely. Every parent should be using that screening tool daily to check for symptoms before they send their kids to school. If the tool indicates that you need to seek an assessment centre or stay at home, you should do so. It can really help parents," added Young-Hoon.

Learn about COVID-19 cases in Ontario schools and child care centres, and what happens if there is an outbreak:

<https://www.ontario.ca/page/covid-19-cases-schools-and-child-care-centres> (data is published weekdays at 10:30 a.m.)

Niigan Gdizhaami (We are moving forward together)

Our community is a member of the Anishinabek Education System (AES) and within this, the Kinoomaadziwin Education Body (KEB) is the supporting organization to all participating First Nations. The 2020 Niigaan Gdizhaami Forum took place February 25th & 26th in Toronto, Ontario, and the AES has released its Annual Forum Report 2020, which can be found on our website:

<https://www.nfn.ca/education/aes/>

The Niigaan Gdizhaami Fund is an annual grant that allows Participating First Nations, together with Ontario District School Boards and other organizations, to apply for individual and joint project funding within priority areas. The priorities for 2019-2020 are: Increasing knowledge and understanding of Anishinabek histories, cultures, perspectives, languages, and contributions ("Bimaadziwin") and traditional Anishinaabe knowledge passed down from one generation to the next through ceremonial teachings ("Kendaaswin"); Enhanced opportunities for the engagement and participation of Anishinabek students, families, and communities to support Anishinabek student success and well-being; Facilitating the successful transition of students between Anishinabek First Nations' schools and schools in the Provincially-Funded Education System; Innovation and introduction of leading practices in Indigenous education.



Renée Restoule presenting Student Transitions Protocol

Nancy Allaire, Director of Education presenting Special Education Guidelines

Cassandra Commanda (on right) Member of AES Youth Council

COVID-19 Updates

Click links to read news releases

September 25th

[New Public Health Measures Implemented Province-wide to Keep Ontarians Safe](#)

Additional restrictions to bars, restaurants, etc. by prohibiting the sale of alcohol after 11pm and requiring establishments to close by midnight.

September 24th

[Ontario Updates COVID-19 Testing Guidelines](#)

Ontarians told to seek testing at assessment centres **ONLY** if they have symptoms, have been exposed, work in a setting with an outbreak or are part of targeted testing directed by the Ministry of Long Term Care.

September 19th

[Ontario Limits the Size of Unmonitored and Private Social Gatherings across Entire Province](#)

NEW GATHERING LIMITS:

10 people indoors

25 people outdoors

Fines of \$10,000 for the organizer and \$750 for each guest

Enforceable by police officers, special constables and First Nations constables.

Our best defence against COVID-19 is still to follow all public health measures like practicing physical distancing, wearing face masks and staying home when ill even with mild symptoms, to stop the spread.

Everyone is encouraged to get a flu shot this year.

Unravelling the common symptoms of COVID-19

The differences between COVID-19, influenza, seasonal allergies and a cold

-  Symptoms are common
-  Symptoms occur sometimes
-  Symptoms are uncommon
-  Symptoms are rare
-  Doesn't have these symptoms

Symptom	COVID-19	Flu	Cold	Seasonal allergies
 Body aches				
 Cough				
 Diarrhea				
 Fatigue				
 Fever				
 Headaches				
 Itchy or watery eyes				
 Loss of smell or taste				
 Nausea or vomiting				
 Runny / stuffy nose				
 Shortness of breath				
 Sneezing				
 Sore throat				

Source: WHO, CDC



VIRTUAL TRAINING COURSE

NALOXONE TRAINING

KNOWLEDGE, ACTION
AND ACCOUNTABILITY

SEPTEMBER 25TH(FULL) OR 30TH AT 1:30PM
OCTOBER 7TH AT 9:30AM OR 9TH AT 1:30PM
PLEASE CONTACT 705-753-1375 OR KENH@NFN.CA
TO BOOK YOUR SPOT
IF YOU CANNOT ATTEND VIRTUALLY PLEASE CALL
AND OTHER ARRANGEMENTS CAN BE MADE

GIYAK MOSENG THE RIGHT PATH

There has been an increase in opioid-related overdoses during COVID.

As a community, we can work together to help reduce the risk of fatal overdose. To learn more about the signs and symptoms, and how to respond to an opioid overdose, please visit: <https://bit.ly/34fPDRp>



Cannot be woken up



Slow, shallow breathing



Blue lips or nails



Choking or gurgling sounds



Small constricted pupils



Body is limp, cold skin

Recognize the signs and symptoms of an opioid overdose and **help save a life.**



Sharps Disposal Bins:

- * **Garden Village** – Fire Hall & beside mail boxes between the Band Office & LCHC
- * **Yellek** – Beside mail boxes
- * **Duchesnay** – Beside mail boxes

USING DRUGS ALONE CAN INCREASE RISK OF FATAL OVERDOSE.

The Overdose Prevention Line can help.
1-888-853-8542



24 hours a day, 7 days a week

SEE AN OVERDOSE? CALL 9-1-1.

Even if you've taken drugs or have some on you, the **Good Samaritan Drug Overdose Act** can protect you.

Harm Reduction Supplies

(needle exchange) can be picked up at the Right Path office (316 Ted Commanda Dr.) by calling ahead to arrange for pick up.

You can also drop-in at the door and pick up supplies if calling is not an option.

If you live outside of Garden Village, supplies can be ordered and delivered by calling the office at 705-753-1375.

This law is supported by the Ontario Provincial Police opp.ca/overdose



Nbisiing Anishinaabemwin

October - Binaakwii Giizis (Falling Leaves Moon)

Binaakwii Giizis, nda-bgidnamoon semaa mina ndoo-gbasendis ge shi-waamdayaan.

Nga-kwejmin wii-wiidbiminaa nji-wii – nsidwi-shkiishgonaan,

Gchi-twaawendaagwak gaa zhijkaadeg maa e-bi-zheshkaag naaniibwiyaan

Gookmis, wii – kwejmin wii- noondmaan n’de pane washme wii-mno- mnidoowiyaan pii dash a’yaawid mii gonaa ni-mshkawziimgag ga-chi-shkozmin pii Binaakwiid Giizis gooijing.

Mii dash noogom kwedweyaan Gookmis, wii –bkidendaan waa kidyaan mina ge enendmaan.

Mnidoo-miikaasing e-chi-piitendaagwak washme minwa pii tkweshkaadyang

Binaakwii Giizis.

Miigwech

Falling Leaves Moon. I offer my tobacco and humble myself to you for what you have shown me . I ask that I may sit and absorb ,through my eyes the miracles of Creation unfolding in front of me.

Gookmis, I hear the sounds of my heart with every passing moment becoming more spirit than human. Once again, me spiritual energies are awakened, in this union of the Falling Leaves Moon.

I ask for forgiveness for what I do not speak of and the things I have forgotten .

So I may be able to respect myself more the next time we meet, in the time of the Falling Leaves Moon.

Until then, for all that I am.

Miigwech.



Nishnaabeg Dialogue

Gchi-miigwech Giizhgak - Thanksgiving Day

Pane gegoo yaa enji- miigwechwiyangban.

There’s always something to be thankful for.

Gchi-miigwech Zhemnidoo noongom maamwi wiisniyaang.

We are thankful to eat together

Miigwech mtakmikwe miizhyaang Nbi , Wensiyag , Mii-jim , Nesewin, Maadziwin

Thank you Mother Earth for giving us water, animals, food, Breath, Life

Wenwena nji- moseyaang nishnaabe naadziwin

To walk in a good way

Nishnaabeg Kidwinan (words)

Wiisning ngoding	Feast
Bwaji- miijim	Wild food
Mikwan	beaver
Shkiigminan	cranberries
Pidakan	potatoes
Bkwezhgan	scone
Panjgan	gravy
Nishnaabe bkwezhgaans	Indian biscuit
Kosmaan	pumpkin
Noongom dash	now
Mzise	turkey
pidakan	potatoes

panjgan	gravy
Mndaaminag	corn
kosmaan debate	pumpkin pie
Bkezhgan	bread
doodooshmide	butter / margarine
Jiibi Giizhgak	Halloween

Kidwinan (words) for Hallowe’en

Mkadewaa	black
kanan	bones
Mskwii	blood
kosmaan	pumpkin
Gaazhgens	cat
jiibegmik	grave yard
Biikwaanaajiins	bat
minowaaz	fun
Jiichiigmikwe	witch
getaajiwin	scarecrow
Zhiishtaganaatig	broomstick
ziispaatoosan	candies
Zhiishtagan	broom
zegis	scared
Waabmin	apple
jiibay	skeleton
Zegwendaagwat	scary
jiibay	spirit/ghost
Paajmowin	story

Gaa jiibi–Giizhgak

Hallowe'en Story by Evelyn McLeod

Gii-bi-ntaawgiyaan geniin mikwendaan gii biiskon-yeyaan jiibi giizhgak nmaamaaban pane gii-saknaanaabniin (mask) .Pane naasaab gaa- biiskamaan gaan wiikaa wiya gii kidsii gegoo.

Mii dash niin mina nshiimeyag gii maajtaayaang enso-wiigwaamkaang gii pakteyaakogeyaang ndonmaagemin ziispaaktoosan naanin waabminan gii miingomin. Bezhik wiigwaaming dash jibwaa miingoyaang gegoo gii dawenmi-goomin nji-niiming naazhaabiigigan gii ndwewetoon mii dash chi- Ketin niimyaang. Bezhik waabmin , bezhgaans ,menwaagik , ziispaaktoosan gii miingomin. Mina go bezhik wiigwaam nini gii bi-ninmaagnaana eta chi naagan kina go ni ziispaatoosan gii nwajpitoomin gii maajii boweyaang .

Gookmisag ,nmaamaanaang gii knioomaagnaang nji-zhidtoonyaang waabgwaniin,enso jiibi giizhgak nji-witoonyaang wedi jibegmigoing gii zhiwnigoomin nji-tamwangidwaa gaa nbojik , mii iisan ni shwaayaat dbikak bi waamdaadaawaa ni gaa bi chigaadenik gwakaaning. Aabchi minwendaanaawaa waamdawaad. Miigwech.

When growing up my mom would put masks away, and every Halloween again she would take them out. Us kids would wear them again and again. We never heard anyone say you have the same mask on again. She would have us wear whatever old clothing that was in our house. My sisters and brothers and I were off to go trick or treating. Going to every house. There were not too many houses back then.

So this one house would have us dancing before giving us treats the man played a fiddle and on the table were drinks, apples, candies, cookies that was given to us. Off we go again to other homes this other place this man would just hold a big bowl out the door he'd say take some. We emptied the bowl and ran away.

A tradition was Grandmothers and Mothers would gather their daughters and granddaughters to make flowers out of crepe paper and wax. They would tell stories why we were doing this was to honour the dead , they would bring us to the grave afterwards to place the flowers when at midnight the dead would come to look at the flowers they knew then relatives remembered . Miigwech (thank you).

Nbisiing Nishaabe Gaabinaadziwaad Gamig – NFN Culture Centre
*****We gratefully acknowledge our fluent speakers*****



32nd Annual Pow Wow 2020 - Virtual Edition

We are pleased to advise that we have secured a tender for a videographer who will be working with our pow wow coordinator Mindy Martel.

We will be going to the homes at NFN, to video record our NFN families and individuals who wish to participate as dancers for the pow wow.

These videos will be put together to create a grand entry of our families and different dance categories. More details will be available shortly. Miigwech for your patience.

For more information or to register, please contact:

Mindy Martel, Cultural Events Coordinator
 705-753-2050 x 1260 or mindym@nfn.ca



Work Underway to Reclaim Nbisiiing Dodems

Nipissing Nation Member Joan McLeod Shabogesic and Glenna Beaucage, Nipissing Culture & Heritage Manager are presently gathering source material for determining the Nipissing dodems (clans). They are working in partnership with Nipissing University Partnership Development Grant from the Social Sciences and Humanities Research Council (SSHRC). This grant was titled "Reassembling Ontario's 'Near North' Reparation through university-museum-indigenous research partnerships".

Both Glenna and Joan are working with Dr. Kirsten Geer of Nipissing University's Faculty of Arts and Science/Geography. The partnership is to work towards 'decolonizing' the history of Nipissing. They believe good strong partnerships will build strong relationships with individuals who have knowledge, research capabilities and these partnerships with museums, curators and other researchers will lead to yet untapped research resources.

A very important focus for our People is the dodem clan system. This dodem work is important as it will hopefully one day enable our Nation to portray to our families historically correct dodems. We are doing research into archival records and a document provided by a Dokis Nation Member.

Nipissing Nation is also attempting to build a relationship with the Dokis Nation and other Nations to work on this very important research work. Other important contacts are Aimee and Norma Bailey, two Nation Members with Golden Lake and the Circle of Turtle Lodge. These other Nations will provide research source material and their knowledge of the research. The relationship building with other Nations will provide a forum of collaboration to be of assistance to each of our Nations.

Any source material will be compiled and provided to our Elders, Council and to you, our Nation members, to verify dodem research. Chief and Council are presently reviewing a Nipissing Nation Research Agreement entitled: '*NBisiiing Mii yi edebwetmaang*' which translates to mean '*this is what we believe*'. Councillor Muriel Sawyer provided the translation and stated this title '*It is strong creed aligning with our belief system*'.

The outcome of the research on dodems (clans) may in future years be incorporated into curriculum for our schools as a part of the history of our Nipissing People. It could possibly be utilized in the identifying of our People and enriching how we as Nipissing People identify with each other.

This particular dodem work and other work under the Nipissing Nation Research Agreement is to uncover the truth and to provide our educators with the Nipissing history to be taught to our children, grandchildren and upcoming generations.

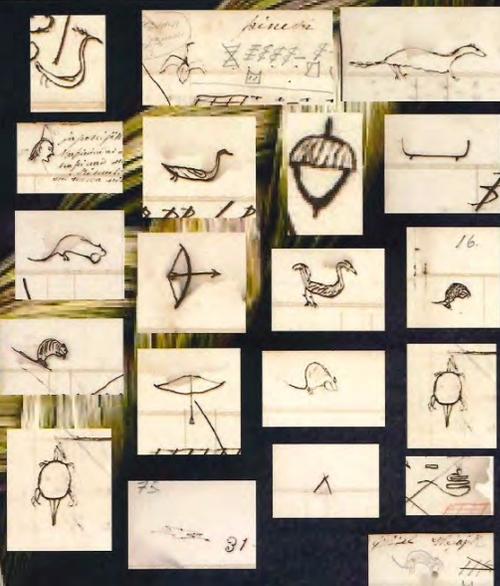
We will continue to provide updates to the community as our work progresses.

Nipissing Clans (Dodemag)

The Dokis Log Book
1861-1879

References possible dodems of Nipissing:

heron, loon, duck, marten of mink, acorn bow and arrow, partridge or grouse, owl, muskrat, beaver, squirrel or chipmunk, turtle, snake, fish, birch bark, snake or reptile,





CULTURE & HERITAGE



WOODLAND REGALIA WORKSHOP

Online 1 on 1 sessions of
Full Regalia Making (Men's
& Women's Outfits) In a
series of workshops
facilitated by Tracey
Larochelle

Supplies includes
Embroidered Florals



**\$150 FEE
PER PERSON**

REGISTER WITH MINDY
BY EMAILING
MINDYM@NFN.CA OR
CALL (705) 753 2050
EXT. 1260

NFN BAND MEMBERS & AFFILIATES

NFN Child Welfare program is sponsoring participants! Register with Mindy to be entered in their draw. Visit @NFNCW on Facebook for details!

Cultural Events



Preserving Leaves in Waxed Paper

Submit Photos by Friday, October 23rd

We invite NFN children 6-12 years of age to do another interesting project this month, during Binaakwii giizis (Falling Leaves Moon). With the help of their parents or others, have the children collect any kind of leaves (oak, bass, elm, birch, poplar, ash, sumac, we have so many....).

Then, preserve the leaves by sandwiching them between sheets of waxed paper, top the waxed paper with a thin rag (to keep your iron clean), and iron on medium (without steam!) for a few moments to allow the wax on the paper to transfer to the surface of each leaf.

Make bookmarks, window decorations, frame or hang your creations. Be creative... you could win a prize!

Upload your photos to the thread on the NFN Culture & Heritage Events Facebook page by October 23rd

<https://www.facebook.com/events/343710126746170/>



Gtigewin (in the garden) & Preserving Food

Submit Photos by Friday, October 23rd

We have hosted 3 contests so far, for our families who have spent the summer creating, tending to, and harvesting from their home gardens. This month, during Falling Leaves Moon, we want you to show us how you have preserved your produce for the winter: dehydrating, canning, drying, etc.

We invite NFN members who maintained gardens this summer to enter photos of how you preserved your food. We can't wait to see all of the tasty creations that you've stored away for the winter. Be sure to post your photos to be eligible for prizes at the end of the month!

For more information, please contact Gail McLeod at 705-753-2050 x 1284 or gailm@nfn.ca.

Upload your photos to the thread on the NFN Culture & Heritage Events Facebook page by October 23rd:

<https://www.facebook.com/events/2639356523047483/>



OJIBWAY WOMEN'S LODGE
Respect, Security, Harmony

SISTERS IN SPIRIT



October 4th is a day where we honour the lives of missing and murdered Indigenous women and girls. The violence experienced by Indigenous women and girls in Canada is a national tragedy. We take this day to give prayer to the families who have lost loved ones, and to remember the women and girls who were stolen from us.

Due to these uncertain times and in consideration of the health and safety of our community members, our annual Sisters in Spirit Candle Light Vigil will look different this year. To honour this day, staff at the Ojibway Women's Lodge have created information packages for community members that will be delivered Friday, October 2nd.

Please contact Sylvia Faubert for more information at 705-472-0233 or sylviaf@nfn.ca.

Hosted by the Ojibway Women's Lodge. Sponsored by Native Women's Association of Canada.





Mnodoodwaanaan Eshki-niigid
I-Mshkaziwin Nii-gaan Nake

*"The Honoring of our Youth will
be the Strength of our Future"*

NBISIING BINOJII NAADAWENMIND

Native Child Welfare Prevention Program

Programs for Children (Ages 6-12)

Watch our Facebook Page @NFNNCW for special events this month!

Thanksgiving & Halloween crafts ~ Halloween Cookie Challenge ~ Pony Beading

Necklace Making ~ Netflix Party – Halloween Movies ~ Pumpkin Carving

HEY KIDS! FALL HAS ARRIVED

Fall Photo Challenge

KIDS CAN SUBMIT A PHOTO OF FAVORITE FALL SCENE AND GET A CHANCE TO WIN SOME PRIZES



Ages 12 & under

NFN Members & Affiliates



Submit photos to  to katiel@nfn.ca with name and age
Deadline is Oct 7th

Registration is required for all events. For more information or to register for Children's Programs for ages 6-12, please contact Katie @ 705-753-2050 ext. 1323 or by email to katiel@nfn.ca.

Youth Events (Ages 13-24)



Ultimate Werewolf: Ages 13-24

Saturday, Oct 17th @ 6:30pm

Online Zoom Video

Contact bradyp@nfn.ca for Zoom Link



Horror Movie Night: Ages 16-24

Tuesday Oct 20th & 27th @ 7:00pm

using Netflix Party

Contact bradyp@nfn.ca

LIMITED SPOTS AVAILABLE
NFN MEMBERS & AFFILIATES

Canadian Fire Arms Course



AGES 12 - 24 P.A.L

STURGEON FALLS ONTARIO | INSTRUCTOR RHEAL RIVET

1 full day course (Saturday in November T.B.A)
Covid- 19 May alter Venue
Transportation Not Provided
Social Distancing and Masks are Mandatory

CONTACT BRADYP@NFN.CA TO REGISTER WITH NAME AND D.O.B

REGISTER TO GET YOUR FREE PUMPKIN BY OCT9TH

PUMPKIN CARVING CONTEST

1ST PLACE - BLOW-UP DECORATION
2ND PLACE - PIZZA PARTY
3RD PLACE - GIFT CARD

Photo Entry Deadline is Oct. 23 @ 1pm

Contact Brady or Katie
Bradyp@nfn.ca or Katiel@nfn.ca
for more Details



Registration is required for all events. For more information or to register for Youth Programs, please contact Brady @ 705-753-2050 ext. 1274 or by email to bradyp@nfn.ca.



INVITATION TO A VIRTUAL TOWN HALL

HYDRO ONE NETWORKS AND NIPISSING FIRST NATION

During this difficult and unprecedented time, we want you to know that we are here for you. If you are struggling to pay your hydro bill or simply have questions about our programs, please join us for a virtual town hall on **Wednesday, October 7.**

We will be conducting a session at 12 p.m. noon. We hope you can join!

During these sessions we will discuss the following financial aid programs:

- **LEAP** – a one-time/year energy grant of up to \$600 for residential customers deemed as low-income
- **OESP** – a monthly, on-bill credit for up to \$113 for residential customers deemed as low-income
- **CEAP** – a one-time credit for non-low-income, residential customers who have been affected by COVID-19
- **Pandemic Relief Fund** – created by Hydro One to assist any and all customers affected by COVID-19

Direct Link to Join the Virtual Town Hall is:

<https://hydroone.webex.com/webappng/sites/hydroone/dashboard/pmr/Monica.DeNeireHydroOne.com?siteurl=hydroone>

If you are interested in attending this virtual town hall meeting or have any questions, please email FNMCustomer@HydroOne.com. Let us know that you would like to attend and an invitation will be sent to your email address.

For those who do not have internet access, you may dial into the meeting directly from your phone. The toll-free number is 1-855-699-3239. Access code is 1608979530#

We look forward to seeing you!



UP TO
\$500
PER
YEAR

NEW
EMAIL
ADDRESS

Lily George



Roman
Lem



Sarah
Couchie



Bennett
Commanda



Hayley Fisher

NIPISSING FIRST NATION RECREATION REIMBURSEMENT FUND

Please use this new email address for inquiries
and to submit completed application forms

Information needed for reimbursements

- ✓ Receipt with child's name/date
- ✓ Completed application form
- ✓ Copy of status card

AGES 0-17 YEARS

EMAIL:

recreimbursements@nfn.ca



(705) 753-3312
WWW.NFN.CA

in the Spotlight

Trickster Airs October 7th on CBC

Beginning October 7, the highly anticipated drama TRICKSTER, parts of which were filmed on NFN, will debut on CBC and CBC Gem.

Described as a "darkly humorous coming-of-age story," The Trickster is a supernatural thriller that follows an Indigenous teen named Jared who struggles to keep his family afloat when a stranger named Wade ruptures the balance.

"What begins as an unnerving slow burn of strange events in Jared's already-messy life crescendos to an epic clash of magic, monsters and mayhem," said the CBC in a press release.

Unlike anything you've ever seen before, TRICKSTER is based on the best-selling novel *Son of a Trickster* by Eden Robinson. A CBC original series, TRICKSTER is produced by Streel Films and Sienna Films.

Stream full episodes of Trickster this fall, for free, on CBC Gem: <https://watch.cbc.ca/>



Cardinal up for more awards

Meanwhile, the highly acclaimed crime drama *Cardinal* has been nominated five times in four categories for Directors Guild of Canada awards. The production filmed parts of its second, third and fourth seasons on Nipissing First Nation.

Quentin Commanda (aka QueRock)

Quentin (aka Que Rock) is an Anishinaabe rapper, b-boy and graffiti artist from Nipissing First Nation.

He has spent many years in the Bronx and Toronto, honing his talents as a Bboy (Break Dancer), Emcee, Writer, DJ, and filmmaker and is now based in Toronto.

Quentin's spirit name is Manitou Nemeen, which translates to Spirit Dancer. He started dancing as soon as he was able to walk. At 4 years old he was fancy dancing at powwows and then transitioned to grass dancing. From there he began bboying and then moved onto Hip Hop.

His murals have been exhibited across Canada and internationally in France, Italy and Japan. He has designed murals for Cirque du Soleil and Red Bull.

Currently his focus is traditional art and painting.



Mural by Quentin Commanda (aka QueRock)
Located in Toronto, ON

Call for Tenders - School Buses & Para Bus

The following items are available for sale by tender to NFN members:



- 1996 Blue Bird Bus (72 seat capacity)
- 2008 GMC Para Bus (12 seat capacity)
- 2009 Blue Bird Bus (54 seat capacity)
- 2010 Blue Bird Bus (54 seat capacity)

Items are being sold on an “as is” basis and can be viewed at the Nipissing First Nation Public Works Building during working hours (8:30 a.m. to 4:30 p.m.) until October 15, 2020.

Please submit tender clearly specifying which item(s) you are bidding on in a sealed envelope marked “CONFIDENTIAL – Bus Tender” no later than Friday, October 16, 2020 at 4:30 p.m. addressed to:

Dwayne Nashkawa, Chief Executive Officer
Nipissing First Nation
36 Semo Road, Garden Village, ON P2B 3K2

**** Tenders will be opened on Monday, October 19th at 10:30 a.m. ****

For more information, please contact:

Charlene Bellefeuille, Nipissing Bus Lines Coordinator
705-753-6995 or charleneb@nfn.ca

[**Click here to download the notice of tender.**](#)



NFN member looking to purchase a waterfront home in Garden Village, Yellek or Duchesnay.

Preference for a 3 bedroom home, or 2 bedrooms + basement.

Please contact **Arthur at 705-977-4611** or by email to arthurminer8@hotmail.com if you are selling or planning to sell a home fitting this description. Miigwech!



Warriors of Nipissing - The Book

An update from Les Couchi: The publishers are in the process of bringing on a Nishnaabemwin author for the upcoming book.

Thanks to all the families who have consented to being a part of the book... and of course thanks for your patience.

ADVERTISING & ANNOUNCEMENTS

**GREEN
MEDICINE**
THE NATURAL CHOICE



**Health Food & Organic Grocery Store
Alternative & Holistic Health Service**

120 Commanda Crescent
Duchesnay - Nipissing First Nation
705-474-1258



Green Medicine by the Homeopathic Pair

Fall Mini Sessions for \$50. Book a 15 minute family session with pumpkins! Contact Vicky: (613) 809-0903 or vlaforge@gmail.com



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705-494-6887

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North Bay, ON P1B 8G5

couchie.george@gmail.com
www.nativeawarenesstraining.com

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Nipissing First Nation

Wedding Officiant
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dotbeaucagekennedy@gmail.com



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North Bay, Ontario P1B 8G5

T: 705-476-BABY (2229)
F: 705-476-2470

ktigaaning.midwives@gmail.com
www.ktigaaningmidwives.com

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Now Open in the Bineshii Small Business Centre

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Specializing in Native craft supplies, craft books, patterns, Regalia kits, etc.
Artwork & Jewelry by First Nations Artists - Pendleton Products - Yellow Hominy Corn/Wild Rice



October 2020

Binaakwii Giizis (Falling Leaves Moon)

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Garbage collection is every Monday (except holidays) and Recycling collection is every second Tuesday. ○ = Garbage □ = Recycling		Food Bank Access Days are the 1st & 3rd Wednesday of each month Order form at nfn.ca/food-bank or call 705-753-6972 for more information & eligibility		1	2	3
4 Sisters in Spirit A day we honour all missing and murdered Indigenous women & girls	5	6 Council Meeting 7pm - Duchesnay <i>Closed to public</i> Hydro One Virtual Outreach @ Noon - See p. 21 for info	7 Food Bank OPEN 9-4 Naloxone Training (online) @ 9:30am Stress Management 1pm - Virtual Info Session - Right Path @ 753-1375	8	9 Naloxone Training (online) @ 1:30pm. Contact the Right Path at 753-1375 for more information.	10
11	12 	13 What is Addiction 1pm - Virtual Info Session - Contact Right Path for info @ 753-1375	14 Anxiety/Depression 1pm - Virtual Info Session - Right Path @ 753-1375	15	16 Deadline: Bids for Nbisiing Bus Lines school buses & para van	17 Ultimate Werewolf on Zoom Video 6:30pm - Register bradyp@nfn.ca
18 Cree Style Moccasins w/ Tracey Larochelle 9am - online \$25 fee. Contact Mindy at 753-2050 x 1260	19 Horror Movie Night @ 7pm - bradyp@nfn.ca (On Oct 20th)	20 Harm Reduction 1pm - Virtual Info Session - Right Path @ 753-1375 Council Meeting 7pm - Duchesnay	21 Food Bank OPEN 9-4 Healthy Relationships 1pm - Virtual Info Session - Contact Right Path for info @ 753-1375	22	23 Deadlines: - Xmas \$ Form for pmts Nov 26-27 - Culture contests (garden & leaves) - NCW Pumpkin Carving Contest	24
25	26	27 Relapse Prevention 1pm - Virtual Info Session - Right Path @ 753-1375 Horror Movie Night @ 7pm - bradyp@nfn.ca	28 Anger Management 1pm - Virtual Info Session - Contact Right Path for info @ 753-1375	29	30	31 Have a Safe & Happy Halloween!



Beautiful Double Rainbow Photographed by: Daryl McLeod on September 5, 2020



Another Perspective by: Adam McLeod

Connect with Us!



@NipissingFN



@Nipissing_FN

www.nfn.ca